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Two Histeenth-Gentury Cookery Books.

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Histeenth-Century Cookery-Books.

HARLEIAN MS. 279 (ab. 1430), & HARL. MS. 4016 (ab. 1450),

WITH

EXTRACTS FROM ASHMOLE MS. 1429, LAUD MS. 553, & DOUCE MS. 55.

EDITED BY

## THOMAS AUSTIN.

3805-196.

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# POLICEOUS

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### FOREWORDS.

THE Ancient Cookeries edited in this volume have been copied from Harleian MSS. 279 and 4016, in the British Museum. MS. was copied, and partly prepared for the press, by the late Mr. Faulke Watling, of the University of Oxford, but his untimely death prevented his seeing it through the Press. This MS. is divided into three Parts, the first, headed Kalendare de Potages dyuers, containing 153 recipes: the second Part, Kalendare de Leche Metys, has 64 recipes, and the third Part, Dyuerse bake metis, 41 recipes. This MS., besides the Cookery, contains the Bills of Fare of several Banquets which are noticed more fully below. The date of this MS. is about 1430 or 1440, and has been given a little too early on pages 1 and 5. This has been collated with Ashmole MS. 1439, in the Bodleian, noted as A. in the text. For the second MS. it was originally intended to publish Douce MS. 55, in the Bodleian Library, but this was found imperfect, and was replaced by Harleian MS. 4016. They are similar books, and contain the same recipes in nearly the same words, the latter having a few that are not in the former, and vice versa. The Harleian Cookery has 182 Recipes, while the Douce Cookery has 184. The two have been collated, and are of about the same date, c. 1450. Two Banquets are prefixed to this MS., which are also more fully noticed below. Several of the recipes of the Douce MS. are appended at page 115.

Some recipes for sauces, taken from Ashmole MS. 1439, are given at page 108. This MS. is about the same date as Harleian MS. 279, and has the same Feasts added, though some of the leaves are missing. These recipes are followed by others taken from two odd leaves in Laud MS. 553, in the Bodleian Library; see page 112.

The first English Cookery Book seems to be that of Neckam, in

the twelfth century, but the Forme of Cury is the oldest practical work. This was compiled by the Chief Master Cooks of Richard II., and contains 196 recipes. The MS. that we possess was presented to Queen Elizabeth by Lord Stafford, and afterwards belonged to the Earl of Oxford, being purchased at his sale; it is now in the British Museum. This volume, with the Cookeries in Warner, Antiquitates Culinariæ (1791), the Cookery published by Mrs. Napier in 1882, known as the Noble Boke of Cookry, and Liber Cure Cocorum, have been used for purposes of reference, and elucidation of the recipes in the following MSS. The Cookery edited by Mrs. Napier had however, though then unknown, been previously edited by Pynson, as early as 1500, and again by John Byddell in 1650.

Much of the scientific Cookery was of course French, and, as will be seen in the following Recipes, the French titles got singularly perverted, and in some cases are extremely hard to recognise. For instance, who at first sight would recognise Lait under Let, Froide as Fryit, or Sauce in Sauke? Again Herbelettes becomes Arbolettys, and Aigredoux or Aigredouce, Egredouncye. The earliest Cookery Books that may be called English only date from the latter half of the seventeenth century.

Many of the Recipes that are given here would astonish a modern Cook. Our forefathers, possibly from having stronger stomachs, fortified by outdoor life, evidently liked their dishes strongly seasoned and piquant, as the Cinnamon Soup on p. 59 shews. Pepper, Ginger, Cloves, Garlic, Cinnamon, Galingale, Vinegar, Verjuice, and Wine, appear constantly in dishes where we should little expect them; and even Ale was frequently used in Cookery. Wine is used in the recipe for Roast Partridge, on p. 78, and also, as seems more natural to us, in the Partridge Stews on pages 9 and 78: it is also used for Brawn in Poirrade on p. 71. Ale is introduced in the Boures on p. 8, in the Sops Chamberlain on p. 11, and in the Mortrews de Chair on p. 71, and is even used in the Charlette on p. 17, though Milk is also one of the ingredients: both Ale and Wine appear in the Maumenny Royal, on p. 22. Ale is also used with the Tench in Bruet

on p. 23, in the Whelks and Oysters in Bruet, on the same page, and in fact seems to be a characteristic of the Bruets, as most of these dishes have it as an ingredient. Ale was also mingled with the water in which the fish was boiled: note the Boiled Pike on page 101, the Plaice on page 103, and the Barbel, p. 104. Stale Ale is used for the Oil Sops on page 12, possibly in place of Vinegar. Vinegar is used in the Brawn on pages 11 and 12, in the Numbles of Venison on pages 10 and 70, and in the Venison in broth on p. 70: Vinegar or Verjuice is added to the Stewed Mutton on page 72, Verjuice to the Meat Custard or Pie, on p. 74, and to the Tripe on pages 7 and 18. Here our ancestors shewed their wisdom, as the acid served as a corrective to the richness of the dishes. Sugar on the other hand is also used with Brawn, see the Blaunche Brawn on p. 34, and the Fried Brawn on p. 43, and was quite lately taken with it at St. John's College, Oxford.

Almond milk was also a constant ingredient of the dishes: see the Brawn in Comfit on page 71, and the Sturmye on page 26: it was also used with fish, as in the Viande de Cyprus in Lent, on page 28. Both Sugar and Salt are used in the Quinade on page 27, and in the Mortrews of Pork on page 28. Marrow was then much more used than at present: note the 300 marrowbones on page 67.

Meats that we do not eat at the present day, or eat but seldom, also appear in the Banquets of our ancestors, as Whale, Porpoise, Seal, Swan, Crane, Heron, and Peacock; while even the fishy Gull was eaten. One would imagine that Sturgeon was then more plentiful, to judge by the recipes for its cookery. Stockfish was of course much more in vogue, from the difficulty of obtaining fresh fish. We may suppose that the Pudding of Capon Neck on page 41, and the Pudding of Swan Neck on page 61, were dainties. It would appear, from page 67, that Oxen were salted whole, while, to descend to the other end of the scale, small birds were eaten, as they still are in France (see the recipe on page 9, and the Royal Banquet on page 58). Our flaming Christmas Pudding is recalled by the *Viande Ardente* in the Banquet on page 61.

<sup>&</sup>lt;sup>1</sup> See Glossary.

Some of the designs, or Subtleties, exposed on the Tables, as ornament, were of rather an ambitious character; far more so than most of those mentioned on pages 57, 58, etc. These were devices in sugar and paste, and apparently in jelly, and were, at any rate at times, made to be eaten. Those displayed at the Enthronement of Abp. Warham in 1505, must have been of considerable size, as their description shews. They represented silvan and hunting scenes, and one displayed the interior of an Abbey Church with its various altars. In other cases such devices as a ship, fully armed with her ordnance, with the Barons of the Cinque Ports on board, or buildings with vanes and towers are exhibited. A great Custard, planted, is displayed in a banquet given by Leland in his Collectanea. The dishes were also gilt at times, for purpose of display, as a Leche Lombard in the same volume; a Peacock also is mentioned with a gilt nib. The Subtleties mentioned in this volume are of a much more modest character, representing simply an Agnus Dei, an Eagle, a Doctor of Law, etc.; though those at the Stalling of John Stafford, on page 68, are more complicated. They seem both to have preceded the various courses, and also to have closed them, the first being called Warners, as giving warning of the entry of a fresh service.

We will now turn to the Banquets, whose Bills of Fare the Cookeries give us. The first of them [p. 57], both in place and importance, is that given at the Coronation of Henry the Fourth, and it has especial interest in the fact that a description of it is in the Chronicles of Froissart. Henry succeeded the dethroned Richard II. in 1399, as Froissart says, with the approval of the People of England; Richard having previously personally surrendered his Crown to him. Stow says that Henry was chosen at Westminster Hall, at a Parliament there. The Archbishop of Canterbury, Thomas Arundel, having first preached a Latin sermon, on the text, Habuit Jacob benedictionem à patre suo, a Doctor of Law stood up, and read an Instrument which averred that Richard by his own confession was unworthy to reign, and would resign the Crown to a competent person. This having been read, the Archbishop advised

them to proceed to the election of a new king, and on a vote being taken, the whole assembly was in Henry's favour; Richard not having four votes for him. Henry then accepted the Crown, but Stow says that he acquired the throne more by force than by lawful succession or election.

Henry left the Tower of London, where he was then residing, on Sunday the 12th of October, 1399, having previously made forty-six new Knights of the Bath: he was dressed in a jacket after the German mode. He went to Westminster to sleep, and at night bathed, after the fashion of chivalry; next morning, Monday the 13th, and St. Edward's day, he confessed himself and heard three Masses, preparatory to his Coronation. The Prelates and Clergy then came in procession from the Abbey, and escorted him thither, the return procession entering the sacred place at about nine o'clock in the morning. The Lord Mayor with chosen Citizens of London, were in the Procession, clothed alike in red. Cloth was laid down for the king's passage, and the Abbey was also laid with cloth. Henry was under a Canopy of blue silk, according to Froissart, but Holinshed makes it of Cloth of Gold, with a golden bell jingling at each corner; the Canopy was borne, says Holinshed, by sixteen Barons of the Cinque Ports, four to each Staff, though Froissart again differs, noting that it was borne by only four Burgesses, Dover ones. Holinshed is more likely right. We may suppose that these were the actual bearers of the Canopy: Stow, however, tells us that there were four other, apparently honorary bearers—the Dukes of York, Surrey, Aumarle, and the Earl of Gloucester. The Burgesses had as fees Canopy, bells, and staves.

Preparatory to the Coronation and Banquet, Officials had been appointed on October 4th. The Earl of Northumberland was High Constable, and as holding the Isle of Man, bore on the king's left at the Coronation a naked sword, called Lancaster's Sword, with which Henry was girt when crowned; the Earl of Somerset carried a sword before the king, and Thomas Beauchamp, Earl of Warwick, bore a third sword, by inherited right, and was also Pantler: the

Earl of Westmoreland was Marshal. Sir Thomas Erpingham was Lord Chamberlain, and furnished the monarch with water for his hands, both before and after the Banquet, having as fee the Basin, Ewer, Towels, etc. The Earl of Somerset was Carver, in right of his Earldom of Lincoln, and Sir Wm. Argentine, by reason of his tenure of the Manor of Wilmundale, or Wymondley, Herts, served the king with the first cup of drink at dinner, and received the silver-gilt Cup as his fee. Thomas, Earl of Arundel, was chief Butler, and had the royal goblet as gift; Citizens of London, chosen by the City, served in the Hall as attendants while Henry banqueted. Lord Latimer was Almoner for the day, the silver money being in a fine linen cloth; whilst William le Venour had the honour of making wafers for the king: Edmond Chambers was larderer, and Lord Grey of Ruthyn was Naperer (see post).

Henry took his seat on a throne that stood on a scaffold covered with crimson cloth, and was then proclaimed king from the four corners of it by the Archbishop of Canterbury, who asked the consent of the people: his words were greeted with shouts of "Aye!" Henry was then stripped naked to his shirt previous to anointing, and was anointed in six places, as Froissart says, the head, breast, shoulders, back, and hands: he was afterwards dressed in deacon's clothes, with shoes of crimson velvet, and wore spurs without rowels. The Sword of Justice was next drawn and blessed, and given to the King, who returned it to the scabbard: it was then girt about him by the Prelate, by whom the Crown of St. Edward was also placed on his head. Lord Furnivall, as holding the Manor of Farnham, gave the King his right-hand glove, and supported his arm while he held the sceptre. Henry quitted the Abbey when Mass was over and returned to Westminster Hall, where the Banquet was given.

At the Banquet the King sat at the first table, and at the Royal board were the two Archbishops and seventeen Bishops: at the bottom of the table was the Earl of Westmoreland with the Sceptre. The King was served by the Prince of Wales, who carried the Sword of Mercy, and on the opposite side by the Constable, bearing the

Sword of Justice. At the second table sat the five great Peers of England, probably the Dukes of Lancaster, York, Aumarle, Surrey, and Exeter: at the third table were the principal Citizens of London, apparently the Lord Mayor and Aldermen, whose table was at the left of the Royal table. The Barons of the Cinque Ports sat at a table on the right of the King: at another table sat the newly-created Knights; while all Knights and Squires of Honour sat at a sixth.

When the Feast was half over, the Champion, Sir Thos. Dymock, entered the Hall in full armour, mounted on a horse barded with crimson housings. He was equipped for Wager of Battle, and preceded by another Knight, bearing his lance, and himself carried a drawn sword, and had by his side a naked dagger. The Champion presented a paper to the King, which affirmed that he was ready to offer combat to any Knight or Gentleman who dared maintain that Henry was not a lawful sovereign. By the King's orders Heralds proclaimed this Challenge in six different parts of the Hall and City, without gainsaying. The Champion received as his fee one of the best horses in the Royal Stable, with saddle and trappings, and one of the best suits of armour. When Henry had dined, and partaken of wine and spices, he withdrew to his private apartments, whither the Lord Mayor brought him a Cup of gold filled with wine, taking it again as his fee, together with a second cup that had contained water to allay the wine.

Next follows, on page 58, the Banquet given at the King's second marriage, in 1404. Henry, when Earl of Derby, had married Mary, the younger daughter and coheiress of Humphrey de Bohun, Earl of Hereford and Northampton, who died in 1394. His second wife, in whose honour the feast was given, was Joan of Navarre, widow of John de Montfort, Duke of Brittany. She landed a few days previously at Falmouth, and was married in Winchester Cathedral on the 7th of February: the Banquet was possibly in the Hall of

<sup>&</sup>lt;sup>1</sup> Thomas Holand, Duke of Surrey, is said to have been deprived of his Dukedom on Oct. 6th 1399, and was soon afterwards beheaded. Stow however writes as above.

the Castle, which still remains. She was crowned at Westminster on the 28th of the same month, and survived her husband.

Fabyan's Chronicle gives an account of the Feast at the Coronation of the Queen of Henry V., which took place on Feb. 24th, 1420, being St. Matthew's Day; for which reason the Bill of Fare was entirely Fish, with the exception of Brawn with Mustard in the first Course. The Queen, at table, had the Archbishop of Canterbury on her right, and Henry Cardinal of Winchester on her left. The Duke of Gloucester had charge of the Banquet, and stood bareheaded before the Queen, while Sir Richard Neville was Carver. brother of the Earl of Suffolk was cup-bearer, Sir John Stewart, Sewer, and Lord Clifford, Panterer; and Lord Grey of Ruthyn was again Naperer. The Barons of the Cinque Ports were at the head of the table on the right of the Queen, towards St. Stephen's Chapel, and the Bowchiers of the Chancery (? the Proctors) were below them at the same table: at a table on the Queen's left sat the Lord Mayor and Aldermen of London. The Bishops were at the head of the table next to that at which the Barons of the Cinque Ports sat, and the Ladies had a table next to the Lord Mayor's table. The Feast, as usual, was of three Courses, which were of the same character. Whale was served in the first Course: in the second was a Leche damask with the king's motto flourished on it, which was Vne sanz plus; meaning of course the Queen. In the third Course was Porpoise, and in this Course was a subtlety of a Tiger looking into a Mirror, with a man on horseback fully armed, grasping a Tiger's whelp.

Henry the Sixth's Coronation Feast is also mentioned in Fabyan: like the others, it was in Westminster Hall, and was also of three Courses. In the first Course was a Viande royale planted with lozenges of gold, and a Custard Royal with a leopard of gold sitting thereon. There was a Peacock enhackled in the second Course: in the third was a Baked meat like a shield, quartered red and white, and set with gilt lozenges and Borage flowers. There was a subtlety both before and after this Course, the last one representing the

Virgin and Child, with St. George and St. Denis kneeling on either side, and presenting to the Queen a figure of Henry with the following ballad in his hand:—

- "O blessyd Lady, Cristes moder dere,
- "And thou, seynt George! that called art her knyght;
- "Holy seynt Denys, O marter most entere,
- "The sixt Henry here present in your syght,
- "Shedyth, of your grace, on him your heuenly lyght:
- "His tender youth with vertue doth auaunce,
- "Borne by discent, and by tytle of ryght,
- "Iustly to reygne in Englande and in Fraunce."

It is uncertain who the Lord de la Grey was, whose Banquet follows [p. 59]: if, however, the feasts are given in chronological order, the date can be assigned within a given period. Holinshed mentions a Lord Reginald Grey of Ruthyn that was Naperer<sup>2</sup> at Henry the Fourth's Coronation, on account of a manor that he held, and who bore the great spurs before Henry IV., by right of inheritance from the Earl of Pembroke. He is also mentioned above, on the previous page, and may be the person in question.

Next follows [p. 60] the Feast of Richard Fleming, Bishop of Lincoln from 1420 to 1431: he was Canon of York when preferred to the Bishopric. As Bishop he exhumed and burnt the bones of Wycliffe, in accordance with the sentence of the Council of Constance, in 1425. A dinner of John Chandler, Bishop of Salisbury from 1417 to 1426, follows the above [p. 60], and was given at his entrance on the episcopate.

Then follows [p. 61] an Entertainment given on the 4th of December, 1424, on the occasion of the funeral of Nicholas Bubwith, Bishop of Bath and Wells. He was originally Bishop of London, for only a short time, and was transferred to Salisbury in 1407, and in the same year shifted to Bath and Wells. He was present at the Council of Constance. He built the north tower and a chantry in the Cathedral of Wells, he also founded an almshouse at Wells.

<sup>&</sup>lt;sup>1</sup> Imperatives: make advance, in second case. <sup>2</sup> He provide

<sup>2</sup> He provided the table-linen.

It will be noticed with regard to this Dinner, that a separate fare of Fish was provided for the Clergy, doubtless on account of the melancholy occasion.

On page 62 is a festival given by John Stafford, Bishop of Bath and Wells, on the occasion of induction into his Episcopate, September 16th, 1425. He was born at Hook in the parish of Abbotsbury, Dorset, close to the Chesil Bank, and was descended from a collateral branch of the Stafford family. His father was Sir Humphrey Stafford, Sheriff of Somerset and Dorset, and his mother was Elizabeth Dyrham, relict of Sir John Maltravers. He was educated at Oxford, and first practised in the Ecclesiastical Courts, afterwards entering holy orders. He became Archdeacon of Salisbury in 1419, and was made Chancellor of England, according to Stow about the 12th of Henry VI., 1434, according to Hook in 1421. In 1422 he was Dean of St. Martin's Le Grand at Charing Cross: he was also Keeper of the Privy Seal, and Lord High Treasurer to Henry VI. He got the Bishopric of Bath and Wells, as stated above, in 1425, and in 1443 was translated to the Archbishopric of Canterbury, on the nomination of Pope Eugenius IV., to whom he had been recommended by Chichele, his predecessor. The Banquet that he gave on being made Archbishop is at page 68, and he gave quite a different Bill of Fare on that occasion. He officiated at the marriage of Henry VI. with Margaret of Anjou in 1445, and also crowned that Queen. He was a Statesman, and was instrumental in the dispersion of Jack Cade's forces: curiously enough he also engaged in trade. He died at Maidstone, May 25th, 1452, and was buried at Canterbury in the Martyrdom.

The last Feast in Harleian MS. 279 [p. 63], is one given at the wedding of the Earl of Devonshire, and is without date. Concerning the Earl in question, Mr. Cokayne, Norroy King at Arms, has been kind enough to supply the following note, through Dr. Furnivall:—

"Hugh Courtenay, Earl of Devon (or Devonshire), was born 1389, being aged 30 when he succeeded his father in that Earldom

in 1419. His marriage, with Anne Talbot, was before 1414, and before he became an Earl. He died 1422.

"His son is probably the Earl you want, viz. Thomas Courtenay, Earl of Devon, born 1414 (being aged 8 in 1422), who became Earl on his father's death in 1422. He married Lady Margaret Beaufort, second daughter of John, Earl of Somerset, probably about 1431, when he would be but 17, but certainly before 1432, when their son Thomas, (aged 26 at his father's death in 1458,) was born. Lady Margaret's eldest brother was born 1401, and her eldest sister Joan, Queen of Scotland, was married in 1423, so that she probably was quite as old as, if not older than her husband."

The remaining Festival [p. 67] is that given to Richard the Second by the Bishop of Durham, at Durham House, London, on the 23rd of September, 1387. The Bishop that feasted the King was John Forham, or Fordham, who held the Bishopric from 1381 to 1388, having previously occupied the See of Ely. He was one of Richard's evil counsellers, and held the Office of Lord High Treasurer, but was discharged of it in 1386. He was among the Lords that rebelled against the King in 1388, but was not imprisoned, though in that year he was deprived of his See, and permitted to retire to his old Bishopric, which was of far less dignity.

The Editor must add, that he has to thank Dr. Furnivall for most kindly collating the text with that of both the MSS., and he has also to thank him for some hints and information. He has, besides, to thank the Rev. A. L. Mayhew for criticizing the glossary, and for furnishing him with some old French derivations, etc.

OXFORD, Nov. 1888.

The Ashmole MS. gives, by collation, the following variations and additions, but a sheet or two of it is missing in the third part.

Pt. I, No. vi, line 3, "sette," not sethe, also in viij, p. 7, line 3.

xii, p. 8, line 1, A. adds, after "per-to," "temper hit with alle: take raysons of corance clene wasshid: put pem per-to."

xiiij, line 5, A. reads "styue," i.e. stew, not stere: rightly.

xxiiij, Title, A. "Brawne gruelle"; line 2, "pricke it."

xxxiij, line 5, after Salt is added "then cut fair brewis, and dresse theym yn disshes, & cast be lire theron."

xxxv, page 13, line 1, "leche them in faire gobettis, and pike out the core, and cast."

xlv, line 4, "stue," altered from "streyne," for stere.

xlviij, line 2, after Roysouns, A. adds "perto, raisons"; rightly.

lij, line 6, A. reads "sode in, and stepe per-on," making sense.

lxvij, instead of [mynce], A. has "larde," i.e. "cut in thin slices."

lxxx, after clene, A. adds, "and sethe bem."

lxxxiiij, line 6, "cleue," before nowt; making sense.

lxxxvij, line 7, after is, "& confeccions or chare de quynce a good quantite," inserted.

Cix, lines 1, 2, "and lete wexe al white," not "an make hem alle be whyte."

Cx, after Stokkefysshe A. adds, "or of freishe mylwel or codling," and reads "of Plays."

Cxlv, line 6, "fro be holys," rightly.

Cliiij, line 3, A. omits *sugre*, (the "white" means White of egg,) and in line 11 reads "a-boue" in place of "aneward."

Pt. II, viij, last line on p. 35, "and" after Pepir, making sense.

x, A. reads at line 6, an lat it "clene ouer-renne."

xij, page 37, A. adds "pe Ius," after wrynge, and has no "pe" before grene.

xiiij, page 37, "panne take braw[n] y-broylyd and cast per-to," added after "per-to," in line 2.

xvij, page 37, last line, A. reads, "and so ley hit colde in he dysshe, and hat but a litil, hat vnnethe he bottumys be holuyd."

xxiij, page 39, line 1, the second salt is not in A.

xxvij, page 39, A. reads "al aboute loke pat" it be ransched; "and lete hit be wel sodyn," later.

xxviij, page 40, after Eyroun, "and rawe creme or swete mylke," added. xxix, page 40, after Gredelle A. adds, "til hit be broune."

xxxvij, p. 41, A. adds "fete," after Piggys, which is required; and reads "and moche sauge."

xxxix, last line on page 41, A. reads "& do per-to a lytil pouder Canelle;" xliv, page 42, last line, after panne, A. adds between lines, "& let frie y-nogh."

l, page 44, last line but two, A. adds "& let hete a litel," between lines, after "per-on," and in next line adds, "and leche it, or els al hole," after vp.

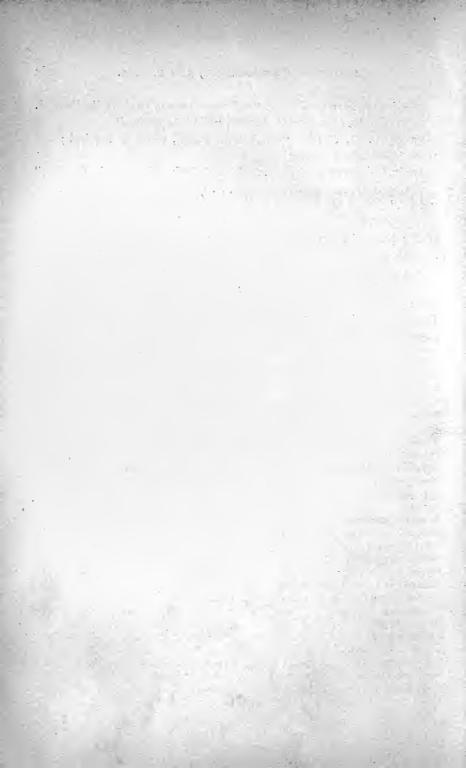
lx, page 46, line eight, A. reads "white" before "Sugre," not "with-al." Pt. III, xvj, page 50, last line, A. adds, "but lete be cofyns," before bake; making sense.

xxij, page 51, no blank.

xxiij, page 52, A. adds after cofyn, line 8, "then caste in the sew rounde a-boute vppon hym yn be cofyne," and makes sense.

The Editor did not discover the Ashmole MS. till much of the first Cookery was in print, and consequently was unable to make full use of it for purpose of collation. The reader will kindly correct the following Errata.

- p. 15, note 4, read Lozenges in place of "long thin strips."
- p. 17, last line, dele comma after Almaunden.
- p. 19, l. 4, put comma after mylke.
- p. 21, l. 14, read slake Water; 4th line from bottom, read "şif it [cleue] nowt," with A.
- p. 27, l. 17, read, "or hony caste per-to;" with no semicolon after hony.
- p. 31, 4th line from bottom, read prifti.
- p. 48, l. 5, read "hele bin cofyns."
- p. 49, l. 7, read "or a bore, or of a Bere:" l. 8, put semicolon after "Eyroun;" and dele the semicolon after tyne, reading cyue in place of that word, and also in place of the tyne in the line above.
- p. 50, l. 20, read "for defaute," and before bottom line add, "but lete be cofyns," with A.
- p. 57, Heading 6, read "ad Episcopatum Bathonensem et Wellensem."



### FIFTEENTH CENTURY COOKERY BOOK. I.

### HARLEIAN MS. 279, ab. 1420 A.D.

#### <sup>1</sup> Incipit li Kalendare de Potages dyuers.

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### FIFTEENTH CENTURY COOKERY BOOK. I.

Ab. 1420 A.D.

#### POTAGE DYVERS.

- √.j. Lange Wortys de chare.—Take beeff and merybonys, and boyle yt in fayre water; pan take fayre wortys and wassche hem clene in water, and parboyle hem in clene water; pan take hem vp of pe water after pe fyrst boylyng, an cut pe leuys a-to or a-pre, and caste hem in-to pe beff, and boyle to gederys: pan take a lof of whyte brede and grate yt, an caste it on pe pot, an safron & salt, & let it boyle y-now, and serue forth.
- .ij. Lange Wortes de pesoun.—Take grene pesyn, an washe hem clene an caste hem on a potte, an boyle hem tyl þey breste, an þanne take hem vppe of þe potte, an put hem with brothe yn a-noþer potte, and lete hem kele; þan draw hem þorw a straynowre in-to a fayre potte, an þan take oynonys, and screde hem in to or þre, an take hole wortys and boyle hem in fayre water: and take hem vppe, an ley hem on a fayre bord, an cytte on .iij. or iiij., an ley hem to þe oynonys in þe potte, to þe drawyd pesyn; an let hem boyle tyl þey ben tendyr; an þanne tak fayre oyle and frye hem, or ellys sum fresche broþe of sum maner fresche fysshe, an caste þer-to, an Safron, an salt a quantyte, and serue it forth.
- .iij. Joutes.—Take Borage, Vyolet, Malwys, Percely, Yong Wortys, Bete, Auence, Longebeff, wyth Orage an oper, pyke hem clene, and caste hem on a vessel, and boyle hem a goode whyle; pan take hem and presse hem on a fayre bord, an hew hem ryght smal, an put whyte brede per-to, an grynd wyth-al; an pan caste hem in-to a fayre potte, an gode freshe brothe y-now per-to porw a straynowr, [& caste] per-to .ij. or .iij. Marybonys, or ellys fayre fresche brothe of beff, and let hem sethe to-gederys a whyle:

an pan caste per-to Safron, and let hem sethe to-gederys a whyle, an pan caste per-to safron and salt; and serue it forth in a dysshe, an bakon y-boylyd in a-noper dysshe, as men seruyth furmenty wyth venyson.

- 1.iiij. Caboges.—Take fayre caboges, an cutte hem, an pike hem clene and clene washe hem, an parboyle hem in fayre water, an panne presse hem on a fayre bord; an pan choppe hem, and caste hem in a faire pot with goode freysshe broth, an wyth mery-bonys, and let it boyle: panne grate fayre brede and caste per-to, an caste per-to Safron an salt; or ellys take gode grwel y-mad of freys flesshe, y-draw porw a straynour, and caste per-to. An whan pou seruyst yt inne, knocke owt pe marw of pe bonys, an ley pe marwe .ij. gobettys or .iij. in a dysshe, as pe semyth best, & serue forth.
- .v. Whyte wortes.—Take of he erbys lyke as hou dede for jountes, and sethe hem [in] water tyl hey ben neyshe; hanne take hem vp, an bryse hem fayre on a bord, as drye as how may; han choppe hem smale, an caste hem on a potte, an ley hem with flowre of Rys; take mylke of almaundys, an cast her-to, & hony, nowt to moche, hat it be nowt to swete, an safron & salt; an serue it forth ynne, ry;th for a good potage.
- .vj. Beef y-Stywyd.—Take fayre beef of he rybbys of he fore quarterys, an smyte in fayre pecys, an wasche he beef in-to a fayre potte; han take he water hat he beef was sohin yn, an strayne it horw a straynowr, an sethe he same water and beef in a potte, an let hem boyle to-gederys; han take canel, clowes, maces, graynys of parise, quibibes, and oynons y-mynced, perceli, an sawge, an caste her-to, an let hem boyle to-gederys; an han take a lof of brede, an stepe it with brothe an venegre, an han draw it horw a straynoure, and let it be stylle; an whan it is nere y-now, caste he lycour her-to, but nowt to moche, an han let boyle onys, an cast safroun her-to a quantyte; han take salt an venegre, and cast her-to, an loke hat it be poynaunt y-now, & serue forth.
- .vij. Gruelle a-forsydde.—Take otemele, an grynd it smal, an sethe it <sup>2</sup>wyl, an porke þer-ynne, an pulle of þe swerde <sup>3</sup> an pyke owt þe bonys, an þan hewe it, an grynd it smal in a morter; þan neme þin <sup>4</sup> grwel an do þer-to, þan strayne it þorw a straynour, an put it in a potte an sethe it a lytel, an salt it euene<sup>5</sup>; an colour it wyth safroun, an serue forth rennyng.
- .viij. Venyson with Furmenty.—Take whete and pyke it clene, and do it in a morter, an caste a lytel water per-on; an stampe with a pestel tyl it

<sup>1</sup> If. 6 back. <sup>2</sup> leaf 7 (wyl=well). <sup>3</sup> sward, rind, skin. <sup>4</sup> thile. <sup>5</sup> equally.

hole; han fan owt he holys, an put it in a potte, an let sethe tyl it breke; han set yt douun, an sone after set it ouer he fyre, an stere it wyl; an whan how hast sothyn it wyl, put her-inne swete mylke, an sehe it y-fere, an stere it wyl; and whan it is y-now, coloure it wyth safron, an salt it euene, and dresse it forth, & hin venyson in a-nother dyshe with fayre hot water.

- ix. Trype de Motoun.—Take he pownche of a chepe, and make it clene, an caste it on a pot of boylyng water, an skyme it clene, an gader he grece al a-way, an lat it boyle tyl it be tender; han ley it on a fayre bord, an kyt it in smale pecys of the per per brede, an caste it on an erhen pot with strong brothe of bef or of moton; hanne take leuys of he percely an hew hem her-to, an let hem boyle to-gederys tyl hey byn tender, han take powder of gyngere, and verious, han take [Safroun] an salt, and caste her-to, an let boyle to-gederys, an serue in.
- .x. Wardonys in syryp.—Take wardonys, an easte on a potte, and boyle hem till bey ben tender; ban take hem vp and pare hem, an kytte hem in to because; take y-now of powder of canel, a good quantyte, an easte it on red wyne, an draw it borw a straynour; caste sugre ber-to, an put it [in] an erben pot, an let it boyle: an banne caste be perys ber-to, an let boyle togederys, an whan bey haue boyle a whyle, take pouder of gyngers an easte berto, an a lytil venegre, an a lytil safron; an loke bat it be poynaunt an dowcet.
- <sup>6</sup>.xj. Froyde almoundys. Take blake sugre, an cold water, an do hem to<sup>7</sup> in a fayre potte, an let hem boyle to-gedere, an salt it an skeme it clene, an let it kele; þan take almaundys, an blawnche hem clene, an stampe hem, an draw hem, with þe sugre water thikke y-now, in-to a fayre vessel: an [yf] þe mylke be no<sub>3</sub>t swete y-now, take whyte sugre an caste þer-to.
- xij. Fride Creme of Almaundys.—Take almaundys, an stampe hem, an draw it vp wyth a fyne thykke mylke, y-temperyd wyth clene water; throw hem on, an sette hem in þe fyre, an let boyle onys: þan tak hem a-down, an caste salt þer-on, an let hem reste a forlongwey or to, an caste a lytyl sugre þer-to; an þan caste it on a fayre lynen clothe, fayre y-wasche an drye, an caste it al a-brode on þe clothe with a fayre ladel: an let þe clothe ben holdyn a-brode, an late all þe water vnder-nethe þe clothe be had a-way, an þanne gadere alle þe kreme in þe clothe, an let hongy on an pyn, and let þe water droppe owt to or iij. owrys; þan take it of þe pyn, an put it on a bolle of tre, and caste whyte sugre y-now þer-to, an a lytil salt; and if it

<sup>1</sup> Hull, lose the husks.

<sup>&</sup>lt;sup>2</sup> Hulls; husks.

<sup>3</sup> MS. they.

<sup>4</sup> Added from A.

<sup>5 ?= &#</sup>x27;in two pieces.'

<sup>6</sup> lf. 7 bk.

<sup>7</sup> two.

<sup>8</sup> Other MS. forlange.

wexe pikke, take swete wyn an put per-to pat it be no; t sene: and whan it is I-dressid in the maner of mortrewys, take red anys in comfyte, or be leuys of borage, an sette hem on be dysshe, an serue forth.

.xiij. Creme Boylede.—Take creme or mylke, &¹ brede of paynemayn, or ellys of tendyr brede, an breke it on þe creme, or elles in þe mylke, an set it on þe fyre tyl it be warme hot; and þorw a straynour þrowe it, and put it in-to a fayre potte, an sette it on þe fyre, an stere euermore: an whan it is almost y-boylyd, take fayre 30lkys of eyron, an draw hem þorw a straynowr, and caste hem þer-to, and let hem stonde ouer the fyre tyl it boyle almost, an till² it be skylfully³ þikke; þan caste a ladel-ful, or more or lasse, of boter þer-to, an a good quantite of whyte sugre, and a litel salt, an þan dresse it on a dysshe in maner of mortrewys.

.xiiij. Quystis Scune.—Take a pece of beef or of mutoun, and wyne and fayre water, and caste in-to a potte, an late hem boyle, an skeme it wyl an clene; þan take quystes, an stoppe hem wyth-in wyth hole pepyr, and marwe, an þan caste hem in-to þe potte, an ceuere wyl þe potte, an let hem stere ry;th wyl to-gederys; an þan take powder gyngere, and a lytel verious an salt, and caste þer-to, an þanne serue hem forth in a fayre dysshe, a quyste or to in a dysshe, in þe maner of a potage: an whan þowe shalt serue hem forth, take a lytil of þe broth, an put on dysshe wyth quystys, an serue forth.

.xv. Bowres.—Take Pypis, Hertys, Nerys, Myltys, an Rybbys of the Swyne; or ellys take Mawlard, or Gees, an chop hem smal, and thanne parboyle hem in fayre water; an þan take it vp, and pyke it clene in-to a fayre potte, an caste þer-to ale y-now, & sawge an salt, and þan boyle it ry;th wel; and þanne serue it forthe for a goode potage.

.xvj. Fylettys en Galentyne.—Take fayre porke, he fore quarter, an take of he skyne; an put he porke on a fayre spete, an rost it half y-now; han take it of, an smyte it in fayre pecys, & caste it on a fayre potte; han take oynonys, and schrede hem, an pele hem (an pyle hem nowt to smale), an frye in a panne of fayre grece; han caste hem in he potte to he porke; han take gode broth of moton or of beef, an caste her-to, an han caste her-to pouder pepyr, canel, clowys, an macys, an let hem boyle wyl to-gederys; han tak fayre brede, an vynegre, an stepe he brede with he same brothe, an strayne it on blode, with ale, or ellys sawnderys, and salt, an lat hym boyle y-now, an serue it forth.

<sup>&</sup>lt;sup>1</sup> MS. or. <sup>2</sup> MS. pow. <sup>3</sup> reasonably. <sup>4</sup> leaf 8. <sup>5</sup> leaf 8 bk.

.xvij. Garbage.—Take fayre garbagys of chykonys, as he hed, he fete, he lyuerys, an he gysowrys; washe hem clene, an caste hem in a fayre potte, an caste her-to freysshe brothe of Beef or ellys of moton, an let it boyle; an a-lye it wyth brede, an ley on Pepir an Safroun, Maces, Clowys, an a lytil verious an salt, an serue forth in the maner as a Sewe.

.xviij. Pertrich stewyde.—Take fayre mary,¹ brothe of Beef or of Motoun, an whan it is wyl sothyn, take þe brothe owt of þe potte, an strayne it thorw a straynour, an put it on an erþen potte; þan take a gode quantyte of wyne, as þow it were half, an put þer-to; þan take þe pertryche, an stuffe hym wyth hole pepir, an merw,² an than sewe þe ventys of þe pertriche, an take clowys an maces, & hole pepir, an caste it in-to þe potte, an let it boyle to-gederys; an whan þe pertryche is boylid y-now, take þe potte of þe fyre, an whan thou schalt serue hym forth, caste in-to þe potte powder gyngere, salt, safron, an serue forth.

.xix. Smale Byrdys y-stwyde.—Take smale byrdys, an pulle hem an drawe hem clene, an washe hem fayre, an schoppe of be leggys, and frye hem in a panne of freysshe grece ry;t wyl; ban ley hem on a fayre lynen clothe, an lette be grece renne owt; ban take oynonys, an mynce hem smale, an trye hem on fayre freysshe grece, an caste hem on an erben potte; ban take a gode porcyon of canel, an wyne, an draw borw a straynoure, an caste in-to be potte with be oynonys; ban caste be bryddys ber-to, an clowys, an maces, an a lytil quantyte of powder pepir ber-to, an lete hem boyle to-gederys y-now; ban caste ber-to whyte sugre, an powder gyngere, salt, safron, an serue it forth.

.xx. Papyns.—Take fayre Mylke an Flowre, an drawe it borw a \*straynoure, an set it ouer be fyre, an let it boyle a-whyle; ban take it owt an let it kele; ban take solkys of eyroun y-draw borwe a straynour, an caste ber-to; ban take sugre a gode quantyte, and caste ber-to, an a lytil salt, an sette it on be fyre tyl it be sum-what bikke, but let it nowt boyle fullyche, an stere it wyl, an putte it on a dysshe alle a-brode, and serue forth rennyng.

.xxj. Blandissorye.—Take almaundys, an blawnche hem, an grynde hem in a morter, an tempere hem with freysshe broke of capoun or of beef, an swete wyne; an if it be lente or fyssday, take brothe of he freysshe fysshe, an swete wyne, an boyle hem to-gederys a goode whyle; henne take it up, an easte it on a fayre lynen cloke hat is clene an drye, an draw under he

<sup>&</sup>lt;sup>1</sup> Marrow. No. 28, in Douce MS., has mysty brothe. <sup>2</sup> Marrow. <sup>3</sup> lf. 9.

clope, wyth a ladel, alle be water bat bow may fynde, ryth as bow makyst cold creme; banne take owt of the potte, an caste it in-to a fayre potte, an let it boyle; an banne take brawn of Capoun, an tese it smal an bray it [in] a morter: or ellys on a fyssday take Pyke or Elys, Codlyng or Haddok, an temper it with almaun mylke, an caste Sugre y-now ber-to; An ban caste hem in-to be potte and lete hem boyle to-gederys a goode whyle: benne take it owt of be potte alle hote, an dresse it in a dysshe, as meni don cold creme, an sette ber-on Red Anys in comfyte, or ellys Allemaundys blaunchid, an banne serue it forth for a goode potage.

.xxij. Venyson in Broth.—Take Rybbys of Venysoun, and wasshe hem clene in fayre water, an strayne be same water borw a straynoure in-to a potte, an caste ber-to Venysoun, also Percely, Sawge, powder Pepyr, Clowys, Maces, Vynegre, and a lytyl Red wyne caste bere-to; an banne latte it boyle tyl it be y-now, & serue forth.

.xxiij. Nomblys of þe venyson.—Take þe Nombles of Venysoun, an cutte hem smal whyle þey ben raw; þan take Freysshe broþe, Watere, an Wyne, of eche a quantyte, an powder Pepir an Canel, and let hem ²boyle to-gederys tyl it be almost y-now; An þenne caste powder Gyngere, an a lytil venegre an Salt, an sesyn it vp, an þanne serue it forth in þe maner of a gode potage.

- .xxiiij. Drawyn grwel.—Take fayre water an lene Bef, an let hem boyle; an whan he beef hath y-boylid, take it vp an pyke it, an lete it blede in-to<sup>3</sup> a vessel, an henne caste he blode an he Fleysshe in-to a potte; an hanne caste her-to Otemele, Percely, & Sawge, an make her-of an gode grwele; hen draw it horw a straynowre, an putte it on a fayre potte, an let it boyle; hanne caste her-to Salt; An zif it be nowt brown y-now, take a litil blode an caste her-to or it be y-draw, an make it broun y-now, an serue it forth.
- .xxv. Balloke Brothe.—Take Elys and fle hem, an kytte hem in gobouns, an caste hem in-to a fayre potte with fayre water; pan take Percely and Oynonys, an schrede hem to-gederys nowt to smal; take Clowes, Maces, an powder Pepyr, an caste per-to a gode porcyon of wyne; pen take 3est of New ale an caste per-to, an let boyle: an when pe Elys byn wyl y-boylid, take fayre stokfysshe, an do a-way pe skyn, an caste per-to, an let boyle a whyle; pen take Safroun and Salt, an a lytil Venegre, an caste per-to, an serue forth.

.xxvj. Coleys.—Take a gode Capoun an boyle hem tendere, an pyke a-way

<sup>&</sup>lt;sup>1</sup> MS. men. <sup>2</sup> lf. 9 bk. <sup>3</sup> MS. blede in-to, repeated.

clene be bonys an be Skyn, an bray hym in a morter, an tempere hym wyth be same brothe, an strayne hym borw a straynoure; benne take be brawn an be fleysshe, an a lytil whyte brede, an bray hem alle to-gederys in a morter; ben take be lycowr of be bonys, an be skyn, an be brothe bat be Capoun was sothyn ynne, an with al tempere it, but nowt to bicke; ben put it in a potte, an let it be al hote, but let it boyle for no bing; an caste ber-to a litil powder of Gyngere, Sugre an Salt. An sif it be on a fyssheday, take Haddok, Pyke, Tenche, Resge, Codlynd, an pyke a-way be bonys an tempere wyth almaunde mylke; an make it hot, an caste ber-to Sugre an Salt, an serue forth.

.xxvij. Soupes dorye.—Take gode almaunde mylke y-draw wyth wyn, an let hem boyle to-gederys, an caste þer-to Safroun an Salt; an þan take Paynemayn, an kytte it an toste it, an wete it in wyne, an ley it on a dysshe, an caste þe syrip þer-on. And þan make a dragge of powder Gyngere, Sugre, canel, Clowes, Maces, an caste þer-on When it is y-dressid, an serue þanne forth for a potage gode.

.xxviij. Soupes Jamberlayne.<sup>2</sup>—Take Wyne, Canel, an powder of Gyngere, an Sugre, an of eche a porcyoun, han take a straynoure & hange it on a pynne, an caste ale her-to, an let renne twyis or hryis throgh, tyl it renne clere; an hen take Paynemaynne an kyt it in maner of brewes, an toste it, an wete it in he same lycowre, an ley it on a dysshe, an caste blawnche powder y-now her-on; an han caste he same lycour vp-on he same soppys, an serue hem forth in maner of a potage.

.xxix. Lyode Soppes.—Take Mylke an boyle it, an panne take 30lkys of eyroun y-tryid fro pe whyte, an draw hem porwe A straynoure, an caste hem in-to pe mylke, an sette it on pe fyre an hete it, but let it nowt boyle; an stere it wyl tyl it be somwhat pikke; penne caste per-to Salt & Sugre, an kytte fayre paynemaynnys in round soppys, an caste pe soppys per-on, an serue it forth for a potage.

.xxx. Soupes dorroy.—Shere Oynonys, an frye hem in oyle; þanne take Wyne, an boyle with Oynonys, toste whyte Brede an do on a dysshe, an caste þer-on gode Almaunde Mylke, & temper it wyth wyne: þanne do þe dorry a-bowte, an messe it forth.

<sup>3</sup>xxxj. Brawn en Peuerade.—Take Wyne an powder Canel, and draw it . porw a straynour, an sette it on he fyre, and lette it boyle, an caste her-to Clowes, Maces, an powder Pepyr; han take smale Oynonys al hole, an

<sup>1</sup> leaf 10.

<sup>&</sup>lt;sup>2</sup> Chamberlain.

par-boyle hem in hot watere, an caste per-to, and let hem boyle to-gederys; pan take Brawn, an lesshe it, but nowt to pinne. An sif it sowsyd be, lete it stepe a whyle in hot water tyl it be tendere, pan caste it to pe Sirip; pen take Sawnderys, an Vynegre, an caste per-to, an lete it boyle alle to-gederys tyl it be y-now; pen take Gyngere, an caste per-to, an so serue forth; but late it be nowt to pikke ne to pinne, but as potage shulde be.

.xxxij. Auter brawn en peuerade.—Take myghty brothe of Beef or of Capoun, an þenne take clene Freysshe Brawn, an sethe it, but not y-now; An 3if it be Freysshe Brawn, roste it, but not I-now, an þan leche it in pecys, an caste it to þe brothe. An þanne take hoole Oynonys, & pylle hem, an þanne take Vynegre þer-to, and Canelle, and sette it on þe fyre, an draw yt þorw a straynoure, and caste þer-to; þen take Clowys, Maces, an powder Pepyr, an caste þer-to, and a lytil Saunderys, an sette it on þe fyre, an let boyle tylle þe Oynonys an þe Brawn ben euyne sothyn, an nowt to moche; þan take lykoure y-mad of Bred an Vinegre an Wyne, an sesyn it vp, an caste þer-to Saffroun to make þe coloure bryth, an Salt, an serue it forth.

.xxxiij. Oyle Soppys.—Take a gode quantyte of Oynonys, an mynse hem not to smale, an sethe in fayre Water: þan take hem vp, an take a gode quantite of Stale Ale, as .iij. galouns, an þer-to take a pynte of Oyle fryid, an caste þe Oynonys þer-to, an let boyle alle to-gederys a gode whyle; then caste þer-to Safroune, powder Pepyr, Sugre, an Salt, an serue forth alle hote as tostes, ¹as in þe same maner for a Mawlard & of a capon, & hoc quære.²

.xxxiv. Chardewardon.—Take Pere Wardonys, an sethe hem in Wyne or in fayre water; þan take an grynd in a morter, an drawe hem þorwe a straynoure wyth-owte ony lycoure, an put hem in a potte with Sugre and clarifiyd hony, an Canel y-now, an lete hem boyle; þan take it fro þe fyre, an let kele, an caste þer-to 30lkys of Raw eyroun, tylle it be þikke; & caste þer-to pouder Gyngere y-now, an serue it in manere of Fysshe; an 3if if it be in lente, lef þe 30lkys of Eyroun, & lat þe remenaunt boyle so longe tylle it be þikke, as þow it had be temperyd wyth þe 30lkys, in þe maner of charde quynce; an so serue hem in maner of Rys.

.xxxv. Perys en Composte.—Take Wyne an Canel, & a gret dele of Whyte Sugre, an set it on he fyre & hete it hote, but let it nowt boyle, an draw it horwe a straynoure; han take fayre Datys, an pyke owt he stonys, an leche hem alle hinne, an caste her-to; hanne take Wardonys, an pare hem and sethe hem,

<sup>&</sup>lt;sup>1</sup> If. 11. <sup>2</sup> 'look for this; see this,' generally q.v.

<sup>&</sup>lt;sup>3</sup> For Rys; see Douce MS. No. 53, and the end of this recipe. A. also reads fische.

an leche hem alle pinne, & caste per-to in-to pe Syryppe: panne take a lytil Sawnderys, and caste per-to, an sette it on pe fyre; an zif pow hast charde quynce, caste per-to in pe boyling, an loke pat it stonde wyl with Sugre, an wyl lyid wyth Canel, an caste Salt per-to, an let it boyle; an pan caste yt on a treen vessel, & lat it kele, & serue f[orth].

.xxxvj. Vele, kede, or henne in Bokenade.—Take Vele, Kyde, or Henne, an boyle hem in fayre Water, or ellys in freysshe brothe, an smyte hem in pecys, an pyke hem clene; an þan draw þe same brothe þorwe a straynoure, an caste þer-to Percely, Sawge, Ysope, Maces, Clowys, an let boyle tyl þe flesshe be y-now; þan sette it from þe fyre, & a-lye it vp with raw 30lkys of eyroun, & caste þer-to pouder Gyngere, Veriows, Safroun, & Salt, & þanne serue it forth for a gode mete.

'.xxxvij. Autre Vele en bokenade.—Take Vele, an Make it clene, and hakke it to gobettys, an sethe it; an take fat brothe, an temper vp þine Almaundys þat þou hast y-grounde, an lye it with Flowre of Rys, and do þer-to gode powder of Gyngere, & Galyngale, Canel, Maces, Quybybis, and Oynonys y-mynsyd, & Roysonys of coraunce, & coloure yt wyth Safroun, and put þer-to þin Vele, & serue f[orth].

.xxxviij. Storion in brothe.—Take fayre Freysshe Storgeoun, an choppe it in fayre water; panne take it fro pe fyre, an strayne pe brothe porw a straynoure in-to a potte, an pyke clene pe Fysshe, an caste per-to powder Pepir, Clowes, Maces, Canel; & panne take fayre Brede, and stepe it in pe same lycowre, & caste per-to, an let boyle to-gederys, & caste pen Safroun per-to, Gyngere, an Salt, & Vynegre, & panne serue it forth ynne.

.ixl. Oystres en grauey.—Take gode Mylke of Almaundys, an drawe it wyth Wyne an gode Fysshe brobe, an sette it on he fyre, & let boyle; & caste her-to Clowes, Maces, Sugre an powder Gyngere, an a fewe parboylid Oynonys y-mynsyd; han take fayre Oystrys, & parboyle hem in fayre Water, & caste hem her-to, an lete hem boyle to-gederys; & hanne serue hem forth.

.xl. Oystrys in grauy bastard.—Take grete Oystrys, an schale hem; an take be water of be Oystrys, & ale, an brede y-straynid, an be water also, an put it on a potte, an Gyngere, Sugre, Saffron, powder pepir, and Salt, an let it boyle wyl; ben put yn be Oystrys ber-to, and dresse it forth.

.xlj. Gelyne in dubbatte.—Take an Henne, and rost hure almoste y-now, an choppe hyre in fayre pecys, an caste her on a potte; an caste her-to Freysshe broke, & half Wyne, Clowes, Maces, Pepir, Canelle, an stepe it with

<sup>1</sup> lf. 11 bk. 2 i.e. into the dining-room. 3 i.e. i from xl.

be Same brobe, fayre brede & Vynegre: an whan it is y-now, serue it forth.

1.xlij. Conyng, Mawlard, in gely or in cyuey.—Take Conynge, Hen, or Mawlard, and roste hem alle-most y-now, or ellys choppe hem, an frye hem in fayre Freysshe grece; an frye myncyd Oynenons, and caste alle in-to be potte, & caste her to fayre Freysshe brothe, an half Wyne, Maces, Clowes, Powder pepir, Canelle; han take fayre Brede, an wyth he same brothe stepe, an draw it horw a straynoure wyth vynegre; an whan it is wyl y-boylid, caste he lycoure her to, & powder Gyngere, & Salt, & sesyn it vp an serue f[orth].

xliij. Mortrewes of Fysshe.—Take Gornard or Congere, a-fore he navel wyth he grece (for be-hynde he navel he is hery of bonys), or Codlyng, he lyuer an he Spaune, an sethe it y-now in fayre Water, and pyke owt he bonys, and grynde he fysshe in a Morter, an temper it vp wyth Almaunde Mylke, an caste her-to gratyd brede; han take yt vp, an put it on a fayre potte, an let boyle; han caste her-to Sugre and Salt, an serue it forth as other Mortrewys. And loke hat how caste Gyngere y-now a-boue.

.xliiij. Mortrewys de Fleyssh.—Take Porke, an sepe it wyl; panne take it vppe and pulle a-way be Swerde, an pyke owt be bonys, an hakke it and grynd it smal; penne take be sylf brothe, & temper it with ale; pen take fayre gratyd brede, & do per-to, an sepe it, an coloure it with Saffroun, & lye it with solkys of eyroun, & make it euen Salt, & caste pouder Gyngere, a-bouyn on be dysshe.

.xlv.—For to make Blawnche Perrye.—Take he Whyte of the lekys, an sehe hem in a potte, an presse hem vp, & hacke hem smal on a bord. An nym gode Almaunde Mylke, an a lytil of Rys, an do alle hes to-gederys, an sehe an stere it wyl, an do her-to Sugre or hony, an dresse it yn; hanne take powderd Elys, an sehe hem in fayre Water, and broyle hem, an kytte hem in long pecys. And ley .ij. or .iij. in a dysshe, and putte hin perrey in a-noher dysshe, an serue he to dysshys to-gederys as Venysoun with Furmenty.

.xlvj. Poumes.—Take fayre buttys of Vele & hewe hem, and grynd hem in a morter, & wyth he solkys of eyroun, & with he whyte of eyroun; an easte her-to powder Pepyr, Canel, Gyngere, Clowys powher, & datys y-mynced, Safroun, & raysonys of Coraunce, an sethe in a panne wyth fayre water, an let it boyle; han wete hin handys in Raw eyroun, han take it an

<sup>&</sup>lt;sup>1</sup> leaf 12. 
<sup>2</sup> Hairy. 
<sup>3</sup> Rind, skin. 
<sup>4</sup> Thine. 
<sup>5</sup> If. 12 bk

rolle it in þin hondys, smaller or gretter, as þow wolt haue it, an caste it in-to boyling water, an let boyle y-now; þan putte it on a Spete round, an lete hem rosty; þen take flowre an jolkys of eyroun, an þe whyte, an draw hem þorwe a straynowre, an caste þer-to pouder Gyngere, an make þin¹ bature grene with þe Ius of Percely, or Malwys, in tyme of zere Whete, an caste on þe pommys as þey turne a-boute, & serue f[orth].

.xlvij. Cawdelle Ferry.—Take 30lkys of eyroun Raw, y-tryid fro the whyte; þan take gode wyne, and warme it on þe potte on a fayre Fyre, an caste þer-on 30lkys, and stere it wyl, but let it nowt boyle tylle it be þikke; and caste þer-to Sugre, Safroun, & Salt, Maces, Gelofres, an Galyngale y-grounde smal, & flowre of Canelle; & whan þow dressyst yn, caste blanke pouder þer-on.

.xlviij. Tayloures.—Take a gode mylke of Almaundys y-draw with Wyne an Water, an easte hym in to a potte, and easte gret Roysouns of corauns, Also mencyd Datys, Clowes, Maces, Pouder Pepir, Canel, Safroun, & a gode dele Salt, & let boyle a whyle; þan take it and ly² it wyth Flowre of Rys, or ellys with Brede y-gratyd, & easte þer-to Sugre, & serue forth lyke Mortrewys, & easte pouder of Gyngere a-boue y-now.

xlix. Bryndons.—Take Wyn, & putte in a potte, an clarifyd hony, an Saunderys, pepir, Safroun, Clowes, Maces, & Quybibys, & mynced Datys, Pynys and Roysonys of Corauns, & a lytil Vynegre, 3& sethe it on þe fyre; an sethe fygys in Wyne, & grynde hem, & draw hem þorw a straynoure, & caste þer-to, an lete hem boyle alle to-gederys; þan take fayre flowre, Safroun, Sugre, & Fayre Water, ande make þer-of cakys, and let hem be þinne Inow; þan kytte hem y lyke lechyngys, an caste hem in fayre Oyle, and fry hem a lytil whyle; þanne take hem owt of þe panne, an caste in-to a vesselle with þe Syrippe, & so serue hem forth, þe bryndonys an þe Sirippe, in a dysshe; & let þe Sirippe be rennyng, & not to styf.

.1. A potage on fysshday.—Take an Make a styf Poshote of Milke an Ale; han take & draw he croddys horw a straynoure wyth hyte Swete Wyne, or ellys Rochelle Wyne, & make it sum-what rennyng an sum-what stondyng, & put Sugre a gode quantyte her-to, or hony, but nowt to moche; han hete it a lytil, & serue it forth al a-brode in he dysshys; an straw on Canel, & Gyngere, and half [hou] haue Blank powder, straw on and kepe it a[s] whyte as yt may be, & han serue f[orth].

<sup>&</sup>lt;sup>1</sup> Thine.

<sup>&</sup>lt;sup>2</sup> Lye; allay.

<sup>3</sup> leaf 13.

<sup>4</sup> long thin strips.

<sup>5</sup> MS. with wyth.

- .lj. Cawdelle de Almaunde.—Take Raw Almaundys, & grynde hem, an temper hem vp with gode ale, and a lytil Water, and draw it porw a straynoure in-to a fayre potte, & late it boyle a whyle: & caste per-to Safroun, Sugre, and Salt, & pan serue it forth al hotte in maner of potage.
- lij. Gyngaudre.—Take þe Lyuerys of Codlyngys, Haddok, Elys, or þe Hake hed, or Freysshe Mylwell hedys, þe Pouches, & þe Lyuerys, an sethe hem in fayre Water; þan take hem vp on a fayre bord, & mynce smal þe pouches; þan take gode freysshe brothe of Samoun, or Turbut, or of Elys, & cast þe mynced pouches þer-to, & pouder Pepyr, & let boyle; þan take þe brothe, þe pouches & þe lyuerys wer sodoun in, in a stipe 1 or on fayre brede, & draw þorw a straynoure, & þan mynce þe lyuer in fayre pecys; & 2whan þe pouches haue ooylid, an þe licoure, caste þe leuer þer-to, an let boyle a whyle; þan caste þer-to þe lyuerys, Wyne, Venegre, Safroun, Salt, & late it boyle a whyle, and serue forth þat rennyng.
- Liij. Rapeye.—Take half Fygys & halfe Roysonys, and boyle hem in Wyne; pan bray hem in a morter, an draw wyth the same lycoure porw a straynoure so pikke pat it be stondynge; panne take Roysons of Corauns, Pynys, Clowys, Maces, Sugre of Siprys, an caste per-to: pan putte it on a potte; pan take Saunderys a fewe, Pepir, Canel, an a litel Safroun; an ;if it be no;t stondyng, take [a] lytil flowre of Amidons, an draw it porw a straynwoure, an caste per-to Salt, & serue forth stondyng.
- Liiij. Rapeye.—Take almaundys, an draw a gode mylke þer-of, and take Datys an mynce hem smal, an put þer-on y-now; take Raw Appelys, an pare hem and stampe hem, an drawe hem vppe with wyne, or with draf of Almaundys, or bobe; þan caste pouder of Gyngere, Canel, Maces, Clowes, & caste þer-on Sugre y-now; þan take a quantyte of flowre of Rys, an þrowe þer-on, & make it chargeaunt, an coloure it wyth Safroun, an with Saunderys, an serue forth; an strawe Canel a-boue.
- Iv. Iuschelle of Fysshe.—Take fayre Frye of Pyke, and caste it raw on a morter, an caste per-to gratid brede, an bray hem as smale as pow mayste; & ;if it be to stondyng, caste per-to Almaunde mylke, an bray hem togederys, an stere it to-gederys, & caste per-to a littel Safroun & Salt, an whyte Sugre, an putte al in a fayre Treen bolle, & toyle<sup>3</sup> it to-gederys wyth pin hond, an loke pat it be no;t to chargeaunt, but as a man may pore it out of pe bolle; and pan take a Chafoure or a panne, an caste per-in fayre grauey of pyke or of Freysshe Samoun, y-draw porw a straynoure, & sette

<sup>&</sup>lt;sup>1</sup> ? meaning. <sup>2</sup> If. 13 bk.

<sup>3</sup> Twille in Douce MS.

it on he fyre; hanne take fayre Percely an Sawge, an caste her-to, an lat it boyle, an easte her-to a lytil Safroun an Salt; and whan it hath y-boylid a whyle, stere it faste, an easte he Stuffe her-to, an stere it euermore; an whan alle is oute of he bolle, caste a litil an a litil in-to he chafoure, or he panne; stere it soffter an sofftere, tylle it come to-gedere; han gader it to-gederys with a ladelle or a Skymoure, softe, tille it be round to-gedere; hanne take it fro he fyre, an sette he vesselle on a fewe colys, an late it wexe styf be hys owne acord; han serue forth.

.lvj. Charlette.—Take Mylke, an caste on a potte, with Salt and Safroun y-now; þan hewe fayre buttys of Calf or of Porke, no;t to fatte, alle smal, an kaste þer-to; þan take Eyroun, þe whyte an the 30lke, & draw þorw a straynoure; an whan þe lycoure ys in boyling, caste þer-to þin Eyroun and Ale, & styre it tylle it Crodde; þan presse it a lytil with a platere, an serue forth; saue, caste þer-on broþe of Beeff or of Capoun.

Ivij. Charlet a-forcyd ryally.—Take gode Mylke of Almaunde; take tender Porke, an hew it smal, an bray it on a morter; take eyroun, an draw horw a clope; temper vppe hin flesshe her-with, an caste on he potte; take he mylke, an sette it ouer he fyre; sesyn it wyth Salt an Safroun caste her-on; boyle it, an when yt komyth on hy, a-lye it with wyne, an sette it a-doun; take vppe an ley it on a clope, an presse it a lytil; ondo it a-zen, & caste her-on pouder Gyngere, Galyngale, Sugre y-now; menge it to-gederys, presse it a-azen, sehe her hope wyl; take styf Almaunde mylke y-temperyd with Freysshe brothe, & caste her-on Saffroun an Sugre y-now, an a lytil Salt, & boyle it, han take and set it owt; leche now hin mete, & ley her-of in a dysshe; take he sewe, & ley a-boue; take Maces & Sugre, & caste her-on, & serue forth.

3.lviij. Let lory.—Take Mylke, an sette it ouer þe fyre; take Salt & Safroun, an easte þer-to; take Eyroun, þe 30lke an þe Whyte y-strainyd a lyte, 4 & caste it þer-to; whan þe Mylke his skaldyng hote, caste þe stuf þer-to, an þenne stere yt tyll it crodde; and 3if þou wolt haue it a-forsyd with ly3t coste, Take Mylke, & make it skaldyng hote, & caste þer-to Raw 30lkes of Eyroun, Sugre, pouder Gyngere, Clowes, Maces, an let not fully boyle; & so hote, dresse it forth, an ley it on þe crodde; & 3if þou wolt a-forse it in maner of charlet, do it in fastyng dayis, & serue it forth.

.lix. Furmenty with purpaysse.—Make hin Furmenty in he maner as I sayd be-fore, saue temper it vp with Almaunden, Mylke, & Sugre, & Safroun,

<sup>1</sup> leaf 14.

pan take pin Purpays as a Freysshe Samoun, & sethe it in fayre Water; & when he is I-sothe y-now, bawde it & leche it in fayre pecys, & serue wyth Furmenty in hote Water.

.lx. Trype of Turbut or of Codelynge.—Take be Mawes of Turbut, Haddok, or Codelyng, & pyke hem clene, & skrape hem, & Wasshem clene, and parboyle hem in gode Freysshe brobe of Turbut or Samoun, or Pyke; ban kytte Percely smalle, & caste ber-to, & kytte be Mawys of a peny brede, & caste alle togederys in-to a potte, & let it boyle to-gederys; & whan bey bin sobin tendyr, caste ber-to Safroun, & Salt, & Veryous, & pouder Gyngere, & serue f[orth].

.lxj. A goos in hogepotte.—Take a Goos, & make hure clene, & hacke hyre to gobettys, & put yn a potte, & Water to, & sethe to-gederys; þan take Pepir & Brennyd brede, or Blode y-boylyd, & grynd y-fere Gyngere & Galyngale & Comyn, & temper vppe with Ale, & putte it þer-to; & mynce Oynonys, & frye hem 2in freysshe grece, & do þer-to a porcyon of Wyne.

.lxij. Conyngys in graueye.—Take Conyngys, & make hem clene, & hakke hem in gobettys, & sethe hem, oper larde hem & Rost hem; & panne hakke hem, & take Almaundys, & grynde hem, & temper hem vppe with gode Freysshe brothe of Flesshe, & coloure it wyth Safroun, & do per-to a porcyon of flowre of Rys, & do per-to pen pouder Gyngere, Galyngale, Canel, Sugre, Clowys, Maces, & boyle it onys & sepe it; pen take pe Conyngys, & putte per-on, & dresse it & serue it forth.

lxiij. Harys in Cyueye.—Take Harys, & Fle hem, & make hem clene, an hacke hem in gobettys, & sethe hem in Water & Salt a lytylle; pan take Pepyr, an Safroun, an Brede, y-grounde y-fere, & temper it wyth Ale; pan take Oynonys & Percely, y-mynced smal to-gederys, & sethe hem be hem self, & afterward take & do per-to a porcyon of Vynegre, & dresse in.

Ixiiij. Capoun in consewe.—Take a Capoun, & make hem<sup>3</sup> clene, & sethe hym in Water, percely, Sauereye & Salt; & whan he his y-now, quarter hym; þan grynde Almaundys, & temper vppe wyth þat brothe of þe Capoun; or ellys take þe 30lkys of Eyroun, & make it chargeaunt, & strayne þe Almaundys & boyle it; take Sugre a goode porcyoun, & do þer-yn; & when it ys y-boylid, ley þe Capoun in þe dysshe, & put þat Sew a-boue, & strawe þer-vppe-on Sugre, & send it yn with alman.

.lxv. Hennys in bruette.—Take he hennys, & skalde hem, & ope hem, & wasshe hem clene, & smyte hem to gobettys, & sethe hem wyth fayre porke;

<sup>1</sup> leche it, repeated in MS. 2 leaf 15. 3 ? for hym; but see p. 19, No. lxxij.

pan take Pepyr, Gyngere, & Brede, y-grounde y-fere, and temper it vppe with pe same brothe, or ale draft, & coloure it with Safroun, & sepe it togederys, & serue forth.

lxvj. Bruette Sareson.—Take Almaundys & draw a gode mylke <sup>1</sup>& flowre of Rys, & Porke & Brawen of Capoun y-sode, or Hennys smale y-grounde, & boyle it y-fere, & do in-to be mylke; & ban take pouder Gyngere, Sugre, & caste a-boue, an serue forth.

Ixvij. Bruet of Almaynne.—Take Almaundys, & draw a gode mylke þer-of with Water; take Capoun, Conyngys or Pertriches; smyte þe Capoun, or kede, or Chykonys, Conyngys: þe Pertriche shal ben hol: þan blaunche þe Fleyssh, an caste on þe mylke; take larde & [mynce] it, & caste þer-to; take an mynce Oynonys & caste þer-to y-nowe, do Clowes & smal Roysonys þer-to; caste hol Safroun þer-to, þan do it to þe fyre, & stere it wyl; whan þe fleysshe ys y-now, sette it on þe fyre, an do þer-to Sugre y-now; take pouder Gyngere, Galyngale, Canel, & temper þe pouder wyth Vynegre, & caste þer-to; sesyn it with salt, & serue forth.

.lxviij. Bruet of Almaynne in lente. — Take fyne þikke Mylke of Almaundys; take datys, an mynce hem smal þer-on; take Sugre y-nowe, & straw þer-on, & a lytil flowre of Rys; sylt,² & serue forth whyte, & loke þat it be rennyng.

lxix. Whyte Mortrewes.—Take Almaunde Mylke & Floure of Rys, & boyle it y-fere; benne take Capoun & Hennys, & sethe hem and bray hem as smal as bou may, & ly³ it with an Ey⁴ or to, & also a-lye it vppe with be mylke of Almaundys, & make hem chargeaunt as Mortrewes schuld be, & dresse hem forth, & caste Canel a-boue, or Gyngere. Blanke pouder is best.

.lxx. Fauntempere.—Take Almaunde Mylke, & Floure of Rys, Sugre, an gode pouler Gyngere, Galyngale, Canel, & gode Erbys, and stampe hem [&] grynd hem lorw a clobe, & caste ler-to, & boyle yt, an a-lye it wyth solkys of Eyroun, & make it more boyle; lan take Maces, Quybibes, & Geloferys, & caste ler-to whan that lou schalt dresse it yn.

\*s.lxxj. Murrey.—Take Porke an Vele, & sethe it, & grynd it, & draw it with be self brothe; ben take bred y-gratyd, & pouder of Gyngere & of Galyngale, & Hony, an caste ber-to, & boyle it y-fere; & make it chargeaunt, & coloure it with Saunderys & serue f[orth].

.lxxij. Talbottys.—Take an Hare, an fle hem clene; þen take þe blode, & Brede, an Spycery, an grynde y-fere, & draw it vppe with þe brothe;

<sup>&</sup>lt;sup>1</sup> lf. 15 bk. <sup>2</sup> ? sprinkle. <sup>3</sup> Allay; mix. <sup>4</sup> Egg. <sup>5</sup> leaf 16.

pan take Wyne or Ale, an cast per-to, & make gobettys, & panne serue it forth.

.lxxiij. Conyngys in cyveye.—Take Conyngys, an fle hem, & seþe hem, & make lyke þou woldyst make a sewe, saue alle-to-choppe hem, & caste Safroun & lyer þer-to, & Wyne.

.lxxiiij. Arbolettys.—Take Milke, Boter an Chese, & boyle in fere; þen take eyroun, & cast þer-to; þan take Percely & Sawge & hacke it smal, & take pouder Gyngere & Galyngale, and caste it þer-to, and þan serue it forth.

lxxv. Spyneye.—Take pe Flowberys of Hawthorun; boyle hem & presse hem, bray hem smal, temper hem vppe wyth Almaunde Milke, & lye it with Abyndoun & Gratyd brede & flowre of Rys; take Sugre y-now & put pe-to, or Hony in defawte, & colowre it wyth pe same pat pe flowrys ben, & serue f[orth].

.lxxvj. Brasele.—Take Dace, Troutys, & Roche, an roste hem on a gredelle; þan seþe in Wyne, & caste Veryous þer-to, powder of Gyngere, & Galyngale, & dresse it yn.

lxxvij. Crem de Coloure.—Take an make picke Milke of Almaundys, & do it in a potte, & sethe it ouer pe fyre; pan take a fayre Canvas, an put it per-on, & late renne out pe Water; pen take pe halfyndele, & put it in a pot of erpe; pen take the oper halfyndele, & parte it [in] to,² & make pe half 3elow, & do per-yn Wyn, Sugre, Clowes, Maces, powder of Canelle; take [blank in MS.] & grynd a lytel in a morter; ³pan temper it vppe wyth almaunde mylke, & do euery of hem in a potte, an loke pat it be y-like chargeaunt, & sette it ouer pe fyre, an boyle it a lytyl, an serue forth.

.lxxviij. Colouryd Sew with-owt fyre.—Take fowre pounde of Almaundys, & ley in Water ouer eue, an blanche hem, and on þe morwe grynde hem ryth wyl, an draw þer-of a þicke mylke; þan take Rys, and wasshem clene, an grynd hem wyl, & draw hem vppe wyth þe Mylke þorw a straynoure, an do it on a bolle, & parte it in þe vesselle, an do in al whyte Sugre, an euery vesselle Clowes, Maces, Quybibes, & pouder Canelle; An lete þat on party ben whyte, þat oþer 3elow, & þat oþer grene with Percely; And ley of euery a leche in a dysshe, an loke þat Mylke be temperyd wyth wyne, an þat oþer with Rede wyn.

.lxxix. Apple Muse.—Take Appelys an sethe hem, an Serge hem borwe a Sefe in-to a potte; panne take Almaunde Mylke & Hony, an easte per-to, an

<sup>&</sup>lt;sup>1</sup> Amydon. <sup>2</sup> Two. <sup>3</sup> lf. 16 bk. <sup>4</sup> a strip. <sup>5</sup> MS. pan. <sup>6</sup> Sift

gratid Brede, Safroun, Saunderys, & Salt a lytil, & caste all in he potte & lete hem sethe; & loke hat hou stere it wyl, & serue it forth.

.lxxx. Salomene.—Take gode Wyne, an gode pouder, & Brede y-ground, an sugre, an boyle it y-fere; pan take Trowtys, Rochys, Perchys, oper Carpys, oper alle pese y-fere, an make hem clene, & aftere roste hem on a Grydelle; pan hewe hem in gobettys: whan pey ben y-sothe, fry hem in oyle a lytil, pen caste in pe brwet; and whan pou dressist it, take Maces, Clowes, Quybibes, Gelofrys, an cast a-boue, & serue forth.

.lxxxj. Blaundysorye.—Take Almaunde Mylke, an flowre of Rys, and brawn of Capounys or of hennys, & pouder Gyngere, & boyle it y-fere, & make it chargeaunt; an whan pou dressest yn, nym Maces, Quybibes, & caste a-boue, & serue f[orth].

'.lxxxij. Blamang.—Take Rys, an lese 2 hem clene, & wasshe hem clene in flake Water, & þan sethe hem in Watere, & aftyrward in Almaunde Mylke, & do þer-to Brawn of þe Capoun aftyrward in-to a-noþer almaunde Mylke, an tese it smal sumdele with a pyn, an euer as it wolt caste³ þer-to, stere it wel; nym Sugre and caste þer-to, þen make it chargeaunt; þen take blawnchyd Almaundys, an frye hem, an sette hem a-boue, whan þou seruyst ynne; & 3if þou wolt, þou myṣte departe hem with a Cawdelle Ferry y-wreten⁴ before [No. xlvij. p. 15, and cxxxix. p 31], an þan serue forth.

.lxxxiij. Vyaund de cyprys bastarde.—Take gode wyne, & Sugre next Aftyrward, & caste to-gedere; þenne take whyte Gyngere, and Galyngale, & Canel fayre y-mynced; þen take Iuse of Percile & Flowre of Rys, & Brawn of Capoun & of Chykonnys I-grounde, & caste þer-to; An coloure it wyth Safroun & Saunderys, an a-ly it with 30lkys of Eyroun, & make it chargeaunt; an whan þou dressest it yn, take Maces, Clowes, Quybibes, and straw a-boue, & serue forth.

.lxxxiiij. Vyaund de ciprys Ryalle.—Take þe to del<sup>5</sup> jolkys of eyron, þe þridde dele Hony; take Clowes & kutte hem; take Roysonys, tak brawn of Capoun, & hewe it smal; caste al in a potte, & lat boyle & stere it wyl; take wyne an boyle hem, & make a Syryppe; take of <sup>6</sup> þe potte al a-bowte, þer as it hangyth, & late it boyle wyl tille it be as chargeaunt as it may; take þin þombe <sup>7</sup> & pylt <sup>8</sup> þer-on, & jif it cleuey, let it boyle, & jif it nowt, sette it owt a-non in a clen bolle, an wete þin bolle in þe Syrippe, and caste þin mete þer-on; & whan þow dressist þi mete, leche it & caste þin <sup>9</sup> Syryppe a-bouyn vppe-on, & serue forth.

9 Thy.

<sup>1</sup> lf. 17 (? Blamanger). 2 pick. 3 stic

stick. 4 Written.

<sup>5</sup> Two parts.

<sup>6</sup> off.

<sup>7</sup> Thumb.

<sup>8</sup> Put.

.lxxxv. Gaylede.—Take Almaunde Mylke & Flowre of Rys, & do per-to Sugre or Hony, & Powder Gyngere & Galyngale; pen take figys, 'an kerue hem a-to, or Roysonys y-hole,' or hard Wastel y-dicyd' and coloure it with Saunderys, & sethe it & dresse hem yn.

.lxxxvj. Rys.—Take a porcyoun of Rys, & pyke hem clene, & sethe hem welle, & late hem kele; þen take gode Mylke of Almaundys & do þer-to, & seþe & stere hem wyl; & do þer-to Sugre an hony, & serue f[orth].

.lxxxvij. Maumenye ryalle. - Take Vernage, ober strong Wyne of be beste bat a man may fynde, an putte it on a potte, & caste ber-to a gode quantyte of pouder Canelle, & sette it on be fyre, an gif it an hete; & banne wrynge it soft borw a straynoure, bat be draf go nowt owte, & put on a fayre potte, & pyke fayre newe pynys, & wasshe hem clene in Wyn, & caste a gode quantyte ber-to, & take whyte Sugre ber-to, as moche as be lycoure is, & caste ber-to; & draw a few Sawnderys wyth strong wyne borwe a straynoure, an caste ber-to, & put alle on on4 potte, & caste ber-to Clowys, a gode quantyte, & sette it on be fyre, & 3if it a boyle; ben take Almaundys, & draw hem with mythty Wyne; & at be firste boyle ly it vppe with Ale, & 3if it a boyle, & sette it on be fyre, and caste ber-to tesyd brawn, (of 5 defaute of Pertriche or Capoun,) a gode quantyte of tryid Gyngere perase,6 & sesyn it vppe with pouder Gyngere, & Salt & Safroun; & 3if it is to stondyng, a-ly it with Vernage or swete Wyne, & dresse it Flat with be backe of a Sawcere in be Vernage or mysthty Wyne, & loke bat bou haue Sugre y-nowe, & serue forth hote.

lxxxviij. Mammenye bastarde.—Take a potelle of Clarifiyd Hony, & a pounde of Pynys, & a pounde of Roysouns Coraunce, & [a] pound of Saunderys, & pouder canelle, & .ij. galouns of Wyne or Ale, & a pound of Pepir, & caste alle on a potte, & skym yt; þan take .iij. pounde of Amyndons, & a galon of Wyne, & a gode galon of Venegre, & let stepe vp to-gederys, & draw þorw a straynoure; <sup>7</sup>an whan þe potte boylith, caste þe lycoure þer-to, an lat it be alle stondyng; þan take pouder Gyngere, Salt & Safron, an sesyn it vppe, an serue alle flat on a dysshe, all hote, an caste pouder Gyngere þer-on, an serue f[orth].

.lxxxix. Elys in Gauncelye.—Take Elys, an fle hem, & sethe hem in Water, an easte a lytil Salt þer-to; þan take Brede y-Skaldyd, an grynd it, an temper it with þe brothe an with Ale; þan take Pepir, Gyngere, an Safroune, an grynd alle y-fere; þan neme Oynonys, an Percely, an boyle

<sup>&</sup>lt;sup>1</sup> lf. 17 bk.

<sup>&</sup>lt;sup>2</sup> ? unstoned.

<sup>3</sup> diced, cut into small squares.

<sup>4</sup> In one.

<sup>&</sup>lt;sup>5</sup> In.

<sup>6 ?</sup> meaning.

<sup>7</sup> lf. 18.

it in a possenet wel, ben caste alle to-gederys, an sethe y-fere & sorue f[orth].

.lxxxx. Hennys in Gauncelye.—Take Hennys, an roste hem; take Mylke an Garleke, an grynd it, an do it in a panne, an hewe þin hennys þer-on with 3olkys of eyron, an coloure it with Safroun an Mylke, an serue forth.

.lxxxxj. Vyolette.—Nym Almaunde Mylke, an flowre of Rys, and pouder Gyngere, Galyngale, Pepir, Datis, Fygys, & Rasonys y-corven, an coloure it with Safroun, an boyle it & make it chargeaunt; an whan bou dressyste, take be flowres, an hew hem, an styre it ber-with; nyme be braunchys with be flowres, an sette a-boue and serue it Forth.

.lxxxxij. Oystrys in bruette.—Take an schene Oystrys, an kepe he water hat cometh of hem, an strayne it, an put it in a potte, & Ale her-to, an a lytil brede her-to; put Gyngere, Canel, Pouder of Pepir her-to, Safroun an Salt; an whan it is y-now al-moste, putte on hin Oystrys: loke hat hey ben wyl y-wasshe for he schullys: & han serue forth.

.lxxxxiij. Walkys<sup>3</sup> in bruette.—Take [Walkys] an sethe in Ale, þen pyke hem clene; þan wasshem in Water an Salt be hem-self, & fyrst wyth Ale & Salt, an do so whele þey ben slepyr<sup>4</sup>; þen putte hem in <sup>5</sup>Vynegre, an ley Perceli a-boue, an serue ynne.

.lxxxiiij. Tenche in bruette.—Take þe Tenche, an sethe hem & roste hem, an grynde Pepir an Safroun, Bred and Ale, & tempere wyth þe brothe, an boyle it; þen take þe Tenche y-rostyd, an ley hym on a chargeoure; þan ley on þe sewe a-boue.

.lxxxv. Tenche in cyueye.—Take a tenche, an skalde hym, roste hym, grynde Pepir an Safroun, Brede an Ale, & melle it to-gederys; take Oynonys, hakke hem, an frye hem in Oyle, & do hem per-to, and messe hem forth.

.lxxxvj. Tenche in Sawce. — Take a tenche whan he is y-sothe, and ley him on a dysshe; take Percely & Oynonys, & mynce hem to-gederys; take pouder Pepir, & Canelle, & straw þer-on; take Vynegre, an caste Safroun þer-on, an coloure it, an serue it forth þanne alle colde.

.lxxxvij. Chykonys in bruette.—Take [an] Sethe Chykonys, & smyte hem to gobettys; þan take Pepir, Gyngere, an Brede y-grounde, & temper it vppe wyth þe self brothe, an with Ale; an coloure it with Safroun, an sethe an serue forth.

· lxxxxviij. Blamanger of Fyshe.—Take Rys, an sethe hem tylle they brekyn, & late hem kele; þan caste þer-to mylke of Almaundys; nym

<sup>&</sup>lt;sup>1</sup> for schele. <sup>2</sup> on account of. <sup>3</sup> Whelks. <sup>4</sup> Slippery; slimy. <sup>5</sup> lf. 18 bk.

Perche or Lopstere, & do per-to, & melle it; pan nym Sugre with pouder Gyngere, & caste per-to, & make it chargeaunt, and pan serue it forth.

.xxxix. Sardeyne; —Take Almaundys, & make a gode Mylke of Flowre of Rys, Safroun, Gyngere, Canelle, Maces, Quybibe;; grynd hem smal on a morter, & temper hem vppe with be Mylke; ban take a fayre vesselle, & a fayre parte of Sugre, & boyle hem wyl, & rynsche bin dysshe alle a-bowte with-ynne with Sugre or oyle, an ban serue forth.

- 1.C. Roseye.—Take Almaunde Mylke an flowre of Rys, & Sugre, an Safroun, an boyle hem y-fere; þan take Red Rosys, an grynd fayre in a morter with Almaunde mylke; þan take Loches, an toyle² hem [with] Flowre, an frye hem, & ley hem in dysshys; þan take gode pouder, and do in þe Sewe, & caste þe Sewe a-bouyn þe lochys, & serue forth.
- .Cj. Eyron en poche.—Take Eyroun, breke hem, an sethe hem in hot Water; þan take hem Vppe as hole as þou may; þan take flowre, an melle with Mylke, & caste þer-to Sugre or Hony, & a lytel pouder Gyngere, an boyle alle y-fere, & coloure with Safroun; an ley þin Eyroun in dysshys, & caste þe Sewe a-boue, & caste on pouder y-now. Blawnche pouder ys best.
- .Cij. Muskelys in bruette.—Take þe Muskelys whan þey ben y-sothe, & pyke owt þe Muskele of þe schulle, & pyke a-way ye here: þan take brede, an pepir & Safroun y-grounde, & temper it vp with þe brothe; & şif þou wolt, a-lye it with Wyne or with Ale, & serue f[orth].
- Ciij. Fygeye.—Take Fygys, an sethe hem tylle þey ben neysshe, þan bray hem tylle þey ben smal; þenne take hem vppe an putte hem in a potte, & Ale þer-to; þan take Bred y-gratyd, an Pyne; hole, & caste þer-to, & let boyle wyl; & atte þe dressoure, caste on pouder Canel y-now, & serue forth: & ;if þow wolt colour yt in .iij. maners, þou my;t, with Saunderys, Safroun, & of hym-self, and ley on pouder y-now, & serue f[orth].
- .Ciiij. Bolas.—Take fayre Bolasse, wasshe hem clene, & in Wyne boyle hem pat pey be but skaldyd bywese, & boyle hem alle to pomppe, & draw hem porw a straynoure, & a-lye hem with flowre of Rys, & make it chargeaunt, & do it to pe fyre, & boyl it; take it of, & do per-to whyte Sugre, gyngere, Clowys, Maces, Canelle, & stere it wyl to-gederys: panne take gode perys, & sethe hem wel with pe Stalke, & sette hem to kele, & pare hem clene, and pyke owt pe corys; pan take datis, & wasshe hem clene, & pyke owt pe Stonys, & fylle hem fulle of blaunche poudere: pan take pe

<sup>&</sup>lt;sup>1</sup> leaf 19. <sup>2</sup> Rub, cover. <sup>3</sup> Pulp. <sup>4</sup> lf. 19 bk.

Stalke of he Perys, take he Bolas, & ley .iij. lechys in a dysshe, & sette hin perys her-yn.

.Cv. Lorey de Boolas.—Take Bolas, & sele hem a lytil, & draw hem porw a straynoure, & caste hem in a brole; & do per-to Brede y-gratyd, & boyle y-fere, & 30lkys of eyroun y-swengyd, & a-lyid; take Canel, and Galyngale, Skemyd hony, & do per-to, & sethe wyl, & serue forth.

.Cvj. Rapeye of Fleysshe.—Take lene Porke y-sode & y-grounde smalle, & tempere it vppe with he self brohe, & do it in a potte, an easte her-to a lytil honye, & boyle it tyl it be chargeaunt; & a-lye it wyth 30lkys of Eyroun, & coloure it with Saunderys, & dresse forth, and pouder Marchaunt.

.Cvij. Sore Sengle.—Take Elys or Gurnard, & parte hem half in Wyne, & half in watere, in-to a potte; take Percely and Oynonys & hewe hem smalle; take Clowes or Maces & caste per-on; take Safroun, & caste per-to, & sette on per fyre, & let boyle tylle it be y-now; pen sette it a-doun; take poudere Gyngere, Canelle, Galyngale, & temper it vppe with Wyne, & cast on per potte & serue forth.

.Cviij. Prymerose.—Take oper half-pound of Flowre of Rys, .iij. pound of Almaundys, half an vnce of hony & Safroune, & take he flowre of he Prymerose, & grynd hem, and temper hem vppe with Mylke of he Almaundys, & do pouder Gyngere her-on: boyle it, & plante hin skluce with Rosys, & serue f[orth].

Cix. Gelye de chare.—Take caluys fete, & skalde hem in fayre water, an make hem alle he whyte. Also take howhys of <sup>2</sup>Vele, & ley hem on water to soke out he blode; hen take hem vppe, an lay hem on a fayre lynen clohe, & lat he water rennyn out of [hem]; han Skore a potte, & putte he Fete & he Howhys her-on; han take Whyte Wyne hat wolle hold coloure, & cast her-to a porcyon, an non oher lycoure, hat he Fleysshe be ouer-wewyd withalle, & sette it on he fyre, & boyle it, & Skeme it clene; an whan it is tendyr & boylid y-now, take vppe he Fleyshe in-to a fayre bolle, & saue he lycoure wyl; & loke hat how haue fayre sydys of Pyggys, & fayre smal Chykenys wyl & clene skladdyd & drawe, & lat he leggys an he fete on, an waysshe hem in fayre water, & caste hem in he fyrste brothe, an sethe it a-3en ouer he fyre, & skeme it clene; lat a man euermore kepe it, an blow of he grauy. An in cas he lycoure wast a-way, caste more of he same wyne her-to, & put hin honde her-on; & 3if hin hond waxe clammy, it is a syne of godenesse,

<sup>1</sup> viscous compound?

<sup>&</sup>lt;sup>2</sup> leaf 20.

<sup>3</sup> Scour.

<sup>4</sup> See other Cookery, No. 174, wese.

<sup>&</sup>lt;sup>5</sup> Waste.

an let not be Fleyshe be moche sothe, bat it may bere kyttyng; ban take it vppe, & ley it on a fayre clobe, & sette owt be lycoure fro be fyre, & put a few colys vnder-nethe be vesselle bat be lycoure is yn; ban take pouder of Pepir, a gode quantyte, & Safron, bat it have a fayre Laumbere coloure, & a gode quantyte of Vynegre, & loke bat it be sauery [of] Salt & of Vynegre, fayre of coloure of Safroun, & putte it on fayre lynen clobe, & sette it vnder-nethe a fayre pewter dysshe, & lat it renne borw be clobe so ofte tylle it renne clere: kytte fayre Rybbys of be syde of be Pygge, & lay ham on a dysshe, an pulle of be lemys of be Chykenys, eche fro ober, & do a-way be Skynne, & ley sum in a dysshe fayre y-chowchyd, & pore bin gelye ber-on, & lay Almaundys ber-on, an Clowys, & paryd Gyngere, & serue forth.

\*.Cx. Gelye de Fysshe.—Take newe Pykys, an draw hem, and smyte hem to pecys, & sethe in þe same lycoure þat þou doste Gelye of Fleysshe; an whan þey ben y-now, take Perchys and Tenchys, & seþe; & Elys, an kutte hem in fayre pecys, and waysshe hem, & putte hem in þe same lycoure, & loke þine lycoure be styf y-now; & ;if it wolle notte cacche, take Soundys of watteryd Stokkefysshe, or ellys Skynnys, or Plays, an caste þer-to, & sethe ouer þe fyre, & skeme it wyl; & when it ys y-now, let nowt þe Fysshe breke; þenne take þe lycoure fro þe fyre, & do as þou dedyst be þat oþer Gelye, saue, pylle þe Fysshe, & ley þer-off in dysshis, þat is, perche & suche; and Flowre hem, & serue forthe.

.Cxj. Tannye.— Take almaunde Mylke, & Sugre, an powdere Gyngere, & of Galyngale, & of Canelle, and Rede Wyne, & boyle y-fere: & þat is gode tannye.

.Cxij. Sturmye.—Take gode mylke of Almaundys y-drawe with wyne; take porke an hew it Smalle; do it on a Morter, and grynde it ryth smalle; pen caste it in pe same Mylke, & caste it on a potte; take Sawnderys & flowre of Rys; melle hem with pe Mylke, draw hem porw a straynoure, & caste it [in] a clene pot, loke pat it be chargeaunt y-now; take Sugre, an putte per-on, & Hony; do it ouer pe fyre, & let it sethe a gret whyle; sture yt wyl; take Eyroun hard y-sope, take pe whyte, & hew hem as smalle as pow my;th, caste hem on pe potte; take Safroune & caste per-to, with powder Gyngere, Canelle, Galyngale, Clowys, & loke pat pou haue powder y-now; caste it in pe potte, temper it with Vynegre; take Salt & do per-to, menge hem wylle to-gederys, Make a Siryppe; pe .ij. dele schalle ben wyne, & pe .ij. dele Sugre or hony; boyle it & stere it, & Skeme it clene; per-on wete 'pin dyssches, & serue forth.

boiled. <sup>2</sup> Y-couc

<sup>&</sup>lt;sup>2</sup> Y-couched; laid.

<sup>&</sup>lt;sup>3</sup> Thine.

<sup>4 3</sup> lf. 20 bk.

<sup>5</sup> stick; see other Cookery, No. 174.

<sup>6</sup> By, with.

<sup>7</sup> leaf 21.

.Cxiij. Bruette saake.—Take Capoun, skalde hem, draw hem, smyte hem to gobettys, Waysshe hem, do hem in a potte; benne caste owt be potte, waysshe hem a-3en on be potte, & caste ber-to half wyne half Brobe; take Percely, Isope, Waysshe hem, & hew hem smal, & putte on be potte ber be Fleysshe is; caste ber-to Clowys, quybibes, Maces, Datys y-tallyd, hol Safroune; do it ouer be fyre; take Canelle, Gyngere, tempere bin powajes with wyne; caste in-to be potte Salt ber-to, hele it, & whan it is y-now, serue it forth.

Cxiiij. Tayle;.—Take a chargeaunt Mylke of Almaundys, an draw with wyne<sup>2</sup>; take Fygys & Roysonys a gode porcyon, to make it chargeaunt, waysshe hem clene, & caste hem on a morter, grynd hem as small as bou myṣt, temper hem vppe with þin<sup>3</sup> Mylke, draw hem þorw a straynoure, also chargeauntly as bou myṣth; caste it in a clene potte, do it to þe fyre; take Datys y-taylid a-long, & do þer-to; take Flowre of Rys, & draw it þorw a straynoure, and caste þer-to, & lat it boyle tylle it be chargeaunt; sette it on þe fyre; take pouder Gyngere & Canelle, Galyngale; temper with Vynegre, & caste þer-to Sugre, or hony; caste þer-to, sesyn it vppe with Salt, & serue forth.

Cxv. Quynade.—Take Quynces, & pare hem clene, caste hem on a potte, & caste þer-to water of Rosys; do it ouer þe fyre, & hele it faste, & let it boyle a gode whyle tyl þey ben neysshe; & ;if þey wol not ben neysshe, bray hem in a Morter smal, draw hem þorw a straynoure; take gode Mylke of Almandys, & caste in a þ. 'e & boyle it; take whyte Wyne & Vynegre, an caste þer-to þe Mylke, & let it stonde a whyle; take þan a clene canvas, & caste þe mylke vppe-on), & with a platere 'stryke it of þe cloþe, & caste it on þe potte; gedyr vppe þe quynces, & caste to þe creme, & do it ouer þe fyre, & lat boyle; take a porcyon of pouder of Clowys, of Gyngere, of Graynys of Perys, of Euery a porcyon; take Sugre y-now, with Salt, & a party of Safroun, & alle menge to-gederys; & when hou dressyst forth, plante it with foyle of Syluer.

.Cxvj. Blaunche de ferry.—Take Almaundys, an draw þer-of an Chargeaunt Mylke; take Caponys & sethe hem; & whan þey ben y-now, take hem vppe, & ley hem on a fayre bord, & strype of þe Skyn, & draw out þe Brawn & hew hem smal; do hem on a Morter, & grynd hem smal; caste on a potte, & fayre whyte Salt, & boyle hem; & whan þey bey boylid, sette it out, & caste on whyte Wyne or Venegre, & make it quayle<sup>6</sup>; take a clene clope and lete it be tryid a-brode, & stryke it wyl vnder-nethe alle þe whyle þat þer wol au;t out þer-of; þan caste Blaunche powder þer-on, or pouder Gyngere

<sup>1</sup> Cover.

<sup>&</sup>lt;sup>2</sup> MS. caste in to be potte, struck through after wyne.

<sup>3</sup> Thine.

<sup>4</sup> Cover.

<sup>&</sup>lt;sup>5</sup> lf. 21 bk.

<sup>6</sup> Curdle.

y-mellyd with Sugre; stryke it clene, take a newe Erhen potte, oher a clene bolle, & caste hin mete her-on, her plantyng Anys in comfyte.

.Cxvij. Sauge.—Take Gyngere, Galyngale, Clowys, & grynde in a morter; han take an handfulle of Sawge, & do her-to, grynd wyl to-gederys; take Eyroun, & sethe hem harde, nym he zolkys, grynde hem with he Sawge & with he spycis, & temper it vppe with Venegre or eysel, or with Alegere; take he whyte of he Eyroun, & sethe hem, & mynce hem smal, & caste her-to; when it is y-temperyd, take Brawn of hennys or Fyssches, & ley on dysschys, & caste hin mete a-boue.

.Cxviij. Murreye.—Take Molberys, & wryng hem þorwe a cloþe; nym Vele, hew it, sethe it, grynd it smal, & caste þer-to; nym gode Spycery, Sugre, & caste þer-to; take Wastylbrede y-gratyd, 'and 3olkys of Eyroun, & lye it vppe þer-with, & caste gode pouder a-boue y-now, & þan serue forth.

.Cxix. Vyaunde de cyprys in lente. — Take gode þikke mylke of Almaundys, & do it on a potte; & nyme þe F[le]ysshe² of gode Crabbys, & gode Samoun, & bray it smal, & tempere yt vppe with þe forsayd mylke; boyle it, an lye it with floure of Rys or Amyndoun, an make it chargeaunt; when it ys y-boylid, do þer-to whyte Sugre, a gode quantyte of whyte Vernage Pime; with þe wyne, Pome-garnade. Whan it is y-dressyd, straw a-boue þe grayne of Pome-garnade.

.Cxx. Whyte Mortrewys of Porke.—Take lene Porke, & boyle it; blaunche Almandys, & grynd hem, & temper vppe with be brothe of be porke, & lye hem vppe with be Flowre of Rys, an lete boyle to-gederys, but loke bat be porke be smal grounde y-now; caste ber-to Myncyd Almaundys y-fryid in freysshe grece; ben sesyn hem vppe alle flatte in a dysshe; brow ber-to Sugre y-now & Salt; & atte be dressoure, strawe ber-on pouder Gyngere y-mellyd with Almaundys.

.Cxxj. Rapeye.—Take Fygys & Roysonys, & grynd hem in a Mortere, & tempere hem vppe with Almaunde Mylke, & draw hem borw a clobe; ben take gode Spycys, & caste ber-to; take Perys, sebe hem & pare hem, & do a-way be core, & bray hem in a mortere, & caste to be ober; take gode Wyne, & Blake Sugre or Hony, & caste ber-to a lytil, & let it boyle in fere; & whan bow dressyst yn, take Maces & Clowes, Quybibys & Graynys, & caste a-boue.

.Cxxij. A rede Morreye.—Take Molberys, and wrynge a gode hepe of hem porw a clope; nym Vele, hew it & grynd it smal, & caste per-to; nym gode Spycery [an] Sugre, & caste per-4to; take Wastilbrede & grate it, & 30lkys

<sup>1</sup> leaf 22. 2 MS. Fysshe (? intentionally). 3 ? meaning. 4 lf. 22 bk.

of Eyroun, & lye it vppe per-with, & caste gode pouder of Spycery per-an a-bouen; & pan serue it forth.

.Cxxiij. Strawberye.—Take Strawberys, & waysshe hem in tyme of 3ere in gode red wyne; pan strayne porwe a clope, & do hem in a potte with gode Almaunde mylke, a-lay it with Amyndoun oper with pe flowre of Rys, & make it chargeaunt and lat it boyle, and do per-in Roysonys of coraunce, Safroun, Pepir, Sugre grete plente, pouder Gyngere, Canel, Galyngale; poynte it with Vynegre, & a lytil whyte grece put per-to; coloure it with Alkenade, & droppe it a-bowte, plante it with pe graynys of Pome-garnad, & pan serue it forth.

.Cxxiiij. Chyryoun.—Take Chyryis,¹ & pike out þe stonys, waysshe hem clene in wyne, þan wryng hem þorw a cloþe, & do it on a potte, & do þer-to whyte grece a quantyte, & a partye of Floure of Rys, & make it chargeaunt; do þer-to hwyte Hony or Sugre, poynte it with Venegre; A-force it with stronge pouder of Canelle & of Galyngale, & a-lye it with a grete porcyoun of 3olkys of Eyroun; coloure it with Safroun or Saunderys; & whan þou seruyste in, plante it with Chyrioun, & serue f[orth].

.Cxxv. Vyolette.—Take Flourys of Vyolet, boyle hem, presse hem, bray hem smal, temper hem vppe with Almaunde mylke, or gode Cowe Mylke, a-lye it with Amyndoun or Flowre of Rys; take Sugre y-now, an putte per-to, or hony in defaute; coloure it with pe same put pe flowrys be on y-peyntid a-boue.

.Cxxvj. Rede Rose.—Take be same, saue a-lye it with be 30lkys of eyroun, & forber-more as vyolet.

.Cxxvij. Prymerose.—Ry3th as vyolette.

.Cxxviij. Flowrys of hawborn.2—In be same maner as vyolet.

3.Cxxix. A potage on a Fysdaye.—Take an sethe an .ij. or .iij. Applys y-p[ar]ede, 4 & strayne hem borw a straynoure, & Flowre of Rys ber-with; ban take bat whyte Wyne, & strayne it with-alle; ban loke bat it be nowt y-bounde to moche with be Floure of Rys, ban zif it a-boyle; ben caste ber-to Saunderys & Safroun, & loke it be marbylle; ban take Roysonys of corauns, & caste ber-on, & Almaundys y-schredyd ber-on y-nowe; & mynce Datys Smale, & caste ber-on, & a lytil Hony to make it dowcet, or ellys Sugre; benne caste ber-to Maces & Clowys, Pepir, Canelle, Gyngere, & ober spycery y-now; ben take Perys, & sethe hem a lytil; ben reke hem on be colys tyl bey ben tendyr; ban smale schrede hem rounde; & a lytil or bou serue it in, brow hem on be potage, & so serue hem in almost flatte, nozt Fullyche.

.Cxxx. Brewes in Lentyn.—Take a fewe Fygys, & selpe hem & draw hem

1 MS. Chyrpis.

2 MS. Hawiorn.

3 leaf 23.

4 MS. y-pede.

5 i.e. variegated.

borw a straynoure with Wyne; ben putte ber-to a lytil Hony; ben toste Brede, & Salte it; & so broune & rennyng as Brwes, serue hem in, & straw pouder Canelle y-now ber-on atte be dressoure, & serue it forth.

.Cxxxj. A potage colde.—Take Wyne, & drawe a gode pikke Milke of Almaundys with Wyne, if hou mayste; hen putte yt on a potte, caste her-to Pouder Canelle & Gyngere & Saffroun; hen lat it boyle, & do it on a clohe; & if hou wolt, late hym ben in dyuers colourys, hat on whyte with-owte Spyces, & hat oher selow with Spicerye.

.Cxxxij. Sauke¹ Sarsoun.—Take Almaundys, & blaunche hem, & frye hem in oyle oper in grece, pan bray hem in a Mortere, & tempere hem with gode Almaunde mylke, & gode Wyne, & pen pe prydde perty schal ben Sugre; & şif it be noṣt pikke y-nowe, a-lye it with Alkenade, & Florche² it a-bouyn with Pome-garned, ³& messe it; serue it forth.

.Cxxxiij. Rapeye.—Take Pykys or Tenchys, oper freysshe Fysshe, & frye it in Oyle; pen nyme crustys of whyte brede, & Raysonys & Canelle, an bray it wyl in a mortere, & temper it vppe wyth gode wyne; pen coloure it with Canelle, or a litil Safroun: pan boyle it, & caste in hol Clowys & Quybibes, & do pe Fysshe in a dysshe, & pan serue forth.

.Cxxxiiij. Apple Moyle.—Nym Rys, an bray hem wyl, & temper hem with Almaunde mylke, & boyle it; & take Applys, & pare hem, an smal screde hem in mossellys; prow on sugre y-now, & coloure it with Safroun, & caste per-to gode pouder, & serue f[orth].

.Cxxv. Applade Ryalle.—Take Applys, & sele hem tylle bey ben tendyr, & ban lat hem kele; ben draw hem borw a straynour; & on flesshe day caste ber-to gode fatte brobe of freysshe beef, an whyte grece, & Sugre, & Safroun, & gode pouder; & in a Fysshe day, take Almaunde mylke, & oyle of Olyff, & draw ber-vppe with-al a gode pouder, & serue forth. An for nede, draw it vppe with Wyne, & a lytil hony put ber-to for to make it ban dowcet; & serue it forth.

.Cxxxvj. A potage of Roysons.—Take Raysonys, & do a-way be kyrnellys; & take a part of Applys, & do a-way be corys, & be pare, & bray hem in a mortere, & temper hem with Almande Mylke, & melle hem with flowre of Rys, bat it be clene chargeaunt, & straw vppe-on pouder of Galyngale & of Gyngere, & serue it forth.

.Cxxxvij. Chykons in dropeye.—They schul ben fayre y-boylid in fayre watere tyl þey ben y-now, þen take hem fyrst, & choppe hem smal: & whan

<sup>1</sup> Sauce. <sup>2</sup> Flourish; garnish. <sup>3</sup> lf. 23 bk. <sup>4</sup> ? peel.

bey ben y-now, tempere vppe a gode Almaunde mylke of he same, & with Wyne: a-lye it with Amyndon, oher with 'floure of Rys: hen take fayre freysshe grece, & putte Alkenade her-to, & gader his coloure her-of, & ley he quarterys .v. or .vj. in a dysshe, as it wole come a-bowte, & Salt it atte he dressoure, sprynge with a feher or .ij. here & here a-bowte he dysshe; & if hou lyst, put her-on pouder of Gyngere, but no; ta-boue, but in he potage, & han serue forth.

Cxxxviij. Pumpes.—Take an sethe a gode gobet of Porke, & no;t to lene, as tendyr as bou may; ban take hem vppe & choppe hem as smal as bou may; ban take clowes & Maces, & choppe forth with-alle, & Also choppe forth with Roysonys of coraunce; ban take hem & rolle hem as round as bou may, lyke to smale pelettys, a .ij. inches a-bowte, ban ley hem on a dysshe be hem selue; ban make a gode Almaunde mylke, & a lye it with floure of Rys, & lat it boyle wyl, but loke bat it be clene rennyng; & at be dressoure, ley .v. pompys in a dysshe, & pore bin potage ber-on. An ;if bou wolt, sette on euery pompe a flos campy 2 flour, & a-boue straw on Sugre y-now, & Maces: & serue hem forth. And sum men make be pellettys of vele or Beeff, but porke ys beste & fayrest.

Cxxxix. Caudel Ferry departyd with a blamanger.—Take Fleysshe of Capoun, or of Porke, & hakke hem smal, & do it in a mortere an bray it wyl, & temper it vppe with capoun broke hat it be wyl chargeaunt; han nym mylke of Almaundys, take zolkys of eyroun, & Safroun, & melle hem to-gederys hat it be zelow, & do her-to pouder Canelle, & styke her-on Clowis, Maces, & Quybibis, & serue f[orth].

.Cxl. Egredouncye.—Take Porke or Beef, wheher he lykey, & leche it hinne hwerte<sup>3</sup>; hen broyle it broum a litel, & hen mynce it lyke Venyson; choppe it in sewe, hen caste it in <sup>4</sup>a potte & do her-to Freyssh brothe; take Erbis, Oynonys, Percely & Sawge, & oher gode erbis, hen lye it vppe with Brede; take Pepir & Safroun, pouder Canel, Vynegre, or Eysel Wyne, Brohe an Salt, & let 3et<sup>5</sup> boyle to-gederys, tylle hey ben y-now, & han serue it forth renny[n]g.

.Cxlj. Noteye.—Take a gret porcyoun of Haselle leuys, & grynd in a morter as smal as bou may, whyl bat bey ben songe; take ban, & draw vppe a brift Mylke of Almaundys y-blaunchyd, & temper it with Freysshe brobe; wryng out clene be Ius of be leuys; take Fleysshe of Porke or of Capoun, & grynd it smal, & temper it vppe with be mylke, & caste it in a potte, & be Ius ber-to,

<sup>1</sup> leaf 24. 2? field-flower. 3 MS. ywerte. 4 lf. 24 bk. 5 It.

do it ouer þe fyre & late it boyle; take flour of Rys, & a-lye it; take & caste Sugre y-now þer-to, & Vynegre a quantyte, & pouder Gyngere, & Safroun it wel, & Salt; take smal notys, & breke hem; take þe kyrnellys, & make hem whyte, & frye hem vppe in grece; plante þer-with þin mete & serue forth.

.Cxlij. Vyande Ryalle.—Nyme gode Mylke of Almaundys, & do it in a potte, & sette it ouer be fyre, & styre it tyl it boyle almost; ben take flour of Rys & of be selue Mylke, an draw it borwe a straynoure, & so ber-with a-lye it tylle it be Chargeaunte, & stere it faste bat it crouste no;t; ben take [gap in MS.] owte of grece, & caste it borw a Skymoure, & colour bat Sewe ber-with; ban take Sugre in confyte, & caste in y-now; sesyn it with Salt & ley bre lechys in a dysshe, & caste Aneys in comfyte ber-on, & banne serue forth.

Cxliij. Lampreys in galentyn.—Take Brede, & stepe it with Wyne & Vynegre, & caste per-to Canelle, & draw it porw a straynoure, and do it in a potte, & caste pepir per-to; pan take Smale Oynonys, mynce hem, frye hem in Oyle, & caste per-to a fewe Saunderys, 'an let hem boyle a lytil; pen take pe lampronys & skalde hem with [gap in MS.] & hot watere, & sethe & boyle hem in a dysshe, & cast pe Sewe vppe-on, & serue forth for a potage.

Cxliiij. Schyconys with he bruesse.—Take halfe a dosyn Chykonys, & putte hem in-to a potte; hen putte her-to a gode gobet of freysshe Beef, & lat hem boyle wyl; putte her-to Percely, Sawge leuys, Sauerey, no;t to smal hakkyd; putte her-to Safroun y-now; hen kytte hin Brewes, & skalde hem with he same brohe; Salt it wyl; & but hou haue Beef, take Motoun, but fyrste Stuffe hin chekons in his wyse: take & sehe hard Eyroun, & take he solkys & choppe hem smal, & choppe her-to Clowys, Maces, Hole Pepir, & Stuffe hin chekonys with-al; Also put hole gobettys & marye with ynne; Also hen dresse hem as a pertryche, & fayre coloure hem, & ley vppe-on his browes, & serue in with Bakoun.

.Cxlv. Blaunche Perreye.—Take Pesyn, & waysshe hem clene, & þen take a gode quantyte of fyne leye, & putte it on a potte, & a lytil water þer-to; & whan þe ley is seþin hot, caste þe Pesyn þer-to, & þer late hem soke a gode whyle; þen take a quantyte of wollen cloþe, & rubbe hem, & þe holys² wyl a-way; þenne take a seve or a wheterydoun, & ley þin pesyn þer-on, & go to þe water, & waysshe hem clene a-way þe holys, þen putte hem in a potte, & þey wyl alle to-falle with a lytil boylynge, to pereye, saue þe whyte Pepyn is þer-in, & þat is a gode syṣth; þen Salt hem, & serue hem forth.

.Cxlvj. Ry;th so Caboges 1 Ben seruyd, saue men sayn it is gode Also to ley hem in a bagge ouerny;th in rennyng streme of watere, & a-morwe sette vppe watere, & when he water is skaldyng hot, how hem her-on, & hoole hem in here wyse be-forsayd, & serue forth.

2.Cxlvij. Brwes in lentyn.—Take Water & let boyle, and draw a lyer þer-to of Brede, of þe cromys, with wyne y-now; lete alle ben wyne almost; þen put þer-to hony a gode quantyte, þat it may ben dowcet, þan putte pouder Pepir þer-to, Clowys, Maces, and Saunderys, & Salt, & skalde þin³ brewes tender, & serue f[orth].

.Cxlviij. Whyte Pesyn in grauey.—Take Whyte Pesyn, & hoole hem in he maner as men don Caboges, or blaunche perry; han sethe hem with Almaunde mylke vppe, putte her-to Sugre y-now, & fryid Oynonys & Oyle, & serue f[orth].

.Cxlix. A Potage.—Take an sethe a fewe eyron in red Wyne; þan take & draw hem þorw a straynoure with a gode mylke of Almaundys; þen caste þer-to Roysonys of Coraunce, Dates y-taylid, grete Roysonys, Pynes, pouder Pepir, Sawndrys, Clouys, Maces, Hony y-now, a lytil doucete, & Salt; þan bynde hym vppe flat with a lytyl flowre of Rys, & let hem ben Red with Saunderys, & serue hym in flatte; & şif þou wolt, in fleyssh tyme caste vele y-choppid þer-on, not to smale.

.Cl. Cawdel out of lente.—Take & make a gode mylke of Almaundys y-draw vppe with wyne of Red, whyte is beterre; if it schal be whyte, pan strayne zolkys of Eyroun per-to a fewe. Put per-to Sugre & Salt, but Sugre y-now; pen when it begynnyth to boyle, sette it out, & almost flatte; serue it then forth, & euer kepe it as whyte as pou may, & at pedressoure droppe Alkenade per-on, & serue forth; & if pou wylt haue hym chargeaunt, bynd hym vppe with fflour [of] Rys, oper with whetyn floure, it is no fors. And if pou wolt, coloure hym with Safroun, & straw on pouder y-now, & Sugre y-now, & serue f[orth].

.Clj. Creme Bastarde.—Take þe whyte of Eyroun a grete hepe, & putte it on a panne ful of Mylke, & let yt boyle; ben sesyn it so with Salt an hony a lytel, ben lat hit kele, & draw it borw a straynoure, an take fayre Cowe mylke an draw yt with all, & seson it with Sugre, & loke bat it be poynant & doucet: & serue it forth for a potage, or for a gode Bakyn mete, wheder bat bou wolt.

.Clij. Capoun in Salome.—Take a Capoun & skalde hym, Roste hym, pen i.e. Cabbages in just the same way. 2 lf. 25 bk. 3 Thine. 4 MS. but. 5 lf. 26.

take þikke Almaunde mylke, temper it wyth wyne Whyte oper Red, take a lytyl Saunderys & a lytyl Safroun, & make it a marbyl coloure, & so atte þe dressoure þrow on hym in ye kychoun, & þrow þe Mylke a-boue, & þat is most commelyche, & serue forth.

Cliij. Pompys.—Take Beef, Porke, or Vele, on of hem, & raw, alle to-choppe it atte be dressoure, ban grynd hem in a morter as smal as bou may, ban caste ber-to Raw 30lkys of Eyroun, wyn, an a lytil whyte [sugre]: caste also ber-to pouder Pepyr, & Macys, Clowes, Quybibys, pouder Canelle, Synamoun), & Salt, & a lytil Safroun; ben take & make smale Pelettys round y-now, & loke bat bou haue a fayre potte of Freysshe brobe of bef or of Capoun, & euer brow hem ber-on & lete hem sethe tyl bat bey ben y-now; ben take & draw vppe a bryfty mylke of Almaundys, with cold freysshe brobe of Bef, Vele, Moton), ober Capoun, & a-lye it with floure of Rys & with Spycerye; & atte be dressoure ley bes pelettys .v. or .vj. in a dysshe, & ben pore bin sewe aneward, & serue in, or ellys make a gode bryfty Syryppe & ley bin 2 pelettys atte be dressoure ber-on, & bat is gode seruyse.

## <sup>4</sup>LECHE VYAUNDEZ.

- I. Brawn in comfyte.—Take Freyssch Brawn & sethe yt y-now, & pare it & grynde it in a mortere, & temper it with Almand mylke, & draw<sup>5</sup> it horw a straynoure in-to a potte, & caste her-to Sugre y-now, & powder of Clowys, & let boyle; hen take floure of Canelle, & pouder of Gyngere; & hen take it out of he potte, an putte it in a lynen clohe & presse it, but lat it boyle so longe in he potte tylle it be alle hikke; han take it vppe & presse it on a clohe, & hen leche it fayre with a knyff, but not to hinne; & han hif hou wolt, hou myht take he Rybbys of he bore al bare, & chete hem enlongys horw he lechys, an so serue forth a leche or to in euery dysshe.
- .ij. Blaunche Brawen.—Take Freysshe Braun, & mynce hem smal, & take gode þikke mylke of Almaundys y-blaunchyde, & putte alle in-to a potte, & Sugre, & lat boyle alle to-gederys tyl it be ry;t styffe; þen caste it vppe, & caste it in a fayre cold basyn, & lette it stonde þer-in tyl it be cold; & þen leche .ij. or .iij. in a dysshe, & serue forth.
- .iij. Pynade.—Take Hony & gode pouder Gyngere, & Galyngale, & Canelle, Pouder pepir, & graynys of parys, & boyle y-fere; þan take kyrnelys of Pynotys & caste þer-to; & take chyconys y-soþe, & hew hem in grece, &

<sup>1</sup> on it.

<sup>&</sup>lt;sup>2</sup> Thine.

<sup>3</sup> four blank pages follow.

<sup>4</sup> lf. 27 bk.

<sup>&</sup>lt;sup>5</sup> MS. dray.

<sup>&</sup>lt;sup>6</sup> Set, see Douce MS. No. 48.

caste þer-to, & lat seþe y-fere; & þen lat droppe þer-of on a knyf; & if it cleuyth & wexyth hard, it ys y-now; & þen putte it on a chargere tyl it be cold, & mace¹ lechys, & serue with oþer metys; & if þou wolt make it in spycery, þen putte non chykonys þer-to.

- .iiij. Gyngerbrede.—Take a quart of hony, & sethe it, & skeme it clene; take Safroun, pouder Pepir, & prow per-on; take gratyd Brede, & make it so chargeaunt² pat it wol be y-lechyd; pen take pouder Canelle, & straw per-on y-now; pen make yt³ square, lyke as pou wolt leche yt; take when pou lechyst hyt, an caste Box leves a-bouyn, y-stykyd per-on, on clowys. And alf pou wolt haue it Red, coloure it with Saunderys y-now.
- .v. Leche lumbarde.—Take Datys, an do a-way he stonys, & sethe in swete Wyne; take hem vppe, an grynd hem in a mortere; draw vppe horw a straynoure with a lytyl whyte Wyne & Sugre, And caste hem on a potte, & lete boyle tylle it be styff; hen take yt vppe, & ley it on a borde; han take pouder of Gyngere & Canelle, & wryng it, & molde it to-gederys in hin hondys, & make it so styf hat it wolle be lechyd; & sif it be nost styf y-nowe, take hard solkys of Eyron) & kreme her-on, or ellys grated brede, & make it hicke y-now; hen take clareye, & caste her-on in maner of a Syryppe, when how shalt serue it forth.
- .vj. Auter maner leche lumbarde.—Take fayre Hony, and clarifi yt on he fyre tylle it wexe hard; hen take hard solkys of Eyroun, & kryme a gode quantyte her-to, tyl it be styf y-now; an henne take it vppe, & ley it on a borde; hen take fayre gratyd Brede, & pouder pepir, & molde it to-gederys with hine hondys, tylle it be so styf hat it wole ben lechyd; han leche it; hen take wyne & pouder Gyngere, Canelle, & a lytil claryfyid hony, & late renne horw a straynour, & caste his Syryp her-on, when hou shalt sorue it out, instede of Clerye.
- .vij. Soupes of Salomere.—Take boylid Porke, & hew yt an grynd it; ben take cowe Mylke, & Eyroun y-swonge, & Safroun, & mynce Percely bladys, & caste ber-to, & let boyle alle y-fere; & dresse vppe-on a clobe, & kerue ber-of smal lechys, & do hem in a dysshe; ben take almaunde mylke & flowre of Rys, and Sugre an Safroun, & boyle it alle y-fere; ben caste bin sewe on bin lechys, & serue forth alle hote.
- 6.viij. Lette lardes.—Take kowe mylke, & do þer-to Eyroun y-swonge; þan take ryzt fatte Porke y-sothe, & hew it smalle, & sethe it; take pouder Gyngere, Galyngale, or Pepir; caste þer-to, colour it wyth Safroun, & caste

  1. A. make.
  2. stiff.
  3. lf. 28.
  4. Crimme; crumble.
  5. Thine.
  6. lf. 28 bk.

all bese to-gederys, & boyle it, & gadre be croddes to hepe with-al; ben take vppe be croddys to hepe with Ale, & presse hem on a clobe; ban kerue ber-of lechys, & Roste it on a gredyre, & strawe Sugre y-now alle a-bowte; & ;if bou wolt make bat on syde Rede, an bat ober ;elow, Take Pannes, & make as I haue sayd, & coloure bat on panne with Saunderys, an bat other with Saffroune, an ley on a clobe to-gederys, be Rede fyrste on be clobe, an [lat] be ;elow be abouyn be Rede, & presse hem to-gederys, & that on syde wol ben rede, & bat ober ;elow. An ;if bow wolt haue it Motley, take bre pottys, & make letlardys in eche, & coloure bat on with Saunderys, & bat ober wyth Safroune, & be brydde on a-nother degre, so bat bey ben dyuerse; an when bey boyle, caste al to-gederys in-to on, an stere hem a-bowte with bin hond, & ban presse hem, and he wol be Motley whan he ys lechyd.

- .ix. Mange Moleynne.—Take Almaundys, an blaunche hem, an draw þorw a straynoure a þicke mylke in-to an potte; þan take brawn of a Capoun, an hew it smalle, an do it in a potte, an lye it with Floure of Rys; an do þer-to whyte grece, & sethe alle to-gederys; an when it is y-sothe, take vppe of þe fyre, & do þer-in Sugre y-now; þen take blaunchyd Almaundys, & frye hem, & ley .iij. lechys on a dysshe, & on euery leche prycke .iij. Almaundys; an þan serue it forth.
- .x. Vyaund de leche.—Take whyte Wyne a god quantite, 'an putte it on a potte; ben putte ber-to raw jolkys of eyroun y-tryid, & pouder of clowys, & pouder canel y-now, an Safroun y-now; ban lat it boyle tyl it be ryjth chargeaunte, an ben sette it doun; & take an sette ouer a panne of cowe milke, & brow Saunderys y-nowe ber-on; ben make a styf poshote of Ale; ben take be croddys, an lat it honge on a pyn in a clobe, an lat it cleue euer berue-owt; ben take be cawdel forsayd, & melle hem to-gederys in a clobe, with be poshotte; ben put ber-on Sugre, Canel, pouder Gyngere y-now; presse hem vp sware, an leche it, & serue it forth.
- .xj. Vyaund leche.—Take cowe Mylke, & set it ouer þe fyre, & þrow þer-on Saunderys, & make a styf poshotte of Ale; þan hang þe croddys þer-of in a pynne, in a fayre cloþe, and lat it ouer-renne; þan take it & put hony þer-to, & melle it y-fere; þen feche þe croddys of þe deye,<sup>5</sup> & melle hem togederys, & lay it on a chesefatte or it be torne, .iij. fold or iiij. fold, in lynen cloþe, & salt it, & leche it; & þanne serue it forth.
- .xij. Vyaund leche.—Take Eyroun, þe whyte & þe 30lke, and caste hem in a morter, an breke hem wyl; þan take cowe mylke & caste þer-to, & menge
  - <sup>1</sup> If. 29. <sup>2</sup> Posset. <sup>3</sup> Throughout? . <sup>4</sup> Square. <sup>5</sup> Dairymaid.

hem wyl to-gederys; þan put al in a panne, & lat boyle; & with ale make it to a poshotte; þen hange þe croddys in a pynne, & let it ouer-renne; melle þe croddys with hony; þen take þe bladys of Barlyche, or of Percely, & stampe hem, & wrynge þorw a cloþe; & so alle þe grene, melle it a-mong þe croddys; þenne take þe cruddys þat comen fro þe deye, melle hem to-gederys, presse hem, & serue hem forth; an þe coloure wyl ben þan Motley.

.xiij. Vyaund leche.—Take a gode quantyte of Brawn, an Hony, & a lytil brede, & let sethe to-gederys pouder Pepir, Clowys, <sup>1</sup>Maces, an Safroun, & draw it porwe a straynoure, & chafe it a litel, & caste it in fayre dysshis, an let it kele, & pan serue f[orth].

.xiiij. Vyaunde leche. — Take Hony a gode quantite; þen take pouder Pepir, & Safroun, & Canel, & caste þer-to; & þen caste it on a dysshe, & let it kele, & serue forth.

.xv. Storioun<sup>2</sup> leche.—Take an howe<sup>3</sup> of vele, & let boyle, butte fyrst late hym ben stepid .ij. or .iij. owrys in clene Water to soke out þe blode, & whan it is tender y-sothe, take hym vppe as fast as þou may; þan take harde 30lkys of Eyroun redy sothe, & caste also þer-to, & pouder Pepir y-now, & also choppe a-mong þe 3ynes<sup>4</sup> of þe fete clene y-pikyd, & a lytil Salt, nowt to moche, & presse hem on a clowte tyl a-morwe<sup>5</sup>; þan leche it, & lay hem in dysshis, an pore þer-[on] a quantyte of Venegre, & Pepir, & Percely, & Oynonys smal mencyd, & serue forth.

.xvj. Chare de wardoun leche.—Take Perys, & sepe ham, & Pike ham & stampe ham, & draw hem porw a straynoure, & lye it with Bastard; pen caste hem in-to a potte, & Safroun with-al, and boyle with Maces, Clowes, pouder Canel, Quibibes, & a litel pouder Pepir, & Rolle hem vppe with Brede, pe cromes with-in pin hondys, & serue forth.

.xvij. [Vyaund leche].—Take calfes fete an hepe, & lat stepe in cold watere; ben boyle hem smal; ban take be brobe & gode Milke of Almaundys, & choppe be Syneys' in-to be same milk rythte smal; ban boyle it ouer be fyre, & coloure it with Saunderys, & put Sugre y-now in-to be potte; & if bou wolt haue hym of .ij. colour, ban take an coloure but half with Saunderys, & caste bat obere half in a dysshe, & lat it kele; & whan it is cold, ben bat is y-colouryd with Saunderys, het it, & euene's melle it hote; caste hem a-bouyn be ober, & lat kele, an ban serue forth. Than take Sugre, a quantyte of swete Wyne, & Blaunche pouder ber-on, & make Sawce ber-of; And so colde, ley it in be dysshis, be-helyd, of & serue f[orth].

If. 29 bk.
 Sturgeon.
 Hock.
 Sinews.
 To-morrow.
 Euenly.
 If. 30.
 Covered.

- .xviij. Vyaund leche.—Take a Tenche, an steue hym in a potte with Wyne; when he is y-now, pyke owt be bonys, take an stampe hem in a morter; ben take a lytil of bicke Almaunde mylke, & putte ber-to; ben take hem vppe, & putte hem in be brobe forsayde, bat it was y-sobe in, & bat y-straynid; caste ber-to Maces, Clowes, pouder Pepir, & Pouder Canelle; ban caste Safron ber-to; ben caste him in a dysshe, & lat hem kele; ben put Vynegre, pouder Gyngere, Canel y-now in ye botmond¹ ber-of, vnnebe y-helyd.²
- .xix. Pome dorres.—Take Fylettys of Raw porke, & grynd hem wyl; do Salt [and] pouder Pepir þer-to; þan take þe Whyte of the Eyroun [and] þrow þer-to, & make hem so hard þat þey mow ben Rosted on a Spete; make hem round as an Appil: make fyre with-owte smoke; þen take Almaunde mylke, & y-bontyd flour, do hem to-gederys; take Sugre, & putte in þin bature; þen dore hem with sum grene þing, percely or zolkys of Eyroun, to-geder, þat þey ben grene; & be wyl war þat þey ben nowt Browne; & sum men boyle hem in freysshe broþ or þey ben spetid; & whan þey ben so boylid, þen þey must ben sette an kelid, & þan Spete hem, & dore hem with zolkys of Eyroun y-mengyd with þe Ius of haselle leuys.
- .xx. Yrchouns.—Take Piggis mawys, & skalde hem wel; take groundyn Porke, & knede it with Spicerye, with pouder Gyngere, & Salt & Sugre; do it on he mawe, but fille it nowt to fulle; hen sewe hem with a fayre hrede, & putte hem in a Spete as men don piggys; take blaunchid Almaundys, & kerf hem long, smal, & scharpe, & frye hem in greee & sugre; take a litel prycke, & prykke he yrchons, An putte in he holes he Almaundys, every hole half, & eche fro oher; ley hem hen to he fyre; when hey ben rostid, dore hem sum wyth be with Elode, & lat hem nowt browne to moche, & s[erue] f[orth].
- .xxj. An Entrayle.—Take a chepis wombe; take Polettys y-rostyd, & hew hem; hen take Porke, chese, & Spicery, & do it on a morter, & grynd alle y-fere; hen take it vppe with Eyroun y-swonge, & do in he wombe, & Salt, & sehe hem tyl he be y-nowe, & serue forth.
- .xxij. For to make floure Rys.—Take Rys, an lese hem clene; þen drow hem wyl in þe Sonne, þat þey ben drye; þan bray hem smal y-now; & þerow a crees bunte syfte hem, & for defaute of a bonte, take a Renge.
- .xxiij. Pome-Garnez.—Take lene Raw Porke, & lene raw Flesshe of hennys, & raw eyroun, & rent be flesshe fro be bonys, & hew it smal; take <sup>1</sup> Bottom. <sup>2</sup> Scarcely covered. <sup>3</sup> Bolted, sifted. <sup>4</sup> Thine. <sup>5</sup> If. 30 bk. <sup>6</sup> Ring strainer.

panne Salt, Gyngere, & Safroun, Salt, Galyngale, per-of y-now, & caste it in a morter, & bray it smal; take pan pin fleysshe, & caste it in-to pat morter to pe Spycery, & pat it be wyl y-grounde; panne make per-of pelettys, as it were Applys, be-twene pin hondys; loke pou haue a fayre panne sething ouere pe fyre, & do per-on pin pelettys, & late hem nowt sethe to swythe, & pan lat hem kele; & whan pey ben cold, zif hem a fayre spete of haselle, & be-twyn euery, loke per be an ynche, & lay hem to pe fyre: & pan make pin baturys, pe on grene, & pat oper zelow; pe grene of Percely.

√.xxiiij. Waffres.—Take þe Wombe of A luce, & seþe here wyl, & do it on a morter, & tender chese þer-to, grynde hem y-fere; þan take flowre an whyte of Eyroun & bete to-gedere, þen take Sugre an pouder of Gyngere, & do al to-gederys, & loke þat þin Eyroun ben hote, & ley þer-on of þin paste, & þan make þin waffrys, & serue yn.

1.xxv. Hagws of a schepe.—Take he Roppis 2 with he talour, 3 & parboyle hem; han hakke hem smal; grynd pepir, & Safroun, & brede, & 30lkys of Eyroun, & Raw kreme or swete Mylke: do al to-gederys, & do in he grete wombe of he Schepe, hat is, the mawe; & han sehe hym an serue forth ynne.

xxvj. Frawnchemyle.—Nym Eyroun with he whyte, & gratid Brede, & chepis talow, Also grete as dyse; nym Pepir, Safroun, & grynd alle togederys, & do in he wombe of he chepe, hat is, he mawe; & sehe hem wyl, & serue forth.

xxvij. Appraylere.—Take he fleysshe of he lene Porke, & sehe it wel: & whan it is sohe, hew it smal; nym han Safroun, Gyngere, Canel, Salt, Galyngale, old chese, myid brede, & bray it smal on a morter; caste hin fleysshe in to he spicery, & loke hat it be wil y-ground, & temper it vppe with raw Eyroun; han take a longe Pecher, al a-bowte ouer alle hat it be ransched; han held out hin grece, & fulle hi Pechir of hin farsure, & take a pese of fayre Canneuas, & doble it as moche as hou may ceuyr he mouhe with-al, & bynd it fast a-bowte he berde, acaste hym to sehe with hin grete Fleysshe, in lede oher in Cauderoun, for it be wyl sohin; take hen vppe hin Pecher, & breke it, an saf hin farsure; & haue a fayre broche, & broche it horw, & lay it to he fyre; & han haue a gode Bature of Spicerye, Safroun, Galyngale, Canel, & her-of y-now, & flowre, & grynd smal in a morter, & temper it vp with raw Eyroun, & do her-to Sugre of Alisaunder y-now; & euer as it dryit, baste it with bature, & sette forth in seruyce.

<sup>&</sup>lt;sup>1</sup> lf. 31.

<sup>2</sup> Guts.

<sup>3</sup> Tallow : fat.

<sup>4</sup> Crumbed. 5 Thine.

<sup>6</sup> Rinsed.

<sup>7</sup> Cast.

<sup>8</sup> Rim.

<sup>9</sup> Alexandria.

.xxviij. Cokyntryce.—Take a Capoun, & skald hym, & draw hem clene, & smyte hem a-to in be waste ouerbwart; take a Pigge, & skald hym, & draw hym in be same maner, & smyte hem also in be waste; take a nedyl & a brede, & sewe be fore partye of the 'Capoun to be After parti of be Pygge; & be fore partye of be Pigge, to be hynder party of be Capoun, & ban stuffe hem as bou stuffyst a Pigge; putte hem on a spete, & Roste hym: & whan he is y-now, dore hem with solkys of Eyroun, & pouder Gyngere & Safroun, benne wyth be Ius of Percely with-owte; & ban serue it forth for a ryal mete.

.xxix. Milke Rostys.—Take swete Mylke, an do it in a panne; take Eyroun with alle he whyte, & swenge hem, & caste her-to; colour it with Safroun, & boyle it so hat it wexe hikke; han draw it horw a straynoure, & nym that leuyth, & presse it: & whan it is cold, larde it, & schere on schevres, & roste it on 4 a Gredelle, & serue f[orth].

.xxx. Alows de Beef or de Motoun.—Take fayre Bef of þe quyschons, & motoun of þe bottes, & kytte in þe maner of Stekys; þan take raw Percely, & Oynonys smal y-scredde, & 30lkys of Eyroun soþe hard, & Marow or swette, & hew alle þes to-geder smal; þan caste þer-on poudere of Gyngere & Saffroun, & tolle hem to-gederys with þin hond, & lay hem on þe Stekys al a-brode, & caste Salt þer-to; þen rolle to-gederys, & putte hem on a round spete, & roste hem til þey ben y-now; þan lay hem in a dysshe, & pore þer-on Vynegre & a lityl verious, & pouder Pepir þer-on y-now, & Gyngere, & Canelle, & a fewe 30lkys of hard Eyroun y-kremyd þer-on; & serue forth.

.xxxj. To make Stekys of venson) or bef.—Take Venyson or Bef, & leche & gredyl it vp broun; pen take Vynegre & a litel verious, & a lytil Wyne, & putte pouder perpir per-on y-now, and pouder Gyngere; & atte pe dressoure straw on pouder Canelle y-now, pat pe stekys be al y-helid per-wyth, & but a litel Sawce; & pan serue it forth.

.xxxij. A Siryppe pur vn pestelle.—Take gode Wyne, & a-lye yt \*with raw 30lkys of Eyroun; þan late hem boyle to-gederys a whyle; þen put pouder Pepir, & þrow it þer-on; loke þat it be bytyng of Pepir. Take Clowys, macys, Safroun, & caste þer-to; & atte þe dressoure þorw on þin Sirip on þi pestelle, & kreme hard 30lkys of Eyroun þer-to, & serue forht.

.xxxiij. Pygge y-farsyd.—Take raw Eyroun, & draw hem borw a straynoure; pan grate fayre brede; take Safroun & Salt, & pouder of Pepir, & Swet of a schepe, & melle alle to-gederys in a fayre bolle; pen broche pin

<sup>&</sup>lt;sup>1</sup> lf. 31 bk.

<sup>&</sup>lt;sup>2</sup> Take what remains.

<sup>3</sup> Shivers; thin strips.

<sup>4</sup> MS. & on.

<sup>5</sup> Cushions.

<sup>6</sup> lf. 32.

Pygge; þen farce hym, & sewe þe hole, & lat hym roste; & þan serue forth.

.xxxiiij. Poddyng of Capoun necke.—Take Percely, gysour, & þe leuer of þe herte, & perboyle in fayre water; þan choppe hem smal, & put raw 30lkys of Eyroun .ij. or .iij. þer-to, & choppe for-with. Take Maces & Clowes, & put þer-to, & Safroun, & a lytil pouder Pepir, & Salt; & fille hym vppe & sew hym, & lay him a-long on þe capon Bakke, & prycke hym þer-on, and roste hym, & serue f[orth].

.xxxv. Capoun or gos farced.—Take Percely, & Swynys grece, or Sewet of a schepe, & parboyle hem to-gederys til þey ben tendyr; þan take harde 30kys of Eyroun, & choppe for-with; caste þer-to Pouder Pepir, Gyngere, Canel, Safroun, & Salt, & grapis in tyme of 3ere, & clowys y-nowe; & for defawte of grapis, Oynons, fyrst wil y-boylid, & afterward alle to-choppyd, & so stuffe hym & roste hym, & serue hym forth. And 3if þe lust, take a litil Porke y-sode, & al to-choppe hit smal a-mong þat oþer; for it wol be þe better, & namely 1 for þe Capoun.

.xxxvj. Pokerounce.—Take Hony, & caste it in a potte tyl it wexe chargeaunt y-now; take & skeme it clene. Take Gyngere, Canel, & Galyngale, & caste per-to; take whyte Brede, & kytte to trenchours, & toste ham; take pin paste whyle it is hot, & sprede it vppe-3 on pin trenchourys with a spone, & plante it with Pynes, & serue f[orth].

.xxxvij. Sauoge.—Take Pigis fete clene y-pekyd; þan tak Freysshe broþe of Beff, & draw mylke of Almaundys, & þe Piggys þer-in; þen mence Sawge; þan grynd hym smal, & draw owt þe Ius þorw a straynoure; þan take clowys y-now, & do þer-in pouder Gyngere, & Canelle, Galyngale, Vynegre, & Sugre y-now; Salt it þan, & þanne serue forth.

.xxxviij. A Kyde a-Forsyde.—Take a pigge, & make hym clene, and Skynne hym, & Fylle it ful of suche mete as hou dost a capoun; han take he fleysshe, & vntrusse hym on a spete, in he maner of a kede, & roste hym; & endore hym with 30lkys of Eyroun as an kede, & han serue forth.

.xxxix. Eyroun in lentyn.—Take Eyroun, & blow owt þat ys with-ynne atte oþer ende; þan waysshe þe schulle clene in warme Water; þan take gode mylke of Almaundys, & sette it on þe fyre; þan take a fayre canvas, & pore þe mylke þer-on, & lat renne owt þe water; þen take it owt on þe cloþe, & gader it to-gedere with a platere; þen putte sugre y-now þer-to; þan take þe halvyndele, & colour it with Safroun, a lytil, & do þer-to pouder Canelle;

<sup>&</sup>lt;sup>1</sup> MS. a namely. <sup>2</sup> two trenchers, big slices. <sup>3</sup> lf. 32 bk.

pan take & do of pe whyte in the neper ende of pe schulle, & in pe myddel pe 30lk, & fylle it vppe with pe whyte; but nost to fulle, for goyng ouer; pan sette it in pe fyre & roste it, & serue f[orth].

.xl. Puddyng of purpaysse.—Take be Blode of hym, & be greece of hym self, & Ote-mele, & Salt, & Pepir, & Gyngere, & melle bese to-gederys wel, & ban putte bis in be Gutte of be purpays, & ban lat it sebe esyli, & not hard, a good whylys; & ban take hym vppe, & broyle hym a lytil, & ban serue f[orth].

.xli. Raynolle;.—Nym sode Porke & chese, & sebe y-fere, & caste ber-to gode pouder Pepir, Canelle, Gyngere, Clowes, Mac[e];, ¹an close bin comade in dow, & frye it in freysshe grece ry;t wel; an banne serue it forth.

Ixlij. Froyse in lentynne.—Take Fygis & Roysonys, & grynde hem in a mortere, & draw vppe with kreme of Almaundys; han take Rys horw a clohe; han take he Luce, an he Perche, & he Schrympe, & sehe hem, & do a-way he bonys, & he hedys, & grynde hem in an Mortere, & draw hym vppe with he creme of he Almaundys; hen take Rys, & do hem on a potte ouer he fyre, Whan hey ben clene, with a lytil Watere, late hem sehe til hey ben drye, & hat hey schorge; han take & hew on a borde, & do her-to; hen take Sugre, & Safroun a goode quantyte, & gode pouder, & caste her-to, & boyle it y-fere, & frye it in oyle, & make her-of a Froyse, & serue f[orth].

xliij. Payn pur-dew.—Take fayre 30lkys of Eyroun, & trye hem fro be whyte, & draw hem borw a straynoure, & take Salt and caste ber-to; ban take fayre brede, & kytte it as trounde; rounde; ban take fayre Boter bat is claryfiyd, or ellys fayre Freysshe greee, & putte it on a potte, & make it hote; ban take & wete wyl bin trounde; in be 30lkys, & putte hem in be panne, an so frye hem vppe; but ware of cleuyng to the panne; & whan it is fryid, ley hem on a dysshe, & ley Sugre y-nowe ber-on, & banne serue it forht.

xliiij. Meselade.2—Take Eyroun, þe 30lkys an þe whyte to-gedere, & draw hem þorw a straynoure; & þan take a litil Botere, & caste in a fayre frying panne; & whan þe boter is hot, take þe drawyn Eyroun, & caste þer-to; þan take a Sawcere, an gadre þe Eyroun to-gedere in þe panne, as it were þe brede of a pewter dysshe; & þan take fayre pece3 of Brede, þe mountance of a mosselle of Brede, vppe-on þe Eyroun, & turne þan [thy]³ brede downward in þe panne; þanne ⁴take it of þe panne, & caste fayre whyte

<sup>1</sup> lf. 33. 2 See Malesade in Douce MS. 3 Added from A. 4 lf. 33 bk.

Sugre per-to, & serue forth; an to every good meslade take a powsand Eyroun or mo.

.xlv. Brawune frye;.—Take Brawune, & kytte it þinne; þan take þe 
30lkys of Eyroun, & sum of þe whyte þer-with; þan take mengyd Flowre, an draw þe Eyroun þorw a straynoure; þen take a gode quantyte of Sugre, Saferoun, & Salt, & caste þer-to, & take a fayre panne with Freyssche gres, & set ouer þe fyre; & whan þe grece is hote, take þe Brawn, an putte in bature, & turne it wyl þer-yn, an þan putte it on þe panne with þe grece, & late frye to-gederys a lytil whyle; þan take it vppe in-to a fayre dyssche, & caste Sugre þer-on, & þan serue forth.

.xlvj. Longe Fretoure.—Take Milke, an make fayre croddes per-of, in per maner of a chese al tendyr; pan take owt pe whey as clene as pour may, & putte it on a bolle; pan take 30 lkys of Eyroun & Ale, & menge floure, & cast per-to, a gode quantyte, & draw it porw a straynoure in-to a fayre vesselle; pan take a panne with fayre grece, & hete it on performed by the lat it now the boyle, & pan ley pin creme a brode; pan take a knyff, & kytte a quantyte per-of fro per borde in-to per panne, & efter a-noper, & let it frye; & whan it is brownne, take it vppe in-to a fayre dyssche, and caste Sugre y-now per-on, & serue forth.

.xlvij. Rapeye.—Take dow, & make þer-of a þinne kake; þanne take Fygys & raysonys smal y-grounde, & temper hem with Almaunde Milke; take pouder of Pepir, & of Galyngale, Clowes, & menge to-gederys, & ley on þin kake a-long as bene koddys, & ouer-caste þin kake to-gederys, & dewte on þe eggys, an frye in Oyle, & serue forth.

xlviij. Ryschewys in lente.—Take Fygys & sethe hem uppe in Ale; pan take whan pey ben tendyr, & bray hem smal on a Mortere; ¹pan take Almaundys, & schrede hem per-to smal; take Perys, & schrede hem per-to; take datys, & schrede hem per-to; & nym Milwel or lenge, pat is wel y-wateryd, & tese per-to; pan make pin farsure, & rolle a-long in pin hond, & ley hem in flowre; pan make pin bature with ale & Floure, & frye hem vppe brown in Oyle; ry;t so, make round-lyke Fretourys in pe maner be-for-sayd, & frye hem vppe, & pat ben y-clepid Ragons, & panne sérue hem forth.

xlix. Hanoney.—Take an draw he Whyte & he zolkys of he Eyroun horw a straynoure; han take Oynonys, & schrede hem smal; han take fayre Boter or greee, & vnnehe kyuer he panne her-with, an frye he Oynonys, & han easte he Eyroun in he panne, & breke he Eyrouns & he Oynonys to-gederys;

an þan lat hem frye to-gederys a litel whyle; þan take hem vp, an serue forth alle to-broke to-gederys on a fayre dyssche.

- Il. Hagas de Almaynne.—Take Fayre Eyroun, þe jolke & þe Whyte, & draw hem þorw a straynour; þan take Fayre Percely, & parboyle it in a potte with boyling broþe; þan take þe jolkys of Eyroun hard y-sothe, & hew þe jolkys & þe Percely smal to-gederys; þan take Sugre, pouder Gyngere, Salt, & caste þer-to; þen take merow, & putte it on a straynourys ende, & lat hange in-to a boyling potte; & parboyle it, & take it vppe, & let it kele, & þan kytte it in smal pecys; þan take þe drawyn Eyroun, & put hem in a panne al a-brode, & vnneþe ony grece in þe panne, & cowche ye jolkys & þe Percely þer-on in þe panne, & þan cowche of þe Marow pecys þer-on, & þan fold vppe eche kake by-neþe eche corner in .iiij. square, as platte, and turne it on þe panne one; let lye a litel whyle; þan take it vp & serue f[orth].
- '.lj. Cryspe;.—Take Whyte of Eyroun, Mylke, & Floure, & a lytel Berme, & bete it to-gederys, & draw it porw a straynoure, so pat it be renneng, & not to styf, & caste Sugre per-to, & Salt; panne take a chafer ful of freysshe grece boyling, & put pin hond in pe Bature, & lat pin bature renne dowun by pin fyngerys in-to pe chafere; & whan it is ronne to-gedere on pe chafere, & is y-now, take & nym a skymer, & take it vp, & lat al pe grece renne owt, & put it on a fayre dyssche, & cast per-on Sugre y-now, & serue forth.
- .lij. Ryschewys of Marow.—Take fayre Flowre & raw 30lkys of Eyroun, & Sugre, & Salt, & pouder of Gyngere, & Safroun, & make fayre cakes; & pan take marow, Sugre, & pouder of Gyngere, & ley it on pin cake, & fold hem to-gederys, & kytte hem in per maner of Rysschewes, & frye hem in freyssche grece, & panne serue forth.
- .liij. Lesynges de chare.—Take fayre Buttys of Porke; hewe hem, & grynd hem, & caste þer-to Raw 30lkys of Eyroun, & þen putte it in-to a fayre Vesselle; & take Roysonys of corauns, & dates myncyd, & pouder of Gyngere, Pepir, & Safroun, & Sugre, an melle all þes to-gederys; & make fayre past of Sugre & Safroun, & Salt; temper þer-in, & make .ij. fayre flat cakys þer-of, & lay þe stuf þer-on al a-brode on þe cake al flat; & þan take þat oþer cake, & lay hym al a-brode þer-on; & þan kytte [the] cakys þorw with an knyf in maner of lesyngys; & þan make fayre bature of Raw 30lkys of Eyroun, Sugre, & Salt, & close þe sydys of þe lesyng; þer-with, & þan frye hem in fayre grece, & serue forth.

.liiij. Fretoure.—Take whete floure, Ale 3est, Safroun, & Salt, & bete

alle to-gederys as þikke as þou schuldyst make oþer bature in fleyssche tyme; & þan take fayre Applys, & kut hem in ma¹ner of Fretourys, & wete hem in þe bature vp on downne, & frye hem in fayre Oyle, & caste hem in a dyssche; & caste Sugre þer-on, & serue forth.

.lv. Chawettys Fryidde.—Take & make fayre past of flowre & water, Sugre, & Safroun, & Salt; & þan make fayre round cofyns þer-of; & þen fylle þin cofyns with þin stuf, & keuere þin cofyns with þe same past, & frye hem in gode Oyle, & serue f[orth].

.lvj. Tansye. — Take fayre Tansye, & grynd in a morter; þanne take Eyroun, þe 30lkys & þe whyte, & stray[ne] hem þorw a straynoure; & strayne also þe Ius of þe Tansye, & melle to-gederes; & take fayre Freysche grece, & put þer-on ouer þe fyre, tylle it melte; þan caste þe stuf þer-on, & gadere to-gedere with a Sawcer or a dysshe, as þou wolt it, lasse oþer more, & turne it in þe panne; & þan serue it forth.

.lvij. Froyse out of Lentyn.—Take Eyroun & draw þe 30lkss & þe whyte þorw a straynoure; þan take fayre Bef or vele, & sethe it tyl it be y-now; þan hew cold ober hote, & melle to-gederys þe eggys, þe Bef, or vele, & caste þer-to Safroun, & Salt, & pouder of Pepir, & melle it to-gederys; þan take a fayre Frying-panne, & sette it ouer þe fyre, & caste þer-on fayre freysshe grece, & make it hot, & caste þe stuf þer-on, & stere it wel in þe panne tyl it come to-gederys wel; cast on þe panne a dysshe & presse it to-gederys, & turne it onys, & þanne serue it forth.

.lviij. Ryschewys close & Fryez.—Take Fygys, & grynd hem smal in a mortere with a lytil Oyle, & grynd with hym clowys & Maces; & han take it vppe in-to a vesselle, & cast her-to Pynez, Saundrys, & Roysonys of Coraunce, & mencyd Datys, Pouder Pepir, Canel, Salt, Safroun; han take fyne past of flowre an water, Sugre, Safroun, & Salt, & make fayre cakys her-of; han rolle hin stuf in hin hond, & couche it in he cakys, & kyt it, & folde hym as Ruschewys, & frye hem vppe in Oyle; and serue forth hote.

lix. <sup>3</sup>Nese Bekys.—Take Fygys & grynd hem wel; þan take F[re]yssche <sup>4</sup>Samoun & goode Freyssche Elys wyl y-sothe, & pyke owt þe bonys, & grynd þe Fyssche with þe Fygis, & do þer-to powder Gyngere, Canelle; & take fayre past [of]<sup>5</sup> Flowre, & make fayre cakys ryth þinne, & take of þe fars, & lay on þe cake, & close with a-noþer; þen take a Sawcere, & skoure þe sydis, & close þe cake, & Frye hem wyl in Oyle; & şif þou wolt haue hym <sup>1</sup> leaf 35. <sup>2</sup> leaf 35 bk. <sup>3</sup>? MS. Nor M. <sup>4</sup> MS. Fyssche; A. fresshe. <sup>5</sup> of added from A.

partye, coloure hym with Safroun, Percely, & Sawnderys; & serue forth for a gode fryid mete.

.lx. Myle; in Rapeye.—Take Fygys & wasche hem clene, and boyle hem in wyne, & grynd hem smal, & draw hem vppe with he Wyne hat hey were sothyn in; han take flowre of Rys, & Wyne, & draw horw a straynoure, & do her-to pouder Gynger, Canelle, Mace; Quybibe; & hen take Freyssche Samoun, ohe[r] Pike or gode Freyssche Codlyng; sehe it wyl, & pike owt he bonys; han take herd olkys of Eyroun sohin, & grynd it wyth-al, & do it in-to hin veselle, & take with Sugre & pouder Gynger, & meng it with he farcere wyl, & presse hem to-gederys; han make a gode bature of Almaunde mylke & Floure, & do her-in, & frye hem wyl in Oyle, & ley hem yn a dyssche, & pore on he Sew, & serue forth.

lxj. Cruste Rolle.—Take fayre smal Flowre of whete; nym Eyroun & breke þer-to, & coloure þe past with Safroun; rolle it on a borde also þinne as parchement, rounde a-bowte as ³an oblye; ⁴ frye hem, & serue forth; and þus may do in lente, but do away þe Eyroun, & nym mylke of Almaundys, & frye hem in Oyle, & þen serue forth.

.lxij. Chawettys a-forsed.—Take Merybonys & Porke; hew it an Raw 30lkys of Eyroun, & melle to-gederys with pouder Canelle, Pepir, Gyngere, & Safroun, & Sugre y-now; kyuere hem, frye hem vp in Grece, & serue forth.

.lxiij. Fretoure owt of lente.—Take Flowre, Milke, & Eyroun, & grynd Pepir & Safroun, & make per-of a bature; pare Applys, & ster hem, & frye hem vppe.

.lxiiij. Towres.—Take & make a gode pikke bature of zolkys of Eyroun, & marow y-now per-on, pouder pepir, Macez, clowes, Safroun, Sugre, & Salt; & zif pou wolt, a litel sope Porke or vele y-choppid; per-to take pen pe whyte of Eyroun, & strayne hem in-to a bolle; pan putte a lytil Saffroun & Salt to pe whyte, & sette a panne with grece ouer pe fyre, & be-war pat pin grece be nowt to hote; pan putte a litel of pe Whyte comade in pe panne, & late flete al a-brode as pou makyst a pancake; pen, whan it is sumwhat styf, ley pin comade of pin Eyroun, pat is to saying, of pe zolkys, in pe myddel, & caste by pe cake round a-bowte, & close hym foure-square, & fry hem vp, & serue hem forth for Soperys in Somere.

<sup>&</sup>lt;sup>1</sup> Farcure; stuffing.

<sup>&</sup>lt;sup>2</sup> MS. a gode a bature gode. <sup>3</sup> leaf 36.

<sup>&</sup>lt;sup>4</sup> Oble, sacramental wafer.

<sup>&</sup>lt;sup>5</sup> four pages and a quarter blank here in the MS.

#### <sup>1</sup>HERE BEGYNNYTH DYUERSE BAKE METIS.

- I. Tartes de chare.—Take Freyssche Porke, & hew it, & grynd it on a mortere; & take it vppe in-to a fayre vesselle; & take þe whyte an þe 3olkys of Eyroun, & strayne into a Vesselle þorw a straynoure, & tempere þin Porke þer-with; þan take Pynez, Roysonys of Coraunce, & frye hem in freysshe grece, & caste þer-to pouder Pepir, & Gyngere, Canelle, Sugre, Safroun, & Salt, & caste þer-to, & do it on a cofynne, & plante þin cofynne a-boue with Pyne3, & kyt Datys, & gret Roysonys, & smal byrdys, or ellys hard 3olkys of Eyroun; & 3if þou take byrdys, frye hem on a lytel grece or þow putte hem on þin cofynne, & endore with 3olkys of Eyroun, & Safroun, & lat bake til it be y-now, & serue forth.
- .ij. A-noper manere.—Take Fygys, Roysonys, & Porke, & a lytel brede y-ground y-fere; take hym vppe, & put Pepir y-now per-to, & Mace, Clowys, & make pin cofyn, & putte pin comade per-on.
- iij. A-noper manere.—Tak fayre porke y-broylid, & grynd it smal with polkys of Eyroun; pan take Pepir, Gyngere, & grynd it smal, & melle it with-al, & a lytel hony, & floryssche pin cofyns with-ynne & with-owte, & hele hem with pin ledys, & late hem bake, & serue forth.
- .iiij. Daryoles.—Take wyne & Fr[e]ssche brohe, Clowes, Maces, & Marow, & pouder of Gyngere, & Safroun, & let al boyle to-gederys, & put her-to creme, (& if it be clowtys, draw it horwe a straynoure,) & iolkys of Eyroun, & melle hem to-gederys, & pore he licoure hat he Marow was sohyn yn her-to; han make fayre cofyns of fayre past, & put he Marow her-yn, & mynce datys, & strawberys in tyme of zere, & put he cofyns in he ovyn, & late hem harde a lytel; han take hem owt, & put he licoure her-to, & late hem bake, & serue f[orth].
  - .v. A-nother manere.—Take Pike, Almaunde Milke, & boyle yt þikke, & let it kele; þan take Eyroun & chese, & grynd y-fere, & do þer-to; take pouder Sugre & caste þer-to, & put in þin cofyns, & noṣt y-helyd, & bake, & serue f[orth].
  - .vj. Tartes of Fyssche.—Take Fygys, & Roysoynys, & pike an sethe in Wyne; þan take Costardys, Perys, & pare hem clene, & pike out þe core, & putte hem in a morter with þe frute; þen tak Codlyng or haddok, oþer Elys, & seþe hem & pike owt þe bonys, & grynd alle y-fere, & do þer-to a lytel wyne, & melle to-gederys: an do þer-to Canelle, Clowys, Mace, Quybibe,

pouder Gyngere, & of Galyngale, & pepir, & Roysonys of coraunce, and coloure it with Safroun. When bou makyst bin cofyns, ban take gode fat Ele, & culpe hym, & take owt be stonys of Datys, & farce hem; & blaunche Almaundys, & caste ber-to; but fyrste frye hem in Oyle, & couche al bis a-mong, & bete bin cofyns with be ledys, & bake, & serue forth.

- .vij. Chawettys.—Take buttys of Vele, & mynce hem smal, or Porke, & put on a potte; take Wyne, & caste þer-to pouder of Gyngere, Pepir, & Safroun, & Salt, & a lytel verþous, & do hem in a cofyn with zolkys of Eyroun, & kutte Datys & Roysonys of Coraunce, Clowys, Macez, & þen ceuere þin cofyn, & lat it bake tyl it be y-now.
- .viij. Chawettys.—Take Porke y-sode, & mencyd Datys, and grynd hem smal to-gederys; take 30kys of Eyroun, & putte per-to a gode hepe, & grene chese putte per-to; & whan it ys smal y-now, take Gyngere, Canelle, & melle wyl pi commade per-with, & put in pin cofyns; pan take 30kys of Eyroun 2 hard y-sothe, an kerue hem in two, & ley a-boue, & bake hem; & so no3t y-closyd, serue forth.
- .ix. Malmenye Furne;.—Take gode Milke of Almaundys, & flowre of Rys, & gode Wyne crete, or he brawn of a Capoune, oher of Fesaunte, & Sugre, & pouder Gyngere, & Galyngale, & of Canelle, & boyle y-fere; & make it chargeaunt, & coloure it with Alkenade, oher with Saunderys; & zif it be Red, a-lye it with zolkys of Eyroun; & make smal cofyns of dow, & coloure hem with-owte, & bake on an ovyn, & coloure with-ynne & wyth-oute; hen haue Hony y-boylid hote, & take a dyssche, & wete hin dyssche in he hony, & with he wete dyssche ley he malmenye & he cofyns; & whan hey ben bake, & hou dressest yn, caste a-boue blaunche pouder, Quybibez, macez, Gelofrez; & hanne serue it forth.
- .x. Rapeye.—Take Dow, & make per-of a brode pin cake; pen take Fygys & Roysonys smal y-grounde, & fyrst y-sode, An a pece of Milwelle or lenge y-braid with-al; & take pouder of Pepir, Galyngale, Clowez, & mence togedere, & ley pin comede on pe cake in pe maner of a benecodde, y-rollyd with pin hond; pan ouer-caste thy cake ouer pi comade, as it wol by-clippe hit; & with a sawcere brerde go round as pe comade lyith, & kutte hem, & so he is kut & close with-al, & bake or frye it, & panne serue it forth.
- .xj. Tartes of Frute in lente.—Take Fygys & sethe hem wyl tyl þey ben neyssche; þan bray hem in a morter, & a pece of Milwel þer-with; take ham vppe & caste roysonys of coraunce þer-to; þan take Almaundys & Dates 3

<sup>&</sup>lt;sup>1</sup> verjuice. <sup>2</sup> lf. 38 bk. <sup>3</sup> '& Dates' interlined by a later hand.

y-schred per-to; pan take pouder of Pepir & meng with-al; pen putte it on pin cofynne, & Safroun pin cofynn a-boue, & opyn hem a-bowte pe myddel; & ouer-cast pe openyng vppon pe lede, & bake hym a lytel, & serue f[orth].

<sup>2</sup>.xij. Vn Vyaunde Furne; san; noum de chare.—Take stronge Dow, & make a cake sumdele bicke, & make it tow; ban take larde; of Venysoun, or a bere, or of a Bere, & kerue hem binne as Fylettes of Porke, & lay bin lardys square as a chekyr, & ley ber-vppe a tyne y-makyd of Eyroun vppeon he tyne; ley hin farsure, y-makyd of Hennys, & of Porke, of Eyroun, & myid brede, & Salt, & chese, yf bou it hast; & bat it be makkyd at .iiij. Fyrst make bus bin whyte farsure: grynd in a mortere, Gyngere, Canelle, Galyngale; take then almaundys & floure of Rys, and a party of Fleysshe, & easte ther-to in a mortere, & grynd ryith smal, & temper it with Eyroun. bus make bin 3elow Farsure: nym Safroun, Gyngere, Canel, Galyngale, Brede, & a partye of bin Fleyssche, & grynd it smal in be mortere, & temper it vppe with Eyroun. The pryd maner schal ben blake: nym Gyngere, Canelle, Galyngale, Brede, Eyroun, & Old chese; nym þan Percely, & grynd it smal in a mortere, & wryng it & do it vppe; & do it to bin Fleyssche, & ber-with coloure bin fayre partye of Fleyssche, & ley a party of bin Fleyssche on .iiij. quarterys, but bat be brede be as bin cake : take ben & ley ber-vppe-on bin Fleyssche, & lay ber-vppe-on a grece; a-boue bin grece ley bi cyvey; nym bin bridde cours of bin Flessche, & lay as brode as þin cake, & þan grece, & þer a-bouyn, a cyvey. ¶ley þe iiij. course of bin Fleyssche on .iiij. quarterys as brode as bin cake, & ban grece, & pan a-boue, a cyuey. The .v. cours of pin Fleyssche, ley as brode as pine cake, & ben grece, & ban aboue, a cyuey. Nym be .vj. cours, & lay as brode as bin cake, & ban grece, & ban a cyuey. Nym be .viij. cours of be Fleysshe, & lay as brode as bin cake on .iiij. quarterys, & grece, & ban a cyvey; & a lytel bake hem, & serue forth.

3.xiij. Vn Vyaunde furnez san; nom de chare.—Take flowre, Almaunde milke, & Safroune, & make her-of .iiij. tynez, & frye hi tynez in Oyle; nym hen Almaundys, & draw her-of mylke ry;t hikke; nym mace;, Quybibe;, & floure of Rys, Canelle, Galyngale; take henne haddok, Creue;, Perchys, Tenche;, & sehe; whan hey ben sothyn, take hin fyssche from he bonys, & bray it ry;t smal with hin Spicerye to-gederys, & make her-of hin farsure. Whan it is y-makyd, departe it in .iiij. partyis, hat o partye

whyte, hat oher selow, he hrydde grene, he ferhe blak coloure with Fygys, Roysonys, an Datys; take he firste cours of he Fyssche, of al he iiij. cours, & ley on hin cyvey a-bouyn hin Fyssche, in iiij. quarterys, as a chekyr, as brode as hin cake, & caste a-bouyn Sugre of Alysaundre, & her-vppe-on hine tyne. Nym an-oher cours, & ley on hi iiij. quarterys as brode as hin tyne, & her-vppe-[on] hin Sugre. Nym he hrydde cours of hin Fyssche, & ley on iiij. quarterys, & caste a-boue Sugre, & a tyne. Nym [he] iiij. cours a-cordant to hin oher, a-henched to-geder, an a-boue a hole as a rose, & cetera.

.xiiij. Pety Pernollys.—Take fayre Floure, Safroun, Sugre, & Salt, & make per-of past; pan make smal cofyns; pen take 30kys of Eyroun, & trye hem fro pe whyte; & lat pe 30kys be al hole, & no3t to-broke, & ley .iij. or .iiij. zolkys in a cofyn; and pan take marow of bonys, to or .iij. gobettys, & cowche in pe cofynn; pan take pouder Gyngere, Sugre, Roysonys of coraunce, & caste a-boue; & pan kyuere pin cofyn with pe same past, & bake hem, & frye hem in fayre grece, & serue f[orth].

.xv. Doucete;.—Take Creme a gode cupfulle, & put it on a straynoure; panne take 30lkys of Eyroun & put per-to, & a lytel mylke; pen strayne it porw a straynoure in-to a bolle; pen take Sugre y-now, & put per-to, or ellys hony forde faute of Sugre, pan coloure it with Safroun; pan take pin cofyns, & put in pe ovynne lere, & lat hem ben hardyd; pan take a dysshe y-fastenyd on pe pelys ende; & pore pin comade in-to pe dyssche, & fro pe dyssche in-to pe cofyns; & when pey don a-ryse wel, take hem out, & serue hem forth.

.xvj. Crustade.—Take vele, an smyte in lytel pecys in-to a potte, an wayssche yt fayre; þan take fayre water, & lat yt boyle to-gedere with Percely, Sawge, Sauerey, & Ysope smal y-now an hew; & whan it is on boylyng, take pouder Peper, Canell, Clowys, Maces, Safroun, & lat hem boyle to-gederys, & a gode dele of wyne þer-with. Whan þe fleyssche is y-boylid, take it fro þe broþe al clene, & lat þe broþe kele; & whan it is cold, take Eyroun, þe whyte & þe 30lkys, & cast þorw a straynoure, & put hem in-to the broþe, so many þat þe broþe be styf y-now; þen make fayre cofyns, & cowche .iij. pecys or .iiij. of þe fleyssche in a cofyn; þan take Datys, & kytte hem, & cast þer-to; þan take pouder Gyngere, & a lytel verious, & putte in-to þe broþe & Salt; & þan putte þe broþe on þe cofyns, bake a lytel with þe fleyssche or þou putte þin lycoure þer-on, & lat al

<sup>&</sup>lt;sup>1</sup> ? pinched, A. reads, "a-penched to-gedre aboue a hole, as a rose." <sup>2</sup> leaf 40.

bake to-gederys tyl it be y-now; panne [take] yt owt, and serue hem forth.

.xvij. Crustade lumbard.—Take gode Creme, & leuys of Percely, & Eyroun, þe 30lkys & þe whyte, & breke hem þer-to, & strayne þorwe a straynoure, tyl it be so styf þat it wol bere hym-self; þan take fayre Marwe, & Datys y-cutte in .ij. or .iij. & Prune3; & putte þe Datys an¹ þe Prune3 & Marwe on a fayre cofynne, y-mad of fayre past, & put þe cofyn on þe ovyn tyl it be a lytel hard; þanne draw hem out of þe ouyn; take þe lycour & putte þer-on, & fylle it vppe, & caste Sugre y-now on, & Salt; þan lat bake to-gederys tyl it be y-now; & 3if it be in lente, lef þe Eyroun & þe Marwe out, 2 & þanne serue it forth.

.xviij. Flathons.—Take Milke an 30lkys of Eyroun, & draw it porw a straynoure with whyte Sugre, oper blake Sugre, & mylt fayre botter, & putte per-to, & Salt; & make fayre cofyns, & sette hem on pe ouen tyl pey ben hard; pan take a pele with a dyssche on pe ende, & fylle pe dyssche with pin comade, & pore in-to pe cofyns, & lat bake a lytel whyle; pan take hem out in-to a fayre dyssch, & cast whyte sugre per-on, & serue forth.

.xix. Venyson y-bake.—Take hoghes of Venyson, & parboyle hem in fayre Water an Salt; & whan he Fleyssche is fayre y-boylid, make fayre past, & cast hin Venyson her-on; & caste a-boue an he-nehe, pouder Pepir, Gyngere, & Salt, & han sette it on he ouyn, & lat bake, & serue forth.

.xx. Pety Pernauntes.—Take fayre Flowre, Sugre, Safroun, an Salt, & make per-offe fayre past & fayre cofynges; pan take fayre y-tryid 30lkys Raw, & Sugre, an pouder Gyngere, & Raysounys of Coraunce, & myncyd Datys, but not to smal; pan caste al pis on a fayre bolle, & melle al togederys, & put in pin cofyn, & lat bake oper Frye in Freyssche grece.

.xxj. Quyncis or Wardouns in past.—Take & make fayre Rounde cofyns of fayre past; pan take fayre Raw Quynces, & pare hem with a knyf, & take fayre out pe core per-of; pan take Sugre y-now, & a lytel pouder Gyngere, & stoppe pe hole fulle; & cowche .ij. or .iij. wardonys or quynce; in a cofyn, & keuere hem, & lat hem bake; & for defaut of Sugre, take hony; but pen putte pouder Pepir per-on, & Gyngere, in pe maner be-for sayd.

.xxij. Lamprouns y-bake.—Take lamprounys & skald hem with [blank in MS.], & make fayre paste, & couche .ij. or iij lamprounys with pouder of Gyngere, Salt, Pepir, & lat hem bake; & leche 'Samoun in fayre brode pecys, & bake hem in be maner be-forsayd, & banne serue forth.

<sup>&</sup>lt;sup>1</sup> MS. in.

<sup>&</sup>lt;sup>2</sup> leaf 40, back.

.xxiij. Lamprays bake.—Take & make fayre round cofyns of fyne past, & take Freyssche lampreys, & late hem blode .iij. fyngerys with-in be tayle, & lat hem blede in a vesselle, & late hym deye in he same vesselle in he same blode; þan take broun Brede, & kyt it, & stepe it in þe Venegre, & draw borw a straynoure; ban take be same blode, & pouder of Canel, & cast ber-to tyl it be broun; ban caste ber-to pouder Pepir, Salt, & Wyne a lytelle, bat it be nost to strong of venegre. An skald be Lampray, & pare hem clene, & couche hym round on be cofyn, tyl he be helyd; ban kyuere hym fayre with a lede, saue a lytel hole in be myddelle, & at 2 bat hool, blow in be cofynne with bin mowbe a gode blast of Wynde. And sodenly stoppe be hole, but be wynd a-byde with-ynne, to reyse vppe be cofynne, but he falle nowt a-dowune; & whan he is a lytel y-hardid in be ouen, pryke be cofyn with a pynne y-stekyd on a roddys ende, for brekyng of be cofynne, & ban lat bake, & serue forth colde. And when he lamprey is take owt of he cofynne & etyn, take be Syrippe in be cofynne, & put on a chargere, & caste Wyne ber-to, an pouder Gyngere, & lat boyle in be fyre. Than take fayre Paynemayn y-wette in Wyne, & ley be soppis in be cofynne of be lamprey, & ley be Syrippe a-boue, & ete it so hot; for it is gode lordys mete.

.xxiiij. Tartes de chare.—Take Freyssche Porke, & hew it; & grynd it in a mortere, & take it vppe in-to a fayre vesselle; & take þe whyte of Eyroun & þe 30lke, y-tryid þorw a straynoure; & temper þin porke þer-with; & þan take Pyne3, & Raysonys of Coraunce, & frye hem in Freyssche grece, & caste þer-to ³pouder Pepir & Gyngere, Canel, Sugre, Safroun, Salt, & caste þer-to; & do it on a cofynne, & plante þe cofynne a-boue with Prune3, & with Datys, & gret Roysonys of Coraunce, & smal Byrdys, or ellys harde 30lkys of Eyroun; & yf þow tage Byrdys, frye hem in grece or þou putte hem in þe cofyn); & þan keuere þin cofynne; & þan endore it with 30lkys of Eyroun, & with Safroune, & late yt bake tyll it be y-now; & þan serue forth.

.xxv. Rastons.—Take fayre Flowre, & pe whyte of Eyroun, & pe şolke, a lytel; pan take Warme Berme, & putte al pes to-gederys, & bete hem to-gederys with pin hond tyl it be schort & pikke y-now, & caste Sugre y-now per-to, & penne lat reste a whyle; pan kaste in a fayre place in pe oven, & late bake y-now; & pen with a knyf cutte yt round a-boue in maner of a crowne, & kepe pe cruste pat pou kyttyst; & pan pyke al pe cromys with-ynne to-gederys, an pike hem smal with pin knyf, & saue pe sydys & al pe covered.

2 Harl. ellys. A. ell, altered to at.

3 1f. 41, bk.

cruste hole with-owte; & pan caste per-in clarifiyd Boter, & Mille 1 pe crome; & pe 2 botere to-gedere; & keuere it a-;en with pe cruste, pat pou kyttest a-way; pan putte it in pe ovyn a;en a lytil tyme; & pan take it out, & serue it forth.

.xxvj. Darioles.—Take Wyne, an Freyssche brobe, & Clowes, & Maces, & Marwe, pouder Gyngere, Safroun, & lat al boyle to-gederys, & Creme, (3if it be clowty, draw it borw a straynoure,) & 3olkys of Eyroun, & melle hem to-gederys, & pore be lycoure bat be marwe was sothe in, ber-to; ben make fayre cofyns, & put be Marwe ber-in, & mence Datis, & Strawberys in tyme of 3ere, & sette be cofyns³ in be ovenne, & lat hem hard a lytelle, & take hem out, & put be lycoure ber-to, & lat bake; & serue forth.

.xxvij. Pye; de pare;.—Take & smyte fayre buttys of Porke, & buttys of Vele, to-gederys, & put it on a fayre potte, & do per-to Freyssche brope, & a quantyte of wyne, & lat boyle alle to-gederys tyl yt be y-now; pan take it fro pe fyre, & lat kele a lytelle; pan caste per-to zolkys of Eyroun, & pouder of Gyngere, Sugre, & Salt, & mynced Datys, & Roysonys of Coraunce; pen make fayre past, and cofynnys, & do per-on; kyuer it, & let bake, & serue f[orth].

.xxviij. Potrous.—Take a schouyl of yron, & hete it brennyng hote; & pan take it owt of pe fyre, & fille it fulle of Salt; pan make a pitte in pe Salt al holow, pe schap of a treen dyssche; & sette pe panne & pe Salt ouer pe fyre a-zen, tyl pe Salt be brennyng hote; & pan caste pin whyte & pe zolkys of Eyroun in-to pe hole of pe Salte, & lat sepe ouer pe fyre tyl it be half harde; & pan put a dyssche half fulle of Salt; & pan take a dressoure knyf, & put vndernepe pe Salt in pe panne, & hef it vppe so fayre, pat pe cofyn with pe Eyroun breke nozt; pan sette it on pe dyssche wyth pe Salt, & pan serue it forth.

.xxix. Flampoyntes bake.—Take fayre Buttes of Porke, & sebe hem in fayre Watere, & clene pyke a-way be bonys & be Synewes, & hew hem & grynd hem in a mortere, & temper with be Whyte of Eyroun, & Sugre, & pouder of Pepir, & Gyngere, & Salt; ban take neyssche Cruddis, grynd hem, & draw borw a straynoure; & caste ber-to Aneys, Salt, pouder Gyngere, Sugre; & ban take be Stuffe of be Porke, & putte it on euclong cofyn of fayre past; & take a feber, & endore be Stuffe in be cofyn with be cruddys; & whan it is bake, take Pyne;, & clowys, & plante be cofyn a-boue, a rew of on, & rew of a-nober; & ban serue f[orth].

<sup>1</sup> melle A. (mix). <sup>2</sup> MS. pe pe. <sup>3</sup> Cofyns A., fyre Harl. <sup>4</sup> leaf 42. <sup>5</sup> Heave; lift.

.xxx. Sew trappe.—Take .ij. lytel erben pannys, & sette on be colys1 tyl bey ben hote; make a dyssche-fulle of bikke bature of Floure & Watere; take & grece a lytel pat oper panne, & do be bater ber-on; & lat renne al a-bowte be panne, so bat be pan be al 2y-helyd; take & sette be panne a-3en ouer be fyre of colys; do hat oher panne a-boue hat oher panne, tyl it be y-baken v-now; whan it is y-bake, bat it wol a-ryse fro be eggys of be panne, take kydes Fleyssche & 30ng porke, & hew it; take Percely, ysope, & Sauerey [and hew hit] smal y-now; & prow a-mong be Fleyssche; 4 & do it in a panne, & be cofynne, do it to be colys; hele it with bat ober panne, & do colys a-bouyn, & lat baken wyl; whan it is y-now, take Eyroun, & breke hem; take be 30lkes, & draw borw a straynoure: caste to be 30lkys Hwyte Sugre, Gyngere, Canelle, Galyngale; sture it wyl to-gederys; take al bis, & sette a-doun be panne, & cast in a-bouyn be cofynne in be panne: sture it to-gederys; hele it azenward with hat ober panne, & lay colys a-boue, & lat bake wyl tyl it be y-now; take yt owt of be panne, & do it out y-hole, or as moche as bow wolt, & banne serue it forth.

.xxxj. Herbelade.—Take Buttes of Porke, & smyte hem in pecys, & sette it ouer pe fyre; & sepe hem in fayre Watere; & whan it is y-sope y-now, ley it on a fayre bord, & pyke owt alle pe bonys, & hew it smal, & put it in a fayre bolle; pan take ysope, Sawge, Percely a gode quantite, & hew it smal, & putte it on a fayre vesselle; pan take a lytel of pe brope, pat pe porke was sopin in, & draw porw a straynoure, & caste to pe Erbys, & sif it a boyle; penne take owt pe Erbys with a Skymoure fro pe brope, & caste hem to pe Porke in pe bolle; pan mynce Datys smal, & caste hem per-to, & Roysonys of Coraunce, & Pynes, & drawe porw a straynoure solkys of Eyroun per-to, & Sugre, & pouder Gyngere, & Salt, & coloure it a lytel with Safroune; & toyle yt with pin hond al pes to-gederys; pan make fayre round cofyns, & harde hem a lytel in pe ovyn; pan take hem owt, & wyth a 5 dyssche in pin hond, fylle hem fulle of pe Stuffe; pan sette hem per-in a-sen; & lat hem bake y-now, & serue forth.

.xxxij. A bake Mete.—Take an make fayre lytel cofyns; þan take Perys, & ;if þey ben lytelle, put .iij. in a cofynne, & pare clene, & be-twyn euery pere, ley a gobet of Marow; & yf þou haue no lytel Perys, take grete, & gobet ham, & so put hem in þe ovyn a whyle; þan take þin commade lyke as þou

<sup>&</sup>lt;sup>1</sup> A. on pe colys, Harl. vp colde. <sup>2</sup> leaf 42 back. <sup>3</sup> Added from A.

<sup>4</sup> A. adds "[take salt and do per-to, take the fleysshe] and do hit on pe panne." 5 leaf 43.

takyst to Dowcetys, & pore per-on; but lat pe Marow & pe Pecy; ben sene; & whan it is y-now, serue forth.

.xxxiij. A bake Mete Ryalle.—Take & make litel cofyns, & take Chykonys y-sope; oper Porke y-sope, & smale y-hackyd; oper of hem bope: take Clowys, Maces, Quybibes, & hakke with-alle, & melle yt with cromyd Marow, & lay on Sugre y-now; pan ley it on pe cofynne, & in pe myddel lay a gobet of marow, & Sugre round a-bowte y-now, & lat bake; & pis is for soperys.

.xxxiiij. Crustade Ryal.—Take & pyke owt þe marow of bonys as hool as þou may; þen take þe bonys, an seþe hem in Watere, or² that þe broþe be fat y-now; þen take Almaundys, & wayssche hem clene, & bray hem, & temper hem vppe with þe fat broþe; þan wyl þe mylke be broun; þen take pouder Canelle, Gyngere, & Sugre, & caste þer-on; þan take & make fayre cofyns, & lat hem hard in þe ovyn; þan take Roysonys of coraunce, & ley in þe cofynne, & taylid Datys y-kyt a-long; þen take Eyroun a fewe, y-straynid, & swenge a-mong þe Milke þe 30lke; þen take the botmon of þe cofynne þer þe Marow schal stonde, & steke þer gret an long gobettys þer-on vppery3t, & lat bake a whyle; þen pore þin comade þer-on halful, & lat bake; & whan yt A-rysith, it is y-now; þen serue forth.

.xxxv. Crustade.—Take a cofyn, & bake hym drye; þen take Marw³bonys & do þer-in; þenne nym hard ҙolkys of Eyroun, & grynde hem smal, & lye hem vppe with Milke; þan nym raw ҙolkys of Eyroun, & melle hem a-mong chikonys y-smete, & do þer-inne; & yf þou luste, Smal birdys; & a-force wyl þin comade with Sugre or hony; þan take clowys, Maceҙ, Pepir, & Safron, & put þer-to, & salt yt; & þan bake, & serue forth.

.xxxyj. Crustade gentyle.—Take a Cofyn y-bake; þan grynd Porke or Vele smal with harde 30lkys of Eyroun; þan lye it with Almaunde Milke, & make hem stondyng; take Marow of bonys, & ley on þe cofynne, & fylle hem fulle with þin comade, & serue f[orth].

.xxxvij. Doucettes.—Take Porke, & hakke it smal, & Eyroun y-mellyd to-gederys, & a lytel Milke, & melle hem to-gederys with Hony & Pepir, & bake hem in a cofyn, & serue forth.

.xxxviij. Doucettes a-forcyd.—Take Almaunde Milke, & 30lkys of Eyroun y-melled to-gederys, Safroun, Salt, & hony; dry þin cofyn, & ley þin Maribonys þer-on, & caste þin comade þer-on, & serue f[orth].

.xxxix. Daryoles.—Take Milke an Eyroun, & pe fatte of pe Freyssche

A. perys.

A. til that.

leaf 43 back.

A. adds and rawe solkes.

brobe, Pepir, & Safroun, & Hony; dry þin cofyn, & caste þin comade þer-on, & serue forth.

- .xl. Daryoles.—Take croddys of he deye, & wryng owthe whey; & take solkys of Eyroun nowt to fewe, ne nost to many, and strayne hem bohe togederys horw a straynour, & han hard hin cofynne, & ley hin marew her-in; & pore hin comade her-on, an bake hem, & serue hem forth.
- .xlj. Flathouns in lente.—Take & draw a prifty Milke of Almandes; temper with Sugre Water; pan take hardid cofyns, & pore pin comad per-on; blaunche Almaundis hol, & caste ther-on Pouder Gyngere, Canelle, Sugre, Salt, & Safroun; bake hem, & serue f[orth].

Amen.

#### [1 CONUIUIA

#### Quædam Antiqua, viz.

#### Conuiuium

- 1. Regis H. 4. in coronatione suâ A° D<sup>ni</sup>. 1399. apud Westmonasterium.
- 2. Conuiuium Regis supradicti in nuptiis Aº Dni. apud Wyntoniam.
- 3. Conuiuium Domini de La Grey, incerti temporis.
- 4. Conuiuium Ricardi Flemming Episcopi Lincolniensis, incerti temporis: ille tamen ibidem Episcopus institutus a Papa A° D° 1420, circa annum nonum Regis H. 5.
- 5. Conuiuium ad funeralia Nicholai Bubbewith, Episcopi Bathonensis et Wellensis, die 4° Dec. A° D° 1424, a° 3° H. 6.
- Conuiuium Johannis Stafford, qui successit Nicholao Bubbewith præfato, in inductu suo ad Episcopatum Bathonensis et Wellensis, die 16 Sept. A° D° 1425.
- 7. Conuiuium in nuptijs Comitis Devoniæ, incerti temporis.]

#### [Harl. 279, leaf 45.]

# Conuiuium domini Henrici Regis quarti, In coronacione sua apud Westmonasterium. 2

Le primer cours.

Braun en peuerarde.

Viaund Ryal.

Teste de senglere enarmez.

Graund chare.

Syngnettys.

Capoun de haut grece.

Fesaunte.

Heroun.

Crustade Lumbarde.

Storieoun, graunt luces.

A Sotelte.

Le .ij. cours.

Venyson en furmenty.3

Gely.

<sup>&</sup>lt;sup>1</sup> Leaf 57. This Contents (between square brackets) is in a much later hand, probably 18th century.

<sup>&</sup>lt;sup>2</sup> Did Chaucer get any of it, in return for his humorous Purse appeal?

<sup>3</sup> A. en formede.

Porcelle farce enforce.

Pokokkys. Cranys.

Venyson Roste.

Conyng. Byttore.

Pulle endore.

Graunt tartez.

Braun fryez. Leche lumbarde.

A Sotelte.

Le .iij. cours.

Blaundesorye.

Quyncys in comfyte.

Egretez. Curlewys. Pertryche.

Pyionys.

Quaylys. Snytys.

Smal byrdys.

Rabettys.

Pome dorreng.

Braun blanke leche.

Eyroun engele.1

Frytourys.

Doucettys. Pety perneux.

Egle.

Pottys of lylye.

A Sotelte.

# Conuiuium Regis supradicti in nupcijs apud Wyntoniam.

#### Le .j. cours.

Fylettys in galentyne.

Vyaund Ryalle.

Grosse chare. Signettys.

Capoun of haut grece. Fesauntys. [leaf 45, back.]

Chewetys.

A Sotelte.

Le .ij. cours.

Venyson with furmente. Potage.

Gelye.

Porcellys.

Conynge.

Bittore.

Pulcynges farce3.

Pertryche.

Leche fryez. Braun bruse.

A Sotelte.

Le .iij. cours

Creme de Almaundys.

Perys in Syryppe. Venyson Rostyd.

Kyde.

Wodecokke.

Plouere.

Rabettys.

Quaylys.

Snytys.

Feldefare.

Smale byrdys.

Crustade.

Sturgeoun.

Fretoure.

A Sotelte.

Ibidem conuiuium de pissibus.

Le .j. cours.

Vyaund Ryal.

Sew lumbarde.

1 i.e. iced eggs.

Salt Fysshe.

Laumpreys pouderyd.

Pyke.

Breme.

Samoun Rostyd.

Crustade Lumbarde.

A sotelte.

Le .ij. cours.

Purpayis en furmente.

Gely.

Breme.

Samoun.

Congre.

Gurnarde.

Plays.

Lampreys in past. Leche fryez.

Panteryse.

Coronys for a sotelte.

Le .iij. cours.

Creme of Almaunde. Perys in syrippe.

Tenche enbrace.

Troutez.

Floundrys fryid. [leaf 46.]

Perchys.

Lamprey Rostyd.

Elys Rostyd.

Lochys & colys.

Sturioun.

Crabbe au Creueys.

Graspeys.

Egle coronys in sotelte.

In Festo Sancte Trinitatis in cena.

Le .j. cours.

Brewys.

Chykonys y-boylid.

Pygge en Sage.

Spaulde de Motoun.

Capoun Rostyd.

Pastelade.

Le .ij. cours.

Venysoun en brobe.

Kyde Rostyd.

Heronsewys.

Peioun.

Venysoun Rostyd.

Rabettys.

Pety perneux.

Le iij. cours.

Gely.

Quaylys.

Samaca.

Pescodde.

Blaunderellys.

Strawberys.

# Conuiuium domini de la Grey.

Le .j. cours.

Rys Moleyn3.

Vyaunde bruyse. Bakunde Heryng.

Gros Salt fysshe.

Salt Samoun.

Salt Elys.

Fryid Marlyng.

Grete Pyke.

Bakyn Elys.

Le .ij. cours.

Compost

Brode canelle. Potage.

Codlyng.

Ruchet. Rochys.

Cheueyne.

Flampoyne.

Halybutte.

Plays fryid. Trayne Roste.

Vn Lechemete.

Le .iij. cours.

Gelye. [leaf 46, båck.]

Creme of Almaundys.

Trowtys.

Storione. Purpays.

Wylkys.

Elys & Lamprouns Rostyd.

Tenche.

Breme de Mere.

Pyuenade in paste. Leche lumbarde.

Chesmeyne.

## Conuiuium Flemmynge, Lincolniensis Episcopi.

Le .j. cours.

Perrey fyn.

Rapeye. } potage.

Grete taylys of Milwelle,

An lenge.1

Samoun pollys.

Salt Elys with galentyne.

Gode Pyke an fat.

Grosse tartez.

Le .ij. cours.

Lampreys in galentyne.

Furmenty en Venyson.

Vyand Ryal.

Haddok.

Gurnard.

Plays.

Halybutte.

Fesaunt.
Pecokke.

Elys an Lampronys Rostyd.

Flampayn.

Le .iij. cours.

Mammenye.

Creme de .ij. colourys.

Troutys. Storioun.

Samon freysshe.

Perche.

Walkys.

Breme de Mere.

Crabbe.

Purpeys Rostyd. Goions fryid.

Donastra

Doucetys.

# Conuiuium Johannis Chaundelere, Episcopi Sarum, in introitu episcopatus sui : in carnibus.

Le .j. cours.

Pomys en gele. [leaf 47.]

Vn lechemete.

Vyaund cyprys. Tart Ryal. Capoun boilys. Vn sotelte. Agnus dei.

Swan. Le .ij. cours.

Vyaund Ryal. Potage.

1 i.e. "Great tails of Milwell and Ling:" see next page, col. 2, near foot.

## I. HARL. 279. FEASTS OF BPS. OF SALISBURY, & BATH & WELLS. 61

Porcellys Kyde.

Crane.

Venysoun Rostyd.

Heronsewes.

Pulsous farce.

Pertryge. Vn leche.

Crustade Ryal.

Vn sotelte: a Lebarde.

Le .iij. cours.

Mammenye Ryal.

Vyand.

Bittore.
Curlewe.

Pyioun.

Rabettys.

Doderellys. Quaylys.

Larkys.

Vyaunt Ardant. Vn lechemete.

Frytourys Lumbard.

Payn Puffe.

Gele.

Vn Sotelte: Aquila.

Conuiuium domini Nicholai Bubbewyth, nuper episcopi Bathonensis & Wellensis ad funeralia; videlicet, quarto die decembris, anno domini Millesimo. CCCC<sup>mo</sup> vecessimo quarto: in carnibus:—

Le .j. cours.

Nomblys de Roo.

Blamangere.

Braun, cum Mustard.

Chynes de porke.

Capoun Roste de haut grece.

Swan Roste.

Heroun Rostyd.

Aloes de Roo.

Puddyng de Swan necke.

Vn Lechemete.

Vn bake, videlicet Crustade.

Le .ij. cours.

Ro Styuyd. Mammenye.

Connyng Rostyd.

Curlew.

Fesaunt Rostyd.

Wodecokke Roste. [leaf 47, back.]

Pertryche Roste.

Plouer Roste.

Snytys Roste.

Grete byrdes Rosted.

Larkys Rostyd

Vennysoun de Ro Rostyd.

Yrchouns.

Vn leche.

Payn puffe.

Colde bakemete.

Conuiuium de piscibus pro viris Religiosis ad funeralia predicta.

Le .j. cours.

Elys in sorry.

Blamanger.

Bakoun heryng. Mulwyl taylys.

Lenge taylys.

Jollys of Samoun.

Merlyng sobe.

Pyke.

Grete Plays.

Leche barry. Crustade Ryal.

Le .ij. cours.

Mammenye.

Crem of Almaundys.

Codelyng.

Haddok.

Freysse hake.

Solys y-sobe.

Gurnyd broylid with a syryppe.

Brem de Mere.

Roche.

Perche.

Menus fryid.

Yrchouns.

Elys y-rostyd.

Leche lumbard.

Grete Crabbys.

A cold bakemete.

Conuiuium Johannis Stafforde, Episcopi Wellensis in inductu Episcopatus sui, videlicet .xvj.º die Septembris, Anno domini millessimo CCCCmo vicessimo quinto [1425].

Le .j. cours.

Furmenty with venysoun.

Mammenve.

Brawnne. Kede Roste.

Capoun de haut Grece.

Swan.

Heyroun.

Crane.

A leche. [leaf 48.]

Crustade Ryal.

Frutoure Samata.

A soltelte, a docter of lawe.

Le .ij .. cours.

Blaunche Mortrewys.

Vyand Ryal.

Pecoke.

Conyng.

Fesaunte.

Tele.

Chykonys doryd.

Pyions.

Veysoun Rostyd.

Gullys. Curlew. Cokyntryche.

A leche.

Pystelade chaud.

Pystelade fryid.

Frytoure damaske.

A sotelte, Egle.

Le .iij. cours.

Gely.

Creme Moundy.

Pety Curlewe.

Egret.

Pertryche.

Venysoun Roste.

Plovere.

Oxyn kyñ.

Quaylys.

Snytys.

Herte de Alouse.

Smale byrdys.

Dowcet Ryal.

Petelade Fryid.

Hyrchouns.

Eggys Ryal.

Pomys.

Brawn fryid.

### I. HARL. 279. FEASTS OF BP. OF BATH & WELLS, & LD. DEVONSHIRE. 63

A sotelte, Sent Andrewe.

Frute.

Waffrys.

Vyn dowce.

Pro inferiori parte Aule, & in alijs

locis.

Le .j. cours.

Furmenty with venysoun.

Mammenye.

Brawn.

Kede Roste.

Capoun.

Leche.

A bakemete.

Le .ij. cours.

Mortrewys.

Pygge.

<sup>1</sup> Conynge.

Peionys. Ckykons.

Venysoun Rosted.

Leche.
Frutoure.

Bakemete chaud.

Bakemete fryid.

## A Ryal Fest in he Feste at he weddyng of he Erle of Deuynchire.

Le .j. cours.

Furmenty with Venysoun.

Vyand Goderygge.

Vele Roste.

Swan with chawderoun.2

Pecokke.

Crane. Vn leche.

Vn Fryid mete.

Vn pasty, cooperta.

A sotelte: Ceruus.

Le .ij. cours.

Mammenye.

Vyand Motlegh.

Kede.

Conyng.

Herons.

Chykonys endoryd.

Venyson Rosted.

I. leche.

Vn Fryid mete.

I. paste Crustade.

<sup>1</sup> leaf 48 back. <sup>2</sup>

A colde Bakemete.
A sotelte: Homo.

Le .iij. cours.

Gely.

Datys in comfyte.

Fesaunt. Gullys.

Poper.

Mawlard de la Ryuer.

Peionys
Pertryche.
Curlew.

Pomez endoryd.

I. Leche.

Payn Puffe.

A sotelte: Arbor.

#### Pro inferiori parte Auli.

Le .j. cours.

Venyson en Brobe.

Spawdys³ de Motoun.

Kyde.

<sup>2</sup> A. chaudewyne.

3 Spaut or Spaud, Shoulder.

#### I. HARL. 279. THE EARL OF DEVONSHIRE'S WEDDING FEAST. 64

Pyionys.

Gullys.

Rabettys.

Doucetys.

Vn Leche.3

Doke. Chykonys Roste. Pygge in Sawge. Venysoun Roste.2 Venysoun bake.1

Le. ij. cours.

Caudel Ferry.

1 A. venysoune rostid.

<sup>2</sup> A. adds in syrup.

3 A. adds 'mete,' and also adds Vn fryide mete after.

[End of Harl. MS. 279.]

# COOKERY BOOK II.

# HARLEIAN MS. 4016, ab. 1450 A.D.

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Hanoney	Blaunde sorre	٠	•	•	٠	٠	84	Lente ffrutours	•	•	•	96
Buknade         85         Quynces or Wardones in paast         97           Auter maner buknade         85         Rastons         98           Brest de mottoñ in sauce         85         Tart de ffruyte         98           Risshewes de Mary         85         [Chewettes]         93           Lethe lory         86         Sauce pour lamprey         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           [Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons pbake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Elys in Sorre         89	Hagas de almondes	•	•	•	•	٠	84	[Lesenges Fries]	•	•	•	97
Buknade         85         Quynces or Wardones in paast         97           Auter maner buknade         85         Rastons         98           Brest de mottoñ in sauce         85         Tart de ffruyte         98           Risshewes de Mary         85         [Chewettes]         93           Lethe lory         86         Sauce pour lamprey         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           [Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons pbake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Elys in Sorre         89	Hanoney		•			•		[Risschewes de frute]	•			97
Buknade         85         Quynces or Wardones in paast         97           Auter maner buknade         85         Rastons         98           Brest de mottoñ in sauce         85         Tart de ffruyte         98           Risshewes de Mary         85         [Chewettes]         93           Lethe lory         86         Sauce pour lamprey         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           [Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons pbake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Oystres in grauey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Elys in Sorre         89	Blamanger	•			•	•		[Trayne roste]				97
Brest de mottoñ in sauce         85         Tart de ffruyte         98           Risshewes de Mary         85         [Chewettes]         98           Lethe lory         85         Lamprey I-bake         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Stokfissh in sauce         100           Gely         86         Stokfissh in sauce         100           [Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons ybake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Longe Wor	Buknade						85	Quynces or Wardones in paast				97
Brest de mottoñ in sauce         85         Tart de ffruyte         98           Risshewes de Mary         85         [Chewettes]         98           Lethe lory         85         Lamprey I-bake         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           [Guissel]         87         Lamprons in Galentyne         100           [Guissel]         87         Lamprons ybake         100           Peris in compost         87         Oystres in Galentyne         100           Chare de Wardone         88         Oystres in grauey         100           Mawmene         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Soppes Dorre         89         Pike boyled         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Muscules in Shelle         90	Auter maner buknade .						85	Rastons				98
Lethe lory         85         Lamprey I-bake         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Stokfissh in sauce         100           Gely         86         Stokfissh in sauce         100           Peris in Syrippe         87         Lamprons in Galentyne         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmon ressh boiled         102           Muscules in broth         90         Samon resst in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn.         90         Perche boiled         102           Bla							85	Tart de ffruyte				98
Lethe lory         85         Lamprey I-bake         98           Tansey         86         Sauce pour lamprey         99           Froyse         86         Stokfissh in sauce         100           Gely         86         Stokfissh in sauce         100           Peris in Syrippe         87         Lamprons in Galentyne         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmon ressh boiled         102           Muscules in broth         90         Samon resst in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn.         90         Perche boiled         102           Bla	Risshewes de Mary		. '				85	[Chewettes]				98
Tansey         86         Sauce pour lamprey         99           Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           Geris in Syrippe         87         Lamprons in Galentyne         100           Peris in compost         87         Lamprons ybake         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Soppes pour Chamberles         90         Salmon fressh boiled         102           Muscules in Shelle         90         Samon roste in Sauce         102	Lethe lory						85	Lamprey I-bake				98
Froyse         86         Lamprey poudred         99           Gely         86         Stokfissh in sauce         100           Peris in Syrippe         87         Lamprons in Galentyne         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Longe Wortes de Pesone         89         Pike in brase         101           Ballok broth         80         Auter pike in Galentyne         101           Soppes pour Chamberleyne         90         Salmoñ roste in Sauce	Tansey						86	Sauce pour lamprey				99
Gely         86         Stokfissh in sauce         100           [Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons ybake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes pour Chamberleyne         90         Salmoñ fressh boiled         102           Muscules in broth         90         Samoñ roste in Sauce         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Murrewes of Pesyñ.         90         Perche boiled         102           Murrewes of Pesyñ.         90         Perche boiled         102           Caudell ffery         91         Shrympes         103 <td>Froyse</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>86</td> <td>Lamprey poudred</td> <td></td> <td></td> <td></td> <td>99</td>	Froyse						86	Lamprey poudred				99
[Guissell]         87         Lamprons in Galentyne         100           Peris in Syrippe         87         Lamprons ybake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ roste in Sauce         102           Muscules in broth         90         Samoñ roste in Sauce         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103 </td <td>Gely</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>86</td> <td>Stokfissh in sauce</td> <td></td> <td></td> <td></td> <td>100</td>	Gely						86	Stokfissh in sauce				100
Peris in Syrippe         87         Lamprons ybake         100           Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmon fressh boiled         102           Soppes pour Chamberleyne         90         Samon roste in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn         90         Perche boiled         102           Mortrewes of Pesyn         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103 <td>[Guissell]</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>87</td> <td>Lamprons in Galentyne</td> <td></td> <td></td> <td></td> <td>100</td>	[Guissell]						87	Lamprons in Galentyne				100
Peris in compost         87         Oystres in grauey         100           Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Elys in Sorre         89         Pike in brase         101           Sallos broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ roste in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Caudell ffery         91         Shrympes         103           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Fried creme de almondes         91         Breme or Roche boiled         103	Peris in Syrippe						87					100
Chare de Wardone         88         Oystres in cevey         100           Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike in galentyne         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ resse in Sauce         102           Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Gudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Propte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103 <td>Peris in compost</td> <td></td> <td>100</td>	Peris in compost											100
Mawmene         88         Pike in galentyne         101           Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ resse in Sauce         102           Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Gudell ffery         91         Shrympes         103           Caudell ffery         91         Breme or Roche boiled         103           Prenade         91         Breme or Roche boiled         103           Fried creme de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Sole, boiled, rost, or fryed         <	Chare de Wardone							Ovstres in cevey				
Longe Wortes de Pesone         89         Pike boyled         101           Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ roste in Sauce         102           Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Fried creme de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Sole, boiled, rost, or fryed         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyle	Mawmene	Ť	•	•	•	·		Pike in calentyne	•	•		
Elys in Sorre         89         Pike in brase         101           Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes pour Chamberleyne         90         Samoñ roste in Sauce         102           Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Fried creme de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Let lumbarde         92         Gurnard rosted or boyled         104           Cryspes         93         Menese or loche boiled         104 </td <td>Longe Wortes de Pesone</td> <td>•</td> <td>•</td> <td>•</td> <td>٠</td> <td>•</td> <td></td> <td>Pike hoyled</td> <td>•</td> <td>•</td> <td>·</td> <td></td>	Longe Wortes de Pesone	•	•	•	٠	•		Pike hoyled	•	•	·	
Ballok broth         89         Auter pike in Galentyne         101           Soppes Dorre         90         Salmoñ fressh boiled         102           Soppes powr Chamberleyne         90         Samoñ roste in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyñ.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Letlardes         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104 </td <td>Elve in Sorre</td> <td>•</td> <td>•</td> <td>•</td> <td>•</td> <td>•</td> <td></td> <td>Pike in brose</td> <td>•</td> <td>•</td> <td>•</td> <td></td>	Elve in Sorre	•	•	•	•	•		Pike in brose	•	•	•	
Soppes Dorre         90         Salmon fressh boiled         102           Soppes pour Chamberleyne         90         Samon roste in Sauce         102           Muscules in broth         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn         90         Perche boiled         102           Mortrewes of Pesyn         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         104           Cryspes         93         Menese or loche boiled         104           Cryspes         93         Menese or loche boiled         104	Rellak broth	•	•	•	•	•		Auter pike in Galentyne	•	•	•	
Soppes pour Chamberleyne         90         Samoū roste in Sauce         102           Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyū.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104 <tr< td=""><td>Sonnes Dorre</td><td>•</td><td>•</td><td>•</td><td>•</td><td>•</td><td></td><td>Salmon fresh hailed</td><td>•</td><td>•</td><td>•</td><td></td></tr<>	Sonnes Dorre	•	•	•	•	•		Salmon fresh hailed	•	•	•	
Muscules in broth.         90         Troute boyled         102           Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeon boiled         104           Malmens	Soppes Dorre		•	•	•	•		Samon rests in Sauce	•	•	•	
Muscules in Shelle         90         Crabbe or Lopster boiled         102           Mortrewes of Pesyn.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeon boiled         104           Malmens bastard         94         Sturgeon in broth         104	Museules in broth	E	•	•	•	•						
Mortrewes of Pesyn.         90         Perche boiled         102           Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anojer         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeoñ boiled         104           Malmens bastard         94         Sturgeoñ in broth         104	Muscules in Oroth	•	•	•	•	•		Chapter on Loreston heilad	•	•	•	
Blanche porrey         90         Floundres boiled         102           Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anojer         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeoñ boiled         104           Malmens bastard         94         Sturgeoñ in broth         104	Montagener of Desert	•	•	•	•	•		Darsha hailed	•	•	•	
Caudell ffery         91         Shrympes         103           Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoþer         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeoñ boiled         104           Malmens bastard         94         Sturgeoñ in broth         104	Distriction of Pesyn	•	•	•	•	•		Floundary bailed	•	•	•	
Prenade         91         Breme or Roche boiled         103           Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anojer         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeoñ boiled         104           Malmens bastard         94         Sturgeoñ in broth         104	Blanche porrey	•	•	•	•	•						
Froyte de almondes         91         Breme rost ensauce         103           Fried creme de almondes         91         Plaise boiled         103           Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeon boiled         104           Malmens bastard         94         Sturgeon in broth         104	Cauden nery	٠	•	•	•	٠		Surympes	•	•	•	
Fried creme de almondes       91       Plaise boiled       103         Creme boiled       92       Ray boiled       103         Letlardes       92       Sole, boiled, rost, or fryed       103         Leche lumbarde       92       Gurnard rosted or boyled       103         Auter leche lumbard       93       Anoþer       104         Cryspes       93       Menese or loche boiled       104         Poterous       93       Haddok or codlyng       104         Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeoñ boiled       104         Malmens bastard       94       Sturgeoñ in broth       104	Prenade	٠	•	•	•	٠		Breme or Roche boiled	•	•	•	
Creme boiled         92         Ray boiled         103           Letlardes         92         Sole, boiled, rost, or fryed         103           Leche lumbarde         92         Gurnard rosted or boyled         103           Auter leche lumbard         93         Anoper         104           Cryspes         93         Menese or loche boiled         104           Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeon boiled         104           Malmens bastard         94         Sturgeon in broth         104	Froyte de almondes	•	•	•	•	•		Breme rost ensauce	•	•	٠	
Letlardes       92       Sole, boiled, rost, or fryed       103         Leche lumbarde       92       Gurnard rosted or boyled       103         Auter leche lumbard       93       Anoper       104         Cryspes       93       Menese or loche boiled       104         Poterous       93       Haddok or codlyng       104         Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeon boiled       104         Malmens bastard       94       Sturgeon in broth       104	Fried creme de almondes	٠	•	•	•	•		Plaise boiled	•	•	•	
Leche lumbarde       92       Gurnard rosted or boyled       103         Auter leche lumbard       93       Anoper       104         Cryspes       93       Menese or loche boiled       104         Poterous       93       Haddok or codlyng       104         Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeon boiled       104         Malmens bastard       94       Sturgeon in broth       104	Creme boiled	•	•	•	•	•		Ray boiled	•	•	٠	
Auter leche lumbard       93       Anoper       104         Cryspes       93       Menese or loche boiled       104         Poterous       93       Haddok or codlyng       104         Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeon boiled       104         Malmens bastard       94       Sturgeon in broth       104	Letlardes	•	•	•	٠	•		Sole, boiled, rost, or fryed .	•	•	•	
Auter leche lumbard       93       Anoper       104         Cryspes       93       Menese or loche boiled       104         Poterous       93       Haddok or codlyng       104         Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeon boiled       104         Malmens bastard       94       Sturgeon in broth       104	Leche lumbarde		•	•	•	•		Gurnard rosted or boyled	•	•	•	
Poterous         93         Haddok or codlyng         104           Risshewes         93         Barbell boyled         104           Potage de egges         94         Millet boyled         104           Taylours         94         Sturgeon boiled         104           Malmens bastard         94         Sturgeon in broth         104	Auter leche lumbard .	•	•	•	•	٠		Anoper	•	•	•	
Risshewes       93       Barbell boyled       104         Potage de egges       94       Millet boyled       104         Taylours       94       Sturgeon boiled       104         Malmens bastard       94       Sturgeon in broth       104	Cryspes		•		•	•						
Potage de egges	Poterous	•		•		•		Haddok or codlyng	•	•	•	
Taylours	Risshewes				•	•		Barbell boyled	•		•	
	Potage de egges	•			٠			Millet boyled				
	Taylours						94	Sturgeon boiled				
Company noun noun noun noun noun noun noun no	Malmens bastard						94	Sturgeon in broth				
Gyngautrey 94 Sturgeon pour porpeys 100	Gyngautrey						94	Sturgeon pour porpeys			•	105
Fygev	Fygev						94	Firmenty with porpeys				105
Chaudewyne	Chaudewyne						95	Tenche in brase				105
Rapes 95 Another diting of a tenche 105	Rapes						95	Another diting of a tenche .				105
Iusshell	Iusshell						95	Turbut boyled				105
Gele of peson	Gele of peson						95	Turbut roste ensauce				106
Caudell	Caudell							Tripe de Turbut				
Ovle soppes	Ovle soppes						96	Welkes boyled				106
Caudell de Almondes 96 Milkemete 106	Caudell de Almondes						96	Milkemete				106
Cheaut de Almondes 96 Chared coneys, or chardwardon 106								Chared coneys, or chardwardon				106

## COOKERY BOOK II.

#### HARLEIAN MS. 4016, ab. 1450 A.D.

<sup>1</sup>[T]his is the purviaunce made for Kings Richard, beings with be Duc of lancastre at the Bisshoppes place of Durham at Londons, the xxiii day of September, the yere of the kings forsaid .xij./ [A.D. 1387.]

First begynnyng for a-chatry.

Xiiij. oxen lying in salte.

IJ. oxen ffreyssh.

Vixx.2 hedes of shepe fressħ.

Vixx. carcas of shepe fressh.

Xij. Bores.

Xiiij. Calvys.

Cxl. pigges.

CCC. maribones.

Of larde and grece, ynogh.

IIJ. ton of salt veneson.

IIJ. does of ffressh veneson.

The pultry.

L. Swannes.

CCx. Gees.

L. capons of hie grece.

Viii. dusseñ ober capons.

Lx. dd Hennes.

CC. copułł Conyngges.

IIIJ. Fesauntes.

V. Herons and Bitores.

Vi. kiddes.

1 fol. 1.

V. disson pullayn for Gely.

Xij. dd.3 to roste.

C. dd. peions.

Xij. dd. partrych.

Viij. dd. Rabettes.

X. doseñ Curlewes.

Xij. doseñ Brewes.

Xij. Cranes.

Wilde fowle ynogh.

VJxx. galons melke.

Xij. galons Creme.

Xl. galons of Cruddes.

IIj. bushel; of Appelles.

Xj. thousand egges.

#### ¶ The first course.

Veneson with Furmenty.

A potage called viaundbruse.

Hedes of Bores.

Grete Flessh.

Swannes rosted.

Pigges rosted.

Crustade lumbard in paste.

And a Sotelte.

2 six score.

3 dozens.

#### ¶ The seconde course.

A potage called Gele.

A potage de Blandesore. Pigges rosted.

Cranes rosted.
Fesauntes rosted.

Herons rosted.
Chekens endored.

Breme.

<sup>1</sup> Tartes.

Broke braune. Conyngges rosted.

And a sotellte.

#### ¶ The thirde course.

Potage. bruete of Almondes.

 ${\bf Stwde\ lumbarde.}$ 

Venyson rosted. Chekenes rosted.

Rabettes rosted.

Partrich rosted.

Peions rosted.

Quailes rosted.

Larkes rosted.

Payne puff/.

A Dissh of Gely.

Longe Frutours.

And a Sotelte.

# ¶ Atte the stalling of John Stafford, Archibisshoppe of Caunterbury, the xxj yere of king Harry the vj. [A.D. 1443.]

Brawne with Mustard.

Furmenty with Veneson.

Mawmeny. Fesaunte.

Swañ.

Capoñ.

Carpeis of Veneson.

Heron sewe.

Grete breme.

Leche cremy ryall.

Custard ryoH.

A sotelte. Seint Andrew, sitting on an hie Auter of a-state, with bemes of golde; afore him knelyng, he Bisshoppe in pontificalibus; his Croser kneling behinde him, coped.

#### ¶ The second course.

Bruet Mon amy. Viaund cypre.

1 fol. 1b.

Crane rosted.

Veneson rosted. Conyng.

Betore.

Partrich. Curlewe.

Graunte carpe.

Leche Frutour.

Tard riall.

A sotelte: pe Trinite sitting in a son of gold, with a crucyfix in his honde. Seint Thomas in pat one side, Seint Austin in that oper, my lorde kneling in pontificalibus afor him. behinde him, his croser coped with the armes of Rouchestre. behinde him, in pat o side, a blak Monke, prior of Cristes chirch; in pat other side, the Abbot of Seint Austyns.

2 fol. 2.

#### ¶ The thirde course.

Creme Vine.
Gely departed.
Browes.
Chekenos boiled.
Melons pputt.
Plouer rosted.
Rabettes.
Votrelle;.
Rales.

Quayles.

Dew dones.

Blanke singuler leche. Frutoure Rasyñ. Quynes bakyñ.

A sotelte. A godhede in a son of gold glorified aboue; in the son the holy giste voluptable. Seint Thomas kneling a-for him, with he poynt of a swerd in his hede, & a Mitre there-vppon, crownyng S.T. in dextera parte, maria tenens mitram; in sinistra parte, Johannes Baptista; et in iiij. partibus, iiij. Angeli incensantes.

### Here Beginnethe A Boke of Kokery.

Hare in Wortes.—Take Colys, and stripe hem faire fro the stalkes. Take Betus and Borage, auens,<sup>2</sup> Violette, Malvis, parsle, betayn, pacience, be white of the lekes, and be croppe of be netle; parboile, presse out the water, hew hem small, And do there-to mele. Take goode broth of ffressh beef, or other goode flessh and mary bones; do it in a potte, set on be fire; choppe the hare in peces, And, if bou wil, wassh hir in be same broth, and then drawe it though A streynour with the blode, And ben put all on the fire. And if she be an olde hare, lete hire boile well, or bou cast in thi wortes; if she be yonge, cast in all togidre at ones; And lete hem boyle til be be ynogh, and ceson hem with salt. And serue hem forth. The same wise thou may make wortes of A Gose of a nixt, powdryng of beef, or eny other fressh flessh.

\*Buttered Wortes. ¶ Take all maner of good herbes that thou may gete, and do bi ham as is forsaid; putte hem on he fire with faire water; put here-to clarefied buttur a grete quantite. Whan thei ben boyled ynogh, salt hem; late none otemele come there-in. Dise brede small in disshes, and powre on he wortes, and serue hem forth.

Cabochis. ¶ Take faire Cabochis, pike hem and wassh hem, and parboyle 'honde' crost through, and 'hede' written after. 2 MS. anens. 3 night. 4 fol. 2b.

hem; then presse oute the water on a faire borde, choppe hem, and cast hem in a faire potte with goode fressh broth and with Mary-bones, And lette hem boyle; then take faire grate brede, and cast there-to, saferon, salt, and lete boyle ynogh, And then serue hit forth.

Growelle florce. ¶ Take Growell y-made of ffresh beef; And whan it is y-sodden ynogh, drawe it though a Streynour into a fair potte; then take lene porke, and seth it; grynde it small in a morter, and temper it with the seid broth, and cast togidre, And lete it boyle til hit be ynogh, And cast thereto Sapheron and salt, and serue it forth.

Nombles of Veneson. ¶ Take Nombles and kut hem small, whan they ben rawe; þen take fressh broth, water, and wyne, of eche of hem y-lyche moche, pouder of peper, Canell, and boyle hem till it be almost ynogh, And then cast powder ginger there-to, And a litull vynegre; salt and ceson it vppe, and serue it forth for a gode potage.

Venyson in broth. ¶ Take rybbes of venyson, and wassh hem faire in Water, And streyn the Water though a Streynour into a faire potte, and cast be Venyson thereto, parcely, Sauge, powder of peper, cloue, Maces, Vinegre, salt, And late hem boile til bei be ynow, & serue it forth.

Furmenty with venyson. ¶ Take faire whete, and kerve it in a morter, And vanne a-wey clene the duste, and wassh it in faire water and lete it boile till hit breke; then do awey the water clene, and caste there-to swete mylke, and sette it ouer the fire, And lete boile til it be thik ynogh, And caste there-to a goode quantite of tryed rawe yolkes of egges, and caste thereto Sapheron, sugur, and salt; but late it boile no more then, but sette it on fewe coles, lest the licoure wax colde. And þen take fressh venyson, and water hit; seth hit and bawde hit; And if hit be salt, water hit, sethe hit, and leche hit as hit shall be serued forth, and put hit [in a vessell with feyre water, and buille it]³ ayen; and as hit boyleth, blowe a-wey the grece, and serue it forth with flurmenty, And a litul of þe broth in the Dissh all hote with the flessh.

Bourreys. ¶ Take pipes, hertes, neres, myltes, and of the rybbes of þe Swyne, or elles take (if thou wilt) Mallard or Goos, and choppe hem small, And then parboile it in faire water, And take it vp, and pike it clene, And putte into a potte, And cast there-to Ale ynogh, Sauge, Salt, And lete boile right ynowe, &þen serue it forth.

Mortreus de Chare. ¶ Take porke, and seth it ynow; and take it vppe, and bawde hit, and hewe it and grinde it, and in a morter; And cast thereto

<sup>&</sup>lt;sup>1</sup> The MS. has here and brede crossed out. <sup>2</sup> fol. 3. <sup>3</sup> Added from D.

grated brede, and then drawe the same broth thorgh a streynour, And temper hit with ale, and do al into a potte, and lete boile, and aley hit with yolkes of egges, And then lete it boile no more, And caste thereto powder of ginger, Salt, And put hit in disshes in maner of Mortrewes, And cast thereto powder of ginger, & serue it forth.

Brawne in confite. ¶ Take fressħ brawne, and myce¹ it small, and take Almondes, and blanche hem, and grinde hem, and drawe hem thorgħ a straynour.

<sup>2</sup> Brawne in confite. ¶ Take fressh brawne, and seth it ynowe; pare hit, and grinde hit in a morter, and temper it with almond mylke, and draw it thorgh a Streynour into a potte, and cast thereto Sugour ynowe, and pouder of Clowes, and lete boyle; and take ffloure of Canell, or powder, a goode quantite, and caste there-to. And lete boyle, and caste there-to powder of ginger; And then take it vp oute of the potte, And put in a lynnen clothe and presse it; lete hem boile so long in þe potte that it be thik, And then take hit vppe, and presse it in the clothe; And then leche hit faire, but not to thyn; And then take the ribbes of þe boor, and al bare, and set hem enlonge the leches, And serue it forthe .ij. or iij. leches in a dissh.

Blaunche brawne. ¶ Take fressħ Brawne, and myce it small; And take Almondes, and blaunche hem, and grynde hem thorgħ a Streynour into stuffe mylke, And put al into a potte, and sugur, And boyle al togidre til hit be right stuff; And theħ take it vp, And cast hit in-to a faire basyħ, And lete it stonde there til hit be all colde; And þen take a knyfe And leche it faire, but not to thyħ, And þeħ serue hit forthe, a leche. or ij. in a dissħ.

Browne in egurdouce.<sup>3</sup> ¶ Take mighti broth of beef or of Capon, or take faire fressh brawne, and seth hit, but not ynow, And then leche hit, And cast hit into the broth; then take hole oynones, pike hem,<sup>4</sup> And cast hem al hole there-to; then take Vynegre and Canell, and sette on he fire, and hete hem, and drawe hem horgh a Streynoure, and cast hit there-to. Then take clowes, Maces, powder of peper, and cast thereto, and a litull Sawndres, And sette hit ouer he fyre and lete boyle til he oynones and the brawne ben even sodde, and not to moche; then take licour made of brede, vynegre, and wyn, and seson it vppe, and caste thereto a litul saferon to coloure hit, and salt, And serve it forth.

Brawne in peuard.6 ¶ Take wyn, pouder of Canell, drawe hit thorgh a

<sup>1</sup> micer, michier, dépecer, mettre en pièces.—Hippeau. Gloss. 2 fol. 3b.

<sup>3</sup> D. calls this "Braune en peueruade," it is recipe 56 there. 4 D. pile, i.e. peel.

<sup>&</sup>lt;sup>5</sup> fol. 4. <sup>6</sup> Braune en peueruade, D.

Streynour, set hit ouer the fire, lete hit boile, caste there-to Maces, cloues, powder of Peper; take smale onyons hole, parboyle hem, caste there-to; lete hem boile togider; then take Brawne, leche hit, but not to thin; And if hit be saused, let stepe hit in Hote water til hit be tender, then cast hit into be siripe; take Saundres, Vynegre, and caste there-to, And lete boile al togidre til hit be ynowe; then take powder of ginger, caste thereto; lete hit not be thik ne to thyn, butte as potage shulde be; And serve hit forthe.

Garbage. ¶ Take faire Garbage, chikenes hedes, ffete, lyvers, And gysers, and wassh hem clene; caste hem into a faire potte, And caste fressh broth of Beef, powder of Peper, Canełł, Clowes, Maces, Parcely and Sauge myced smałł; then take brede, stepe hit in þe same brothe, Drawe hit thorgh a streynour, cast thereto, And lete boyle ynowe; caste there-to pouder ginger, vergeous, salt, And a litułł Safferon, And serve hit forthe.

Pigge or chiken in Sauge. ¶ Take a pigge, Draw him, smyte of his hede, kutte him in .iiij. quarters, boyle him til he be ynow, take him vppe, and lete cole, smyte him in peces; take an hondefull. or .ij. of Sauge, wassh hit, grynde it in a morter with hard yolkes of egges; then drawe hit vppe with goode vinegre, but make hit not to thyn; then seson hit with powder of Peper, ginger, and salt; then cowche thi pigge in disshes, and caste þe sirippe þervppon, and serue it forthe.

Stwed Beeff. ¶ Take faire Ribbes of ffresh beef, And (if thou wilt) roste hit ¹til hit be nygh ynowe; then put hit in a faire possenet; caste per-to parcely and oynons mynced, reysons of corauns, powder peper, canel, clowes, saundres, safferon, and salt; then caste there-to wyn and a litull vynegre; sette a lyd on pe potte, and lete hit boile sokingly on a faire charcole til hit be ynogh; pen lay the fflessh, in disshes, and the sirippe there-vppon, And serve it forth.

Stwed Mutton. ¶ Take faire Mutton that hath ben roste, or elles Capons, or suche oper flessh, and mynce it faire; put hit into a possenet, or elles bitwen ij. siluer disshes; caste thereto faire parcely, And oynons small mynced; then caste there-to wyn, and a litull vynegre or vergeous, pouder of peper, Canel, salt and saffron, and lete it stue on he faire coles, And hen serue hit forthe; if he have no wyne ne vynegre, take Ale, Mustard, and A quantite of vergeous, and do his in he stede of vyne or vinegre.

Capons Stwed. ¶ Take parcelly, Sauge, Isoppe, Rose Mary, and tyme, and breke hit bitwen thi hondes, and stoppe the Capon there-with; colour hym

with Safferon, and couche him in a erthen potte, or of brasse, and ley splentes vnderneth and all aboust the sides, that the Capon touche no thinge of the potte; strawe good herbes in he potte, and put there-to a pottel of the best wyn that thou may gete, and none other licour; hele the potte with a close led, and stoppe hit abouste with dogh or bater, that no eier come oute; And set hit on he faire charcole, and lete it seeth easly and longe till hit be ynowe. And if hit be an erthen potte, hen set hit on he fire whan hou takest hit downe, and lete hit not touche he grounde for breking; And whan he hete is ouer past, take oute the Capon with a prik; then make a sirippe of wyne, Reysons of corance, sugur and safferon, And boile hit a litult; medel pouder of Ginger with a litul of the same wyn, and do hereto; then do awey the fatte of the sewe of the Capon, And do the Siryppe to he sewe, and powre hit on he capon, and serue it forth.

Flathonys. ¶ Take mylke, and yolkes of egges, and ale, and drawe hem thorgħ a straynour, with white sugur or blak; And melt faire butter, and put thereto salt, and make faire coffyns, and put hem into a Nowne³ til þei be a litul hard; þeñ take a pile, and a dissħ fastned there-oñ, and fill þe coffyns therewitħ of the seid stuffe and late hem bake a while. And þeñ take hem oute, and serue hem forthe, and caste Sugur ynogħ oñ hem.

Venyson ybake. Take hanches of Venyson, parboile it in faire water and salt; ben take faire paast, and ley there-on be Venyson y-cutte is as as bou wolt have it, and cast vnder hit, and aboue hit, powder of gings With-vare and salt medylde togidre, And sette hem in An oven, and lete serue it forth. bey be ynogh.

Frutours. ¶ Take yolkes of egges, drawe hem thorgh a there-to faire floure, berme and ale; stere it togidre tildes, Mary, powder of pared appelles, cut hem thyn like obleies, ley hem in the Creme, (and if hit be into a ffrying pan, and fry hem in faire grece or bu of egges, and medle hem yelowe; then put hem in disshes, and strawe Soden in, thereto; And then serue hem forthe.

mary there-in, and myced dates

Longe Frutours. ¶ Take Mylke And makesette þe Coffyns in þe oven, And of chese al tendur, and take oute þe way cl, and putte the licour thereto, And And take yolkes of egges, and white, and

good quantite, and drawe hit borgh a aire buttes of porke and buttes of vele put hit in a faire pan, and fry hit a lit And putte thereto faire broth, And a then take it oute, and ley on a faire be togidre til hit be ynogh; And pen take

<sup>1</sup> cover. 2 fol. 5. 3 an oven. 1, and cast ther-to raw yolkes of eyren),

as thou list, And putte hem ayen into the panne til thei be browne; An then caste Sugur on hem, and serue hem forth.

Pety pernantes. ¶ Take faire floure, Sugur, Saffron, and salt, and mal paast per-of; then make small Coffyns, then cast in eche a coffyn iij. or ii rawe yolkes of egges hole, and ij. gobettes or iij. of Mary couche perin; petake powder of ginger, Sugur, Reysons of Corans, and cast above; pen cove the coffyn with a lyd of pe same paste; then bake hem in a oven, or ellefry hem in faire grece fressn, And then serve hit forthe.

Auter peti pernantes. ¶ Take and make thi Coffyns as hit is a-for said then take rawe yolkes of egges, tryude in sugur, pouder of Gynger, and resons of Corans, and mysed mary, but not to small, And caste all this into a faire boll, and medel all to-gidre, and put hit in coffyns, and bake hem, or fry hem as hou diddest be he toher.

Custarde. ¶ Take Vele, and smyte hit in lituly peces, and wassh it clene put hit into a faire potte with faire water, and lete hit boyle togidre; þen take parcelly, Sauge, Isoppe, Sauerey, wassh hem, hewe hem, And cast hem into flessh whan hit boileth; then take powder of peper, canel, Clowes, Maces, Saffron, salt, and lete hem boyle togidre, and a goode dele of wyne with alt, And whan the flessh is boyled, take it vppe fro þe broth, And lete the broth kele. Whan hit is colde, streyne yolkes and white of egges thorgh a streynour, and put hem to the broth, so many that the broth be styff ynowe, hit itil hit be at cofyns, and couche iij. or iiij. peces of the flessh in þe Coffyns; parcely and og ates, prunes, and kutte hem; cast thereto powder of Gynger and saundres, saffero.

a lyd on þe potte, a lituly; And þen put the broth in the coffyns, And lete ynogh; þen lay the fhbe ynogh.

¶ Take good creme,² and yolkes And white of egges, and it forth.

Stwed Mutton. ¶ Take streyne hem all þorgh a straynour till hit be so thik suche oþer flessh, and mynce And take faire Mary, And Dates, cutte in ij. or iij ij. siluer disshes; caste thereto faire coffyns of paast; And then put þe coffyn in caste there-to wyn, and a litull vl thei be hard, And then drawe hem oute, and salt and saffron, and lete it stue on And put hem into þe oven ayen, And lete if he have no wyne ne vynegre, take cast sugur and salt in þi licour whan ye and do þis in þe stede of vyne or vine the intent, take creme of Almondes,

Capons Stwed. ¶ Take parcelly, Saubreke hit bitwen thi hondes, and stoppie, hew it small, grynde it in a morter,

and take it vppe into a faire vessell; And take yolkes and white of egges, sreyn hem borgh a streynour, and temper be porke there-with; then take pynys, reysons of coraunce, and fry hem in fressh grece, and cast thereto pouder of peper, Gingere, Canell, Sugur, Safferon and salt, and do hit in a coffyn, and plante the coffyn above with prunes, and kutte dates, and grete neysynges, and smale birdes, and or elle; hard Yolkes of egges; and if bou take birdes, fry hem a litull in fresh grece, or thou putte hem into be Coffyn; then endore hit with yolkes of egges and with saffron, and lete bake hit til hit be ynogh, and so serue hit forth.

Lese fryes.<sup>1</sup> ¶ Take nessħ chese, and pare it clene, and grinde hit in a morter small, and drawe yolkes and white of egges thorgħ a streynour, and cast there-to, and grinde hem togidre; theā cast there-to Sugur, ²butter and salt, and put al togidre in a coffyñ of faire paast, And lete bake ynowe, and theā serue it forthe.

Auter Tartus. ¶ Take faire nessh chese that is buttry, and par hit, grynde hit in a morter; caste therto faire creme and grinde hit togidre; temper hit with goode mylke, that hit be no thikker þen rawe creme, and cast thereto a litul salt if nede be; And ³ thi chese be salte, caste thereto neuer a dele; colour hit with saffron; then make a large coffyn of faire paste, & lete the brinkes be rered more þen an enche of hegh; lete þe coffyn harden in þe oven; þen take it oute, put gobettes of butter in the bothom thereof, And caste the stuffe there-to, and caste peces of buttur there-vppon, and sette in þe oven with-oute lydde, and lete bake ynowe, and then cast sugur thereon, and serue it forth. And if þou wilt, lete him haue a lydde; but þen thi stuff most be as thikke as Mortrewes.

Dariolles. ¶ Take wyne and fressh broth, Clowes, Maces, Mary, powder of Gynger, and Saffron, And lete al boyle togidre; And take Creme, (and if hit be cloutes, drawe hem thorgh a streynour,) And yolkes of egges, and medle hem togidre, and powre the licoure that he mary was soden in, thereto; And then make faire cofyns of fyne paast, and putte the mary there-in, and myced dates And streberies, if hit be in time of yere, and sette he Coffyns in he oven, And lete bake a lituh while, And take hem oute, and putte the licour thereto, And lete hem bake ynouh

Pies of Parys. ¶ Take and smyte faire buttes of porke and buttes of vele togidre, and put hit in a faire potte, And putte thereto faire broth, And a quantite of Wyne, And lete all boile togidre til hit be ynogh; And þen take hit fro the fire, and lete kele [a litel, and cast thereto raw yolkes of eyren),

<sup>&</sup>lt;sup>1</sup> D. Leche frye<sub>3</sub>.

and poundre of gyngeuere, sugre and salt, and mynced dates, reysyns of corence: make then coffyns of feyre past, and do it ther-ynne, and keuere it & lete bake y-nogh.]

<sup>2</sup>Grete pyes. ¶ Take faire yonge beef, And suct of a fatte beste, or of Motton, and hak all this on a borde small; And caste thereto pouder of peper and salt; And whan it is small hewen, put hit in a bolle, And medle hem well; then make a faire large Cofyn, and couche som of this stuffur in// Then take Capons, Hennes, Mallardes, Connynges, and parboile hem clene; take wodekokkes, teles, grete briddes, and plom hem in a boiling potte; Ard then couche al bis fowle in be Coffyn, And put in euerych of hem a quantice of pouder of peper and salt// Then take mary, harde volkes of egges, Dates cutte in ij. peces, reisons of coraunce, prunes, hole clowes, hole maces, Canelt, and saffron. But first, whan thou hast cowched all thi foule, ley the remenaunt of thyne other stuffur of beef a-bought hem, as bou thenkest goode and then strawe on hem this: dates, mary, and revsons, &c., And then closked thi Coffyn with a lydde of the same paast, And putte hit in be oven, Anto late hit bake ynogh; but be ware, or thou close hit, that there come no saffross, nygh the brinkes there-of, for then hit wol neuer close. ₽.

Herbe-blade. ¶ Take buttes of Porke, and smyte hem in peces, and setth hit on the fire, and seth it in faire water; And whan hit is soden y-nogh, tak a it oute, and baude hit, and pike oute be bones, and hewe it small, and putte, hit in a faire boll. And take Isop, Sauge, and parcelly a goode quantites; pike hit, and hewe hit small, And put hit in faire vessellez; And take a litul cd be broth but be porke was soden yn, and drawe hit borgh a streynour, and caste to the erbeblade, and yef hit a boyle; then take oute be herbes with a Skymour fro the broth, And cast hem into be porke in be bolle; And then myce faire dates small, And caste hem there-to, And reysons of coraunce, and pynes; And draw rawe yolkes of egges thorgh a straynour, and caste thereto Sugur, powder of Ginger, salt; colour hit with a litull saffron; And trull hit with thin honde, all this togidur in be bolle; And ben make faire rownde cofyns, and put hem in the oven, and hard hem a litull, and take hem oute ayen, and with a dissh in thi honde, fil hem full of the stuffe, and sette hem ayen in the oven all open, And let hem bake ynowe. And thenne serue hit forth.

Chawdwyn. ¶ Take Gysers, lyuers, and hertes of Swannes, or of wilde gese; And if he guttes be fatte, slytte hem, and cast hem there-to, And boile hem in faire water; And then take hem vppe, And hew hem smale, and caste

<sup>1</sup> Added from D.

into be same broth ayene, but streyne hit borgh a streynour firste; And caste thereto pouder of peper and of canell, and salt, and vinegre, And lete boile; And ben take be blode of be swan, and fressh broth, and brede, and drawe hem borgh a streynour and cast thereto, And lete al boyle togidre; And ben take pouder of Gynger, whan hit is al-moost ynough, And caste there-to, And segment for the.

Pikkyll pour le Mallard. ¶ Take oynons, and hewe hem small, and fry hem in fressh grece, and caste hem into a potte, And fressh broth of beef, Wyne, & powder of peper, canel, and dropping of the mallard/ And lete hem boile togidur awhile; And take hit fro þe fyre, and caste thereto mustard a litul, And pouder of ginger, And lete hit boile no more, and salt hit, And serue it forthe with þe Mallard.

Sauce gamelyne. ¶ Take faire brede, and kutte it, and take vinegre and wyne, & stepe þe brede therein, and drawe hit thorgh a streynour with powder of canel, and drawe hit twies or thries til hit be smoth; and þen take pouder of ginger, Sugur, and pouder of cloues, and cast þerto a litul saffron and lete hit be thik ynogh, ²and thenne serue hit forthe.

Sauce sermstele.<sup>3</sup> ¶ Take Milke and a litul floure, And caste hit in a potte, And lete boile al togidur al thyñ; and whañ hit is wel boyled, take and stampe garlek small, and caste there-to pouder of peper, and salt, And then serue hit forthe.

Sauce oylepeuer. ¶ Take faire browne brede, and tost hit, and stepe hit in vinegre, and drawe it though a streynour, and caste there-to garlek (butte stampe it small first); And caste there-to pouder of peper, And salte, And serue hit forth.

Sauce Verte. ¶ Take purcely, Mintes, Betany, Peleter, and grinde hem smale; And take faire brede, and stepe hit in vinegre, and drawe it thorgħ a streynour, and cast thereto pouder of peper, salt, and serue it fortħ.

Sauce Gynger. ¶ Take faire white brede, and stepe it in vinegre, and drawe hit thorgħ a streynour twies or thries, and caste there-to pouder of ginger and salte; but lete it not be to thyħ, but som what stiff, And theħ serue hit forthe.

Sauce Sorell. ¶ Take Sorell, grynde hem small, And drawe hem thorgh a Streynoure, and caste there-to Salt, and serue hit forth.

Sauce galentyne. ¶ Take faire crustes of browne brede stept in vinegre, And cast thereto pouder of canell, and lete hit stepe therewith, til hit be

1 caste repeated in MS. 2 fol. 8. 3 D. Sauuce gauncelle. 4 D. Sauuce alpeuere.

browne; pen drawe hit though a streynour ones or twyes, And caste there-to pouder of peper, And lete hit be som-whatte stonding, And pen serue hit forthe.

Swan rosted. <sup>1</sup>¶ Kutte a Swan in the rove<sup>2</sup> of the mouthe toward the brayne enlonge, and lete him blede, and kepe the blode for chawdewyn; or elles knytte a knot on his nek, And so late his nekke breke; then skald him. Drawe him and rost him even as thou doest goee in all poyntes, and serue him forth with chawd-wyne.

Crane rosted. ¶ Lete a Crane blode in the mouthe as thou diddist a Swan; fold vp his legges, kutte of his winges at he ioynte next he body, drawe him, Wynde the nekke abought the spit; putte the bill in his brest: his sauce is to be mynced with pouder of ginger, vynegre, & Mustard.

ffesaunte rosted. ¶ Lete a ffesaunte blode in þe mouthe as a crane, And lete him blede to dethe; pull him dry, kutte awey his hede and the necke by þe body, and the legges by the kne, and putte þe kneys in at the vente, and roste him: his sauce is Sugur and mustard.

Partrich rosted. ¶ Take a partrich, and sle him in be nape of the hede with a fethur; dight him, larde him, and roste him as bou doest a ffesaunte in the same wise, And serue him forth; then sauce him with wyne, pouder of ginger and salt, And sette hit in a dissh on the fuyre til hit boyle; then cast powder ginger, Canell, thereon, And kutte him so; or elles ete him with sugur and Mustard.

Partrich stwed. ¶ Take faire mighti broth of beef or of Mutton when hit is boyled ynow, and streyn hit thorgh a streynour, and put hit into an erthen potte, And take a good quantite of wyne, as hit were half a pynte, And take partrich, cloues, Maces, and hole peper, and cast in-to be potte, and lete boile wel togidre; And whan the partrich ben ynogh, take the potte from the fuyre, and then take faire brede kutte in thyn 'browes, and couche hem in a faire chargour, and ley the partrich on loft; And take powder of Ginger, salt, and hard yolkes of egges mynced, and caste into the broth, and powre the broth vppon the partrich into the chargeour, and serue it forth, but late hit be colored with saffron.

Heron rosted. ¶ Take a Heron; lete him blode as a crane, And serue him in al poyntes as a crane, in scalding, drawing, and kuttyng the bone of the nekke a-wey, And lete the skyn be on, &c.; roste him and sause him as þe Crane; breke awey the bone fro the kne to þe fote, And lete the skyn be on.

<sup>&</sup>lt;sup>1</sup> fol. 8b. <sup>2</sup> roof. <sup>3</sup> D. settles this stop. <sup>4</sup> fol. 9.

Bytor rosted. ¶ Take a Bitour, sle him in the mouthe, skalde him, serue him in all poyntes as pou doest a Crane, but lete him haue on his winges when he is rosted, And serue him forthe.

Curlewe rosted. ¶ Take a Curlewe, sle him as a Crane, pul him dry, kutte of the winges by the body, drawe him, dight him as a Henne, And folde vp his legies as a crane; lete his necke and his hede be on; take awey the nether lippe and throte boll, and put his hede in at his shuldur, and roste him as a Crane, and no saucce but salte.

Egrete rosted. ¶ Take an Egrete, sle him as a Crane, skalde him and drawe him, and kutte his winges, and folde his legges as a crane, and roste him, And serue him forth; and no sauce but salte.

Brewe rosted. ¶ Take a Brewe, sle him as he Curlewe, skalde him, drawe him as a heñ, breke his legges at he kne, and take awey the bone fro the kne to he fote, as a heroñ; And kutte the winges by the body, and his hede by the body, and put him oñ a spitte, And bynde his legges as a heroñ; roste him, reyse his legges and his winges as a heroñ, And take no maner sauce butte salte.

<sup>1</sup>Quayle rosted. ¶ Take a Quayle, and sle him, And serue him as thou doest a partrich in all Degre. His Sauce is sauce gamelyne.

Pecok rosted. ¶ Take a Pecok, breke his necke, and kutte his throte, And fle him, be skyn and the ffethurs togidre, and the hede still to the skyn of the nekke, And kepe the skyn and the ffethurs hole togiders; drawe him as an hen, And kepe be bone to be necke hole, and roste him, And set the bone of the necke about the broche, as he was wonte to sitte a-lyve, And abowe the legges to be body, as he was wonte to sitte a-lyve; And whan he is rosted ynowe, take him of, And lete him kele; And ben wynde the skyn with the fethurs and the taile abought the body, And serue him forthe as he were a-live; or elle; pull him dry, And roste him, and serue him as bou doest a henne.

Sorcelf rosted. ¶ Take a Sorcelf or a tele, and breke his necke, and pul him dry, And draw him as a chekon, and kutte off his fete and winges by the body and he nekke, and roste him, and reise his winges and his legges as a heron, if he be a Sorcelf; And no sauce but salt.

Plouer. ¶ Take a plouer, and breke his skoll, and pull him dry, And drawe him as a chekon, And kutte þe legges and the winges as a henne; And no sauce but salt.

Wodekok. ¶ Take a wodecok, and sle him as þe plouer; pul him dry, or elles breke his bakke, And lete the sculle be hole; drawe him, And kutte of his winges by the body, and turne vp the legges as þou doest of a crane; put his bill thorgh bothe his thighes; roste him, And reise his legges And his winges, as thou doest of all maner of other clouen fote fowle.

<sup>1</sup> Snyte.—Take a Snyte, and sle him as thou doste a wodecok; pulle him, late his necke be hole, save the wesing; put the bill in the shulder, and folde pe legges as a Crane; roste him, And dight him as the Wodecok.

Conyng. ¶ Take a Conyng, fle him, And draw him aboue and byneth, And parboile him, And larde him, and roste him, And late the hede be on; And vndo him, and sauce him with sauce, ginger, And vergeous, and powder of ginger, And thenne serue hit forth.

Conyng in Gravey. ¶ Take blanched Almondes, grinde hem with wyn And gode broth of befe and Mutton, and draw hit thorgh a Streynour, and cast hit into a potte, and lete boile; and caste there-to pouder of ginger, clowes, Maces, and sugur// And then take a Conyng, and seth him ynogh in goode fressh broth, and choppe him, And take of the skyn clene, and pike hem clene And cast hit to the Sirippe, And lete boyle ones, And serue forth.

Conyng or heā in clene<sup>2</sup> brotħ. ¶ Take a Conyng or a heā, and seth him ynowe in good fressħ brotħ, and drawe þe same brotħ thr[o]gh a Streynour; And take half a pynte of white wyā, and caste there-to; And then sette it ouer the fire, and theā choppe the Conyng or the heā, and take of the Skyā, and pike hem clene, and caste thereto, And lete boile togidre; And whaā hit is boiled ynogħ, caste there-to powder of ginger, vergeous, and salt also; And theā thou shall serue it forth.

Conyng, heñ, or Mallard.<sup>3</sup> ¶ Take Conyng, Heñ, or Mallard, and roste him al-moste ynowe; or elles choppe hem, and fry hem in fressħ grece; and fry oynons myced, and cast al togidre into a potte, and caste there-to fressħ brotħ and half wyne; caste there-to Cloues, Maces, powder of Peper, CaneH; theñ stepe faire brede with the same brotħ and drawe hit thorgħ a streynour with vinegre. And whañ hit hath wel boiled, caste the licour thereto, and pouder ginger, and vinegre, and cesoñ hit vppe, And theñ thou shaH serue hit fortħ.

Gelyne endobat. ¶ Take a hen, and roste hir al-moost ynogh, and chop hir small in faire peces, and caste hem into a potte; and take fressh broth and halff wyne, and caste there-to Maces, Peper, Clowes, and canell; and stepe <sup>1</sup> fol. 10. Snipe. <sup>2</sup> Douce MS. clere. <sup>3</sup> D. adds en oyle. <sup>4</sup> fol. 10b.

faire brede with the same broth and with vinegre, and drawe hit thorgh a streynour; and whan it hath well boiled, caste thereto pouder of ginger and vinegre, and seson hit vppe and serue it forth.

Gelyne in brothe. ¶ Take rawe hennes, chop hem, caste hem into a potte; cast to fressh broth Wyne, parcelly, oynons myced, powder of peper, clowes, Maces, saffroun, and salt; then stepe brede with vinegre and he same broth, and draw hit though a streynour, and cast it thereto, and lete boyle ynogh; And caste thereto pouder ginger, and sesone hit vp, & serue forth.

Rabette rosted. ¶ Take a Rabette, and sle him, And drawe him, And lete his hede be on, as a Conyng; roste him as a Conyng, And serue him forth.

Kede rosted. ¶ Take a kydde, and slytte the skyñ in þe throte, And seke the veyne, and kut him, and lete him blede to detħ; and fle him, And larde him, And trusse his legges in þe sides, and roste him, And reyse the shuldres and legges, and sauce hit witħ vinegre and salte.

Venysoun rosted. ¶ Take faire ffelettes of venesoun, and pike awey the skyn and þe bone, and parboile hem, and roste hem on a spitte; And sauce there-to, And serue hit forth.

Vele rosted. ¶ Take faire brestes of vele, And parboyle hem, And larde hem, And ¹roste hem, And then serue hem forth.

Chik farsed. ¶ Take a faire chek, and skald him, and breke the skyn̄ (as sone as he is scalded) in the necke behinde, and blowe him, And cast him in faire water, and wassh̄ him; and þen̄ kutte of þe hede and nek, and lete þe ffete be on̄ al hole, and draw him clene; and þen̄ pike faire parcelly, and parboile hit; And þen̄ take hard yolkes of eyron̄, and hewe hem and þe parcelly togidre, and fressh̄ grece, and caste there-to pouder of ginger, peper, a litel saffron̄ and salt, And put al in-to þe Chike, and put hit on̄ a Spitte; And thenne late him roste, and serue forth̄.

Chike endored. ¶ Take a chike, and drawe him, and roste him, And lete the fete be on, and take awey the hede; then make batur of yolkes of eyron and floure, and caste there-to pouder of ginger, and peper, saffron and salt, and pouder hit faire til hit be rosted ynogh.

Goce or Capon farced. ¶ Take parcill, Swynes grece, or suet of shepe, and parboyle hem in faire water and fressh boyling broth; And þen take yolkes of eyeron hard y-sodde, and hew hem smale, with the herbes and the salte; and caste thereto pouder of Ginger, Peper, Canell, and salte, and Grapes in tyme of yere; And in oher tyme, take oynons, and boile hem; and whan they

ben yboiled ynowe with he herbes and with he suet, al hes togidre, hen put all in he goos, or in he Capon; And then late him roste ynogh.

Pigge ffarced. ¶ Take rawe egges, and drawe hem porgh a streynour, And pen grate faire brede; And take saffron, salt, pouder ginger, And suet of Shepe, And do medle al togidre into a faire vessell, and put hit in pe pigge wombe Whan he is on pe brocche, And pen sowe the hole togidre; or take a prik, and prik him togidur, And lete him roste.

¹ ffelettes of Porke endored. ¶ Take ffelettes of porke, and roste hem faire, And endore hem with þe same batur as þou doest a cheke as he turneth aboute the spitte, And sørue him forth.

ffelettes in galentyne. ¶ Take faire porke of þe fore quarter, and take of the skyn, and put þe pork on a faire spitte, and roste it half ynogh; and take hit of, and smyte hit in peces, and cast hit in a faire potte; and þen take oynons, and shred and pul hem, not to small, and fry hem in a pan with faire grece, And then caste hem to þe porke into þe potte; And then take good broth of beef or Motton, and cast thereto, and set hit on þe fire, and caste to pouder of Peper, Canel, Cloues & Maces, and lete boile wel togidur; and þen take faire brede and vinegre, and stepe the brede with a litull of þe same broth, and streyne hit thorgh a streynour, and blode with all; or elles take Saundres and colour hit therewith, and late hem boile togidur, and cast thereto Saffron and salt, and serue hit forth.

Losinges de chare. ¶ Take faire buttes of porke, and hewe hem, and grynde hem, and caste there-to yolkes of eyreñ rawe, and take it vpps into a faire vessell; and take reysons of Corance, and myced dates, and pouder ginger, peper, saffroñ, and sugur, and medle al this to-gidre; and make faire paast of sugur, saffroñ, and salte, and temper therein; And make thereof ij. faire cakes, and ley the stuff therein al abrode oñ þe cakes all flatte. And þeñ take anoþer Cake, and ley him al abrode thereoñ, and þeñ kutte þe Cakes thorgħ with a knyfe, in maner of losinges; And theñ make faire bater of rawe yolkes of eroñ, sugur and salt, and close þe sides of þe losinges therewith, and theñ fry hem in fressħ grece ynow, And so serue hem forthe.

Tripe de Mutton. ¶ Take a panche of a shepe, and make it clene, and caste hit in a potte ¹of boyling water, and skyme hit clene, and gader al awey the grece, and lete hem boile til þei be al tendur; then take hem vppe on a faire borde, and kutte hem in smale peces of ij peny brede, and caste hem yn an erthen potte with stronge broth of bef or Mutton; take ffoyles of parcelly,

and hewe hem small, and cast hem to, And lete boyle togidre til they ben tendur/ And þen take pouder of ginger, and a quantite of vergeous, and take saffron and salt and caste there-to, and lete hem boile togidre til þey be ynogh.

Allowes de Mutton. ¶ Take faire Mutton of the Buttes, and kutte hit in be maner of stekes; And ben take faire rawe parcelly, and oynons shred smale, yolkes of eron sodden hard, and mary or suet; hewe all bes smale togidre, and then caste thereto pouder of ginger, and saffron, and stere hem togidre with thi honde, and ley hem vppe-on be stekes al abrode; and cast there-to salt, and rolle hem togidre, and put hem on a spitte, and roste hem till be be ynogh.

Browne fryes.¹ ¶ Take browne brede, and kut hit thyñ; And theñ take yolkes of eyreñ, and som with² of the white; and take meyned floure, and drawe the eireñ and the floure thorgh a streynour; and take sugur a gode quantite, and a litul saffroñ and salt, And cast thereto: and take a faire panne with fressh grece; And whañ þe grece is hote, take downe and putte it in þe batur, and turne hit wel therein, and þeñ put hit in þe pañ with the grece, And lete hem fry togidre a litult while; And theñ take hem vpp, and caste sugur thereoñ, and so serue hit hote.

Payn purdeuz. ¶ Take faire yolkes of eyren, and try hem fro the white, and drawe hem porgh a streynour; and then take salte, and caste thereto; And then take manged brede³ or paynman, and kutte hit in leches; and pen take faire buttur, and clarefy hit, or elles take fressn grece and put hit yn)⁴a faire pan, and make hit hote; And then wete pe brede well there in pe yolkes of eyren, and then ley hit on the batur in pe pan, whan pe buttur is al hote; And then whan hit is fried ynowe, take sugur ynowe, and caste there-to whan hit is in pe dissn, And so serue hit forth.

Perre. ¶ Take grene pesyn, and boile hem in a potte; And whan they ben y-broke, drawe the broth a good quantite borgh a streynour into a potte, And sitte hit on the fire; and take oynons and parcelly, and hewe hem small togidre, And caste hem thereto; And take pouder of Canell and peper, and caste thereto, and lete boile; And take vynegur and pouder of ginger, and caste thereto; And then take Saffron and salte, a litull quantite, and caste thereto; And take faire peces of paynmain, or elles of such tendur brede, and kutte hit yn fere mosselles, and caste there-to; And þen serue hit so forth.

Malasade. Take yolkes and white [of] eiren togidre, And drawe hem

<sup>&</sup>lt;sup>1</sup> The recipe on p. 43 makes Brawn of this dish.

<sup>&</sup>lt;sup>2</sup> Some of the white therewith. See p. 43, Recipe xlv.

<sup>3</sup> Douce MS. maynche brede. Manchet.

<sup>&</sup>lt;sup>4</sup> fol. 12b. <sup>5</sup> So in Douce MS.; Malafade in Harl.

thorgh a streynoure; and þen take a litul butter, and caste hit in a faire frying panne; And whan the butter is hote, take þe eiren that ben y-drawe, and caste there-to. And þen take a Saucer, and gadur the eyren togidre in the panne, in the brede of a pewtre dissn; And then couche faire [pecys] of brede downward in þe pan; and take it vp oute of the pan, And caste faire white Sugur thereto, and serue it fortn. And to euery malesade, take the mowntayne of xij. eyren And mo.

Blaunde sorre. ¶ Take almondes, and blanche hem, and stampe hem in a morter, and temper hem with fressh lene broth of a Capon, or beef, and wyne; And if hit be in lenton or in a fissh day, take faire broth of fressh fissh and wyne, And boyle hem to-gidre a good while, and take hit vppe in a faire lynnen cloth that is clene wasshen, and þe water y-Wronge oute there-of; And drawe vnder the cloth, with a ladel, al the water that ye may, even as ye 4 make colde creme; and then take it oute of the clothe, and cast hit in a faire potte, and lete boile; and then take brawne of a capon and tese hit small, and bray hit in a morter/ (or elles in a fissh day, take a codlyng or a haddok), and temper hit with almond melke, and cast sugur ynogh thereto; and then caste hit in the potte, And lete hit boile togidur a goode while; and þen take hit oute of the potte al hote, and dresse hit into a dissh as ye doeth a colde creme; And sette ther-on rede Anneys in confite, and serue hit forth; or elles take faire almondes yblanched, & set þeron/

Hagas de almondes. ¶ Take faire yolkes of eyreñ, and the White, and drawe hem thorgħ a Streynour, and take faire parcelly, and parboyle hit in a potte, & parboylingge broþe; And theñ take yolkes of yreñ, sodde hard, and hewe the yolkes and the parcely small togidre; And [take] sugur, pouder of Gynger, and salte, & cast to yolkes and parcelly; And take mary, and put hit in a streynour, And lete hong yñ to þe boyling potte, and parboile; and take hit vppe, and lette hit kele, And kutte hit theñ in smale peces; And theñ take the draweñ eyreñ, and putte hem in a pañ al a-brode, (And vnnetħ eny grece in þe pañ,) and couche the yolkes and the parcelly there-oñ in þe pañ. And theñ couche the peces of þe mary thereoñ; And theñ folde vp þe kake bynetħ euery corner, to eche corner foure square al flatte, And turne hit oñ the pañ; And lete hit lye awhile, And theñ take it vp, and serue hit fortħ.

Hanoney. ¶ Take eyren, and drawe the yolkes and white thorgh a

<sup>1</sup> Added from Douce MS. : Harl. MS. reads faire of a brede.

<sup>&</sup>lt;sup>2</sup> MS. do. MS. has malesade here, but Malafade in the heading. <sup>3</sup> amount, number. <sup>4</sup> fol. 13. <sup>5</sup> Added from Douce MS. <sup>6</sup> Douce MS. : Harl, MS. hold.

streynour; And take oynons, And Shrede hem small; And take faire butter or greee, and vnneth onere-couer the pan therewith; And fry the oynons togidre; then late hem fry to-gidre a lite while; And take hem vppe, And serue hem forthe so, al to-broke yn a dissh.

Blamanger. ¶ Take faire Almondes, and blanche hem, And grynde hem with sugour ¹water into faire mylke; and take ryse, and setħ. And whaħ they betħ wel y-sodde, take hem vppe, and caste hem to the almondes mylke, and lete hem boile togidre til thei be thikk; And theħ take the brawne of a Capoħ, and tese hit smaH, And caste thereto; and theħ take Sugur and salt, and caste thereto, and serue hit fortħ in maner of mortrewes.

Buknade. ¶ Take veel, keed, or hen, and boyle hem in faire water or elles in good fressh broth, and smyte hem in peces, and pike hem clene; And drawe the same broth thorgh a streynour, And cast there-to parcelly, Isoppe, Sauge, Maces and clowes, And lete boyle til þe flessh be ynogh; and þen set hit fro the fire, and aley hit vp with rawe yolkes of eyren, and caste thereto pouder ginger, and vergeous, & a litel saffron and salte, and ceson hit vppe and serue it forth.

Auter maner buknade. ¶ Take rawe Almondes, and blanche hem, and grynde hem, and draw hem thorgħ a streynour with fressħ broth and wyne into good stiff mylke; And theħ take veel, kede, or heħ, and parboile hem in fressħ brotħ, and pike hem clene, and cast him thereto; take Clowes, maces, and herbes, and lete hem boile ynowe; And theĀ caste a lituH Sugur, pouder ginger, and salt, and serue him fortħ.

Brest de motton in sauce. ¶ Take faire brestes of Mutton rosted, and chopp hem; And then take Vergeous, and chaaf hit in a Vessell ouer the fire, and caste there-to powder ginger; and then caste the chopped brest in a dissh, And caste the sauce al hote there-on, And serue hit forth.

Risshewes de Mary. ¶ Take faire floure, and rawe yolkes of eyren, sugur, salt, powder ginger, and saffron, and make faire Cakes. And then take Mary, Sugur, powder ginger, and ley hit on the kake, and folde him togidre; And then kutte hit in maner of risshewes, And fry hit in fressh grece, And then serue hit forth.

Lethe<sup>3</sup> lory. ¶ Take mylke, and caste it in a potte, And caste there-to salt and saffron; and þen take and hewe faire buttes of Calvis or porke al smalle and caste thereto. And take the white and yolkes of eyren, And drawe hem thorgh a streynour; And whan the licour is at he boyling, caste there-to the

eyren, And a litułł Ale, And styrre till hit crudde; And if thou wilt haue hit farced, take mylke, and make hit scalding hote, And cast there-to rawe yolkes of cyren, sugur, powder ginger, Peper, clowes, and maces, And lete hit not fully boyle; And then take a faire lynnen clothe, and presse the cruddes there-on, and then leche it; And ley be leches ij. or iij. in a dissh, And cast saffron there-on in the dissh, And so serue hit forth al hote.

Tansey. ¶ Take faire Tansey, and grinde it in a morter; And take eyren, yolkes and white, And drawe hem thorgh a streynour, and streyne also be Iuse of be Tansey thorgh a streynour; and medle the egges and the Iuse togidre; And take faire greec, and cast hit in a pan, and sette ouer be fyre til hit mylte; and caste be stuffe thereon, and gader hit togidre with a sawcer or a dissh, as bou wilt have hit more or lasse; And turne hit in be panne onys or twies, And so serue it forth hote, yleched.

Froyse. ¶ Take egges, and drawe the yolkes and the white thorgh a Streynour; And then take faire beef or veel, and seth hit til hit be ynogh; and pen hewe hit colde or hote, al small, And medle the rawe beef or veel and the egges togidre, and caste there-to saffron, salt, And powder of peper, And medle al togidre. And then take a fryng pan, and sette ouer the fire, and caste there-in fressn grece, and make hit hote; And then cast the stuff there-on and stirre hit well in the pan till hit come togidre; And whan hit is com well togidre, caste there-on in pe pan a ¹dissn, and presse hit togidre, And turne hit, if hit be nede, fore clevyng in the turnyng, caste into pe pan more grece, but turne hit ones or ij;² And take hit vppe fro the fire, And leche it in faire peces, & serue forth.

Gely. ¶ Take Calues fete, and scalde hem faire, and ley hem in faire water, and late hem wex white; Also take hojos of fele,³ and ley hem in faire water fore to soke oute be blode; And ben take hem oute of be water, and ley hem in a faire lynnen clothe, and lete the water ren oute; And ben take a faire scoured potte, and put al thes hojos and calues fete berin; And ben take good white wyn, that wolf hold colloure, or elles fyne claret wyne, and caste thereto a porcion, and none ober licoure, that the flessh be ouer-wose with al; and sette hit ouer the fire, and boile hit, and skem hit clene. Whan hit is boylled tender ynowe, take vppe the flessh in a faire bolle, And save wel be licoure; and loke that bou have faire sides of pigges, And faire smale chekynes scalded, and drawe hem, ([and the] legges and [the fete] on), and wassh

<sup>&</sup>lt;sup>1</sup> fol. 14b. <sup>2</sup> twies, twice. <sup>3</sup> Douce MS.; houghys of veel.

<sup>4</sup> Douce MS. reads, nere wese with-alle.

<sup>&</sup>lt;sup>5</sup> Thus Douce MS.: Harl. MS. hem legges and sette on.

faire, and caste hem in he same first broth, And set hit ayen ouer the fire, and skym hit clene, and lete a man euere-more kepe hit, and blow of be grauey; And in case that be licour waste awey, cast more of the same wyne bere-to; And put bi honde there-to, And, if thi honde be clammy, Hit is a signe hat it is gode; and lete not be flessh be so moche ysod that hit may bere no kuttyng; And then take hit vppe, and ley hit on a faire clothe, and set oute the licoure fro the fire; And put a fewe coles vnder be vesself bat be lycoure is yn; and take salt, pouder of peper, and good quantite of saffron, (that hit haue faire Ambur colour,) and a good quantite of vinegre; And loke that hit be sauery of the salt and of the vinegre, & faire of colour of saffron; And put hit in a faire lynen clothe, And sette vnder-neth a faire dissh, and late hit ren thorgh the cloth so oft hat hit ren clene1; And if bou seest that hit hath to lituly of the 2 vinegre, or salt, or saffron, caste thereto more, after thi discrecion); And then kut faire sidde ribbes of be sides of pigges, and ley hem on a chargeour or on a dissh,2 And set hit faire on a colde place, and powre be gely beron; And then take faire blanched almondes, and caste anone thereon er hit kele, and foilles of tried pared ginger; and lete stonde to kele.

[Guissell<sup>3</sup>]. <sup>4</sup>¶ Take faire capon broth, or of beef, And sette hit ouer the fire, and caste perto myced sauge, parcelly and saffron, And lete boile; And streyn the white and pe yolke of egges though a streynour, and caste there-to faire grated brede, and medle hit togidre with thi honde, And caste the stuff to the broth into pe pan; And stirre it faire and softe til hit come togidre, and crudded; And pen serue it forth hote.

Peris in Syrippe. ¶ Take Wardons, and cast hem in a faire potte, And boile hem til þei beñ tendre; and take hem vppe, and pare hem in ij. or in iij. And take powder of CaneH, a good quantite, and cast hit in good red wyne, And cast sugur thereto, and put hit in añ ertheñ potte, And lete boile; And theñ cast the peris thereto, And late hem boile togidre awhile; take powder of ginger, And a liteH saffroñ to colloure hit with, And loke that hit be poynante/ And also Doucet/

Peris in compost. ¶ Take Wyne, canell, And a grete dele of white Sugur, And sette hit ouer the fire, And hete hit but a litull, and nost boyle; And

<sup>1</sup> Douce MS, clere.

<sup>&</sup>lt;sup>2</sup> Douce MS. adds [& pull the loynes of the chekyne iche from othere, and take awey the skyn, and pulle hem [in] quartres, and ley a quarter of a chikyne and a ribbe of the pygge to-gedrys on a dissh.]

<sup>&</sup>lt;sup>3</sup> Taken from Douce MS.

<sup>4</sup> fol. 15.

drawe hit thorgh a streynour; And then take 1 faire dates, and y-take oute the stones, and leche hem in faire gobettes al thyn, and cast there-to; And then take pere Wardones, and pare hem, And seth hem, And leche hem in faire gobettes, and pike oute the core, and cast hem to the Syryppe; And take a lituh Saundres, and caste there-to in the boylyng, And loke that hit stonde well, with Gynger, Sugur, And well aley hit with canell, and cast [salt] 2 thereto, and lete boyle; And then caste it oute in a treyn 3 vessell, And lete kele; And then pare clene rasinges 4 of ginger, & temper hem ij. or iij. daies, in wyne, And after, ley hem in clarefied hony colde, all a day or a night; And hen take the rasons 4 oute of the hony, And caste hem to the peres in composte; And then serue hit forth with sirippe, all colde, And nought hote.

Chare de Wardone. ¶ Take peer Wardons, and seth hem in wine or water; And then take hem vppe, and grinde hem in a morter, and drawe hem thorgh a streynoure with the licour; <sup>5</sup> And put hem in a potte with Sugur, or elleş with clarefiede hony and canell ynowe, And lete hem boile; And then take hit from the fire, And lete kele, and caste there-to rawe yolkes of eyren, til hit be thik, and caste thereto powder of ginger ynowe; And serue hit forth in maner of Ryse. And if hit be in lenton tyme, leve the yolkes of eyren, And lete the remnaunt boyle so longe, til it be so thikk as though hit were y-tempered with yolkes of eyren, in maner as A man sethely charge de quyns; And then serue hit forth in maner of Rys.

Mawmene. ¶ Take vernage, or oper strenger wyne of the best that a man may finde, and put hit in a potte, and cast there-to a gode quantite of powder Canell, And sette hit ouer the fire, And yif hit a hete; And then wring oute softe thorgh a streynour, that he draff go not oute, And put in a faire potte; take and pike newe faire pynes, And wassh hem clene in wyne, And caste of hem a grete quantite here-to; And take white sugur ynowe, as moche as thi licour is, And cast there-to; and take confeccions or charge de quyns, a goode quantite, and cast thereto; and drawe a few saundres with stronge wyne thorgh a Streynour, and cast there to; And put al in a potte; And cast there-to a good quantite of Clowes, and sette hit ouer the fire, & gif hit a boyling; And take Almondes, and drawe hem with might wyne thorgh a streynour; And at the first boiling, a-ley hit vp, & yeve hit a boyle; and ley hit vp with ale, and gif hit a boyle, and sette hit fro the fire; and caste

<sup>&</sup>lt;sup>1</sup> Douce MS. <sup>2</sup> Douce MS. <sup>3</sup> fol. 15b. MS. repeats 'vesselle,' treyne is treen, wooden.

<sup>4</sup> shavings, parings.

<sup>5</sup> Douce MS. with-out eny licour.

<sup>&</sup>lt;sup>6</sup> ? MS.; for chare. 

<sup>7</sup> D. amy dons. <sup>8</sup> fol. 16. <sup>9</sup>-<sup>9</sup> D. omits from a-ley . . . and.

thereto tesid brawne of Fesaunte, partrich, or capon, a good quantite, and ceson hit vppe with pouder of ginger ynogh, and a lituly saffron and salt; And if hit be stronge, aley hit with vinegre of sweete wyn, and dresse hit flatte with the bak of a Saucer or A ladely; And as thou dressest hit with the saucer in vinegre or mighty wyne, wete the saucer or ladely fore cleving, and loke that hit haue sugar right ynogh, And serve hit forth.

Longe Wortes de Pesone. ¶ Take grene pesyn, and wassh hem clene, And cast hem in a potte, and boyle hem til they breke; and then take hem vppe fro the fire, and putte hem in the broth in an other vessell; And lete hem kele; And drawe hem thorgh a Streynour into a faire potte. And then take oynones in ij. or iij. peces; And take hole wortes, and boyle hem in fayre water; And then take hem vppe, And ley hem on the faire borde, And kutte hem in .iij. or in .iiij. peces; And caste hem and the oynons into pat potte with the drawen pesen, and late hem boile togidre til they be all tendur, And then take faire oile and fray, or elle; fressh broth of some maner fissh, (if pou maist, oyle a quantite), 5And caste thereto saffron, and salt a quantite. And lete hem boyle wel togidre til they ben ynogh; and stere hem well evermore, And serue hem forthe.

Elys in Sorre. ¶ Take eles, and fle hem, and choppe hem in faire colpons, And wassh hem clene, and putte hem in a faire potte; and then take parcelly, oynons, and shrede togidre to the eles; And then take pouder of peper, & 5 broth of fissh, and set hit ouer the fire, and lete hem boyle togidre; And þen take a lofe of brede, and alay the brede in the þe same broth, And drawe hit thorgh a streynour; And whan the eles ben almost y-sodde ynowe, caste there-to; 7 And lete hem boile togidre; and take hem vp fro þe fire, and east þer-to salte, vinegre, And serue hit forth.

<sup>8</sup> Ballok broth. ¶ Take elys, and fie hem, and kutte hem in colpons, and caste hem into a potte with faire water/ and then take parcelly, and oynous, and shrede hem, not to smale; And take Clowes, Maces, pouder of Peper, pouder of Canełł, And a gode porcion of wyne, and cast thereto, And lete hem boyle; And whan he eles beth well y-boiled, take faire stokfissh, and do

<sup>1</sup> Douce MS. to stondyng.

<sup>&</sup>lt;sup>2</sup> Douce MS. vernage or.

<sup>3</sup> Douce MS. vernage.

<sup>4</sup> Added from Douce MS.

<sup>&</sup>lt;sup>5</sup> Douce MS. reads here: other elles fressh broth of some maner of fressh fisshe (yffe thou have none oile) a quantite.

<sup>6</sup> Douce MS. adds: canelle, & clowes and maces, & cast ther-to, and take fressh, between & and broth.

<sup>&</sup>lt;sup>7</sup> Douce MS. adds: and alay hit ther-with, & cast wyne ther-to and lete hem buille togederys: & then take hem vppe fro the fyre and cast ther-to wyne, &c. <sup>8</sup> fol. 16b.

a-wey þe skyn, and caste thereto, And lete boyle. And whan the eles ben well y-boyled, take faire berme, and put þerto, And lete boyle awhile; and þen take Saffron and salt, and a litel vinegre, and cast thereto; And lete serue hit forthe fore gode potage.

Soppes Dorre. ¶ Take rawe Almondes, And grynde hem in A morter, And temper hem with wyn and drawe hem thorgh a streynour; And lete hem boyle, And cast there-to Saffron, Sugur, and salt; And then take a paynmain, And kut him and tost him, And wete him in wyne, And ley hem in a dissh, and caste the siryppe thereon, and make a dregge¹ of pouder ginger, sugur, Canell, Clowes, and maces, And cast thereon; And whan hit is I-Dressed, serue it forth fore a good potage.

Soppes pour Chamberleyne. ¶ Take wyne, Canell, powder ginger, sugur/ of eche a porcion; And cast all in a Streynour, And honge hit on a pyn, And late hit ren though a streynour twies or thries, til hit ren clere; And then take paynmain, And kutte hit in a maner of Browes, And tost hit, And ley hit in a dissh, and caste blanche pouder there-on ynogh; And then cast the same licour yppon be Soppes, and serue hit forthe fore a good potage.

Muscules in broth. ¶ Take Muscules, And sith 2 hem, And pike hem oute of the shell; And drawe the broth thorgh a streynour into a faire vessell, And sette hit on the fire; And then take faire brede, and stepe hit with þe same 3 broth, and draw hit thorgh a streynour, And cast in-to a potte with þe sewe; and menge 4 oynons, wyn, and pouder peper, and lete boyle; & cast there-to the Musculis and pouder ginger, and saffron, and salte; And then serue ye hit forthe.

Muscules in Shelle.  $\P$  Take and pike faire musculis, And cast hem in a potte; and caste hem to, myced oynons, And a good quantite of peper and wyne, And a lite vynegre; And assone as thei bigynneth to gape, take hem from be fire, and serue hit forthe with the same broth in a dissh al hote.

Mortrewes of Pesyn. ¶ Take a Gurnard, or elles a Codling, (the lyuer And be Spawne with-in him), And seth him ynowe in faire water; and pike oute the bones, and grinde the fissh in a morter, and temper hit with almond mylke, and caste-to grated brede; and ben take hit vppe, and put hit in a faire potte, and lete boyle; And caste thereto sugur, Safferon, and salte; and serue hit in a dissh in maner of mortrewes of flessh, And caste powder of Ginger there-on.

Blanche porrey. Take blanche almondes, And grinde hem, and drawe

4 Douce MS. mynced; see next recipe.

<sup>&</sup>lt;sup>1</sup> dredge. Douce MS. dragge. <sup>2</sup> seethe, boil. <sup>3</sup> fol. 17.

hem with sugar water thorgh a streynour into a good stuff mylke into a potte; and hen take he white of lekes, and hew hem small, and grynde hem in a morter with brede; and hen cast al to he mylke into he potte, and caste herto sugar and salt, and lete boyle; And seth feyre poudrid eles in faire water ynowe, and broile hem on a gredren; and kut hem in faire longe peces, and ley two or thre in a dissh togidre as ye do veneson with flurmenty, And serue it forthe.

Caudel ffery. ¶ Take rawe yolkes of eyren and trie hem, and bake hem; and take good wyne, and warme hit ouer the fire in a potte, And cast thereto the yolkes, and stere hit well, butte lete hit not boyle til hit thikke; ¹ and then caste there-to sugur and salt, and serue hit forth as mortrewes.

Prenade.2—Take wyā, and put hit in a potte, and clarefied honey, sawndres, pouder of peper, Canel, Clowes, Maces, Saffroā, pynes, myced dates, & reysons, And cast thereto a litul vinegre, and sette hit ouer the fire, and lete hit boyle; and seth figges in wyā and grynde hem, and draw hem thorgh a streynour, and cast thereto, and let boile al togidre. And þen take floure, saffroā, sugur, and faire water, and make faire kakes, and late hem be thyā ynogh; And þen kutte hem like losinges; And þen caste hem in faire oyle, and fry hem a litul while; And then take hem vp oute of the paā, and caste hem to þe wessell with the sirippe, altogidre, in a dissh; And therefore thi sirripe most be rennyng ynow, and nogt to stiff; and so serue it forth fore a good potage, in faire disshes all hote.

Froyte de almondes.<sup>3</sup> ¶ Take blak sugur and colde water, and caste the sugur and þe water in a potte; and lete hem boile togidre, and salt, and skeme hem clene, and let hit kele; And þen take Almondes, and blanche hem clene, and stampe hem in a morter al smal, and drawe hem thik ynowe thorgh a streynour with sugur water, into a faire vesselt. And if hit so be þat the mylke be not swete, take white sugur and cast thereto; And serue hit forth in maner of potage, And namly in lenton tyme.

Fried creme de almondes. ¶ Take Almondes, and blanche hem, and wassh hem in faire water, and bray hem small in a morter with faire water; And then take hem and he water togidre som-what thik, and drawe hem horgh a streynour into a faire potte, And set hem ouer the fire, and lete hem boyle ones; And hen take hem downe, and cast thereto Salte, and lete stonde a forlonge wey or ij. And cast a litult vinegre herto; And hen cast hit on a faire lynnen cloth that is faire wassh, and he water y-wronge oute there-of;

<sup>&</sup>lt;sup>1</sup> fol. 17b. <sup>2</sup> Called Brewes in D. <sup>3</sup> Douce MS. Froydelet dalmandes. <sup>4</sup> fol. 18.

and cast hit all abrode with the ladult, and lete men hold the cloth al abrode; and ben take a ladiff, and draw vndur be cloth, and draw awey be water aff that a man may. And ben gadur al be creme togidur in be clothe; And ben take be cloth with the creme, and hange hit vppon a pyn, and lete be water droppe oute two or thre houres or more; And then take hit of be cloth, and putte hit in a boll of tre, And caste Sugur ynogh bereto and a litul salt. And if hit wex to thik, take swete wyne, and temper hit with ale; And ben take reysons of coraunce, clene y-wassh, and put hem there-in, that bey be not seyn; And whan hit is dressed in maner of mortrewes, take rede anneys in confite, or elles levis of Burage, and set bere-on in a dissh.

Creme boiled. ¶ Take mylke, and boile hit; And þen take yolkes of eyren, and try hem fro the white, and drawe hem thorgh a streynour, and cast hem into be mylke; and then sette hit on be fire, and hete hit hote, and lete not boyle; and stirre it wel til hit be som-what thik; And caste thereto sugur and salte; and kut ben faire paynmain soppes, and caste the soppes there-on, And serue it in maner of potage.

Letlardes. ¶ Take mylke scalding hote; And take eyren, the yolkes and the white, and drawe hem though a streynour, and caste to be mylke; And ben drawe be ince of herbes, which that bou will, so bat bey ben goode, and drawe hem thorgh a streynour. And whan the mylke bigynneth to crudde, caste be Iuce thereto, if bou wilt haue it grene; And if bou wilt haue it rede, take Saundres, and cast to be mylke whan it croddeth, and leue be herbes; And if you wilt have hit yelowe, take Saffron, and caste to be mylke whan hit cruddeth, and leve be Saundres; And if bou wilt have it of al bes colours, take a potte with mylke & Iuse of herbes, and anober potte with mylke and saffron; And anoher 2 potte with mylke and saundres, and put hem al in a lynnen clobe, and presse hem al togidur; And if bou wilt haue it of one colour, take but one cloth,3 and streyne it in a cloth in be same maner, and bete on be clothe with a ladell or a Skymour, to make sad or4 flatte; and leche it faire with a knyfe, and fry the leches in a pan with a litur fressh grece; And take a litult, and put hit in a dissh, and serue it forth.

Leche lumbarde. ¶ Take Dates, and do awey be stones; and seth hem in swete wyne; and take hem vppe, and grinde hem in a morter, and drawe hem borgh a streynour with a lituH swete wyne and sugur; and caste hem in a potte, and lete boyle til it be stiff; and ben take hem vppe, and ley hem vp apon a borde; and then take pouder ginger, Canell, and wyn, and melle al

<sup>&</sup>lt;sup>1</sup> D. adds flowres. <sup>2</sup> fol. 18b. 3 Douce MS. of these. 4 Douce MS. and.

togidre in thi honde, and make it so stiff that hit wolf be leched; And if hit be not stiff ynowe, take hard yolkes of eyren and creme thereon, or elles grated brede, and make it thik ynogh; take Clarey, and caste thereto in maner of sirippe, whan bou shalf serue hit forthe.

Auter leche lumbard. ¶ Take faire hony, and clarefy it in he fire til hit be stiff ynowe; and then take hit vppe and ley hit on a borde; and take faire grated brede and pouder of peper, and melt al togidre with thi honde, til hit be so stiff that hit wol be leched; and leche hit. And then take wyne, pouder of Gynger, Canell, and a litel clarefied hony, and lete ren thorgh a streynour, and cast he sirip there-on, whan that thou shall serue hit in stede of Clarre.

Cryspes. ¶ Take white of eyren, Milke, and fyne floure, and bete hit togidre, and drawe hit thorgh a streynour, so that hit be rennyng, and noght to stiff; and caste there-to sugur and salt. And then take a chaffur ful of fressh greee boyling; and þen put thi honde in the batur ²and lete the bater ren thorgh thi fingers into þe chaffur; And whan it is ren togidre in the chaffre, and is ynowe, take a Skymour, and take hit oute of the chaffur, and putte oute al the greee, And lete ren; And putte hit in a faire dissh, and cast sugur thereon ynow, and serue it forth.

Poterous.<sup>3</sup> ¶ Take a shouell of yren, and hete him brennyng hote in he fire; and hen take him oute of the fire, and fil him full of salt; And then make a coffyn, and putte in the salt al holowe, he shappe of a treyn dissh; and sette he pan and he salt ouer the fire ayen, til he salt be brennyng hote; and then cast the white and he yolkes of rawe eyren in-to he hole of salt, and lete stonde in he fire til hit be half hard; And then put a dissh half of salt; And hen take a dressing knyfe, and put vnder he salt and he pan, and heve hit vppe fro the fire, that he coffyn with the eyren breke not; And hen sette hit in he dissh with the salt, and serue it forth.

Risshewes. ¶ Take figges, and grinde hem all rawe in a morter, and cast a litult fraied cyle there-to; And þen take hem vppe yn a vesselt, and caste there-to pynes, reysyns of corance, myced dates, sugur, Saffron, pouder ginger, and salt: And þen make Cakes of floure, Sugur, salt, and rolle þe stuff in thi honde, and couche it in þe Cakes, and folde hem togidur as risshewes, And fry hem in cyle, and serue hem forth.

<sup>&</sup>lt;sup>1</sup> Douce MS. adds after hit: 'wex hard: & take hard yolkes of eyrene & cryme hem a grett quantite ther-to, till it,' &c. <sup>2</sup> fol. 19. <sup>3</sup> Harl. MS. Poterons. <sup>4</sup> MS. repeats 'And then take a dressing knyfe, and putte vnder the salt.'

Potage de egges.¹ ¶ Take faire water and cast in a faire frying pan, or elleş in an oper vessell, til hit boyle, and skeme it well; And then breke faire rawe egges, and caste hem in he water, And lete he water stonde stil ouer he fire, and lete the egges boyle harder or nessher as hou wilt.

Taylours. ¶ Take almondes, and grynde hem raw in a morter, and temper hit ²with wyne and a litul water; And drawe hit þorgh a streynour into a goode stiff mylke into a potte; and caste thereto reysons of coraunce, and grete reysons, myced Dates, Clowes, Maces, Pouder of Peper, Canel, saffron a good quantite, and salt; and sette hem ouere the fire, And lete al boyle togidre awhile; And alay hit vp with floure of Ryse, or elles grated brede, and cast there-to sugur and salt, And serue hit forth in maner of mortrewes, and caste there-on pouder ginger in he dissh.

Malmens bastard. ¶ Take a potell of clarefied hony, and a pounde of pynes,³ and I. pounde of Reysons of coraunce, Saundres, pouder canell, And ij. galons of wyne or ale, and pouder peper, and cast al in a potte, And skeme hit clene; And þen take iij. li. pounde⁴ Almondes,⁵ and stepe to-gidre, And drawe hem þorgh a streynour; And whan the potte boyleth, cast þe licour to, & aley hit vp al stonding; And þen take pouder ginger, salt in⁶ saffron), and ceson hit vppe, and serue hit forth in a dissħ al hote, and salt; And cast pouder ginger thereon) in þe dissħ, and serue it forth.

Gyngautrey.<sup>7</sup> ¶ Take paunches and lyuers of a codlyng, or haddok, or elles kelyng, and seth hem in faire water; And take hem vppe on a faire borde, & myce the panches small; And þen take fressn broth of fressn Salmon, or of eles, or of turbut, and cast þe myced paunches there-to, And pouder of peper, and lete boyle; And then take the broth that þe paunches and lyuers were y-sodde in, And stepe there-in faire brede, and drawe hit thorgh a streynour; And þen myce þe lyuers in faire peces; And whan the paunche hath wel y-boyled in þe licour,<sup>8</sup> caste þe lyuers thereto, and lete boyle a while; And serue hit forth hote for gode potage; and late hit be som-dele rennynge.

ffygey. ¶ Take figges, and caste hem in a potte, And cast there-to wyne or Ale, and lete hem boile, And take hem vppe, and bray hem in a morter; And þen take brede, and stepe in þe same licour, and cast thereto, And drawe hem þorgh a streynour, and caste hit in a faire potte with wyne or ale; and

D. Pocched egges.
 fol. 19b.
 D. pepyr pynes.
 3 pounds of pounded.
 Amydones, Douce MS. which adds, a galone of wyne, & a gode quantite of vynegre & lete.
 Douce MS. and.
 Harl. MS. Gyngantrey.

<sup>&</sup>lt;sup>8</sup> Douce MS. adds: cast the liour ther-to and lete buille awhile, & then; the liour being the brede and broth.

<sup>9</sup> fol. 20.

þen take figes, and kutte hem smale, pynes, saundres, pouder of peper, a litull saffron and salt, and cast þer-to, and serue hit stonding.

Chaudewyne. ¶ Take be Guttes of fressħ Samon, and do awey the gall; and slytte hem, and caste hem in a potte, and boyle hem in water right well; And ley hem vpoñ a borde, and hewe hem; And ben stepe brede in be same licour, And cast som of the samon brotħ thereto, And drawe all thorgħ a streynour; and theñ caste the heweñ guttes and be draweñ brede in a potte, and a litull wyñ, pouder of Canell, or saffroñ, And lete boyle togidre; And cast there-to pouder of peper, Vinegre, and salt; And lete hit be rennyng.

Rapes. ¶ Take half figges and half reysons, and boile hem in wyn, and take hem vp, and bray hem in a morter, And drawe hem with he same licour thorgh a streynour, so thik that hit be stonding; And then take resons of corance, Pynes, Clowes, Maces, sugur of Cipris, and cast hereto, and put hit in a faire potte; And then take a fewe Saundres, pouder peper, Canell, and a lituly Saffron; And if hit be not stonding ynogh, take a lituly floure of Amidons, And drawe hit with wyn) thorgh a streynour, And cast there-to salt, and serue it forth stondyng.

Iusshell. I Take the ffry of a pyke, and cast hit rawe in a morter, and cast there to myced brede grated, and bray hem asmall as bou maist; And if hit be to stonding, caste there-to a lituH mylke of Almondes, And bray hit togidre, and strek2 hit togidre with thi honde; And cast there-to a lituH saffron with Sugur and salt, And put all in a treen boll, and trull's hit to-gidre with thi honde; And loke bat hit be not to thik, but as 4a man may powre it oute of be bolt; And ben take a pan, and caste thereto faire grauey of a pike, or of a fressh samon, and drawe hit though a streynour, and sette it ouer the fire; and take faire parcely and Sauge, and caste there-to, and lete hit boile, and caste there-to a lituH saffron and salt; And whan hit hath boyled a while, sterre hit fast, and caste the stuff thereto, and ster hit euermore. And whan hit is al oute of the bolle, [cast it] a liter and a liter into be pan, stere it softer and softer til hit be ron to-gidre; And ben take a ladelt or a skymmour, and drawe hit togidre soft til hit come to-gidre, And take hit fro be fire, and sette be vesself on a fewe colys, and lete hit wax stiff be his owne accorde, and then serve it forth with a skymour, like as bou wolt serve Iussell, all hote.

Gele of peson. Take a pike newe right y-drawe,6 and smyte him in faire

<sup>&</sup>lt;sup>1</sup> MS. myced myced. D. maynchete. <sup>2</sup> Douce MS. strike.

<sup>&</sup>lt;sup>3</sup> ? twille, as Douce MS.

<sup>4</sup> fol. 20b.

<sup>5</sup> Added from Douce MS.

<sup>6</sup> Douce MS.: Draw new pikes and new righ, and smyte hem.

peces, and sethe him in same licour as bou doest Gele of flessh/And whan hit is ynogh, take hit vppe; And ben take perches, tenches, elys, & kutte hem in faire peces, and wassh hem, and put hem in the same licour; and loke that thou haue fissh ynogh, that the licoure may be stiff ynowe; And in caas bat bou faile fissh, that bou hast not ynogh to make gely, take faire soundes of watered stokfissh, or elles of ffresh Millewell, or elles of kelyng,¹ and cast thereto; and sette ouer be fire, and lete it boyle; and bat woll help hit to gele; and skem clene be grave; And whan hit is ynogh, lete no;t the fissh breke, but take vppe the fissh hole, and set the licour fro the fire, and put coles vnderneth the vessell as bou doest afore to the ober gele of flessh, with vinegre, pouder of peper, saffron & salt; And ben take a pike, perche, and tenche, and pul of the skyn, And put a pece of one and a pece of anober in a faire dissh, as bou dost ober gele of flessh, And poure the licour there-on, as bou doest ober gele of flessh; and cast there-on almondes blanched, and foyles of tried 2 ginger pared, and set hit in a colde place, and lete hit gele.

CaudeH. ¶ Take faire tryed yolkes of eyren, and cast in a potte; and take good ale, or elles good wyn, a quantite, and sette it ouer he fire/ And whan hit is at boyling, take it fro the fire, and caste here-to saffron, salt, Sugur; and ceson hit vppe, and serue hit forth hote.

Oyle soppes. ¶ Take a good quantite of oynons, and myce hem, no;t to smale, & seth hem in faire water, And take hem vppe; and then take a good quantite of stale ale, as .iij. galons, And there-to take a pynte of goode oyle that is fraied, and cast the oynons there-to, And lete al boyle togidre a grete [while]; 3 and cast there-to Saffron and salt, And hen put brede, in maner of brewes, and cast the licour there-on, and serue hit forth hote.

CaudeH de Almondes. ¶ Take rawe almondes, and grinde hem, And temper hem with goode ale and a litul water; and drawe hem thorgh a streynour into a faire potte, and lete hit boyle awhile; And cast there-to saffron, Sugur and salt, and serue hit forth hote.

\*Cheaut de Almondes. ¶ Take almondes, and blanche hem, and grynde hem with faire water, and drawe hem thorgħ a streynour, and sette hem on the fire, and lete hem boyle ones; and cast there-to sugur and salt, And serue it fortħ hote.

Lente ffrutours. ¶ Take goode floure, Ale yeest, 5 saffron, and salt, and bete al to-gidre as thik as oper maner frutours of fflesh; and þen take Appels, and

<sup>&</sup>lt;sup>1</sup> D. kodelyng.

<sup>&</sup>lt;sup>2</sup> fol. 21.

<sup>3</sup> Douce MS. wile.

<sup>4</sup> Chaudlet Douce MS.

<sup>5</sup> D. however reads Ale and yeest.

pare hem, and kut hem in maner of ffrutours, and wete hem in he batur vp and downe, and fry hem in oyle, and cast hem in a dissh, and cast sugur heron ynowe, and serue hem forth hote.

[Lesenges Fries.¹] ¶ Take floure, water, saffron, sugur, and salt, and make fyne paast ber-of, <sup>2</sup> and faire thyn kakes; and kutte hem like losenges, and fry hem in fyne oile, and serue hem forthe hote in a dissh in lenten tyme.

[Risschewes de frute.<sup>3</sup>] ¶ Take ffigges, and grinde hem in a morter al smal with a litely oyle, and grynde with hem, clowes, and maces; and then take hem vppe in-to a dissh, and caste thereto pynes, saundres, reisons of coraunce, myced dates, pouder of Peper, Canell, Saffron, and salt; And then make fyne paast of floure, water, sugur, saffron, and salt, And make there-of faire kakes; and then rolle the stuff in thi honde, and couche hit in þe kakes; kutte hem, and so folde hem [togedrys]<sup>4</sup> as risshewes, And fry hem in goode Oyle, And serue hem forthe hote.

[Trayne roste.<sup>5</sup>] ¶ Take Dates and figges, and kutte hem in a peny brede; And þeñ take grete reysons and blanched almondes, and prik hem thorgh with a nedel into a threde of a mannys length, and one of one frute and a-noher of a-noher frute; and þeñ bynde the threde with the frute A-bought a rownde spete, endelonge þe spete, in maner of an hasselet; And then take a quarte of wyne or Ale, and fyne floure, And make batur thereof, and cast thereto pouder ginger, sugur, & saffron, pouder of Clowes, salt; And make þe batur not fully rennyng, and noher stonding, but in þe mene, that hit may cleue, and than rost the treyne abought the fire in þe spete; And þeñ cast the batur on the treyne as he turneth abough[t] the fire, so longe til þe frute be hidde in the batur; as þou castest þe batur there-on, hold a vessell vndere-nethe, for spilling of þe batur/ And whan hit is y-rosted well, hit wol seme a hasselet; And then take hit vppe fro þe spit al hole, And kut hit in faire peces of a Span length, And [serue] of hit a pece or two in a dissh al hote.

Quynces or Wardones in paast. ¶ Take and make rounde coffyns of paast; and take rawe quynces, and [pare]<sup>11</sup> <sup>12</sup>hem with a knyfe, and take oute clene the core; And take Sugur ynogh, and a litułł pouder ginger and stoppe the hole full. And þen couche ij. or iij. quynces or wardons in a Coffyn, and keuer hem, And lete hem bake; or elles take clarefied hony instede of sugur, if thou maist none sugur; And if þou takest [hony],<sup>13</sup> put

Douce MS. 2 fol. 21b. 3 Douce MS. 4 Douce MS.

Douce MS.
 Douce MS.
 Douce MS.
 Douce MS.
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thereto a lituly pouder peper, and ginger, and put hit in he same maner in the quynces or wardons, and late hem bake ynogh.

¹Rastons. ¶ Take fyne floure, and white of eyren, and a litul of the yolkes; And then take warme berm, and put al thes togidre, and bete hem togidre with thi honde so longe til hit be² short and thik ynogh. And caste sugur ynowe thereto; And þen lete rest a while; And then cast hit in a faire place in an oven, and lete bake ynogh; And þen kut hit with a knyfe rownde aboue in maner of a crowne, and kepe þe crust þat þou kuttest, and pile³ all þe cremes⁴ within togidre; and pike hem small with thi knyfe, and saue the sides and al þe cruste hole withoute; And þen cast thi clarefied butter, and medle þe creme⁵ and þe buttur togidre, And couer hit ayen with þe cruste that þou kuttest awey; and then put hit in the oven ayen a litult tyme, and take it oute, and serue hit forthe all hote.

Tart de ffruyte. ¶ Take figges, and seth hem in wyne, and grinde hem smale, And take hem vppe into a vessell; And take pouder peper, Canell, Clowes, Maces, pouder ginger, pynes, grete reysons of coraunce, saffron, and salte, and cast thereto; and þen make faire lowe coffyns, and couche þis stuff there-in, And plonte pynes aboue; and kut dates and fressn salmon in faire peces, or elles fressn eles, and parboyle hem a litull in wyne, and couche thereon; And couche the coffyns faire with þe same paaste, and endore the coffyn withoute with saffron & almond mylke; and set hem in þe oven and lete bake.

[Chewettes]. ¶ <sup>8</sup> Take and make faire paste of floure, water, saffron, and salt; And make rownde cofyns þere-of; and þen make stuff as þou doest for rissheshewes, and put þe stuff in þe Coffyns, and couer the coffyns with þe same paaste, and fry hem in goode oyle as þou doest risshshewes, and serue hem forthe hote in the same maner.

Lamprey I-bake. ¶ Take and make a faire rounde coffyn of paast; and ben take a fressn lamprey, and lete him blode ij. fingers within be nauelt, And lete him blode in a vesselt, and lete him dy in be same blode; And then take browne brede, and kut hit, and stepe hit in vinegre, and drawe hit borgn a streynour; and ben take be same blode, and pouder of Canelt, And cast there-to, til hit be browne; And then cast thereto a litul pouder of peper and salt, and a litult wyne, that hit be not to stronge with vynegre; And then skald the lamprey, and pare him clene, and couche him rounde in

<sup>1</sup> Douce MS.; Bastons, Harl.

<sup>&</sup>lt;sup>2</sup> Douce MS.

<sup>3</sup> Douce MS.; pike Harl.

<sup>4</sup> Douce MS. cromes.

<sup>5</sup> Douce MS. crommes.

<sup>&</sup>lt;sup>6</sup> D. adds: reysyns fried in oyle.

<sup>7</sup> Douce MS. keuere.

<sup>8</sup> fol. 22b.

a coffyn; and þen caste al þe sewe rownde abought vppon him in the coffyn til hit be couered; And then couer þe coffyn, and hele hit with a lydde aboue, save a litul hole; and at the hole blowe in the coffyn with thi mouthe a good blast of wynde; and sodenly stoppe the hole, that the wynde abide within þe coffyn, to ryse up þe cofyn that he fall not a-downe. And whan hit is a litul y-harded in þe oven, prik the coffyn with a pyn, for brestyng of þe coffyn; And lete bake ynowe, And serue it forthe colde. And whan the lamprey is ytake oute of þe coffyn, and I-ete, take the sirippe oute of þe coffyn, and put hit in a chargeour, and caste wyne there-to, And pouder of ginger, And lete boyle ouer þe fire; And take paynmain, and kutte hit and wete hit yn, And ley þe soppes yn the coffyn of þe lamprey, And cast the sirippe aboue, and ete it so/

Sauce pour lamprey. ¶ Take a quyk lamprey, And lete him blode at þe nauell, And lete him blode in añ ertheñ potte; And scalde him with hey, and wassh him ¹clene, and put him [on a spitte;]⁵ and sette the vessell with þe blode vnder þe lamprey while he rosteth, And kepe the licoure þat droppeth oute of him; And theñ take oynons, and myce hem small, And put hem yñ a vessell with wyne or water, And let hem parboyle right well; And then take awey the water, and put hem in a faire vessell; And þen take pouder of Canell and wyne, And drawe hem thorgh a streynour, and cast [hit to]⁶ the oynons, and set ouer the fire, and lete hem boyle; And cast a litull vinegre and parcely there-to, and a litul peper; And þeñ take þe blode and þe dropping of þe lamprey, and cast thereto [& lete buille to-gedrys till it be a litell thykke, & cast therto]† pouder ginger, vynegre, salt, and a litull saffroñ; And whañ þe lamprey is⁶ rosted ynowe, ley him in a faire chargeour, And caste all the sauce apoñ him, And so serue him forth.

Lamprey poudred. ¶ Take a lamprey poudred, and stryke away the salt with thi honde; take awey the bone fro be brote into be tayle by the bely side, And ley him in water a day and a nyght, and scald him in water with strawe or hey, to stripe him with-all; And then wassh him clene, and cast him in faire water colde, and seth him, and cast x. or xij. oynons hole vn-pullud, and lete hem seth togidre, and skem it; And ben take vp the lamprey and be oynons fro be water, and ley hem in a dissh till they ben colde all; and serue hem forthe colde with sauce Galentyne; and myce the oynons in the sauce, & ete hem so.

<sup>&</sup>lt;sup>1</sup> against, to stop. <sup>2</sup> Douce MS.; brennyng, Harl, <sup>3</sup> eaten. <sup>4</sup> fol. 23.

<sup>&</sup>lt;sup>5</sup> Douce MS.; Harl. MS. in a faire brothe.

<sup>6</sup> added from Douce MS.

<sup>&</sup>lt;sup>7</sup> added from Douce MS. <sup>6</sup> Harl. MS. is ro. <sup>9</sup> Douce MS.; and Harl.

Stokfissh in sauce. ¶ Take faire broth of elys, or pike, or elles of fressh samond, And streyn hit thorgh a streynour; and take faire parcelly, And hewe hem small, And putte the broth and he parcelly into an erthen potte, And cast herto pouder ginger, and a litul vergeous, And lete hem boyle to-gidre; and hen take faire sodden stokfissh, and ley hit in hote water; and whan hou wilt serue it forth, take he fissh fro he water, and ley hit in a dissh, And caste the sauce al hote there-on, and serue it forth.

Lamprons in Galentyne. ¶ Take brede, and stepe it in wyne and vynegre, and cast there-to CaneH, ¹and drawe it thorgħ a streynour; and do it in a potte, and cast pouder of peper thereto; And take smale oynons, and myce hem, and fry hem in oyle, & cast there-to a fewe saundres, and lete hem boyle a litul; And then take lamprons, and scalde hem witħ hey in hote water, and setħ hem; and þen b[r]oyle² hem on a faire gredren, and þen couche hem in a dissħ and cast the sauce on hem, And then serue it fortħ.

Lamprons ybake. ¶ Take lamprons, and scalde hem with hey; and make faire paaste, and couche ij. or iij. lamprons thereon, with pouder ginger, salt and peper, and lete bake; And leche samon in faire brode peces, and bake hem in he same maner.

Oystres in grauey. ¶ Take almondes, and blanche hem, and grinde hem, and drawe hem porgh a streynour with wyne, and with goode fressh broth into gode mylke, and sette hit on be fire and lete boyle; and cast bereto Maces, clowes, Sugur, pouder of Ginger, and faire parboyled oynons myced; And ben take faire oystres, and parboile hem togidre in faire water; And then caste hem there-to, And lete hem boyle togidre til bey ben ynowe; and serue hem forth for gode potage.

Oystres in cevey. ¶ Take oystres and shell hem and put hem in a vessell, (and be water that is within be oystres with-all;) And east berto a litul wyne, And sette hem over the fire, and parboyle hem; And ben take faire be oystres vppe of the broth, and put hem in a faire potte; And take be same broth, and drawe hit thorgh a streynour, and cast hit in-to be oystres, And sette hit ouer the fire; And take a litul Of be same broth ayen; and a litul wyne, and put hit yn a faire vessell, and put bere-to browne crustes and pouder canell, and draw hit thorgh a streynour; and myce oynons small, and fry hem in oyle or in butter, and caste hem there-to, and sette ouer the fire. And whan be oystres boyleth, caste the licoure ³there-to, and ceson hit vppe with pouder of peper, salt, and a litel saffron, and cast there-to a litul vinegre, bat hit be

poynant there-of in he sesenyng and browne also; And serue hit forth for a gode potage.

Pike in galentyne. ¶ Take a pike and seth him ynowe in gode sauce; And þen couche him in a vessell, that he may be y-caried yn, if þou wilt// And what tyme he is colde, take brede, and stepe hit in wyne and vinegre, and cast there-to canell, and drawe hit þorgh a streynour, And do hit in a potte, And caste there-to pouder peper; And take smale oynons, and myce hem, And fry hem in oyle, and cast there-to a fewe saundres, and lete boyle awhile; And cast all this hote vppon þe pike, and cary him forth.

Pike boyled. ¶ Take and make sauce of faire water, salt, and a litułł Ale and parcelly; and þeñ take a pike, and nape him, and drawe him in þe bely, And slytte him thorgħ the bely, bak, and hede and taile, witħ a knyfe in to¹ peces; and smyte þe sides in quarters, and wassħ hem cleńe; And if thou wilt have him rownde, schoche him by þe hede in þe backe, And drawe him there,² And skoche him in two or iij. peces³ in þe bak, but noṣt thorgh; And slyt the pouuche,⁴ And kepe the fey or the lyuer, and kutte awey the gall. And whaħ þe sauce biginneth to boyle, skeṁ hit, And wassħ þe pike, and cast him þere-in, And caste þe pouche and fey there-to, And lete hem boyle togidre; And þeñ make the sauce thus: myce the pouche and fey, [in]⁵ a litul gravey of þe pike, And cast þere-to pouder of ginger, vergeous, mustarde, and salt, And serue him fortħ hote.

Pike in brase. ¶ Take Canell, a quarte of wyne, and a litult vinegre, And stepe there-y\(\tilde{n}\) tendur brede; and thrawe it \(\tilde{p}\) orgh a streynour, And lete boyle with pouder of peper; And take the pike, and roste him splat o\(\tilde{n}\) a gredire ynog\(\tilde{n}\); And cast to \(\tilde{p}\) e sauce \(\tilde{p}\)en, [with] pouder of ginger and sugur; And ley the pike in A \(^6\)charger, the wombe side vpward; and the\(\tilde{n}\) caste the sauce there-o\(\tilde{n}\) al hote, and so serue him fort\(\tilde{n}\).

Auter pike in Galentyne. ¶ Take browne brede, and stepe it in a quarte of vinegre, and a pece 7 of wyne for a pike, and quartereñ of pouder canell, and drawe it thorgħ a streynour skilfully thik, and cast it in a potte, and lete boyle; and cast there-to pouder peper, or ginger, or of clowes, and lete kele. And þeñ take a pike, and setħ him in good sauce, and take him vp, and lete him kele a litul; and ley him in a boll for to cary him yñ; and cast þe sauce vnder him and aboue him, that he be al y-hidde in þe sauce; and cary him wheher euer þou wolt.

<sup>1</sup> i.e. two. 2 MS. there &. 3 Douce MS. placys. 4 i.e. poche of a fish, see below.

<sup>&</sup>lt;sup>5</sup> Douce MS., and Harl. <sup>6</sup> fol. 24b. <sup>7</sup> Douce MS. pynt.

Salmon fressh boiled. ¶ Take a fressh Salmon, and drawe him in he bely; and chyne him as a swyne, and leche him flatte with a knyfe; and kutte the chyne in ij. or in .iij. peces, and roste him on a faire gredryn; & make faire sauce of water, parcelly, and salt. And whan hit begynneth to boyle, skem it clene, and cast he peces of salmon here-to, and lete hem sethe; and hen take hem vppe, and lete hem kele, and ley a pece or ij. in a dissh; and wete faire foiles of parcely in vinegre, and caste hem vppon he salmon in the dissh; And hen ye shall serue hit forthe colde.

Samon roste in Sauce. ¶ Take a Salmond, and cut him rounde, chyne and all, and roste the peces on a gredire; And take wyne, and pouder of Canell, and drawe it borgh a streynour; And take smale myced oynons, and caste bere-to, and lete hem boyle; And ben take vynegre, or vergeous, and pouder ginger, and cast there-to; And ben ley the samon in a dissh, and cast be sirip beron al hote, & serue it forth.

Troute boyled. ¶ Take a troute, and nape him; And make faire sauce of water, parcely, ¹and salt, and whan hit bigynneth to boile, skeme hit clene; and drawe him in þe bely; and if þou wilt haue him rounde, kut him in þe bakke in two or þre places, but noṣt þorgħ, And drawe him in þe sket² next the hede, as thou doest a rounde pike; and þe sauce is verge sauce; or elles setħ þe pouche as þe dost þe pouche of a pike, and myce hem witħ þe grauey, and pouder of ginger; and serue him forth colde, and cast þe foiles of parcelly, y-wet in vinegre, on him in a dissħ.

Crabbe or Lopster boiled. ¶ Take a crabbe or a lopster, and stop him in be vente with on of hire clees, and seth him in water, and no salt; or elles stoppe him in be same maner, and cast him in an oven, and bake him, and serue him forth colde. And his sauce is vinegre.

Perche boiled. ¶ Take a perche, and drawe him in be throte, and make to him sauce of water and salt; And whan hit bigynneth to boile, skeme hit and caste be perche there-in, and seth him; and take him vppe, and pul him, and serue him forth colde, and cast vppon him foiles of parcelly. and be sau[c]e is vinegre or vergeous.³

ffloundres boiled. ¶ Take floundres, and drawe hem in the side by the hede, and setħ<sup>4</sup> hem, & make sauce of water and salt, and a good quantite of ale; And whañ hit biginnetħ to boile, skeme it, and caste hem there-to; And late hem sethe, and serue hem fortħ hote; and no sauce but salt, or as a mañ luste.

<sup>&</sup>lt;sup>1</sup> fol. 25. <sup>2</sup> Douce MS. skoch. <sup>3</sup> Douce MS. vert sauce. <sup>4</sup> Douce MS. scocch.

Shrympes. ¶ Take Shrympes, and seth hem in water and a lituH salt, and lete hem boile ones or a lituH more. And serue hem forthe colde; And no maner sauce but vinegre.

Breme or Roche boiled. ¶ Take a Breme or a roche, and scalde him in water, and drawe him be side by be hede, and scocche¹ him [in] be side in two or thre places, but not ²thorgħ, and setħ him in water, ale, and salt, and serue him fortħ hote; the sauce is vergyussauce or sauce ginger.

Breme rost ensauce. ¶ Take a breme, and scald him, (but nost to moche,) and drawe him in be bely, and pryk him borgh be chyne bon ij. or iij.³ with a knyfe, and roste him on a gredire. And take wyne, and boile hit, and cast there-to pouder ginger, vergeous, and salt, and cast on be breme in a dissh, and serue him forth hote.

Plaise boiled. ¶ Take a playse, and drawe him in the side by the hede; And make sauce of water, parcelly, salt, And a litulale; And whan hit bigynneth to boyle, skeme hit clene, and caste hit there-to, and lete seth/And sauce to him is mustard and ale and salt; And serue it forthe hote/or elles take a plays, and drawe him, prike him with a knyfe for breking, as he frieth; And fry him in hote oile, or elles in clarefied buttur.

Ray boiled. ¶ Take a Ray, and draw him in be bely, and kutte him in peces, and seth him in water, and no salt, and serue him forth colde. And his sauce is vergeous, or lyuer with mustarde; And boyle be lyuer with him, And serue him forthe.

Sole, boiled, rost, or fryed. ¶ Take a sole, and do awey be hede, and drawe him as a plais, and fle him; And make sauce of water, parcelly and salt; And whañ hit bygynneth to boile, skeme it clene, and lete boyle ynogħ. And if bou wilt haue him in sauce, take him whañ he is y-sodde; or elles take him rawe and drawe him, and scale him with a knyfe, And ley him vppoñ a gredryñ, and broile him. And take wyne and pouder of CaneH, and lete boyle a while, And caste there-to pouder ginger, And vergeous; and caste be sauce oñ be sole in be dissħ, And serue him forthe hote. Or elles take a sole, and do a-wey be hede; drawe him, and scalde him, and pryk him with a knyfe in diuerse places for brekyng of be skyñ; And fry it in oyle, or elles in pured buttur.

Gurnard rosted or boyled. ¶ Take a Gurnard, and drawe him in þe bely and saue<sup>5</sup> the powche with-yn hole; and make sauce of water and salt; And whan hit bigynneth to boile, skeme it clene, And cast the Gurnard thereto.

<sup>1</sup> Harl. scorche; Douce MS. scocche.

<sup>&</sup>lt;sup>2</sup> fol. 25b.

<sup>3</sup> twies or thries.

<sup>4</sup> fol. 26.

<sup>5</sup> Douce MS. : Harl. sauce.

And seth him, and 1 sauce/ to him is sauce of ginger, or vergyussauce, and serue him colde.

Anoher. ¶ Take a gurnard rawe, and slytte him endelonge the bak, þorgħ þe hede and tayle, and splatte him, and kepe the lyuer; And take þe rawe lyuer, and brede, and fissħ brotħ, Wyne, and vinegre, And drawe hem thorgħ a streynour, and lete boyle; and þeñ cast there-to pouder ginger, saffroñ, and salt. And þeñ roste the gurnard, and splatte him oñ a gredire, and ²ley hym in a dissh.² And þeñ cast þe sauce oñ hym in þe dissh, and serue him forthe hote.

Menese or loche boiled. ¶ Take Menyse or loche, and pike hem faire; And make sauce of a gode quantite of ale and parcelly. And whan hit biginneth nye to boyle, skeme it clene, and cast þe fissh thereto; and lete seth. And if a man wol, cast a litul saffron thereto: and sauce is vergesauce<sup>3</sup>; And then ye shall serue him forth hote.

Haddok or codlyng. ¶ Take an haddok or codlyng, and drawe him in þe bely. And make sauce of water and salt; And whan hit bigynneth to boyle, skeme hit clene, and caste the fissh thereto, And seth hit in his sauce. His sauce is garlek or verge-sauce; and serve him hote.

Barbell boyled. ¶ Take a barbell, and kutte him, and 4draw him rounde; And pike 4 in þe nape of the hede and setħ him in water and salt, Ale, and parcely. And whañ hit bygynnetħ to boile, skeme hit clene, and caste the barbel there-to, And setħ him. And his sauce is garlek or vergesauce, 5And þeñ serue him fortħ.

Millet boyled. ¶ Take a Millet, and scale him, and drawe him in þe bely, and wassħ him clene; and þeñ take a pynte of wyne, and pouder canełł, And boile hem ouer the fire. And whañ hit is yboiled ynowe, caste there-to pouder ginger and a litel vergeous; and caste the same licour vppoñ him in the dissħ, and serue him fortħ hote; other elles scale him and drawe him, and fry him in good oyle.

Sturgeon boiled. ¶ Take a Sturgeon, and kut of the vyn fro the tayle to be hede, on be bakke; and chyne him and boyle him. And whan hit boileth, skeme it, and caste parcelly there-to, And lete hem boyle ynowe, And then take him vppe, And serue him forth colde with leves of parcelly wet in vinegre, and caste there-on in be dissh; And sauce ber-to is vinegre.

Sturgeon in broth. Take fressh sturgeon, and chop it, and parboile it in

<sup>1</sup> MS. in.

<sup>3</sup> Douce MS. vert sauce.

<sup>&</sup>lt;sup>5</sup> fol. 26b.

<sup>2-2</sup> Douce MS.; Harl. reste him.

<sup>4-4</sup> Douce MS. draw hym as a rounde pike.

water; and take hit fro the fire, and streyne it 1 porgh a streynour into a potte; and pike clene the fissh thereto; and cast there-to pouder peper, clowes, Maces, and canell, and faire brede, and stepe hit with the same licour, and streyne hit thorgh a streynour, and caste there-to; And lete boyle togidre; And caste thereto Saffron, pouder ginger, salt, And vinegre; And then ye shall serue it forth.

Sturgeon pour porpeys. ¶ Take a Sturgeon, Turbut, or porpeys, and kut hit in faire peces to bake; And then make faire kakes of faire paast, And take pouder of peper, pouder of Ginger, Canell, and salt, And medle pes poudres and salt togiders; And take and ley a pece of the fissh on a kake/ and ley be pouders vnderneth be fissh, and aboue ynowe; And ben wete the sides of be paast with faire colde water, and close the sides to-gidre, and sette hem in an oven, and bake hem ynowe.

<sup>2</sup> ffirmenty with porpeys. ¶ Take faire almondes, and wassh hem clene, and bray hem in a morter, and drawe hem with water thorgh a streynour into mylke, and caste hit in a vesselt. And then take wete, and bray it in a morter, that al he hole hold be awey, and boyle hit in faire water til hit be well ybroke and boyled ynowe. And hen take hit fro the fire, and caste thereto he mylke and lete boyle. And whan hit is yboyled ynowe, and thik, caste there-to Sugur, Saffron, and salt; and hen take a porpeys, and chyne him as a Samon, And seth him in faire water. And whan hit is ynowe, baude hit, and leche hit in faire peces, and serue hit forth with firmanty, and cast there-on hote water in he dissh.

Tenche in brase. ¶ Take a tenche, and nape him, and slyt him in þe bak thorgħ the hede and taile, And drawe him; and þeñ make sauce of water and salt. And whañ hit bigynnetħ to boyle, skeme it clene, and cast þe tenche therein, and setħ him; And take him vppe, and pul of the skyñ, And ley him flatte, and þe bely vpwardes in a dissħ. And þen take percelly and oynons And hewe hem small to-giders; And cast þere-to pouder of Ginger, and cast hit in vinegre; And caste all oñ þe tenche in þe dissħ, and serue him forthe colde.

Another diting of a tenche. ¶ Take a quarte of wyne and a litul vinegre, And tendure brede, And stepe all togidre, and drawe hit thorgħ a streynour; and lete hit boyle; And caste there-to pouder peper; And take a tenche, and splat him, and reste him oñ a gredire, and cast his sauce vppoñ him in the dissħ; And þeñ serue hit forthe hote.

Turbut boyled. ¶ Take a Turbut, and drawe him in the side as a plays by

1 i.e. the broth, as Douce MS reads.

2 fol. 27.

3 Douce MS. broth.

the hede; and hen chyne him, and kut him in brode peces; And hen make Sauce of the water and salt; And when hit bigynneth to boyle, skeme hit clene and 'wassh the peces clene, and caste hem thereto, and lete hem boyle ynowe. And hen take hem vppe, and let hem kele, And ley a pece or two in A dissh, and caste the levys of parcelly wette in vinegre there-on, And serue forth; And his sauce is verge-sauce.

Turbut roste ensauce. ¶ Take a Turbut, and kut of þe vynnes in maner of a hastelette, and broche him oñ a rounde broche, and roste him; And whañ hit is half y-rosted, cast thereoñ smale salt as he rostetħ. And take also as he rostetħ, vergeous, or vinegre, wyne, pouder of Gynger, and a lituff caneff, and cast thereoñ as he rostetħ, And holde a dissħ vndernetħ, fore spilling of the licour; And whañ hit is rosted ynowe, hete þe same sauce ouer the fire, And caste hit in a dissħ to þe fissh aff hote, And serue it fortħ.

Tripe de Turbut. ¶ Take the mawes of a Turbot, Haddok, or codlynge, and pike hem clene, and skrape hem, and wassħ hem clene, and parboyle hem in good fressħ brotħ of Turbot, haddok, Salmoñ, or pyk; and take parcelly, and kut hit smale, and caste þere-to; and kut þe mawes in maner of Tripes of peny brede, and cast al togidre in a potte, And lete boyle. And whaħ hit is y-boyled ynowe, that þey be al tendre, caste þere-to saffroħ, Salt, And a litel vergeous, pouder of Gynger, And serue hit fortħ fore a good potage.

Welkes boyled. ¶ Take welkes, and caste hem in colde water, And lete hem boyle but a litult; And caste hem oute of the vesselt, And pike hem oute of the shelt, and pike awey the horn of hem, and wassh hem and rubbe hem well in colde water and salt, in two or thre waters; And serue hem colde, And caste vppon hem leves of parcelly ywet in vinegre, And sauce to hem is vynegre.

Milkemete. ¶ <sup>2</sup> Take faire mylke and floure, and draue hem porgħ a streynour, and sette hem ouer the fire, and lete hem boyle awhile; And theā take hem vppe, and lete hem kele awhile/ And þeā take rawe yolkes of eyreā and drawe hem thorgħ a streynour, and caste thereto a litułł salt, And set it ouer the fire til hit be som̄-what thik, And lete hit no;t fully boyle, and stere it rigħt well euermore. And put it in a dissħ al abrode, And serue it fortħ fore a gode potage in one maner; And theā take Sugur a good quantite, And caste there-to, and serue it fortħ.

Chared coneys, or chardwardon. ¶ Take a quarter of clarefied hony, iij. vnces of pouder peper, and putte bothe to-gidre; then toke 30 coynes & x wardones, and pare hem, and drawe oute be corkes 4 at eyther ende, and 1 fol. 27b. 2 fol. 28. 3 Char de coynes, quince marmalade? 4 ? cokes, or cores.

seth hem in goode wort til þey be soft. then bray hem in a morter; if they ben thik, putte a litull wyne to hem, and drawe hem thorgh a streynour; And þen put þe hony and þat to-gidre, then sette al on the fire, and lete seth awhile til hit wex thikke, but sterre it well with ij. sturrers for sitting to; And þen take it downe, and put þere-to a quarter of an vnce of pouder ginger, And so moche of galingale, And so moche of pouder Canell, And lete it cole; then put hit in a box, And strawe pouder ginger and canell there-on: And hit is comfortable for a mannys body, And namely fore the Stomak. And if thou lust to make it white, leue the hony, And take so moch sugur, or take part of þe one and part of þe oþer/ Also in this forme thou may make chard wardon.

<sup>1</sup> specially.

## ASHMOLE MS. 1439. SAUCES.

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¹Sauces pur diuerse viaundes. Chaudoun.—Take gysers, and lyuers, and hert of Swanne; and if þe guttys ben fat, slyt them,² and caste þem þer-to, and boile þem in faire watre: and þanne take þem up, and hew þem smal, and thanne caste þem in-to þe same broþe, (but strayne hit þurgħ a straynour firste); and caste þer-to poudre peper, canel, and vynegre, and salt, and lete boile. And þanne take the blode of the Swanne, and freysshe broþ, and brede, and draw þem þurwe a straynour, and cast þer-to; and lete boile to-gedre. And þenne take poudre of gyngere, whanne hit is al-moste y-now, & put þer-to, and serue fortħ.³

Sauce alepeuere.—Take fayre broun brede, toste hit, and stepe it in vinegre, and drawe it burwe a straynour; and put ber-to garleke smal y-stampyd, poudre piper, salt, & serue forth.

Sauce galentyne.—Take faire cruste; of broun brede, stepe bem in vinegre, and put ber-to poudre canel, and lete it stepe ber-wyb til it be broun; and banne drawe it burwe a straynour .ij. tymes or .iij., and banne

<sup>&</sup>lt;sup>1</sup> If. 36. <sup>2</sup> clence thaym, added after them in different ink.

<sup>3</sup> with the swan, added in different ink.

put per[to] poudre piper and salte: & lete it be sumwhat stondynge, and not to pynne, & serue forth.

Sauce gingyuer.—Take white brede, stepe it wip vynegre, and draw it ij. or iij. tymes pur; a straynour; and thanne put per-to¹ poudre gingere, and serue forpe.

Sauce for a gos.—Take percelye, grapis, clowes of garleke, and salte, and put it in he goos, and lete roste. And whanne he goos is y-now, schake out hat is wih-in, and put al in a mortre, and do her-to .iij. harde 30lkes of egges; and grynd al to-gedre, and tempre it vp wih verious, and caste it upon the goos in a faire chargeour, & so serue it forth.

Sauce camelyne.—<sup>2</sup> Take faire brede, and cut it, and toste it; and take vynegre and wyne, and stepe hit ber-in, and draw it burwe a straynour wib poudre canel, and draw it .ij. or .iij. tymes, til it be smothe. And banne take poudre ginger, sugre, and poudre of clowes, and cast ber-to. And loke bat it stonde wil by clowes, & by sugre; and banne put ber-to a litil safroune, and salt, and serue hit for bicke y-nowe.

Sauce rous.—Take brede, and broyl it vpon be colous, and make it broune, and ley hit in vynegre, and lete it stepe; and banne take piper, canel and notemygges, and a fewe of clowes, and cast it to-gedre in-to a mortre; and take be brede out of be vynegre, and bray ber-wyb. And whanne it is y-brayd y-now, tempre it wyth wyne and vinegre, and draw it burgh a straynour as bou woldiste galyntyne.

Sauce for stokefysshe.—Take faire brobe of elys, ober of pyke, or els of freysshe Samon, and strayne it burwe a straynour: and take faire percely, and hewe it smal, and put be brobe and be percele in-to a faire erbyn vessel; and put ber-to poudre gingere, and a litil verious, & lete boile to-gedre. And banne take faire sode stockefysche, and ley it in faire hote watre: and whanne bou wilt serue it forbe, take be fysshe fro be watre, and ley it in a clene disshe; & cast be sauce al hote ber-on, and serue it forth.

Sauce for stokfysshe in an-other maner.—Take currylles of walnotys, and clouys of garleke, and piper, brede, and salt, and caste al in a morter; and grynde it smal, & tempre it up wip be same brope hat be fysshe was sode in, and serue it forbe.

\*Sauce for peiouns.—Take percely, oynouns, garleke, and salt, and mynce smal the percely and be oynouns, and grynde be garleke, and temper it wib vynegre y-now: and mynce be rostid peiouns and cast the sauce ber-on a-boute, and serue it forth.

<sup>&</sup>lt;sup>1</sup> salt, added in different ink. <sup>2</sup> If. 36 bk. <sup>3</sup> If. 37. Heading in margin.

Sauce for shulder of moton.—Take percely, and oynons, and mynce bem and be rostyde shulder of Moton; and take vynegre, and poudre gingere, salt, and cast a-pon be mynced shulder, and ete hym so.

Sauce vert.—Take percely, myntes, diteyne, peletre, a foil or .ij. of cost-marye, a cloue of garleke. And take faire brede, and stepe it with vynegre and piper, and salt; and grynde al this to-gedre, and tempre it vp wip wynegre, or wip eisel, and serue it for pe.

Surelle.—Take Surel, wasche hit, grynde it, put a litil salt, per-to, and strayne hit, and serue forth.

Sauce percely.—Take percely, and grynde hit wip vynegre & a litel brede and salt, and strayne it purgh a straynour, and serue it forpe.

Sauce gauncile.—Take floure and cowe mylke, safroune wel y-grounde, garleke, and put in-to a faire litel pot; and sepe it ouer be fire, and serue it forthe.

Piper for feel and for venysoun.—Take brede, and frye it in grece, draw it vp wip brope and vinegre: caste per-to poudre piper, and salt, sette on pe fire, boile it, and melle it forpe.

White sauce for capons y-sode.—Take almoundis y-blaunchid, and grynde þem al to douste; tempre it up wib verious and poudre of gingere, and melle it forbe.

Black sauce for capouns y-rostyde.—Take he Lyuer of capouns, and roste hit wel; take anyse, and grynde parysgingere, and canel, and a litil cruste of brede, and grynde hit well all to-gedre; tempre hit up wih verious, and he grece of the capon, hanne boile it and serue forhe.

Sauce newe for malardis.—Take brede, and blode y-boilid, and grynde it to-gedere, and draw purw a clop withe vynegre; do per-to poudre gyngere, and piper, and pe grece of the malarde; salt it and boile, and melle it forthe.

<sup>&</sup>lt;sup>1</sup> peper, salt, added in different ink. <sup>2</sup> with the goos, added. <sup>3</sup> lf. 37 bk.

# LAUD MS. 553 (BODLEIAN LIBRARY).

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# LAUD MS. 553 (BODLEIAN LIBRARY).

<sup>1</sup>Peynreguson —Nym resons & do out ye stones, and bray it in a morter with pepir & gingiuer, & salt and wastel bred; tempre hit with wyn, boille hit, dresse hit forth.

Amendement of salt mete.—Tak a fare lynne clout / & do therynne a disshful of ote-mele, byne hit, & hange it in thy pot doun to ye boteme. Set it from ye fuyr & let hit kele / suththe set hit agen to ye fuyr / & drawe out thy clout & that is goude.

For to make amydon.—Nym whete at midsomer / & salt, & do it in a faire vessel / do water therto, that thy whete be yheled / let it stonde ix days & ix ny3t, & eueryeday whess wel thy whete / & at ye ix days ende bray hit wel in a morter / & drie hit to3enst ye sonne / do it in a faire vessel / & kouere hit fort, thou wil it note.

Teste de cure.—Nym rys, whas hem / drie hem / & bray hem al to doust in a morter, & amydon ther with: tempre it vp with almand mylk / cast ther to poudur and safron / & sugur / nym luys, turbot, and elys / & gobete hem in mosselys, & sauge & perceli / mak coffyns of thi past / do thy fissh therynne; cast aboue goud poudur & sugur; kerue it, bake it, and jif hit forth.

Sweteblanche.—Nym chikons or hennes, skald hem, drawe hem in morselys, & seth hem with good beofe. nym yolkes of eyren ysoden hard / & almande mylk, and grind to-gedere / nym ye floures of ye rede vyne, & salt, & bray al in a morter: boille hit / nym thy chikons or thy hen, ondo hem in disshes, do thy sewe aboue / & also my;t thou do fissh days with lyuere of turbut or of other manere fissh with almand mylke.

<sup>2</sup>[Ryschewys close?].—Nym flour and eyren, & kned to-gedere/nym figus, resons, & dates, & do out ye stonys, & blanchid almandis, & goud poudur,

& bray to-gedere / make coffyns of ye lengthe of a spanne / do thy farsour therynne, in euerych cake his porcion / plie hem & boille hem in water / & suththe roste hem on a gridel & 3if forth.

Bukenade. —Nym fressh flessh, what it euere be. Seth hit with goud beof, cast therto mynsed oynons & good spicerie, & lie hit with eyren, & 3if hit forth.

Cyuele.—Nym almandes, Sugur & salt, & payn de mayn, & bray hem in a morter / do therto eyren, frie hit in oylle or in grese, cast theron sugur, & 3if hit forth.

Caudele.—Nym eyren, & sweng wel to-gedere / chauf ale & do therto / lie it with amydon), do therto a porcion) of sugur, or a perty of hony, & a perti of safron); boille hit, & 3if hit forth.

Saug saraser.<sup>2</sup>—Tak Almandes, frye hem in oille, & bray hem, tempre hem with almand mylke & red wyn, & ye thrudde perty shal be sugur / & if hit be no;t thikke ynow, lie it with amydon or with flour de rys; colour hit with alkinet, boille hit, dresse it, florissh hit aboue with pomme-garnet, and ;if forth.

Rape.—Nym luyss or tenge, or other manere fissh / frye hit in oille de olyue; nym crostes of whyt bred, resons, & canele, bray hit, tempre it vp with good wyn, drawe it thorw a colonur / let hit be al ycoloured with canele, boille hit, cast therto clous, maces, and quibibes, do thi fissh in thi disshes, & thi rape aboue, messe hit, & 3 if forth.

\*Egredoucetes.—Tak luy;s or tenges, kerf hem in mosselis, fri hem in oille: nym vynegre / & ye thrudde perty sugur, mynce oynons, & boille smal, & clous, maces, & qibibus, & dresse hit forth.

Figee.—Nym figes, & boille hem in wyn, & bray hem in a morter with lied bred; tempre hit vp with goud wyn / boille it / do therto good spicere, & hole resons / dresse hit / florisshe it a-boue with pomme-garnetes.

Pomesmoille.—Nym rys & bray hem in a morter, tempre hem vp with almande milke, boille hem: nym appelis & kerue hem as small as douste, cast hem yn after ye boillyng, & sugur: colour hit with safron, cast therto goud poudre, & sif hit forth.

Rys moilles.—Nym rys, bray hem, tempre vp with almand mylke: boilt hem, cast therto sugur / & salt hit, & dresse hit forth.

Apple moys.—Nym appeles, seth hem, let hem kele, frete hem thorwe an her syue: cast it on a pot / & on a fless day cast therto goud fat broth of bef,

& white grese, sugur & safron), & on fissh days almand mylke, & oille de oliue, & sugur, & safron): boille hit, messe hit, cast aboue good poudre, & 3if forth.

Soupes dorrees.—Nym oynons, mynce hem, frie hem in oille de olyue: nym oynons, boille hem with wyn, tost whit bred, & do it in dishes / and cast almand mylke theron), & ye wyn & ye oynons aboue, & gif hit forth.

¹Peys de almayne.—Nym white peson & boille hem / & thanne tak hem vp, & wash hem clene in cold water, fort that ye holys go of: do hem in a clene pot / do water therto that hit be a-wese / let hem sethe vppon colys / that ther be no lye / couere thi pot / that ther go no breth out / whenne hit beth ysode, do hem in a morter & bray hem smal, tempre hem vp with almande milke, & with flour de rys, do therto safron & salt, & boille hit & dresse hit forth.

Tauorsay.—Nym ye hed of ye codlyng & ye liuere, & pike out ye bones / cast therto goud poudre of piper & gyngiuer, and gif forth.

Haddoke in Cyuee.—Shal be yopened & ywasshe clene / & ysode & yrosted on a gridel; grind peper & saffron), bred & ale / mynce oynons, fri hem in ale, & do therto, and salt: boille hit, do thyn haddok in plateres, & thi ciuey aboue, & 3if forth.

Chaudon of fissh.—Nym ye liuere & ye poke. Seth hit, hakke hit smal / grind peper & safron, bred & ale, tempre hit with ye broth / boille hit, do salt therto, & messe hit forth.

Mortrowes of fissh.—Tak ye rowys of fissh / & ye liuere, seth hit, hakke hit, grind peper, bred & ale, tempre hit with ye broth: do salt therto, boille hit, & messe hit forth.

Blaumanger of fissh.—Nym a pond of ris, seth hem fort hit berste, let hem kele: cast therto mylk of two pond of almandes / nym ye perch other ye loppestere or drie haddok, tese therto, and boille hit / cast therto sugur, & 3if forth.

Potage of ris.—Nym ye ris, whese hem clene, seth hem fort hit breke: let hem kele, do therto almand mylke, other of kyn,² colour it with safron, salt hit, & 3if forth.

Numbles.—Shall be ywhess clene in water & salt, & ysode in water / nym [Cetera desunt].

1 lf. 6b.

2 i.e. kine: cow milk.

## RECIPES FROM DOUCE MS. 55,

Ab. 1450 AD.

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- ¶ Oyle Soppes. Capitulum lxiiij.—Take and buille mylke, and take yolkes of eyren tryed fro the white, and draw hem; then cast to the milke and hete it, butt lete it nat buille, & ¹styrre it well till it be summe-whate thikke: then cast ther-to sugre and salte, and cutt feyre paynemayne in soppes, & cast the soppes there-on, & serue it forth in maner of potage.
- ¶ Capon) en Counfyt. ¶ Capitulum cij.—Take fressh broth, and wyn), & persely, & saverey, and a litely sauge, and lete buille to-gedrys: and crome ther-to herde ²yolkes of eyren) tyll it be well thykke, and kest ther-to poundre of gyngenere y-nogh, & vertious, and salt, and saffron); and take a good rosted capon), & ley hym in a chargeur, & ryse the legges and the wynges, butt [set] ham nott fro the body; and kest on the capon) the licour all hotte, & serue it forth.
- ¶ Cokentrice. ¶ Capitulum ciij.—Scalde a capon) clen), & smyte hem in-to the wast oueretwarde, and scaude a pygge, and draw hym, & smyte hym in the same maner; and then sewe the forthyr parte of the capon) and the hyndyr parte of the pygge to-gedrys, and the forther parte of the pygge and the hynder parte of the capon) to-gedyr: then draw the whyte & the yolkes of eyren), and cast ther-to, and svette of a schepe, and saffron), & salt, and poundre of gyngenere, and grated brede; and medle all to-gedre with thyn

honde, and putt it in the cokentrice, and putt it on a spite, and roste hem; and endore hem with yolkes of eyren, and poundre of gyngenere, and saffron, & ioissh of persely or malves, & draw hem, and endore hem all abowte in enery perty of hym.

- ¶ Crane roste. Capitulum c.vij.—Take a crane, and cutt hym in the rofe of the mouth, and lete him blede to deth: and cast a-wey the blode, and schalde hym, & draw hym vndyr the wynge or att the vent, & folde vpp hys legges att the kneys vndir the thye; & cutt of the wyngys next iunte the body,¹ and lete hym haue hys heuede & hys necke on; saue take awey the wesyng,² and wynde the necke a-boute the spyte, and bynde hit, & putt the bille in the body and the golett; and reyse the wynges and the legges as of a gose; and yiff þou schalt sauce hym, mynce hym fyrst, and sauce hym withe poundre of pepyr, and gyngeuere & mustarde, vynegre & salt, and serue hym fortħ.
- ¶ Fesaunt rost. Capitulum eviij.—Lete a fesaunt blode in the mouth, and lete hym blede to deth; & pulle hym, and draw hym, & kutt a-wey the necke by the body, & the legges by the kne, & perbuille hym, & larde hym, and putt the knese in the vent: and rost hym, & reise hym vpp, hys legges & hys wynges, ³as off an henne; & no sauce butt salt.

Heron) rost. ¶ Capitulum c.x.—Take an heron, & lete hym blode in the mouth as an crane, & scalde hym & draw hym att the vent as a crane; and cutt awey the boon) of the necke, & folde the necke a-boute the 'spite, and putt the hede ynne att the golet as a crane; & breke awey the boon fro the kne to the fote, and lete the skyn be stille, and cutt the wyng att the Joynte next the body, and putt hem on a spite: and bynde hys legges to the spyte with the skynne of the legges, & lete rost, & reyse the legges and the wynges as of a crane, and sauce hym with vynegre, and mustard, and poundre of gyngeuere, & sett hym forth.

¶ Bitore roste. Capitulum exj. — Slee a bytour in the mouth as an heron, & draw hym as an henne, and fold vppe hys legges as a crane; & lete the wynges be on, & take the boom of the <sup>5</sup>necke all awey as of an heron): & putt the hedde in the golet or in the shuldre, and rost hym; and ryse the legges & the wynges as pou dost of an heron, & no sauce butt salt: & sett hym forth.

Egrett rost. Capitulum exij.—Breke an egrettes nekke, or cut the rofe

<sup>1</sup> i.e. cut off the wings at the joint next to the body.

<sup>&</sup>lt;sup>2</sup> lf. 50. <sup>3</sup> lf. 50b. <sup>4</sup> lf. 51. <sup>5</sup> lf. 51b.

of hys mouth, as of a crane, & scalde hym, and draw hym as an henne; & cutt of hys wynges by the body, and the heued & the necke by the body, & folde hys legges as a bitore, & rost hym: & no sauce butt salt.

¶ Plouer rost. ¶ Capitulum Cxix.—Breke the skulle of a plouere, & pull hym drye, and draw hym as a chike, and cutte the legges and the wynges by the body, and the heued and necke all-so, & roste hym, and reyse the legges and wynges as an henne: and no sauce butt salt.

¶ Snyte rost. ¶ Capitulum Cxx.—Slee a snyte as a plouere, & lete hys necke be hole saue the ¹wesyng; and lete hys heuede be on, and putt it in the schuldre, and folde vppe his legges as a crane, & cutt his wynges and roste hym, & reyse hys legges and wynges as an henne; & no sauce butt salt.

<sup>2</sup>¶ Sturgeon) buille ou turbutt. ¶ Capitulum Cxlvj. Draw a turbutt or a sturgeon), and chyn) hym, & cutt them) in brode pecis; and buille hem in water and salt y-nogh, and serue hym forth colde, a pece or too in a dissh with vert sauce: and cast persely leves wette in vynegre on hym.

¶ Charlete. ¶ Capitulum Clxxviij. — Seth melke yn a pott and cast ther-to salt and saffron; & hew feyre buttes of calues or of porke small, and cast ther-to: and draw the white & yolkes of eyren), and cast to the licour when it builleth, and a litell ale, and stirre it till it crudde. and yiffe hou wilt haue it forced, hete milke scaldyng hoote, and cast ther-to rawe yolkes of eyren) and poudre of gyngeuere, and sugre & clowes & maces, & lete natt fully buille; and press the cruddes in feyre ³lenyn cloth, & lessh it, & ley too or thre lesshes in a dissh: & cast the farsyng ther-on, & serue it forth hote.

<sup>1</sup> lf 53b.

² lf. 60b.

<sup>3</sup> lf. 76.



## GLOSSARY AND INDEX.

[The following works are referred to:—Forme of Cury; Liber Cure Cocorum; Ancient Cookeries in Warner, Antiquitates Culinariæ (1791); Napier, Noble Boke of Cookry (1882); R. Holme, Academy of Armory (1678); Cotgrave, French Dict. (1611); Godefrox, Dict. de l'Anc. Langue Franc.; Murray, Eng. Dict. (1885, etc.). The thick type shews Recipes that are in this volume; italics shew recipes in the Banquets, but if in inverted commas, the recipe is quoted from another Cookery. The spelling of the other Cookeries has been corrected, where needful.]

A-boue, adv., 14, 17; A-bouen, 29;A-bouyn, 14, 21, 35, 54; A-boue,prep., 54; A-bouyn, 54. Above.

Abouşte, adv., 73 ; A-bowte, 21, 29, 31; Abought, prep., 78; A-bowte, 31, 54. About ; round.

Abowe, vb.t., 79. Bow; bend.

A-brode, adv., Caste al a-brode, holdyn a-brode, 7, 92. Abroad; about; stretched out.

Abyndoun, sb., 20. See Amidoun. A-chatry, 67. Acatery; provisions bought.

Acord, sb., Be hys owne acord, of itself, 17.

A-cordant, adj., 50. Accordant; in accordance.

A-doun, adv., 17, 54; Adown, 7. Down.

A-force, vb.t., with Sugre or hony, 55, with spices, 29; A-force, pp., 3; A-forse, 17. Afforce; season, make substantial. This is the Fr. enforcer, see Porcelle farce enforce, on page 58. The word enforcer is still used of a person growing fat: and force is applied in England for fattening animals; see HALLIWELL. Compare next word; pork and oatmeal being used to the Gruel.

A-forcyd, pp. 1, Charlet a. ryally, 17; Doucettes a., 55; Chawettys a-forsed, 46; Kyde a-Forsyde, 41; Gruelle a-forsydde, 6.

Aftyrward, 21, Afterward.

Ale, sb., 11, 13, 16, 86, Stale Ale, 12, 96, New ale, 10; Sethe Fygys in Ale, 43; Ale draft, 19, Ale dregs, or bottoms; Ale yeest, 96, Ale 3est, 44, Ale yeast.

Alegere, sb., 28. Alegar; ale vinegar. Alkenade, sb., 29, 30, 31, 48; Alki-

net, 113. Alkanet.

Al to-broke, 85, Alle to-broke, 44; Al to-choppe, 41, Alle to-choppe, 20, 34, Alle to-choppyd, 41; Alle to-falle, 32. Quite broken, chopped, etc.

Allemaundys, sb., 10; Alman, 18; Almande mylke, 30, 112; Almandys, 1; Caudelf de Almondes, 96, Cawdelle de Almaunde, 16, see F. of C. 87, "Cawdel of Almaund mylk"; Almaunde mylke, 11, 14, 21, 26; Almaundis, 56; Almaundys, 9, 13, 15, 16, Fride Creme of A., 7, 91, see F. of C., No. 85, "Creme of Almaundes," Warner, p. 69, "Crem of almonde mylk"; Almondes, 88, 90, 91, Froyte de almondes, 91, Froyde almoundys, 7, Cheaut de

Almondes, 96, see Napier, p. 76, "Hoot milk of a.," and "Cold mylk of a.," also Douce MS. No. 160. "Chaud let dalmandes." Almonds.

"Chaud let dalmandes." Almonds.
Almaunden, adj., 17. Almond; of almonds: there should be no comma

after it.

Almaynne, Hagas de, 44, Hagas de almondes 84; Bruet of Almaynne, 19, Bruet of A. in lente, 19; Peys de Almayne, 114. These are possibly all German dishes, but Allemagne and Almonds got confounded, as in the first two recipes, which are the same dish, and have almonds in them.

Almonds, see Allemaundys.

Along, adv., Datys y-taylid a-long,

lengthwise, 27.

Aloes de Roo, 61; Allowes de Mutton, 83; Alows de Beef or de Motoun, 40; Alowys, 3. See Warner, p. 74, "Alaunder of moton" and "of beef"; Napier, p. 29, "Alander de moton," p. 30, "Alander de beeff." Cotgr., "Aloyau de bæyf. A short rib of beefe, or the fleshie end of the rib, diuided from the rest, and rosted." Compare a mutton-chop.

A-lye, vb.t., 13, 17, 19. Allay; mix: Fr. Allayer, Cotor. See Ly. Amendement of salt mete, 112.

Amidons, sb., 16; For to make Amydon, 112; Amyndons, 22; Amyndoun, 28. Fr. Amidon, Wheat flour, steeped, strained, and dried in the sun: see L.C.C., p. 7, NAPIER, p. 101.

A-morwe, 33, 37. Amorrow; next

morning.

An, conj., passim. And.

Aneward, *adv.*, 34. Onward; on it. Aneys, *sb.*, 53; in comfyte, 32; Anys in comfyte, 8, 10, 28. Anise.

Apon, prep., 92. Upon.

Appeles, sb., 113; Appelis, 113; Appelys, 16, 20; Appil, 38; Apple mose, 2, or Apple muse, 20; Apple moys, 113; see Warner, II. 17, 35, Prompt. Parv., p. 13, "Apulmos," "Appulmos," Napier, p. 121, "Appillmose"; compare "Mush, Anything mashed," Halliwell. Apple

moyle, 30, Pomesmoille, 113, called "Appulmoy" in F. of C., No. 79, "Pommes moiled," or "molid" in NAPIER, p. 119, and "Pommys morles," in WARNER, p. 46, on which page there is also "Rys (Rice) moyle," (called "Resmolle" in F. of C., 96). The moyle, or morles, is the French Mol, Molle, soft. Applys, 29, 30, 39.

Applade Ryalle, 30. So called from the apples in it: compare Quynade.

Appraylere, 39. See Coter., "Appareillé; dressed, cooked, or seasoned, (as meat)." This dish is well spiced. Arbolettys, 20, Fr. Herbelettes, Small

herbs; see F. of C., No. 172, "Erbolates." The dish is spelt Arbelettys in A. See Herbelade.

Asmall, 95. As small.

A-to, 5, 22, 40. In two.

Auence, sb., 5; Auens, 69. Avens; Bennet.

A-wese, 114, A-wash. See Overwose, and note 4 on p. 86.

Azen, adv., 53, Again: Azenward, adv., 54. Once more.

Bacon, see Bakon.

Bake Mete, 54; Bake Mete Ryalle, 55; Bake Metis, 47. Baked Meat. Baken, vb., 54. Bake.

Bakke, *sb.*, 41. Back.

Bakon, sb., 6; Bakoun, 32. Bacon. Bakyn mete, 33. Baked meat.

Balloke brothe, 10, 89. See F. of C., No. 109, Warner, p. 68, Napier, p. 86. This broth is called "Balourgly broth" in Warner, p. 49.

Banquets, 57, 58, 59, 60, 61, 62, 63, 67, 68. See Forewords.

Barbel, 104; Barbell boyled, 104.

Barlyche, sb., 37. Barley.

Bastard, sb., 37. A sweet Spanish Wine. See Ord. & Reg., p. 473.

Bastard, adj., 13, 21, 22. Basyn, sb., 34. Basin.

Bater, sb., 54, 73; Batur, 73; Bature, 15, 38, 54; Baturys, 39. Batter.

Baude, vb.t., 76, 105; Bawde, 18, 70. Cut in thin slices; Fr. barder. Be, prep., 18, 23, 26. By.

Beef y-Stywyd, 6, Stwed Beeff, 72; Bef, 34, Stekys of venson or bef, 40; Beff, 1, 5; Beofe, 112.

Be-helyd, pp., 37. Beheled; covered. Be-hynde, prep., 14. Behind.

Ben, vb., 19, 26, 27. Been; be.

Benecodde, sb., 48; Bene koddys, 43. Bean-cod.

Beof, sb., 113; Beofe, 112. Berde, sb., 39. Beard; brim.

Bear. Bere, sb., 49.

Berme, sb., 44, 52, 73, 90. Barm; yeast.

Betayn, sb., 69. Betony.

Bete, sb., 5; Betus, 69. Beet: Beets. Bete, vb.,t. b. to-gedere (in cooking), 39. Beat.

Beterre, adj., 33. Better.

Be-twene, prep., 39; Be-twyn, 39, 54. Between.

Bey, vb., 27. Be.

Birdys, Smal, 1, 55; Bryddys, 9; Smal Byrdys, 52, Smale Byrdys y-stwyde, 9.

Bitore roste, 116; Bytor rosted, 79. Bittern: Fr. Butor. See Bytor.

Bittern, see Bitore.

Bladys, sb., of Percely, 35; Barlyche

& Percely, 37. Blades.

Blake, adj., with Blode, 38; Blak sugur, 91, Blake sugre, 7, 28, 51. Black.

Blamang, 21, (Flesh), Blamanger, 85, (Flesh), see Douce MS., No. 26. WARNER, II. No. 14 and No. 33, and p. 75, L.C.C. p. 9, F. of C., No. 36 and No. 192, NAPIER, p. 102, "B. of flesche"; Blamanger of Fysshe, 23, 114, see L.C.C., p. 19, NAPIER, p. 111, WARNER, p. 46; see also 155. 111, WARNER, p. 46; see also p. 55, "Blaumanger to potage;" Blamangere, 2. Blancmange; Blancmanger.

Blanche, adj., B. almondes, 90. Blanched.

Blanche, vb.t., 20; Blaunche, 19; Blawnche, 7, 9. Blanch: whiten.

Blanche Porrey, 90; made of the white of leeks: see DUCANGE, "Porrecta, Jusculum ex poris confectum," (also Porrata.) See Pereye. Blandesore, 68; Blandissorye, 9;

Blaunde Sorre, 84; Blaundysorye,

21; Blaundyssorye, 2. See Warner, p. 55, "Blaundesore to potage," NAp. 59, "Blaunaesore to potage," NA-PIER, p. 35, "Bland sorre," p. 105, "Blank de Sirre"; F. of C., No. 37, "Blank Dessorre," 193, "Blank De-sire"; WARNER, II. 29, "Blank surry," p. 47, Blank de Sure, and p. 49, "Blank de Syry"; L.C.C., p. 12, "Blonk desore." With regard to Blaundesorre, see WARNER, p. 75. It is made with Blaunche Mortrewes, by setting leches of that dish in syrup made of wine and spices. The latter part of the word seems to indicate the saffron or sorrel colour. Fr. "Soré, Reeked, made red," Cotgr.

Blank powder, 15; Blanke pouder, 15, 19; Blaunche powder, 27, 37; Blawnche powder, 11, 24. See Cotgr., "Pouldre blanche, a powder compounded of Ginger, Cinnamon, and Nutmegs; in use among Cookes."

Blaunche perry, 33, Blaunche Perreye, 32, Blawnche Perrye, 14; Blaunche de ferry, 27; Blaunche brawen, 34, Blaunche brawne, 71, See Douce MS., No. 49.

Blaunchid, adj., 10, 38; Blawnchyd, 21. Blanched.

Blaunderellys, 59.

Blode, sb., 8; late blode, let blood, 52; lete blode, 78.

Bokenade, Vele, kede, or henne in, 13; Autre Vele in b., 13; see F. of 13; Autre veie in b., 13; see f. of C., N. 118, Warner, No. 52, Napier, p. 25, (Veal); Bukenade, 113, and Buknade, 85, (two recipes,) see F. of C., No. 17, "Bukkenade," Warner, II. No. 45, Douce MS., No. 76 and No. 77, (Various meats); L.C.C., p. 12, and Napier, p. 105, (Fat Pork); see also Warner, p. 54 Pork); see also WARNER, p. 54, "Bukenade to potage."

Bolas, 24; Lorey de Boolas, Bolasse, 24. Bullace.

Boll, sb., 74; Bolle of tre, 7, Boll of tre, 92, Bowl of wood; Treen bolle, 16, 95; Bolle, 20.

Bonte, sb., Crees bonte or bunte, 38, Linen sieve: compare Crescloth, in HALLIWELL.

Bonys, sb., 6, 55. Bones. Borage, 5, 8; Burage, 92.

Bord, sb., 7. Board.

Bore, sb., 49, Boar. The bere in line 3 of No. xij, p. 49, should be bore.

Boteme, 112. Bottom.

Boter, sb., 8, 20, 42; Botere, 42, 53; Botter, 51. Butter.

Botmon, sb., 55; Botmond, 38. Bottom.

Bottes of motoun, 40. See Buttes.

Bourreys, 70, Bowres, 8; see L.C.C., p. 37, "Bours," Napier, p. 120. This dish is similar to "Burseu," F. of C., No. 11, and to "Burseus," No. 179, and is spelt "Bousoun" in Douce MS., No. 42 (Bosoun in the Text). This seems to be the Fr. Bourse, and (in two cases) the Italian diminutive Borsella, or the French Bourseau, see Cotgr.: Godefroy has the diminutive Boursault. The dish consists of small purse-like rissoles or pommes, in the last recipe in F. of C.: in the others there are gobbets. Compare Potews, F. of C., No. 177, made in Pots, and Sachus, No. 178, made in Bags.

Box leves, 35.

Boyle, pp., 7; Boylede, 8. Boylid, 9. Boiled.

Boyling, sb., 17.

Brasele, 20. See Cotgr., "Brasille:
Rosted, broyled, or boyled with a quicke fire."

Braunchys, 23. Branches.

Brawn en Peuerade, 11, 12, Brawne in peuard, 71, see Douce MS., No. 47, Warner, p. 79; Brawn in comfyte, 34, 71, see Douce MS., No. 48; Blaunche Brawen, 34, 71, see Napier, p. 99, Douce MS., No. 49; B. of Capoun, 10, 19; Brawune frye; 43, see Douce MS., No. 6; Browne in egurdouce, 71, see Warner, p. 79, "Boor in egredouce," called Braun en peueruade, in Douce MS., No. 56. It is, however, to be noticed that the Recipe gives Browne here, as below, and changes the and, in first line in Douce MS., to or. Broke braune, 68; Braune with Mustard, 68.

Bray, vb.t., (in mortar), 16, 109.

Bread, see Bred.

Bred, sb., 19; Brede, 8, 14, 18, 80, 84, Brown brede, 108, white brede, 109. Bread.

Brede, sb., they peny brede, the penny's breadth, 7. The Recipe on p. 82, and Douce MS., No. 4, read two (ij, and too), not the: A. reads the.

Breke what R introductions in the control of the control

Breke, vb. tr. & intr., let sethe tyl it breke, 7; breke brede, 8. Break.

Brekyn, vb. intr., 23. Break. Brekyng, sb., 52. Breaking.

Breme or Roche boiled, 103, see Douce MS., No. 138; Breme rost en sauce, 103, in Table of Douce MS., as No. 139, but omitted in the text: see Napier, p. 70, "Breme in Sauce."

Brennyd brede, 18. Burnt bread.

Brennyng hote, 53. Burning hot.

Brerde, sb., 48. Rim.

Brest de motton in sauce, 85, see
Douce MS., No. 86, NAPIER, p. 68.
Breast of Mutton.

Breste, vb.int., 5. Burst.

Brewe rosted, 79, see Douce MS., No. 114, Napier, p. 63. Mr. Swainson kindly notes that he imagines this bird to be the Whimbrel, which was called the Brame or Brume in East Anglia. See Murray.

Brewes, 11, 32; Brewes in Lentyn, 29; Browes, 32, 90; Schyconys with be bruesse, 32, see F. of C., 33; Brwes, 30, Brwes in lentyn, 33.

Brewis.

Brinkes, 75, 76, Rims.

Brocche, sb., 82; Broche, 39; vb.t.,

39, 40, 106. Broach; spit.

Broth, Venyson in, 10, 70, see Douce MS., No. 38; Muscules in Broth, 90, see Douce MS., No. 78; Balloke Brothe, 10, 89, Douce MS., No. 34; Storion in b., 13, Sturgeon in b., 104, see Douce MS., No. 80; Mighty brothe of Beef or of Capoun, 12.

Browne, vb.int., 38. Brown; turn brown.

Browne fryes, 83: this receipe makes brown bread of the Dish: Harleian MS. 279, and Douce MS., 55, have Brawune frye; and Braun Frye; respectively, and omit brede: see above.

Bruet of Almaynne, 19, see WARNER II. 31, F. of C., 47, "Brewet of Almony," WARNER, p. 55, "Blaunche bruet of Almayn," and pp. 55, 77, "Browet of Almayne," L.C.C., p. 11, "Breuet de almonde," NAPIER, p. 105, "Bruet de almonds"; "Allemagne" apparently getting perverted to "Almonds": Bruet of Almaynne in lente, 19; Bruette Sareson, 19; Hennys in b., 18, see Napier, p. 114; Oystrys in b., 23; Walkys in b., 23; Tenche in b., 23; Chykonys in b., 23, see L.C.C., p. 22; Muskelys in b., 24, see F. of C., No. 122; B. saake, 27, see Warner, p. 78, "Browet seeke"; Bruet Mon amy, 68; see Napier, p. 32. This is boiled cream, boiled again with brayed curds, honey, and butter: thickened with yolks of egg, and leched. Brwet, 21. See Cotgr., "Brouët: Potage, or broth; also, any liquor, podge, or sauce, of the thicknesse, or consistence of that whereof our pruine-tarts are made." NAPIER, p. 34, has also "Eles in Bruet," as also Warner, pp. 68, 85.

Bryndons, 15, and Bryndonys. It seems as if this were Bryndous, as it is glossed bryneeus in margin of A., and the form brendouse (more likely u than n) occurs there, and is glossed lozenges: but it is not the dish called "Bryneus" in F. of C., though that is probably the same word, and ought to be printed

"Brynieus."

Bryse, vb.t., 6. Bruise.

Bryth, adj., 12. Bright; glowing in colour.

Bukenade, 113, see Bokenade.

Bullace, see Bolas.

Buttes of Porke, 53, 54, 76; Buttys of Vele, 14, 48, of Calf or of Porke, 17, 85, Porke, 44. Butts, buttocks.

Butter, sb., 73; Buttur, 83. See Boter.

Buttry, adj., 75. Buttery; soft as butter.

By-clippe, vb.t. 48. Beclip.

Bynde vppe flat with flowre of rys, Bynd vppe with Flour of Rys, oper with whetyn floure, 33. Make stiff: see MURRAY, Bind, 10.

Byne, vb.t., 112. Bind; tie.

Bytor rosted, 79, see Douce MS., No. 111. Napier, p. 62, "Bittur Rost." Bittern.

Bytyng, adj., of Pepir, 40. Biting;

hot, stinging.

Bywese, 24: compare Wese in Douce MS., Recipe 174. Skaldyd bywese seems to mean "just a-wash," or hardly covered. Compare ouer-wewyd, on p. 25, which is used in same sense, and see A-wese.

Caas, sb., in caas, 96. In case.

Cabbage, see next.

Cabochis, 69, Caboges, 6, 33; see Warner, pp. 52, 75, Douce MS., No. 173. This is the French Caboche, Head, which is still used in the Channel Islands for Cabbage.

Cacche, vb.int., 26. Catch; stick: still used in this signification in cookery, of meat, etc., when burnt to the pan.

Cakys, sb., 15. Cakes.

Calf, 17; Calfes fete, 37; Caluys fete,

25; Calvis, 85.

Canel, sb., 6, 7, 8, 9, 13; Canele, 113; Canell, 92, 95, Floure of Canell, 71; Canelle, 12, 13, 14, 20. Fr. Cannelle, Cinnamon.

Canvas, sb., 20, 27, 41; Canneuas, 39,

Canvas (for straining).

Capon, 2; Capons stwed, 72; Capon en Counfyt, 115, see Warner, p. 56; Capoun in Consewe. 18, see Warner, II. 6, and F. of C., No. 22, "Capons in Concy," and see Consewe, below; Capoun in Salome, 33; Capoun or gos farced, 41, Goce or Capon farced, 81, see Douce MS., No. 36; Capons of hie grece, 67, Capoun de haut grece, 57, i.e. crammed; Capoune brobe, 31; Capounys, 21.

Carpeis of Veneson, 68.

Carpys, sb., 21. Carps.

Cas, sb., 25. Case.
 Cast, vb.t., 25; Caste, 12, 25; Caste
 vppe out of a potte, 34.

Caudel Ferry departed with a blamanger, 31; Caudell Fery, 91,

Cawdelle Ferry, 15, see F. of C., No. 41, L.C.C., p. 16, WARNER, pp. 82, 83, "C. ferres," Douce MS., No. 90, NAPIER, p. 32, p. 33, "C. Ferrens," and p. 109; Caudele, 113, Caudelt, 96, see Douce MS., No. 183, L.C.C., p. 51; Cawdelle de Almaunde, 16, Caudell de Almondes, 96, see Douce MS., No. 159, L.C.C., p. 15, "C. dalmone," NAPIER, p. 81, "C. of Almondes," p. 108, "C. dalmond," F. of C., No. 87, "Cavdel of Almaund mylk"; Cawdel out of lente, 33; "Caudel rennying," is also in WAR-NER, p. 82. Caudle; Old Fr. Caudelée.

Cauderoun, sb., 39. Caldron.

Ceson, vb.t., 69, 70, 85. Season. Ceuere, vb.t., 8, 48, Ceuyr, 39. Cover;

see Keuer.

Chaaf, vb.t., 85; Chafe, 37. Warm. Chafer, Chafere, sb., 44; Chaffre, 93; Chaffur, 93; Chafoure, 16. Chauffer

(for heating).

Chared Coneys, or chardwardon, 106, Chardequynce, 12, 13; Chardewardon, 12, 88, see Douce MS., No. 53; Napier, p. 81; Chare de wardoun leche, 37; Lange Wortys de chare, 5, see Douce MS., No. 1; Gelye de Chare, 25; Lesynges de C., 44, see Douce MS., No. 74; Tartes de C., 47, see Douce MS., No. 45; Mortreus de C., 70, see Douce MS., No. 81; Graund chare, 57; Grosse chare, 58. Fr. Chair, Flesh: compare flesh of a Melon.

Charge de quyns, 88. Charedequince. Chargeaunt, adj., 16, 18, 19, 30, C. Mylke of Almaundys, 27.

thick.

Chargeauntly, adv., 27. Stiffly.

Charger, sb., 101; Chargere, 52; Chargeour, 78, 109: Chargeoure, 23.

Large dish.

Charlette, 17, 117, see Douce MS., 178, F. of C., 39, L.C.C., p. 11, NAPIER, p. 104, and p. 121, WARNER, pp. 82, 88; L.C.C., p. 11, "Charlet" and "C. icoloured." Charlet a-forcyd ryally, 17, see Napier, p. 29, "Charlet forced," F. of C., No. 40, "C. yforced," Warner, p. 82,

"Charlet enforsed." Charlette is the Fr. Chair laitée, i.e. Flesh with Milk;

and is now spelt Charlotte.

Chaudewyne,95, Chawdwyñ,76,Chaudoun, 108, Chauudon of fissh, 114; see Douce MS., Nos. 41, 163, "Chaudyn;" NAPIER, p. 49, and p. 103, "Chaudron for swan," also F. of C., No. 143, L.C.C., p. 9, and WARNER, p. 65, "Chaudern for swannes"; F. of C., No. 115, Chawdon for Lent, NAPIER, p. 88, Chaudron for Samon, and p. 90, Chaudron of piggs feet. Chawdron; entrails.

Chawettis, 3; Chawettys Fryidde, 45, C. a-forsed, 46, Chawettys, 48, (two Recipes,) Chewettes, 98. See Douce MS., Nos. 50, 156, L.C.C., p. 41, "Chewetes," NAPIER, p. 55, "Chewettes of beef," "C. ryalle," p. 56, "C. on fishe daies," for which see also L.C.C., p. 41, and F. of C., No. 186; WARNER, p. 65, "Chowettes on flesshe day," for which see also F. of C., No. 185, and L.C.C., p. 41. In Good Huswifes Handmaide for the Kitchin, (1594), lf. 39, it is used for the lump or cake of paste for a tart, "Make two Chewets as you would make two tarts." R. Holme, Armory, III. iii. 82, says, "Chewit, or small pie; minced or otherwise.

Chek, Chick, 81. See Chik.

Chekens endored, 68, Chik; Chekynes, 86. Chickens.

Chekyr, sb., 49, 50. Checker.

Chepe, sb., 7; Chepis, 38, 39. Sheep. Chese, sb., 20, grene chese, 48: Chesefatte, 36, Cheese press.

Chesmeyne, 60. ? Jessamine.

Chete, vb.t., 34. Cheueyne, 60.

Chicken: see Chekens, Chik, Chykenys. Chik farsed, 81; Chike endored, 81, see Napier, p. 66; also see Chykenys.

Chop, see Allowes.

Choppe, vb.t., 13. Chop.

Chykenys, sb., 25; Chykons in dropeye, 30; Chykonys, 2, 19, 55; Chykonys in bruette, 23; Schyconys with be bruesse, 32. Chickens.

Chyne, sb., 102, Chine, back: Chyne bon, 103, Chine-bone.

Chyne, vb.t., 102, 104. Chine,

Chyrioun, 2; Chyryoun, 29, see F. of C., No. 58, Chyryse, WARNER, p. 47; Cherries. Chyryis, 29.

Cinnamon, see Canel.

Ciprys, Cyprys, Vyaund de, 21, 28. Cyprus.

Ciuey, 114, see Cyuey.

Clarey, sb., 93; Clareye, 35; Clarre, 93; Clerye, 35. Clarry; aromatic wine. See note in WARNER, p. 90.

Clarifi, vb.t., 35. Clarify.

Clarifiyd, adj., hony, 12, 15, 22, 35; Claryfiyd Boter, 53. Clarified.

Clees, 102, Claws.

Clene, adv., c. chargeaunt, 30; c. rennyng, 31. Clean; quite. Cleuey, vb.int., 21. Cleave;

Cleave; stick. Cleuyng, \$b., 42. Cleaving; sticking. Close, vb.t., 45, 46.

Clope, sb., 17, 19. Cloth.

Cloues, sb., 80, 82; Cloue, Clouys of garleke, 110; Clous, 113; Clowes, 6, 10, 13, 15, 91, Pouder of Clowes, 97; Clowys, 8, 9, 10, 13, 35. Cloves: Fr. clou.

Clowte, sb., 37. Clout; cloth.

Clowty, adj., 53. Clotty.

Clowtys, sb., 47. Clouts, clots (of

cream).

Codelynge, Trype of Turbut or of, 18; Codlynd, 11; Haddok or codlyng, 104, see Douce MS., No. 144, "Haddok ou codlyng buille"; Codlyng, 2, 10, 14; Codlyngis, 16. Codling.

Codling, see Codelynge.

Coffyn, sb., 74, 93, Coffyns, 73; Cofyn, Cofynne, 47; Cofyns, 45, 55; Coffin; crust of a Cofynnys, 53.

Cokentrice, 115; Cokyntryce, 40; Cokyntryche, 62. See Warner, p. 66, "Cokagrys," F. of C., No. 175, Cocagres; which form is made up of Cock, and Grys or Gris, pig, the animals which jointly make up the

Cole, vb.t., 107. Cool.

Coleys, 10. See WARNER, II. 11,

"Colys," also p. 80, "Colys of flessh"; L.C.C., p. 20, "Kolys"; NAPIER, p. 112, "Colles." Fr. "Coulis: A cullis, or broth of boiled meat strained; fit for a sicke, or weake bodie," Cotgr.

Colonur, 113. Cullender.

Coloure, vb.t., 7. Colour. Colpons, sb., 89. Coupons; slices.

Colouryd Sew without fyre, 20; see Napier, p. 38.

Colous, sb., 109. Colys, 17, 29, 54, 114. Coals.

Colys, sb., 69. Coles: cabbages.

Comad, sb., 56; Comade, 42, 46, 48, 50, 51, 55, 56; Commade, 48, 54. Mixture. The word is used in F. of C., 113; and is spelt Commode in A.

Come to-gederys, 45. Unite; come to one consistence.

Comfyte, sb., Anys in c., Anise preserved in sugar, 8, 10, 32; Brawn in comfyte, 34: see Warner, p. 59, "Bor in counfett," and p. 79, "Boor in confith"; Datys in comfyte, 63; Sugre in confyte, 32, where A. reads "Sugre of confitens."

Commelyche, adj., 34. Comely,

seemly.

Compost Potage, 59, see L.C.C., p. 18. Composte, Perys en, 12, 87; see Napier, p. 100, Douce MS., No. 57. See also Cotgr.: "Composte: a pickled, or winter Sallet of hearbes, fruits or flowers, condited in vinegar, salt, sugar or sweet wine."

Confeccions, 88, Confections; pre-

serves.

Congere, sb., 14; Congre, 59; see Napier, p. 73, "Congur." Conger-

Consewe, Capoun in, 18. This seems the same as Capon in Concis, see F. of C., 22, WARNER, II. 6, L.C.C., p. 24, "Capons in Conisye." NAPIER, p. 116, "Capon in couns." Concis, again, seems to be the same word as Ganse or Gauncely, and no Gauncely is mentioned in either of the above.

Coney, see next.

Conyng, 80, see Napier, p. 64, Douce MS., No. 116, "Cony rost." Conyng, Mawlard, in gely or in cyuey, 14, Conyng, hen, or Mallard, 80, see Douce MS., No. 68, "Cony, gelyn, ou malard en oyle," Napier, p. 79, "Cony or malard in cevy;" Conyng in Gravey, 80, Conyngys in graueye, 18, see Warner, II. 10, p. 58, and p. 78, F. of C., No. 26, L.C.C., p. 8, Douce MS., No. 66, Napier, p. 101; Conyngys in cyveye, 20, see F. of C., No. 25, L.C.C., p. 20, Napier, p. 112, Warner, p. 59, and p. 78; Conyng or hen in clene broth, 80, ("clere broth" in Douce MS., No. 67), see Warner, p. 59, F. of C., No. 66, which both read "Conynges in clere broth"; Cony; O. Fr., Connin. Holme, Armory, II. vii. 132, says—"A cony is a rabbit after the first year; the animal being a rabbit till the end of the first year."

Copułł, sb., 67. Couple.

Corances, Corauns. Currants. See Rasonys.

Rasonys.

Core, sb., 51; Corys, 24, 30.

Corkes, sb., 106. Cokes, Cores.

Costardys, sb., 47. Costards: (apples).

Cost-marye, 110, herb.

Cours, Course, sb., 49. Layer.

Cowche, rb., 44. Couch; lay.

Cowe Mylke, 29, 110. Coynes, 106, Quinces.

Crabbe or Lopster boiled, 102, see Douce MS., No. 134, Napier, p. 70; Crabbe au Creueys, 59; Crabbys, 28.

Crane, rosted, 78, 116, see L.C.C., p. 35, Napier, p. 61.

Crayfish, see Creuez.

Crees, 38. Compare "Crescloth, Fine linen cloth," HALLIWELL.

Cream, see next.

Crem de Coloure, 20; Creme, 2, 8, 10, Fride C. of Almaundys, 7, 91, see Douce MS., No. 12, WARNER, p. 69, "Crem of Almonde mylk," NAPIER, p. 42, "Creme of Almonds"; C. Boylede, 8, 92, see WARNER, pp. 69, 82, Douce MS., No. 13, NAPIER, p. 32, "Creme buyle;" C. Bastarde, 33; Creme Moundy, 62; Creme Vine 69, ? Cream with wine over it.

Creme, vb.t., 93. Crimme; crumble,

see Kreme.

Creue<sub>3</sub>, sb., 49; Creueys, 59. See Holme, Armory, II. xiv. 338, "Crevice, or Crefish," (crayfish); O.F. Crevice, Mod. Fr. Ecrevisse. It includes Lobsters.

Crodde, sb., 17; Croddes, 36, 43, 73; Croddys, 36, 56; Cruddes, 86; Cruddis, Cruddys, 53. Curd.

Crodde, vb. int., 17; Croddith, 92; Crudde, 86, 92. Curd; curdle.

Crome, 8b., 53; Cromys, 33, 52. Crumbs.

Cromyd Marow, 55. Crumbed (crumbled) marrow.

Croppe of netle, 69. Young top.

Crostes, 113, see Cruste.

Crouste, vb.int., 32. Crust over.

Crowne, *sb.*, 52. Crown. Cruddes, see *Crodde*.

Crustade, 50, 55, Custarde, 74, see
Douce MS., No. 22, Warner, p. 65,
"Crustade," L.C.C., p. 40, F. of C.,
No. 154, "Crustardes of Flessh," F.
of C., No. 156, "Crustardes of Fysshe;"
Crustade lumbard, 51, Custard
lumbarde, 74, see Napier, p. 53,
"Custad lombard," Douce MS., No.
23; Crustade Ryal, 55, 68; C.
gentyle, 55; Napier, p. 54, has also
a "Custad opyne," i.e. open. Florio,
1659 ed., "Crostáta, the crust or
coffin of a pie, a pastie, a custard, a
tart, any kind of crusty meat, any
pie or pastie-crust, any meat drest
upon tostes or crusts."

Cruste, sb., 53; Crustys of whyte brede, 30; Cruste Rolle, 46.

Cryspe;, 44, Cryspes, 93, see F. of C., No. 162, "Cryspes," No. 163, "Cryspels," Douce MS., No. 61, "Crispes," WARNER, II. No. 26, "Cryppys"; Cryspis, 3. Cotgr., "Crepez, ou Crepets: Fritters; also, Wafers." Mod. Fr. Crépe.

Culpe, vb.t., 48. Cut in thick slices: Fr. Couper.

Curlewe rosted, 79, see Douce MS., No. 113; Curlewys, 57.

Curnylles, 109, Kernels. Custard, see *Crustade*. Cyprys, Cyprus, see *Vyand*.

Cytte, vb.t., 5. Cut.

Cyuele, 113.

Cyuey, cyvey, 49; Conyng, Mawlard, in gely or in cyuey, 14, see NAPIER, p. 79, "Cony or malard in cevy," WARNER II. No. 51, "Mallard in cyuey"; Harys in Cyueye, 18, Tenche in c., 23, see NAPIER, p. 80, Conyngys in cyueye, 20. Mod. Fr. Civet or Civé. Stew with chives.

Dace, 20.

Darioles, 53, Dariolles, 75; Daryoles, 47, 55, 56; see Douce MS., No. 71, L.C.C., p. 38, "Darials," F. of C., No. 183, "Daryols," NAPIER, p. 56, "Daryolites," WARNER, p. 66, "Daryalys." See COTGR., "Darioles, Small pasties filled with flesh, hearbes, and spices, mingled and mixed together."

Dates, sb., 33, 88, 94; Datis, 24, 53; Datys, 12, 15, 16, 19, D. in comfyte,

63.

Defaute, sb., of def., 22. in def., 29; in defawte, 20, for d., 41. Default. Degre, sb., 36. Degree; pitch (of

colour).

Del, Dele, sb., 21, to del 30lkys of eyron, 21; A gode dele Salt, 15, i.e.

of Salt. Deal; portion.

Departe, vb.t., 21; Gely Departed, 69, compare the Recipe on p. 31; Departyd, 31. Depart; part into shares; split.

Dewte, vb.t., 43.

Deye, sb., 36, 37, 56. Dairy-maid: see Chaucer.

Deye, vb., 52. Die.

Dise, vb.t., 69. Dice; cut into Dice.

Disshful, 112.

Disson, 8b., 67. Dozen. Diteyne, 110. Dittany.

Diting, sb., 105. Dighting; preparation.

Do, vb.t., do away, 10; Do aboue, put above, 112; Do it in a faire vessel, Put it in, 112; Do per-to, Add thereto, 13, 14, 110, 112; Do medle, Make meddle, or mix, 82; Don, 10, Done, do.

Doble, vb.t., 39. Double; fold over.

Doderellys, 61, Dotterels.

Dogh, 73, Dough: see Dow.

Doke, 64, Duck.

Dore, vb.t., 38, 40. Glaze; compare

next word, and *Endore*.

Dorre, Soppes, 90, Soupes dorrees, 114, Soupes Dorroy, 11, Soupes dorye, 11; i.e. Sops endored, or glazed with almond milk. Dorry, sb., 11. See Endore.

Doucete, adj., 33; Dowcet, 7, 29, 30.

Fr. Doucet, sweetish.

Doucete, 50; Doucettes, 55, D. a-forcyd, 55; Doucetys, 64; Doucetys 4; Doucet Ryal, 62, Dowcetys, 55: "Doucet; A lytell flawne," Pals-Grave. Cheesecake.

Douun, adv., 7. Down.

Doust, sb., 112; Douste, 110, 113. Dust.

Dow, sb., 42, 43, stronge Dow, 49. Dough.

Draf, sb., 22; of Almaundys, 16. Draff; refuse.

Dragge, sb., 11. Dredge.

Draw, vb.t., 7, 8, Draw vp, 7, Strain; Draw Jorw straynowre, 5, 8, 9, Draw uppe Jorw strayn., 20; draue, 106.

Drawe, vb.t., 9. Draw; eviscerate. Drawyd, adj., 5. Drawn (through

strainer).

Drawyn grwel, 10, see Douce MS., No. 33: A. reads here "Brawne gruelle." Drawyn Eyroun, 42, 44. Drawn (through strainer).

Dregge, sb., 99; Dragge, 11. Dredge. Dresse, vb.t., d. forth, 13, yn, 14; Dressyst yn, 15. Dress; serve in to table.

Dressing knyfe, 93: see Dressoure knyf.

Dressoure, sb., 24, 28, 30, 31, 34, Dresser: Dressoure knyf, 53, Dresser knife, apparently knife for trimming meat for the table; called *Dressing* 

knyfe in Douce MS., and above.
Dropey, 2; Chykons in dropeye, 30;
see F. of C., No. 19, "Drepee," which is the recipe for the sauce.

Dropping, sb., 77, 99. Dripping. Drow in Sonne, 38, Dry in sun. Dry, adj., Pull dry, 78. Pluck clean.

Dryit, 39. Dryeth.

Dubbate, 1; Gelyne in dubbatte, 13. This may be a perversion of Jus bâtard; see references under Bastard: the word is spelt Dieubate in Douce MS., No. 69, and Gelyne endobat is the form in the Recipe on page 80.

Dyse, sb., 39. Dice.

Dysshe, sb., 8, 14; Dysshys, 14. Dish.—Dyssche-fulle, 54.

Dyuerse, adj., 36. Diverse (in colour).

Easly, adv., Seeth easly and longe, 73. Gently.

Eche a coffyñ, 74, Each Coffin.

Efte, adv., 43. Eft; after.

Egges, Potage de, 94 (Poached Eggs), see Douce MS., No. 100, "Egges pocche," F. of C., No. 90, "Pochee"; Eggys Ryal, 62. See Ey.

Eggys, 54, Edges.

Egredoucetes, 113, Egredouneye, 31, see F. of C., No. 21, "Egurdouce" (Flesh); F. of C., No. 133, "Egurdouce of Fysshe," and WARNER, p. 45, and p. 72 (Fish); WARNER, p. 44 (Fruit), p. 57, "Egurdouce to potage," (Soup); Browne in Egurdouce, 71, see Douce MS., No. 56. Fr. Aigredoux, sour-sweet.

Egrete rosted, 79, Egrett rost, 116; see Napier, p. 63; Egretez, 58. Egret, a kind of Heron, see Cotgr.,

Aigrette, Egrette.

Eier, sb., 73. Air.

Eiren, 83. Eggs: see Ey.

Eisel, 110: see Eysel.

Ele, sb., 48; Elys in Gauncelye, 22; Elys in Sorre, 89, 61, see Douce MS., No. 25, WARNER, p. 68, p. 85; Bakyn Elys, 59, Elys Rostyd, 59, 60, 62, Salt Elys, 59, Salt Elys with galentyne, 60.

Elles, conj., 8; Elle, 75, 88; Ellys, 6, 10, 15; Els, 109. Else. A. reads, "ellys Skynnys of Plays," in recipe cx. p. 26, probably rightly.

Enche, sb., 75. Inch.

Endore, vb.t., with 30lkys of Eyroun,

41, 47, 52, 75. Glaze; compare Dore, above; Fr. endorer, gild.

Endelonge be spete, 97, Endelonge the bak, 104; Enlonge, 71, 78. Endlong; along.

Entrayle, 38.

Erbeblade, 76. See Herbelade.

Erbis, sb., 6, 31; Erbys, 19. Herbs. F. of C., No. 151, has a "Frytour of Erbes."

Erþen, adj., 7, E. pannys, 54; Erþyn, 109. Earthen.

Eron, 82, 83. Eyren: eggs.

Esyli, adv., Sepe esyli, 42. Easily; gently.

Etyn, pp., 52, Eaten.

Egges.

Euclong, adj., 53. Oblong.

Even, adv., 14; Euene, 6, 7; Euyne, 12. Even; evenly.

Euery, adj., 20, 27. Every; each. Ey, sb., 19; Eyeron, 81; Eyren, 83; Eyron, 8, Eyron en poche, 24; Eyroun in lentyn, 41, see Napier, p. 37, "Eggs in lent"; Eyroun, 11, 12, 14, 17, 31: Warner, p. 89, has a recipe for "Eyren Gelide," see the dish on page 58 of this volume, which means Eggs in Jelly, not Iced eggs; he has also "Eyryn in bruet," II. No. 23. See

Eysel, sb., 28; Eysel Wyne, 31. Eisel; wine vinegar. O.F. Aisil, Eisil.

Faire, adj., faire spitte, faire potte, faire grece, faire brede, 82, clean, nice; adv., leche it faire, but not to thyn, 71, of moderate thickness; Roste hem faire, 82, moderately, nicely; Fayre oyle, etc., bright, good, 13, 14, 15; Fayre, clean, 13, 15; F. pecys, moderate-sized, 13; F. Fyre, bright, 15.

Fan, vb.t., fan owt, 7. Blow out (chaff, etc.).

Farce, vb.t., 41, 48. Stuff.

Farced, adj., Capoun or gos farced, 41; Farcyd, 3; Pygge y-farsyd, 40. Stuffed.

Farcere, sb., 46; Farsour, 113; Farsure, 39, 43, 49. Stuffing.

Fars, sb., 45. Farce; stuffing. Faste, adv., 27. Fast; tight. Fastyng dayis, 17.

Fauntempere, 19; spelt Faintempere on page 2.

Fayre, adj., see Faire.

Feche, vb.t., 36. Fetch.

Felettes of Porke endored, 82, F. in galentyne, 82; see Fylettes.

Fere, sb., in fere, together, 20.

Fere, adj., 83. Fair: moderate sized. See Faire.

Fesaunt Rost, 116, Fesaunte rosted, 78; see Napier, p. 60.

Feber, sb., 31, 53. Feather.

Fey, sb., 101. Liver; Anglo-Fr. Feie.

Fig, see Figus, Fygys.

Figee, 113; Fygey, 94, Fygeye, 24; see Warner, p. 46, F. of C., No. 89, Napier, p. 119, "Figge," Douce MS., No. 162, "Figee." The dish is called "Fyguade" in L.C.C., p. 42. A "Fyge to potage," is also given in WARNER, p. 67. The "Fygey" in WARNER seems to be from Fige, thickened, see Corga., "Laiet fige," as there are no figs in it; at the same time the figs thicken it, and Figuade would be the more likely form from Figue.

Figus, 112. Figs.

Fillet, see Felettes, Fylettes. Firmanty, 105: see Furmenty.

Fissh, Blaumanger of, 114, Blamanger of Fyshe, 23; Chauudon of fissh, 114; Mortrewes of Fysshe, 14, Mortrowes of fissh, 114; Iuschelle of F., 16; Gelye de F., 26; Potage on a Fysdaye, 29; Fyssday 9; Potage on fysshday, 15; Fyssheday, 11, 30. Fish.

Flake Water, 21, should probably be

"slake," i.e. warm.

Flampoyntes bake, 53; Flampoyntys, 4; see F. of C., No. 113, No. 184, Flawmpeyns," WARNER, p. 66, "Flampoyntes"; Flampayn, 60; Flampoyne, 60. Flampoynte is Flan pointé, and is so called from the small points of pastry with which the open Flawn was stuck, and made bristly.

Flat, adj., bind up f., 33; serue in

flatte, 33; sette out almost flatte, 33. The word here refers to the stiffness, or thickness, of a semi-fluid; see especially Recipe exxix. p. 29.

Flathons, 51, Flathonys, 73; see Douce MS., No. 16, "Flathonys," L.C.C., p. 39, "Flaunes;" Flathouns in lente, 56, see WARNER, p. 48, "Flownys in Lente." Cotgr., "Flans, Flawnes, Custards, Egge-pies." LITTRÉ, "Flan. Tarte faite avec de la crême fouettée, des œufs et de la farine." The word is derived from the low Latin Fladonem; compare O.H.G. Flado, Mod. G. Fladen. They were open tarts.

Flawns, see Flathons.

Fle, vb.t., 10, 18. Flea: flay.

Flesh, Tartus of, 74; Tartes de chare, 47, 52; Fless day, 113; Flesshe day, 30; Mortrewys de Fleyssh, 14; Fleysshe, 1,10, Rapeye of F., 25. "F[le]ysshe" in Recipe exix. p. 28, should be "Fysshe," as A. also reads.

Florehe, vb.t., 30; Florisshe, 113; Floryssche, 47. Flourish; garnish. Flos campy flour, 31. Flower for

ornamenting dish.

Floundres boiled, 102, see Douce MS., No. 136.

Flour, sb., 38; Floure Rys, 38; Whetyn floure, 33; Flowre of whete, 46, Whete Flowre, 38, Flowre of Amidons, 16, F. of Canelle, 15, F. of rys, 6, 15, 16, 18, 19, 20, 29.

Flowre, vb.t., 26. Flour.

Flowres, sb., 23; Flowrys, 20, 29, F. of hawborn, 29; Flowberys, 20. Flowers.

Foiles of parcelly, 102. See Foyle. Forced with milke and rawe yolkes of eyren, 117. See A-forcyd.

Fore, *prep.*, 106. For.

Forlonge wey, or ij, 91; Forlongwey, 7; A. reads here "a furlonge Way or ij," while the Douce MS. has "Forlange." This apparently means the time one would take to that distance.

Fors, sb., It is no fors, 33. Force; matter of importance: a French

Idiom, see Cotgr., Force.

Forsayd, adj., 28; forsayde, 38. Foresaid.

Fort, conj., Fort hit breke, 114; Fort that, 114. Until.

Forber-more, 29. Furthermore. For-with, adv., 41. Forthwith.

Foure-square, 46, iiij square, 44. Four-square; square.

Foyle, sb., of Syluer, 27; Foyles of ginger, 96. Foil; leaf, paring. Fraied oyle, 93, 96. Appar

Apparently fried oil, which is still used over again

in France. See Fray.

Franchemyle, 3; Frawnchemyle, 39; see L.C.C., p. 36, "Fraunche mele," Warner, II. No. 15, "Fronchemoyle," Napier, p. 119, "Fraunt hemelle." Cots., "Franchemulle d'vn mouton, A sheepes call, or kell." Mulle, or Mule, is O.Fr. for poche. Compare "Franche mule d'un bœuf. The purse, bag, or skinne, wherein the stones of an Ox, etc., be contained."—Cotgr., s.v. Mule.

Fray, vb.t., 89. Fry. The Douce

MS. has "fray hit."

Fresche, adj., 5; Freys, 6; Freysshe, 6, 9, 10; Freyssche, 52. Fresh.

Frete, vb.t., 113. Fret; rub.

Fretoure, 44, Frutours, 73; see L.C.C., p. 39, WARNER, II. No. 19, No. 40; Longe Fretoure, 43, 73, see Douce MS. No. 14; Longe Frutours, 68; Lente Frutours, 96; Fretoure owt of lente, 46; Leche Frutour, 68; Frutoure Rasyn, i.e. of Raisins, 69; Frutoure Samata, 62; Frytoure damaske, 62; F. of C. has also "Frytour of Mylke," No. 150, and "F. of Erbes," No. 151. O.F. Friture, Frying.

Fride, adj., 7; Fryit, 1; Froyde, 7. Fr. Froid, -e, Cold.

Fritter, see Fretoure.

Froyse, 86, Froyse out of Lentyn, 45, see Douce MS., No. 182, L.C.C., p. 50, WARNER, II. No. 18 (veal); F. in lentynne, 42. Fr. Fraise, pancake. They were round fritters.

Froyte de almondes, 91, called in Douce MS., No. 11, "Froydelet dalmandes," i.e. Cold Almond Milk.

Frutours, 73, see Fretoure.

Fry, vb.t., Fry in oyle, 21, 30, 42, 45, 93; in grece, 14, 30, 44; Frye vppe brown in Oyle, 43; Fry in grece or buttur, 73.

Fry, sb., of Pyke, 95; Frye of Pyke,

16. Roe.

Fryid, adj., 12, "Oyle fryid," which may mean either cold oil, or fried oil, which is still kept and used again in France; see Fraied oyle, above; at page 46 it means fried.

Frying-pañ, 73; Frying-panne, 42, 45; Fryng-pañ, 86.

Fulle, vb.t., 39. Fill.

Fullyche, adv., 9, 29. Fully; quite. Furmenty with purpaysse, 17, Firmenty with porpeys, 105, see Douce MS., No. 171, NAPIER, p. 86, F. of C., No. 69, No. 116, WARNER, p. 66; Venyson with f., 6, F. with venyson, 70, 68, see Douce MS., No. 180. Recipes for Furmenty are given in Napier, p. 100, WARNER, II. No. 1, and p. 81, L.C.C., p. 7. "Furmenty is a Wheat husked and boyled," Holme, Armory, II. iii. 56.

Fuyr, sb., 12; Fuyre, 78. Fire. Fygys, sb., 15, 16, 24. Figs.

Fylettes, sh., 49; Fylettys, 38. Fylettys en Galentyne, 8, Fillets. 82, see Napier, p. 89, F. of C., No. 28 and No. 117, Warner, p. 58, L.C.C., p. 31; Felettes of Porke endored, 82, see Douce MS., No. 127, "Filettes de pork en gallentyne," or "en-dorre," Napier, p. 67, "Feletes of Pork."

Fyngerys, 8b., 44, 52. Fingers; (and as measure).

Fyre, 41, 42, Fire.

Gader, vb.t. 7, 17, 31; Gadere, 7, 45;

Gadre, 42. Gather.

Galentyn, Lampreys in, 32, see Na-PIER, p. 117, F. of C., No. 126, L.C.C., p. 25, WARNER, p. 46; Lamprons in Galentyne, 100, see Douce MS., No. 46, F. of C., No. 127, WARNER, p. 70; Pike in galentine, 101 (two recipes), see Douce MS., No. 75, Napier, p. 79; Fylettys en Galentyne, 8, see Napier, p. 89, F. of C., Nos. 28, 117, WARNER, p. 58, L.C.C., p. 31: Galyntyne, 109, O.F. Galentine. For the Recipe for Galentine see Sauces.

Galingale, sb., 107; Galyngale, 13, 15, 34, 54. See Cotgr., "Galingal. The Aromaticall root of the rush called Cypresse, and English Galingale.

Galon, sb., A gode g., 22; Galouns,

12, 22. Gallon.

Gape, vb.int., (of boiled muscles

opening), 90.

Garbage, 9, 72, see Douce MS., No. 83, Napier, p. 78; Garbagys, 9. Giblets. Garleke, sb., 23, 110; cloue, 110,

Clouys of garleke, clowes of g., Cloves of garlic, 109.

Garlic, see Garleke.

Gauncely, 2; Elys in Gauncelye, 22; Hennys in G., 23. See "Janse, jance, gance, sorte de sauce;" Gode-It would almost appear to be properly a sauce for goose; compare "Gances, Anseres silvestres;" Du-CANGE. It is also spelt Gauncell, as in Douce MS.: for the sauce see Sauces.

Gaylede, 22.

Gele of peson, 95, Gelye de Fysshe. 26, see Douce MS., No. 175, F. of C., No. 101, Warner, p. 72, II. No. 36 (Fish or Flesh); Gely (calves foot), 86, see Douce MS., No. 174; Gelye de chare, 25, see F. of C., No. 102, "Gele of Flessh," NAPIER, p. 42, "Gilly of fleshe," WARNER, p. 44, and p. 61; Gele Potage, 68. Fr. Gelée. Jelly.

Geloferys, sb., 19; Gelofres, 15; Gelofres, 48; Gelofrys, 21. Gilli-

flowers.

Gelyne in dubbatte, 13, Gelyne endobat, 80, see Douce MS., No. 69, and Dubbate: Gelyne in brothe, 81, see Douce MS., No. 89, see also recipes under Hen. Fr. Gelin, Hen.

Gilliflower, see Geloferys.

Ginger, see Gyngere.

Gobet, sb., 31, 55; Gobettys, 6, 13, 18, 23, 55. Gobbet; lump.

Gobet, vb.t., 54; Gobete, 112. Gobbet; cut into gobbets.

Gobouns, sb., 10. Gobbets.

Goce, \$b., 81, Goose. See Goos. Goions fryid, 60. Fried gudgeons.

Golet, sb., & Golett, 116. Gullet. Goos in hogepotte, 18, see WARNER, p. 57, p. 84, and II. No. 22, F. of C., No. 31, L.C.C., p. 32; Goce or Capon farced, 81, Capoun or gos farced, 41, see Douce MS., No. 36; Gos, 2; Gees, 8; Wilde gese, 76. Goose.

Graspeys, 59; Royal Fish, as Sturgeon or Whale, but applied also to

other fish.

Grate, vb.t., 6.

Gratid, adj., brede, 16, 21; gratyd, Grated.

Grauey, Oystres en 13, 100; Whyte pesyn in g., 33; Conyngys in graueye, 18; Grauy, 1; Oystrys in g. bastard, 13. Gravy.

Graynys, sb., 28 (? as next); of parise, 6, parys, 34, Perys, 27, Grains of Paradise; of Pome-garnad, 29.

Grease, see *Grece*.

Grece, sb., 7, 8, 14, 34, 45; Whyte gr., 29; Gres, 43. Grease.

Gredelle, sb., 40; Grydelle, 21. Girdle (for cooking).

Gredyl, vb.t., vp broun, 40. cook on girdle.

Gredire, sb., 102, 103; Gredren, 100; Gredryn, 102, 103; Gredyre, 36. Gridiron.

Grene, adj., 15, 20; Grene chese, 48. Green.

Gret, adj., a gret dele, 12, Gret Roysouns, 15, Grete roysonys, 33, Great Raisins, i.e. not Currants; Grete pyes, 76; Gretter, 15, Greater.

Gridel, 114, see Gredyl.

Groundyn, adj., 38, Ground; brayed. Growell, 70: Growelle Force, 70. Gruelle a-forsydde, 6, see Douce MS., No. 32, L.C.C., p. 47, "Gruel of fors," F. of C., No. 3, "Grewel forced," WARNER, p. 51, "Growel of force," NAPIER, p. 88, "Gruelle engage of the company of the co forced;" L.C.C., p. 20, has also "Gruel of Porke;" Drawyn grwel, 10, see

Douce MS., No. 33; Grwele, 10; Grwelle, 1. Gruel.

Gruel, see Growell.

Grynd, vb.t., 12; Grynde, 9. Grind.

Guisself, 87; see *Iuschelle*. Gullys, 62, 63. Gulls.

Gurnard, sb., 25; G. rosted or boyled, 103, 104, see Douce MS., No. 141, NAPIER, p. 74; Gornard, 14; Gurnyd broylid with a syryppe, 62.

Gutte, sb., of purpays, 42, ? the

pouch: Guttys, 108. Gut.

Gyngaudre, 15, Gyngautrey, 94; see Douce MS., No. 161, WARNER, p. 70, "Gyngawtre," F. of C., No. 94, "Gyngawdry."

Gyngerbrede, 35; Gyngere brede, 3.

Gingerbread.

Gyngere, sb., 10, 11, 17, 25, 32; Whyte Gyngere, 21; Gyngeuere, 115; Gyngiuer, 114. Ginger.

Gysers, sb., 72, 76, 108; Gysour, 41; Gysowrys, 9. Gizzard. O.F. Gezier.

Hacke, vb., 14, 18; Hak, 76; Hakke, 13, 14, 18, 23. Hack; hew.

Haddok, sb., 10, 11, 16; Haddok or Codlyng, 104, see Douce MS.,
No. 143; Haddoke in Cyuee, 114, see Napier, p. 72. Haddock.

Hagas de Almaynne, 44, Hagas de almondes, 84, see Napier, p. 43, "Hagges of Almayne," Douce MS., No. 21, "Hagys dalmaygne"; Hagase, 3; Hagws of a schepe, 39, see L.C.C., p. 52. Haggis.

Hak, vb.t., 76. Hack.

Hake, sb., 16.

Hakkyd, pp., 32. See Hacke.

Halful, 55, Half-full.

Halfyndele, 20; Halvyndele, 41. Half-deal, or part.

Halybutte, 60, Halibut. Ham, pron., 37. Them.

Handfulle, sb., 28. Handful. Handys, sb., 14; Hond, 16; Hondys,

15, 35. Hand, hands.

Hanoney, 43, 84. See also Douce MS., No. 24. Apparently *Oignoné*; see also *Oignonade*, in LITTRÉ, a dish with many onions in it, as this dish has. Hard, vb.t., 56, Harde, 54; Harde, vb.int., 47; Hardyd, p. 50. Make hard.
 Hard, adv., sethe hard, 12. Fast;

sharply.

Hardid, adj., 56. Harded; hardened

(in oven).

Hare, sb., 19, Hare in Wortes, 69;

Harys in Cyueye, 18, see Warner,
II. 8, L.C.C., p. 21, Napier, p. 113;

Warner has also "Haris in Talbotays," II. No. 9 (see this Work, p. 19),
and "Hares or conynges in seue," p.
78, see L.C.C., p. 21.

Haselle, sb., leuys, 31: Spete of h.,

39. Hazel.

Hawborn, Flowrys of, 29; Haw-

thorun, 20. See Spyneye.

Hasselet, sb., 97; Hastelette, 106. Harslet: Douce MS., "Haslet." "Hastelet, dimin. de haste, viande rôtie."—Godefroy.

Hed, sb., 9, 16; Hedys, 16, 42. Head.

Hef, vb., 53. Heave; lift.

Hegh, *adj.*, 75. High. Held, *vb.*, 39. Throw; cast.

Hele, vb.t., 27, 47, 73. Cover.

Helyd, p.p., 52. Covered.

Hem, pron., 14, 15, 19, 34, 40. Them: 18, 19, 40. Him.

Hen, sb., 14; Conyng or hen in clene broth, 80, see Douce MS., No. 67; Conyng, hen, or Mallard, 80, see Douce MS., No. 68; Vele, kede, or henne in Bokenade, 13; Hennys in bruette, 18, see Warner, II. 7, Napier, p. 114, L.C.C., p. 22, and p. 49 ("Henne in brothe"); Hennys in Gauncelye, 23, see L.C.C., p. 24, Napier, p. 116; Henne, 13; Hennys, 19, 21. See Gelyne.

19, 21. See Gelyne. Her, sb., Her syue, Hair sieve, 113.

Herbelade, 54, Herbe-blade, 76; see NAPIER, p. 58, "Hayrblad opyn," (i.e. open, with no top crust,) Douce MS., No. 184. So called from the herbs in the cakes. See DUCANGE, "Herbolasta," a cake stuffed with herbs.

Herbs, see Erbis.

Here, 24. The hairy appendage of the Mussel, called "Muskles Wool," in Holme, Armory, II. xiv. 345; now called the Byssus.

Heron rosted, 78, H. rost, 116, see L.C.C., p. 35, NAPIER, p. 62, Herons, 68; Heyroun, 62.

Heron-sewe, 68; Heron sewes, 61; Heronsewys, 59. Hernshaw; young

Heron.

Herte, sb., 41; Hertys, 8. Heart. Hery of bonys, 14; Hairy with bones.

Hete, sb., 22: vb., 11; hete hote, 12.Heat.

Heyroun, 62. Heron.

Hew, vb.t., 7, 17; Hewe, 6, 17.

Hogepotte, Goos in, 18; "Hochepot: A hotch-pot, or Gallimaufrey." -Cotgr.

Hoghes, sb., 51; Howe, 37; Howhys, 25; Hojos of fele, 86. Hock.

Hol, adj., 19, 27; Hole pepir, 8, 9; Hool, 55; Hoole, 12. Whole.

Hold coloure, keep colour, Holdyn, pp., 7.

Hole, vb.intr., 7, Hull; lose the husks; Hoole, vb.tr., 33, Hull; strip off hulls. Holf, sb., 105; Holys, 7, 32, 114.

Hull; husk.

Hondefull, sb., 72. Handful.

Honge, vb.intr., 36; hongy, 7. Hang. Hony, 6, Clarifiyd h., 12, Hwyte Hony, 29.

Horn, 106, of Whelk.

Hote, adj., 10, 12. Hot.

H.q., 12. Hoc quære: like q.v. Hure, hyre, adj., 13, 18. Her.

Hwyte, adj., Hony or Sugre, 29, Sugre, 54. White.

Hy, adj., komyth on hy, boils up, 17. Hym, pron., 18; Hyt, 35. Him: It.

Hyrchouns, 62. See Yrchons.

I-ete, 99, Eaten. Isope, sb., 27; Isoppe, 74. Hyssop. I-sothe, *pp.*, 18. Sodden.

Ioissħ 116, Juice. Jollys of Samoun, 61, Salmon Jowls. Ioutes, 5; Iouutes, 1. See Napier,

p. 108 (Almond), L.C.C., p. 15, "Jouts dalmond," F. of C., No. 88, (Almond), WARNER, p. 67, "Jowtes

of Almand Mylke;" F. of C., No. 73, "Frenche Owtes;" F. of C., No. 5, "Eowtes of Flessh," WARNER, p. 52, "Joutes on flesh day," p. 80, "Joutes of flesh"; WARNER, p. 80, "Joutes of fysshe"; L.C.C., p. 47, 48, "Joutes," (Vegetables). Just seem equivalent to Jus, Juice, see Cotgr., and is spelt Joust in WARNER, p. 89; and see Ducange, "Jutta, potionem confectum ex lacte spissiorem."

Ioynte, sb., 116.

Iuce, sb., 92: Ius, 15, 31, 40, 41, 45; Juse, 21. Juice.

Iunte, vb.t., 116. Joint.

Iuschelle of Fysshe, 16, Iusshell, 95 (Fish); Iussell, 95; see Warner, p. 86, "Jussel of fysshe." Douce MS., No. 166, "Guissell" (Fish); see also WARNER, p. 82, "Jussel of flessh,"
NAPIER, p. 26, "Juselle sengle,"
(flesh), p. 87 and p. 104, "Jusselle"
(Flesh), T. C.C. 11/47" (Flesh), L.C.C., p. 11 (Flesh), WAR-NER, II. No. 21 (Flesh), and WARNER, p. 82, F. of C., No. 44, "Jusshell enforced." "Jussel, jus, potion," Gode-FROY: Juscellum is late Latin for soup. See Guissell.

Kake, sb., of dow, 43; 85. Kaste, vb., 52; Kest, 115. Cast: throw.

Kede: Vele, kede, or henne in Bokenade, 13, 85, see Douce MS., Nos. 76, 77; Kede rosted, 81, see Napier, p. 65; Keed 85; Kyde a-Forsyde, 41.

Kele, vb.int., 7, 12, 13, 24; Kelid, 38. sb., 94, 96. Kelyng, Keeling. HOLME, II. xiv. 334, says it is the common Cod, but it seems identified with Codling elsewhere. Florio, 1659 ed., see Eng.-Ital. part, translates it by Merluzzo, which he says is the *Haddock-fish*, or according to others the Sea-whiting.

Kerf, vb., 38; Kerue, 22, 36, 112.

Carve: cut.

Kerve, vb.t., in a morter, 70, Bray. Keuere, vb.t., 45, 52; Kouere, 112; Kyuer, 43; Kyuere, 46, 50. Cover: see Ceuere.

Kid, see Kede.

Kne, Knese, 116; Kneys, 116. Knee. Knede, vb.t., 38. Knead.

Knyf, sb., 35; Knyff, 34. Knife.

Koddys, 43. See Bene-codde.

Komyth, 17. Cometh.

Kowe mylke, 35.

Kreme, sb., 7, 39; of Almaundys, 42. Cream.

Kreme, vb.t., 35, 40; Kryme, 35. Crimme; crumble.

Kutte, vb.t., 21. Cut.

Kychoun, sb., 34. Kitchen.

Kyde, see Kede.

Kyn, 114, Cows.

Kyrneleys, sb., 34; Kyrnellys, 30, 32. Kernels.

Kyt, vb.t., 7, 11; Kytte, 7, 10, 11, 14, 15, 18, 26; Kyttyst, 52. Cut. Kyttyng, sb., 26. Cutting.

Kyuere, vb., 46, 50, 52. Cover: see Ceuere and Keuer.

Ladel, sb., 7, 10; Ladelle, 17. Ladle. Ladel-ful, 8, Ladleful.

Lamprays bake, 52, Lamprey I-bake, 98, see Douce MS., No. 60, L.C.C., p. 38, Napier, p. 49, p. 121; Lamprey poudred, 99, see Douce MS., No. 130; Lampreys in galentyn, 32, see Warner, p. 46, F. of C., No. 126, L.C.C., p. 25, Napier, p. 117; Sauce pour lamprey, 99, see Douce MS., No. 30; Warner, p. 46, has "Lamprey in bruet."

Lamprons y-bake, 100, Lamprouns y-bake, 51, see Douce MS., No. 91; Lamprons in Galentyne, 100, see Douce MS., No. 46, F. of C., No. 127, Warner, p. 70; Lampronys, 32; Lamprounys, 51. Lampern.

Larde, sb., 19, Lard; Larde, Lardys, 49, Thin slices.

Larde, vb.t., for roasting, 18, 78; cut in thin slices, 40, used in the same signification in A., see this book, p. 19, recipe lxvij; the bracketed "mynce" being "larde" there. Lard.

Larkes rosted, 68.

Lasse oper more, 45. Less or more. Lat. vb., 12, 21, 25, lat blede, 52;

Late, 7, 21, 43, Late deye, 52, Late blode, 52; Let, 12, 21; Lete, 12, 21.

Laumbere, adj., 26. Amber.

Leche, sb., 34, 71; L. lumbarde, 35 (2 Recipes), 92, 93, see Douce MS., No. 54, No. 55, F. of C., No. 65, Warner, p. 62, Napier, p. 34, "Lesk lombard"; L. Vyaundes, pt. II., Harl. MS. 279, p. 34, see Viaund; Lese fryes, 75, see Douce MS., No. 43, Napier, p. 59, "Lesche freez;" F. of C., No. 158, has "Lesshes fryed in lenton"; Lechys, 25, 32, 34. See Cotgr., "Lesche: A long slice, or shiue of bread" (or other edibles). There are also in the Banquets Leche barry, 62, Leche cremy ryall, Leche Frutour, 68. The Leche barry was a leche with bars of gold and silver as adornment.

Leche, vb.t., 12, 13, 17, 18, 31, 71; Lechyst, 35; Lesshe, 12. Cut in leches.

Lechyd, pp., 35. Cut in leches.

Lechyngys, sb., 15. At first sight this looks like Lechings, but A. glosses it *Lozenges*, and Losenges is also spelt "lechynges" in A., in the recipe on page 44.

Led, sb., 73; Lede, 49; Ledys, 47, 48. Lid of pot, and top crust of

pastry coffin.

Lede, sb., 39. Lead. Leek, see Lekys.

Lef, vb.t., 12; Lef.. out, 51. Leave. Lekys, sb., 14. Leeks.

Lemys, 26. Limbs.

Lenge, sb., 43, 48. Ling; the fish.
Lente, sb., 2, 12, 19, 33, 43, 56;
Lentyn, 29, 33, 41, 45; Lentynne, 42. Lent; the season.

Lere, adj., 50. Lear; empty. Lese, vb.t., 21, 38. Pick. Lese fryes, 75, see Leche.

Lesenges Fries, 97, see Douce MS., No. 154, Napier, p. 58: Lesynges de chare, 44, Losinges de chare, 82, see Douce MS., No. 74, L.C.C., p. 40, "Lossyns," F. of C., No. 49, "Loseyns," both of Cheese. Napier, p. 80, F. of C., No. 128, "Lessingis

on fische dais"; Lesyngys, Lesyng?,

44. Lozenges.

Let lory, 17, Lethe lory, 85, see F. of C., No. 81; Lete lardys, 3, Letlardes, 92, Lette lardes, 35, see Warner, p. 63, "Leche lardys," Napier, p. 87, p. 106, "Ledlardes," L.C.C., p. 13, "Lede lardes," F. of C. No. 68, "Lete Lardes." Fr. Lait, Milk: the "Let lardes" seem originally to have been "Let lardé," or "Larded milk," and to have been changed to the substantive lardes or lardys, and become "Milk lards," and the Let even got changed into Leche, as above, the larded milk being cut into Leches. Holme also says that Leach is "a king of jelly, made of cream, ising-glass, sugar and almonds, with other compounds."

Lete, vb., see Lat.

Leuer, sb., 16, 41; Lyuer, 16; Lyuerys, 9, 16. Liver.

Leuys of percely, 7, of borage, 8. Leaves.

Leuyth, 40, Remaineth.

Ley, vb.t., 109. Lay.

Ley, Leye, sb., 32. Lie; Lees of wine.

Ling, see Lenge.

Litel, adj., 16; A litil an a litil, 17; Littel, 16; Litul, Litul, 71; Lytel, 24; Lytelle, 53; Lytil, 15, 16, 17; Lytylle, 18. Little.

Liver, see Leuer.

Loach, see Loches.

Lobster, see *Lopster*. Loches, Lochys, 24, Loach

Loches, Lochys, 24, Loaches: Menese or loche boiled, 104, see Douce MS., No. 148.

Lof, sb., 6. Loaf. Loft, On, Aloft, 78.

Longe Fretoure, 43, L. Frutours, 73, 68, see *Fretoure*; Lange wortys de chare, 5, see Douce MS., No. 1; Lange Wortes de Pesoun, 5, 89, see Douce MS., No. 2.

Longebeff, sb., 5. "Lange de bæuf. Ox-tongue, rough or small Buglosse," Cotgr.: A. reads here "longedebef."

Lopster, sb., 102, Crabbe or Lopster boiled, 102, see Warner, p. 47;

Lopstere, 24; Loppestere, 114. Lobster.

Lorey de Boolas, 25: "Lora, Potionis mellitæ genus," DUCANGE. There is honey in the Bullace.

Lozenges, see Lesenges.

Luce, sb., 39,42, 57; Luys, 112; Luyss,
113; Luyss, 113. Full-grown Pike.
Lust, vb., 41; Luste, 55. List; like.
Luys, Luyss, see Luce.

Ly, vb.t., 15, 19; Lye, 13. Allay;

mix. See A-lye.

Lycour, sb., 6, 11; Lycoure, 12, 26;
Lycowre, 11, 13; Lykoure, 12. Liquor.
Lyer, sb., 20; of Brede cromys with wyne, 33. Liour; mixture: spelt "lyre" in F. of C., p. 28.

Lyid, pp., 13. Allayed.

Lykey, vb., 31. Like; please. Lynne clout, 112, Linen clout.

Lynen clobe, 9, 34.

Lyode Soppes, 11. ? Allayed, steeped sops.

sops.
Lyte, adj., 17. Little.
Lyuerys, 9; see Leuer.
Ly3t, adj., 17. Light; small.

Mace, vb.t., 35. Make.

Maces, sb., 6, 10, 15; Mace, 46; Macys, 8. Mace; the spice.

Malasade, 83, see Douce MS., No. 10, and Meselade: Malesade, 84.

and Meselade; Malesade, 84. Mallard: Conyng, heñ, or M

Mallard: Conyng, hen, or Mallard, 80, called "Cony, gelyn, ou malard en oyle," in Douce MS., No. 68; Mawlard, 8, 12, 63, Conyng, M. in gely or in cyuey, 14, the same Recipe as above; WARNER, II. No. 51, and p. 62, 85.

Malmens bastard, 93, Malmenye Fur-

ne, 48. See Mammenye.

Malvis, sb., 69; Malwys, 5, 15.

Mallows.

Mammenye bastarde, 22: Maumenye Ryalle, 22; Mawmene, 88; see Douce MS., No. 167, NAPIER, p. 118, "Mammony," WARNER, II. No. 30, "Maumene," p. 76, "Mawmene," F. of C., No. 20, "Mawmene," No. 194, "Mawmenny," L.C.C. p. 26, "Momene": WARNER has also on p. 55, "Maw-

mene to potage," (a soup). The word is apparently derived from the Fr. malmener, the meat being teased small. Compare Malmenye, above.

Mange moleyn, 36. Possibly named after a person; see Rys Moleyn? on page 59: both have Rice as

ingredient.

Manged brede, 83, Manchet bread; Douce MS. "Maynche": see Mengyd Flowre, and Paynemain.

Mannys, 97, Man's.

Marbyl coloure, 34. Marble colour: variegated.

Marbylle, adj., 29, reading "marbely." Marbly;

Marew, sb., 56; Marow, 40, 44: Marw, 6; Marwe, 6, 8, 51; Mary, 9 (but A. reads here "meribonys," in place of "mary, brothe,") 74, 84; Marye, 32; Merow, 44, Merw, 9, Marrow.

Maribonys, 55, Marw-bonys, 55, Mary-bones, 70, Marybonys, 5, Mery-

bonys, 5, 6, 46. Marrowbones. Marling; Fryid Marlyng, 59, Merlyng sobe, 61. Whiting: Fr. Merlan.

Marrow, see Marew.

Mawe, sb., 38, 39; Mawes, 18, 106; Mawys, 18, 38. Maw; stomach.

Mawmeny, 68, see Mammenye.

Medel, vb.t., 73; Medle, 75; Medylde togidre, 73. Meddle: mix.

Melle, vb.t, 24, 30. Mell; mix.

Mence, vb.t., 41. Mince.

Menese or loche boiled, 104, see Douce MS., No. 148; Menyse, 104. Minnows.

Meng, vb.t., 46; Menge, 17. Mix: mingle.

Mengyd Flowre, 43, Manchet flour, compare Manged brede, Meynedflour: Douce MS. reads "Mayned flour."

Meselade, 42; Meslade, 43.? Meslade, mixture: spelt Malesade in Douce MS. and in A. See *Malasade*.

Messe, vb.t., 30, 114; Messe forth, 11, 114. Mess; portion.

Metys, 35, Meats.

Meyned floure, 83: flour for Paindemain, or Manchet bread, see Mengyd Flowre.

Mighti, adj., 71. Mighty: strong.

Milk, see Let.

Milkemete, 106; Milke Rostys, 40, called Mylke Rostyd, on page 3, see Napier, p. 109, Warner, H. No. 25, L.C.C., p. 17; Mylke of almaundys, 6, 7, 13.

Millet boyled, 104, see Douce MS.,

No. 147, Mullet. Fr. mulet.

Millewell, sb., 96; Milwel, 43, 48; Milwelle, 48; Mulwyl taylys, 61; Mylwell, 16. Mulvell: said to be Haddock. See, however, Holme, Armory, II. xiv. 334, where he says: "The Keling or common Cod, is called the Welwell in Western parts of England." In the Eng. It. part of Florio, ed. 1659, the Melwel also is identified with the Keeling; also in Cotgr. (see "Merlus"), and is there said to be a small kind of Cod, of which Stockfish was made. Keeling.

Mince, vb., see Myce, Mynce.

Minnows, see Menese.

Molberys, 28, Mulberries.

Molde to-gederys, 35. Mould, or roll, together.

More, adv., 19.

Morreye, A rede, 28; Murrey, 19; Murreye, 28; see F. of C., No. 38, "Morree," WARNER, p. 48, "Morrey," II. No. 37, "Murrey," p. 84, "Murre," and p. 56, "Murre to potage" (a soup). It is so called from the mulberry, or dark red colour of the dish, and in the recipe in WARNER, II. No. 37, mulberries are used to colour it: sometimes wine or saffron is used. It. Mora, mulberry; "Moréllo, the murreyor black-berry colour," FLORIO; "Morée: A kind of murrey, or darkered colour," Cotgr.; "Moratum: Potionis genus ex vino et moris dilutis confectæ," DUCANGE; also Moretum.

Morter, sb., 11, 27, 28; Mortere, 28, 35, 53; Mortre, 109. Mortar for

braying.

Mortrewes of Fysshe, 14, 114, Mortrewes of Pesyn, 90, see Douce MS., No. 82, Napier, p. 111, Warner, p. 86, F. of C., No. 125, L.C.C.,

p. 19; Mortreus de Chare, 70, Mortrewys de Fleyssh, 14, see Douce MS., No. 81, WARNER, p. 75, NAPIER, p. 102, L.C.C., p. 9; Whyte Mortrewes, 19 (Hens), White Mortrews of Porke, 28, see F. of C., 45, "Mortrews," and Warner, II. No. 5, "Morterelys," F. of C., No. 46, "Mortrews blank," NAPIER, p. 106, WARNER, p. 62, L.C.C., p. 13, "Blanchyd mortrews," all made from Hens and Pork. Italian Mortarello, a Mortar Pork. Italian Mortarello, a Mortar, FLORIO: in DUCANGE "Mortariolum" is applied to a dish prepared from bits of meat, and there are also the forms "Mortairol," and (in LITTRÉ) "Mortayrol": see Mortadello, "A large sausage," in LITTRÉ. Modern Mortress, A dish of pounded meat: the ll being liquid in the French would give the form Mortrews.

Morwe, Morrow, see A-morwe.

Mosselle, sb., 42; Mosselles, 83, Mossellys, 30, 112. Morsel.

Motley, adj., 36.

Moton, sb., 8, 9; Motoun, 9; Alows de Beef or de m., 40, 83; Trype de m., 7, 82, see Douce MS., No. 4; Brest de motton in sauce, 85, see Douce MS., No. 86; Stwed Mutton, 72; Mutoun, 8: see Mutton.

Mountance, sb., 42. Amount.

Mow, vb., 38. May.

Mowntayne, sb., 84. Compare Mount-

ance, above.

Muscules in broth, 90, see Douce MS., No. 78, Napier, p. 78; M. in shelle, 90, see Douce MS., No. 79, Napier, p. 78; Muskelys in bruette, 24, see F. of C., No. 122; WARNER, p. 68, has also "Musculs in sewe": Musculis, 90; Muskele, 24. Mussel.

Mussel, see Muscules.

Mutton, Stwed, 72 (Stewed); Tripe de M., 82, see Douce MS., No. 4; Allowes de M., 83, see Douce MS., No. 17.

Myce, vb.t., 71, 76, 99. Mince. Fr. micer, michier.

Myced, adj., and pp., 72, 75; Mysed, 74. Minced.

Myddel, sb., 42; Myddelle, 52. Middle.

Myghty, adj., 12. Mighty; strong: (Broth).

Myid brede, 39, 49. Crumbed bread: Fr. Mie, crumb; see L.C.C., p. 8, "Myed," p. 11, "Myud."

Myle; in Rapeye, 46.

Mylt, vb.t., 51; Mylte, 86. Melt. Myltes, sb., 70; Myltys, 8. Milts;

Mynce, vb.t., 16, 29, 110, Mince: Mynced, adj., 15, 16, 76; Myncyd, 14, Minced. See Myce.

Mints; the herb. Myntes, 110.

Mythty, Mysthty, adj., m. wyne, 22. Mighty; strong.

My<sub>3</sub>t, My<sub>3</sub>th, vb., 27.

Namely, adv., 41, 107. Especially. Nape, vb.t., 102, 105.

Navel, 14.

Nedyl, sb., 40. Needle.

Neme, vb.t., 6, 22; Nym, 14, 21, 23, 30, 39; Nyme, 23, 30, 32. Nim; take. Neres, sb., 70; Nerys, 8. Ears: A.

reads here "eris."

Nese Bekys, 45, see "Nysebek," F. of C., No. 173.

Nessh, adj., 75; Neyshe, 6; Neyssche, 48, 53; Neysshe, 24, 27; Nessher,

94. Nesh; soft.

Nombles of Veneson, 70, Nomblys of be venyson, 10, see Douce MS., No. 39, F. of C., No. 13, and No. 54, WARNER, p. 53, and II. No. 12; see also Napier, p. 103, and L.C.C., p. 10, (any); NAPIER, p. 90, "Nombles of fische." Numbles, p. 114, is imperfect. Umbles. O.F. Nombles; compare Late Lat. Numbulus, for Lat. Lumbulus.

Non, adj., 35. None; no. Notemyggez, 109. Nutmegs.

So called from the nuts Noteye, 31. in it.

Nowne, 73. Oven.

Nowt, adv., 6, 8, 11; No<sub>3</sub>t, 7, 8, 16. Not.

Numbles, see Nombles.

Nutmegs, see Notemyggez.

Oatmeal, see Otemele.

Obleies, sb., 73; Oblye, 46. Oble; thin cake. Cotgr., "Oublie: A wafer cake; such a one especially as is sweetened only with honie; also, the thinne past that serves for the bottomes of Tartes, and March-panes." See Ducange, Oblata. There are the forms Oblée and Oblie, and the original sense of the word is consecrated wafer, as an offering.

Of, adv., 8; prep., 27, 42.

Oil, see Oyle.

Oille de oliue, 114. Olive oil. See Oyle.

On, adj., 36, 53, One; prep., 5, 40.

Ondo, vb.t., 17. Undo.

One3, adv., 44; Onys, 6, 7, 18, 45.

Onions, see Oynons.

Ope, vb.t., 18. Cut open. Or that, Till that, Till, 55.

Orage, sb., 5. Orach. Ang.-Fr. Orache, Fr. Arroches, see Cotgr.: Lat. Atriplex, see Mowat, Alph.,

Otemele, sb., 6, 10; Ote-mele, 42.

Oatmeal.

Oper, conj., 21, 22, 34. Or.

Ouer-cast, vb.t., 49; Ouer-caste, 48. Turn over.

Ouere-couer, vb.t., 85. Cover over. Ovenne, sb., 53; Ovyn, 47, 48, 54; Ovynne, 50. Oven.

Ouer eve, 20; Ouernysth, 33, Over night.

Ouer-renne, vb.int., 36, 37. Overrun,

run over. Ouerbwart, adv., 40; Oueretwarde,

115. Across.

Ouer-wewyd, pp., 25. Compare "Biweved, covered," HALLIWELL: wewyd is glossed "wasshe," i.e. washed, in A.

Ouer-wose, 86. Washed over; compare A-wese. Douce MS. reads "wese."

Owrys, sb., 7, 37. Hours.

Oyle, sb., 12, O. of Olyff, 30; O. soppes, 96, 115, O. soppys, 12, see Napier, p. 81. Oil.

Oynons, sb., 6, 110; Oynonys, 5, 8, 9, 10; Oynouns, 109; Oynenons, 14. Onions.

Oystres en grauey, 13, 100, see Douce MS., No. 65, F. of C., No. 121; Oystrys in g. bastard, 13; O. in bruette, 23, see L.C.C., p. 53, WARNER, p. 47; O. in cevey, 100, see Douce MS., No. 184, F. of C., No. 123.

Paast, sb., 74, 97, 105; Paaste, 98; Paste: see Past.

Patience (the Pacience, sb., 69. herb): Snakeweed, a kind of dock.

Pancake, 46.

Panche, sb., 82, panches, Paunches, 94. Paunch.

Panne, sb., 42, 43, for frying; Erthen pannys, 54.

Panteryse, 59.

Papyns, 9. Cotgr., "Papin; for children."

Parboyle, vb.t., 6, 8, 12, 13, 41; Parboyled, 100; Parboylid, 13. Parboil. Parboylingge, adj., 84, That is being parboiled.

Parcelly sb., 72, 81; Parcely, 72; Parcill, 81. Parsley. See Perceli.

Parchement, 46.

Pare, sb., 30. Paring; peel: A. also thus.

Pare, vb.t., 7, 12, 16, 24, 27, 30, 34, 47, 51, 71, Pare; peel (fruit and meat); Pare in ij. or in iij., 87, cut in two

Pare, Pye; de, 53, Pies of Parys, 75, see Napier, p. 58, Douce MS., No. 72; Parysgingere, 110. Paris.

Paris, see Pare3.

Parsley; see Parcelly and Perceli.

Parte, vb.t., 20, Part; divide.

Partrich rosted, 78, see Napier, p. 61, Douce MS., No. 109; P. stwed, 78, Pertrich stewyde, 9, see Napier, p. 95, Douce MS., No. 28; Pertriches, 19; Pertryche, 1. Partridge. Party, sb., 20, 27, 40; Partye, 29,

40; Parti, 40. Part.

Partye, 46, Party coloured.

Past, sb., 45, 51; Paste, 39, 41, 98; Paast, 74, 75. See Paast.

Partelade, 59 Pystelade chaud, 62, P. fryid, 62, Petelade Fryid, 62. Pastelet, ? Pasty: it may be a

pounded dish.

Payne Puffe, 61, 68; Payn pur-dew, 42, P. purdeu, 83; see Douce MS., No. 7, NAPIER, p. 46, "Payn pardieu;" Peynreguson, 112, see F. of C., No. 67, "Payn Ragon;" there is also "Payn Fondew" in F. of C., No. 59. "Payn purdew" may be compared with "Payn Fondew," the bread being lost or covered in what is poured on it, and possibly dissolved in the "Payn Fondew." In NAPIER the bread is smothered in Batter, here apparently in butter. See also LITTRE, "Pain, 10. Pain perdu, nom donné en cuisine provinciale, à la brioche frite." For "Payn Puffe,"

see Pety Pernantes. Paynemain, sb., 8, 11, 52; Paynemaynne, 11; Paynemaynnys, 11; Paynmain, 83; A Paynmain, i.e. a loaf of the bread, 90; Paynman, 83. "Floure of payndemayn" is mentioned in L.C.C., p. 40. Painmain is apparently the same as Manchet bread (see Payn purdeuz on p. 83), and its full form seems Pain Manchet or Pain de Manchet. Manchet is possibly "Manchet," or "Manchot," and refers to the short curtailed character of Roll bread. Note the round sops of the "paynemaynnys" in Recipe xxix, on p. 11. The gradual curtailing of the word is shewn on comparison of "Manged brede," at p. 83, and "Mengyd Flowre" on p. 43, with "Meyned flour" and "Maynch brede" in the Douce MS. O.F. Pain demaine, Latin "Panem dominicum,"

Peacock, see Pecok.

Pear, see Pere.

Peces, sb., Pecys, 6, 7, 8, 12. Pieces. Pecher, Pechir, sb., 39. Pitcher.

is generally given as derivation.

Pecok rosted, 79, see Douce MS., No. 128; Pokokkys, 58.

Peions, 67, Peions rosted, 68, Sauce for peiouns, 109; Pyionys, 58, Pigeons. For "Pegions stewed," see NAPIER,

p. 107, F. of C., No. 48, L.C.C., p. 14.

Pele, sb., 51; Pelys, 50. Baker's Peel. Pele, vb.t., 8, Pyle, 8; Pylle, 12, 26. Peel; skin.

Peletre, 110, Pellitory.

Pelettys, Pellettys, 8b., 31, 34, 39. Pellets.

Peny brede, 7, 18, 97, 106, Penny's breadth. In first example read "they" (=the) "peny brede."

Pepir, \*b., 10, 15, 55; Pepyr, 8, 10; Perpir, 40; Piper, 109. Pepper.

Pepyn, sb., 32. Apparently Fr. Pépin, the seed of fruit, Cotgr. : it seems applied to the germinating part of the pease. Perase, 22, Fryid Gyngere perase,

? Ginger parings, or "pares."

Perceli, sb., 6; Percely, 5, 7, 10, 15, Percile, 21. Fr. Persil, Parsley. See Parcelly.

Perche boiled, 102, see Douce MS., No. 135, Napier, p. 75; Perchys, 21, 26. Perch.

Pere Wardones, Peer Wardons, 88, Pere Wardonys, 12, Warden Pears, see Wardons; Peris in Syrippe, 87, 58, 59; P. en composte, 12, 87, see Douce MS., No. 57, and F. of C. has "Peeres in confyt," No. 132; Perys, 24, 25, 37, 54. Pear.

Pereye, sb., 32; Perre (Pease), 83, see Douce MS., No. 9, Blaunche Perreye (Pease), 32, see Warner, p. 85, "Perre" (Pease), F. of C., No. 70, "Perrey of Peson," Warner, p. 66, "Porre of Peson," L.C.C., p. 44, "Porry of white Pese"; Blawnche Perrye (Leeks), 14, Blanche porrey (Leeks), 90, see Douce MS., No. 84, L.C.C., p. 44, "Blaunchyd porray," WARNER, pp. "Blaunchyd porray," WARNER, pp. 51, 85, (Leeks). There is also a "Porrey Chapeleyn" in WARNER, p. 49, made up of Onions, Olive oil, and Almond milk, boiled together. See Ducange, "Porrecta, Jusculum ex poris confectum," also Porrata. It would almost appear as if Purée (= Purata, strained,) and Porrée (= Porrata) got confused.

Pesone, Longe Wortes de, 89, Lange wortes de Pesoun, 5, see Douce MS., No. 2; Pesyn, sb., 5, 32, Whyte P. in Grauey, 33; Peys de almayne, 114. Pease.

Pestel, 8b., 6. Pestle.

Pestelle, Siryppe pur vn, 40, see Napier, p. 46, "Pestelles of pork endored." Pestel is still used for a leg of pork.

Pesyn, Mortrewes of, 90, see Douce MS., No. 82; Fr. poisson, fish.

Petelade, see *Pastelade*.

Pety Pernauntes, 51, 74 (2 recipes), Pety Pernollys, 50. These seem to be the same dishes, with different spelling, but representing possibly the same word; as the recipe on page 50 is the same as that on page 74. The dish is identified with Payn Puff in F. of C., No. 196, and is glossed "Petypanel a marchpayne", in Leland's Collectanea, VI., page 6; this would give a hint of the origin of the word, which is equivalent to the Italian "Panello, any little loaf, bun, roul, or manchet," FLORIO; the Puffs being like little loaves, or buns. There is also the Italian Panella, with same signification. See F. of C., Nos. 195, 196, "Pety Pernaunt," Douce MS., Nos. 8 and 58. The dish is spelt "Pety perneux," in the Banquets on pages 58,59 of this book.

Peuard, Brawne in, 71, Braun en Peuerade, 11, 12, the same dish: see Douce MS., No. 47, F. of C., No. 135, WARNER, p. 79, "Boor in peverarde, or Boor in egredouce," Recipes for the Sauce are given in F. of C., No. 135, "Pevorat for Veel and Venyson," and in WARNER, p. 64, "Pevrate sauce." It is the French Poivrade, sauce made with pepper:

see Piper.

Pewter dysshe, 26, 42.

Peynreguson, 112.

Peys de almayne, 114, Pease and almond milk.

Pheasant, see Fesaunt.

Pie, see Crustade.

Pies of Parys, 75, Pye? de pare?, 53, see Douce MS., No. 72, NAPIER, p. 58, Paris Pies; Gretepyes, 76. See Crustade.

Pigeon, see Peions.

Pigge or chiken in Sauge, 72, see

WARNER, p. 56, "Pygges in sauge"; Pigge Farced, 82, Pygge y-farsyd, 40, see Douce MS., No. 37. Apparently sucking pigs.

Pike en galentyne, 101 (2 Recipes), see Napier, p. 79, Douce MS., No. 75, No. 151; Pike boyled, 101, see Douce MS., No. 131; Pike in brase, 101, see Douce MS., No. 73, NAPIER, p. 34, "Pyk in Braisselle," p. 79, "Pik in Brasy," WARNER, p. 86, "Pik or tenche in Brasyle"; there is also "Pyk in sauce," in Napier, p. 96.

Pikkyll pour le Mallard, 77, see Douce MS., No. 19, Pickle: L.C.C., p. 31, has "Pykulle," (Capons).

Piper for feel and for venysoun, 110, see F. of C., No. 135. Poivrade, Pepper Sauce. See Peuard.

Pipes, sb., 70; Pypis, 8. Bronchial

tubes: ? lungs, generally.

Plais, sb., 103, Plaise boiled, 103, see Douce MS., No. 140; Plays, 26, 103, 105; Playse, 103. Plaice.

Plante, vb.t., 25, 27; Plonte, 98.

Plant.

Platere, sb., 17, 27, 41, 114. Platter. Platte, adj., 44.

Plie, vb.t., 113. Ply; fold.

Plom, vb.t., 76. Plump, into a pot. Plouer, 79, Plouer rost, 117, see Napier, p. 64.

Pocerounce, 3; Pokerounce, 41. Poche, Eyron en, 24. Poached eggs;

see Eggys.

Poddyng, 41, see Puddyng. Poke, 114. See Pouche.

Pokokkys, 58. Peacocks.

Polettys, 38. Pullets.

Pome dorreng, 58, see WARNER, p. 58, "Pondorroge": the "orroge" is apparently orange, the Pommes being coloured yellow. Pome dorres, 38, Pomez endoryd, 63, see Warner, p. 89, "Pomes Dorre," II. No. 42, "Pomme dorry," F. of C., No. 174, "Pomme dorryes," L.C.C., p. 37, "Powme dorrys." So called from the Pommes, or Rissoles, being endored, or glazed, with yolk of egg. Pomesmoille, 113, see WARNER, p. 46, "Pommys morles," i.e. "Pommes

molles," or crushed apples. Pommes, 1; Poumes, 14; Pomys, 62; Pommys, 15; see Napier, p. 120. Pompe, 31; Pompys, 34; Pumpes, 31. All the above are variations of the French pomme, applied to globular lumps of minced meat: compare "Pome di sdegno, a kind of made dish, that Cooks make round as apples."—Florio. In A. the "pompys," on page 31, are called "pepyngis,' or pippins.

Pome-garnade, sb., 28; Pome-garned, 30; Pome-garne, 38, applied here to Rissoles, in the same way as the Pommes above. Pomegranate.

Pomppe, sb., 24, Pulp: A. reads here "Pappe."

Pond, sb., 114. Pound.

Poper, 63.

Porcelle farce enforce, 58, ? Sucking Pig stuffed and made rich: Porcellys, 58.

Porcyon, sb., 9, 10, 18, 25; Porcyoun, 11, 18. Portion.

Pore, vb.t., 16, 26. Pour.

Porke, 6, 14, 19, etc. Porpeys, Sturgeon pour, 105, see NAPIER, p. 53, "Porpas, sturgion or turbut," (baked); Firmenty with, p. 105, Furmenty with purpaysse, 17, see Douce MS., No. 171, F. of C., No. 69, and No. 116, NAPIER, p. 86, WARNER, p. 66; Puddyng of p., 42; F. of C., No. 108, has "Porpeys in broth." Porpoise.

Porpoise, see Porpeys.

Porrey, Blanche, 90, see Pereye.

Poshote, sb., 15, 36; Poshotte, 36. Posset.

Possenet, sb., 23, 72. Posnet; small pot. "A little brasse pot or posnet, Een koper potken ofte ketelken."-

1660, HEXHAM.

Potage, 33, 8, 10, 11, 16; P. on a fysshday, 15, 29; P. colde, 30; P. of Roysons, 30; P. de egges, 94, called in Douce MS., No. 100, "Pocched egges"; P. of ris, 114; Brode canelle Potage, i.e., Whole Cinnamon Soup, 59; Compost Potage, p. 59; WARNER, p. 51, has "Potage de frumenty," and "Potage of rys," at p. 46.

Potell, sb., 94; Potelle, 22; Pottel,

73. Pottle; two quarts.
Poterous, 93, Potrous, 53; see F. of
C., 177, "Potews," which is probably
its right form, like Mortrews, the termination representing the liquid l: see Ducange, Potellus, O. Fr. Potel. The dish was made in pots, which were afterwards broken, but in this volume coffins of paste are used. Compare "Sachus" in F. of C., No. 178, made in bags (O. Fr. sachel), and see Bourreys.

Pouche, sb., 101, 102; Powche, 103; Pouuche, 101; Poke, 114. Poche,

stomach of fish.

Pouder, Recipe Cj., p. 24, powdered spice generally; Poudre, 113, Poudur, 112, ?pepper; Pouder Canelle, 20, 38, Poudre canel, 109; Powder Canel, 11, P. of Canelle, 20; Pouder of Clowes, 97; Poudre of clowes, 109; Pouder of gyngere, 7, 19, Poudre of gyngere, 108, Poudre ginger, 109, Pouber Gyngere, 19, Powder Gyngere, 8, 9, 10, of Gyngere, 20; Poudre piper, 109, Powder Pepyr, 10, 11, 14; Pouudre, 116; Clowys powber, 14; Pouder Marchaunt, Pulverized spices, 25.

Powajes, 27: ? meaning. A. reads "powares."

Powder, see Pouder.

Powderd, adj., 14; Poudrid, 91. Powdered; salted.

Powdryng of beef, Salting of beef, 69; this probably ought to read, "a nişt powdryng of beef," with no comma there.

Pownche, sb., 7. Paunch.

Powre, vb.t., 87. Pour.

Poynant, adj., 33; Poynaunt, 6; P. & dowcet, 7, 33. Poignant; piquant with vinegar.

Poynte with Venegre, 29. Point,

make acid: Fr. poindre.

Prenade, 91, in Douce MS., No. 105, "Brewes": possibly this ought to read "Preuade," and is a perversion. Prik, sb., 82. Prick; pin, skewer.

Prik, vb.t., 82, skewer; Prycke, 36, Prick; stick.

Primrose, see Prymerose. Prunes. Prune3, 51, 52.

Prymerose, 25, 29, see Napier, p. 56, "Prymerolle." Primrose.

Puddyng of Purpaysse, 42; Poddyng of Capoun necke, 41; Puddyng de Swan necke, 61.

Pul, vb.t., P. dry, 79, Pull dry, 78, 79, Pluck clean; Pulle, 9.

Pulcynges farces, 58, Pulsons farce, 61, (misprinted Pulsous), Fr. Poussin; chicken.

Pullayñ, 67, Pullets.

Pured buttur, 103, Clarified butter.

Pygge y-farysd, 40; Pygge in sage, 59, 63, see Warner, p. 56; Pyggys,

Pyk, sb., 106; Pyke, 16; Pykys, 26, 30. Pike (the fish), see Pike. Pyke, vb.t., 10. Pick: see Pike.

Pyle, vb.t., 8. Peel. Pylt, vb.t., 21. Put.

Pyn, sb., 7; Pynne, 11. Pin.

Pynade, 34, see Warner, p. 49, "Pynade," F. of C., No. 51, "Pynnonade." Pynenade in paste, 60, possibly ought also to be Pynenade. The dish is named from the Pines, or "Pynotys" in it: the other recipes read "pynes."

Pynes, sb., 95, 97; Pynes, 24, Pynes and clowys, 53; Pynys, 15, 16, 22, 75, 91, 94; in this last case the Douce MS. reads "pepyr pynes," or whole pepper, but all the examples may not mean pepper, as the seeds of fir pines seem to have been used.

Pynotys, 34: ? Pine nuts or cones. Pypis, see Pipes.

Pystelade, see Pastelade.

Quantite, sb., 5, 6. Quantity. Quart, sb., 35; Quarte, 101. Quarter, sb., 106; Quarteren of pouder canell, 101. Quart. Quarter, sb., Fore q., 8; Quarterys, 6, 31, 49. Quarter, vb.t., 18. Cut in quarters. Quayle rosted, 79, see Douce MS., No. 115, NAPIER, p. 61.

Quayle, vb.int., 27. Curdle. Fr. cailler.

Quibibes, sb., 6, 37, 113; Quybibes, 19, 20, 21; Quybibe, 24, 46; Quybibys, 15; Quybybis, 13. Cubebs. Quince, see Quynces.

Quyk, adj., 99. Quick; alive.

Quynade, 27, see "Connat," in F. of C., No. 18. So called from being made of Quinces: compare Applade. Quynces, 27, 51; Q. or Wardones in paast, 97, 51, Quyncis, 51; Quyncys in comfyte, 58, i.e., preserved Quinces; Charde-quynce, 12, 13; Chared

coneys, or chardwardon, 106; Quynes bakyn, 69. Quyschons, 40: compare Cushion of

Bacon.

Quystis scune, 8, see Napier, p. 44, "Quystis": ? "stuue," not scune. Cushats, wood-pigeons: A.S. cusceote.

Rabbit, see next, and Conyng. Rabette rosted, 81, see Douce MS., No. 117, Napier, p. 64. Raisins, see Rasonys.

Rales, 69. Rails; Landrails.

Ransched, pp., 39. Rinsed. Rape, 113, Rapeye, 30, 48, (Fish), see Douce MS., No. 164, "Rapes," NA-PIER, p. 118, "Rape of Fisshe"; Rapes, 95, Rapeye, 16, (two Recipes), 28, 43 (Fruit), see F. of C., No. 83, L.C.C., p. 16, NAPIER, p. 109, "Rape," WARNER, p. 49, "Rapee," and II. No. 49, "Rapy"; Rapeye of Fleysshe, 25, see WARNER, p. 45.

Rasinges, Rasons, 88. Shavings. parings.

Rasonys, sb., 23; Raysonys, 30, 52, of Coraunce, 14; Raysounys, 51; Reysons of coraunce, 75; Potage of Roysons, 30, Roysons of Corauns, 16; Roysouns Coraunce, 22; Roysonys, 16, 22, 28, of coraunce, 13, 31, of Corauns, 15, 29; Currants. Grete Reysons, 97, G. Reysynges, 75, Gret Roysonys, 47, Raisins, in modern usage.

Rastons, 52, 98, see Douce MS., No. 63, "Rastonurs." "Raston: A fashion of round, and high Tart,

made of butter, egges, and cheese." A. spells this "Rascons," and glosses it as "rascoris," and the word might be "Rastouurs," above.
Ray boiled 103, see Douce MS., No.

145, "Rygh buille."

Raynolle, 42; Raynollys, 3; see WARNER, p. 81, "Raynecles." "Raymolles de blanc de chapon. The brawne of a Capon, Raisins of the Sunne, and marrow shred all together, then made into little cakes or leaues, and fryed with seame or Hogs sewet, and serued vp with sugar strewed on them."—Cotgr.

Red Wyne, 10, 26; R. Rosys, 24; Rede Rose, 29, R. vyne, 112. Reke, vb.t., 29. Reek; heat over coals. Remenaunt, sb., 12. Remnant.

Renge, sb., 38. Ring Strainer.

Renne, vb.int., 11, 26, 44. pp. 44. Run.

Renneng, adj., 44; Rennyng, 6, 9, 15, 19; Rennynge, 94. Running; fluid.

Rennyn, vb.inf., 25. Run. Rew, sb., 53. Row.

Regge, sb., 11. The Ray: see Ray. Ris, sb., 114; Rys, 22, see NAPIER, p. 82, p. 108, L.C.C., p. 16; Rys moilles, 113, see Warner, p. 46; Potage of ris, 114, see WARNER, p. 46; Rys Moleyn, 59; WARNER, pp. 62, 74, has also "Rys Lumbarde";

Rys, 12, 14; Flowre of rys, 13. Risschewes, de frute, 97, Risshewes, 93 (Fruit), Ryschewys in lente, 43, (Fruit and Fish), R. close et Frye, 45, R. close, 112, (Fruit), see Douce MS., No. 88, F. of C., No. 182; Risshshewes, 98; Risshewes de Mary, 85, Ryschewys of marow, 44, see Douce MS., No. 87; L.C.C., p. 39, WARNER, p. 65 (Flesh). Now Rissole : see Cotg., "Rissolle : A Iewes eare; or Mushrome thats fashioned likea Demie-circle, and grows cleauing to trees; also, a small and delicate minced Pie, made of that fashion."

Roche, sb., 20, Breme or Roche boiled, 102, see Douce MS., No. 138; Rochys,

Roach. 21.

Roddys ende, 52. Rod's end.

Rolle, Cruste, 46.

Roppis, sb., 39. Ropes; guts. Holme, II. vii. 132, "Sheeps Belly, or Intrals, the puddings called strings, or Rope.

Rose, Rede, 29; Red Rosys, 24.

Roseye, 24. So called from being made of Roses; see WARNER, II. No. 41, and No. 47, F. of C., No. 52: WARNER, No. 47, has no roses in it.

Roste, vb.t., 12, 14, Roste him on a

gredire, 103. Roast.

Rosty, vb.int., 15. Roast.

Rove of the mouthe, 78. Roof.

Rowys, 114. Roe of fish.

Ruchet, 60, see NAPIER, p. 74, "Gurnard or Rochet." Comp. Fr. Rochau. Rock-Fish, and see Florio, "Roccate, the Cook-fish, or Seathrush."

Ruschewys, 45, see Risschewes.

Ryal, adj., 40; Ryalle, 21, 22; Ryaly, 2, Ryally, 17. Royal: Royally. The Cookeries also say "fit for a lord"; in same sense.

Rybbys, sb., 6, 8, 10, 26.

Ryght, adv., 5; Ryth wyl, 20, Rythte smal, 37; Ryst fatte, 35, Ryşth smal, 46; Ryşth, 6, 8.

Rynsche, vb.t., 24. Rinse; splash. Ry $_3$ t, see Ryght.

Saake, Bruette, 27, Sake, 2; Warner, p. 78, "Browet seeke."

Sad or flatte, 92. Douce MS., and. Saf, vb.t., 39. Save.

Saferon, sb., 70; Saferoun, 43; Safron, 5, 9; Safroun, 6, 10, 13, 15, 26; Sapheron, 70. Saffron.

Saffron, see Safero $\bar{n}$ .

Safroun, vb.t., 32, 49. Saffron.

Salmon fress boiled, 102, see Douce MS., No. 132; Samon roste in Sauce, 102, see Douce MS., No. 169, NAPIER, p. 97: Salmond, 102; Samond, 100; Samoun, 16.

Salome, Capoun in, 33; Salomene, 21; Soupes of Salomere, 35.

Salt, vb.t., 32, 41.

Samaca, 59, Frutoure Samata, 62; see Napier, p. 45, "Samartard." The first example should be *Samata*. The Fritter is made of Flour, Curds, Eggs, Cream, and Grease, and is served with sugar on it.

Sardeynez, 24.

Sareson, Bruette, 19; Saug saraser, 113, Sauke Sarsoun, 30. Fr. Sarrasine; Saracen.

Sauces; Sauce alepeuere, 108, Sauce oylepeuer, 77, see Napier, p. 77, "S. aliper," Douce MS., No. 94, "Sauce alpeuere"; Sauce camelyne, 109, Sauce gamelyne, 77, see Douce MS., No. 92, "Sauuce camelyn," NAPIER, p. 48, "Sauce c. for quaylle," F. of C., No. 144, "Sause camelyne," L.C.C., p. 30; Sauce Galentyne, 77, 108, see Douce MS., No. 98, NAPIER, p. 77, F. of C., No. 138, L.C.C., p. 30, WARNER, p. 64; Sauce gauncile, 110, Sauce sermstele, 77, (called "S. gauncell," in Douce MS., No. 93), see L.C.C., p. 29, WARNER, p. 65, "Gaunsell for gese" (see Gauncely); Sauce gynger, 77, Sauce gingyuer, 109, see Douce MS., No. 96, NAPIER, p. 77, F. of C., No. 139, WARNER, p. 64, L.C.C., p. 52; Sauce for a gos, 109; Sauce newe for malardis, 110, see L.C.C., p. 27, and Black sauce, below; Sauce for peiouns, 109; Sauce percely, 110; Sauce rous, 109, Fr. Rousse, ruddy; Saug saraser, 113; Sauke Sarsoun, 30, see F. of C., No. 84, "Sawse Sarzyne," or Saracen; Sauce sermstele, see S. gauncile; Sauce Sorell, 77, Surelle, 110, Fr. Surelle, Sorrel; Sauce for shulder of moton, 110; Sauce for stokefysshe (two Recipes), 109; Sauce Verte, 77, 110, Green Sauce, see Douce MS., No. 95, Napier, p. 77, F. of C., No. 140, WARNER, p. 64; Black sauce for Capouns y-rostyde, 110, see F. of C., No. 137, WARNER, p. 64, on which page is "Black Sauce for Mallard" (for which also see F. of C., No. 141); White sauce for capons y-sode, 110, see F. of C., No. 136, L.C.C., p. 28, WARNER, p. 64: F. of C. No. 30, has also "Sawse madame." See *Pikkyl* and *Piper*, in Glossary. Sauereye, sb., 18. Savory.

Sauge, 28, Sauoge, 41, compare "Sawgeat," in F. of C., No. 161; Pigge or chiken in Sauge, 72; Sawge, 2, 6, 8, 10, 17, 20, 28. The herb Sage.

Sauke Sarsoun, 30, see Sauces.

Saunderys, *sb.*, 12, 15, 16, 21; Sawnderys, 8, 12, 13. Saunders.

Saused, pp., 72. Soused; salted. Sawcere, sb., 22, 42. Saucer.

Sayn, vb.int., 33. Say.

Scalde, vb.t., S. with hey or strawe, 99, 100; Skalde, 18, 32. Scald.

Schake out, 109, Shake out.

Schale, *vb.t.*, 13. Shell. Schap, *sb.*, 53. Shape.

Scharpe, adj., 38. Sharp.

Schene, vb.t., 23. Skin; shell: A. reads Shene.

Schepe, sb., 40. Sheep.

Schere, vb.t., 40; Shere, 11. Shear; slice.

Schevres, sb., 40. Shivers; thin strips.

Schoche, vb.t., 101; Skoche, 101. Scotch; notch.

Schoppe, vb.t., 9. Chop.

Schorge, vb.int., 42. Scorch.

Schort & pikke, 52.

Schouyl, sb., 53. Shovel.

Schrede, vb.t., 8, 10, 29; Screde, 30. Shred.

Schrympe, sb., 42, Shrimp; see Shrympes.

Schul, vb., 30, Shall; Schuld, 19, Should; Schuldyst, 45, Shouldest.

Schulle, sb., 24, 42; Schullys, 23. Shell. A. reads "schyllys."

Sculle, sb., 80; Skołł, 79. Scull.

Sefe, sb., 20; Seve, 32; Her syue, Hair sieve, 113.

Self, adj., 19, 23; Selue, 32; Sylf, 14. Self; same: compare Selfsame.

Senglere, Teste de, enarme, 57, Boars head and tusks; Blanke singuler leche, 69. Fr. Sanglier, Wild boar.

Serge, vb.t., 20, Sift: spelt Sarge in A. Serue forth (to table), 6, 10, etc.; Seruyst in, 6.

Seruyce, sb., 34. Service.

Sesyn, vb.t., 19; S. vp, 10, 12. Season.

Sethe, vb.t., 6, 12; Seþin, pp., 32; Sith, 90: Seth, vb.int., 99. Seethe. Sethe in Recipe vj, p. 6, is sette in A.

Sew, sb., 18; Colouryd S. without fyre, 20, see Napier, p. 38; Sew trappe, 54, so called from the pans or Trapes in which it is made. These are solids. Sew lumbarde, 58. Sewe, 9, 17, 20, 99. Broth. Mayhew & Skeat derive Sew from A.S. seav, but it is suspiciously like the French Ciué, or Siué, see Cotgr.; compare "Harus in a sewe," L.C.C., p. 21, Hares or Conynges in seue, Warner, p. 78, where it represents Ciué. At the same time Mr. Mayhew does not think it possible. Ciué, however, is used for a liquid without onions, upon page 49: see Errata.

Sewet, sb., 41. Suet: see Suet.

Shrympes, 103. Shrimps.

Sirip, sb., 12, 40; Sirippe, 15; Siryppe pur un pestelle, 40; Syrip, 11; Syrippe, 3, 15, 21, Peris in syrippe, 87; Wardonys in syryp, 7; Syryppe, 13, 21. Syrup.

Sith, vb.t., 90. Seethe. Sitting to, 107. Sticking.

Skalde, vb.t., 18, 32; Skaldyd, 24; Skladdyd, 25. Scald: see Scalde. On p. 32, ? read "skalde hem" [with hey].

Skaldyng hote, 17.

Skeme, vb.t., 7. Skim.

Sket, sb., 102. Scotch: Douce MS. has skoch.

Skilfully thik, 101, Skylfully bikke, 8, Reasonably, nicely thick.

Skluce, sb., 25. Viscous compound. Skołł, sb., 79. Skull.

Skore, vb.t., 25; Skoure, 45. Scour. Skrape, vb.t., 18. Scrape.

Skym, vb.t., 22. Skim: see Skeme. Skymer, sb., 44; Skymoure, 17, 54. Skimmer.

Skyn, sb., 11; Skynne, 26; Skynnys, 26. Skin,

Slake, adj., 21 (Flake is printed here). Slack; lukewarm: warm in A.

Sle, vb.t., 78, 79. Slay.

Slepyr, adj., 23. Slippery; greasy. A. reads "sliper."

Smal, adj., 10; Smaller or gretter, 15. Smoth, adj., 77. Smooth.

Smyte, vb.t., 6, 13. Smite; chop.

Snyte, 80; Snyte rost, 117; see Douce MS., No. 120, L.C.C., p. 35, "Wodcok, sny3t, and curlue," NAPIER, p. 65, "Snyt rost"; Snytys, 58.

Sode, adj., 42. Sodden.

Soft, adv., 22, Softe, 17, Softly; Soffter and sofftere, 17.

Soke, vb.t., S. out, 25. Soak out; let soak out.

Sokingly, adv., boile s., 72. Soakingly; thoroughly: still used thus.

Sole, boiled, rost, or fryed, 103, see Douce MS., No. 141; NAPIER, p. 71, has "Sole in brase."

Soperys, sb., 46, 55. Suppers.

Soppes Dorre, 90, Soupes dorrees, 114, Soupes dorye, 11, S. dorroy, 11, see Douce MS., No. 51, F. of C., No. 82, Warner, p. 46, L.C.C., p. 14, Napier, p. 107; Lyode Soppes, 11; S. Jamberlayne, 11, Soppes pour Chamberleyne, 90, see Douce MS., No. 52, "Soupes Chamberlayn"; Oyle Soppys, 12, 96, see Douce MS., No. 158; Soupes of Salomere, 35; see also Napier, p. 51, and F. of C., No. 129, "Soupes in galentyne"; Soppis, 1, 52. Cotgr.: "Soupe: A sop, or peece of bread in broth: also pottage, or broth (wherein there is store of sops, or sippets)." Soup is still served thus in France.

Sorcell rosted 79, see Douce MS., No. 118, "Sarcelle rost," NAPIER, p. 64;

Teal.

Sore Sengle, 25. This looks like "Single Sore," compare "Jussell sengle," in Napier, p. 26: see, however, Cotgr., "Soringue: Eele sauce made of fried Onions, and toas-bread steeped in Pease broth, then strayned with wine, vinegar, Cinnamon, Ginger, and other spices, all put into a pot

with the Eeles cut into peeces, and (after a little seasoning with saffron and salt) throughly boyled." Elys in Sorre, 89, see Douce MS., No. 25. The Fr. soré means reeked or made red, as the saffron would do. Compare Blandesore.

Sotelte, sb., 57, 58, 59, 60, 61, 62, 63, 67, 68, 69. Subtlety, or device to deck the Table: see Forewords.

Sothe, pp., 37, 46; Solin, 6, 46, Sothyn, 7, 9, 11. Sod; sodden.

Soundes, sb., 96; Soundys, 26. Cod Sounds, or swimming bladders.

Soups, see Soppes.

Sowsyd, adj., 12. Soused; pickled. Spaulde de Motoun, 59, Spawdys de Motoun, 63. Spaud; shoulder.

Spaune, sb., 14, Spawne, 90. Spawn. Spete, sb., 8, 15, 38, Spete of haselle, 39. Spit.

Spete, vb.t., 38; ben spetid, 38. Spit; put on spit.

Spicere, sb., 113; Spicerie, 113; Spicerye, 30; Spycery, 19, 28, 35.

Splat, adj., 101. Split.

Splat, vb.t., 105; Splatte, 104. Split. Splentes, sb., 73. Splints.

Spone, sb., 41. Spoon.

Sprynge, vb.t., 31. Springe; sprinkle.

Spycis, 28. Spices.

Spyneye, 20, see Warner, II. No. 46, F. of C., No. 57: so named from O.Fr. Espine, Hawthorn. See Hawborn.

Stampe, vb.t., 6, 7, 16, 38, 77. Stamp; grind.

Stekys of venson) or bef, 40.

Stept, 77, Steeped.

Ster, vb.t., 46; Stere, 8, 9, 14, 26; Sture, 26; Styre, 23. Stir. A. reads "styue" (stew), in Recipe xiiij, page 8.

Stipe, 16: see readings at end of Forewords.

Stockfish, see next.

Stokfissħ, 89, S. in sauce, 100, see Douce MS., No. 31; Stokfysshe, 10; Stokkefysshe, 26. Stockfish. See Cotgr.: "Merlus, ou Merluz: A Mellwell, or Keeling, a kind of small Cod, whereof stockfish is made." Modern French *Merluche*, Haddock. Stockfish seems to have been made of all sorts of Cod, and even of Porpoise.

Stonde, vb.int., 88, 109. Stand; be

stiff.

Stonding, adj., 95; Stondyng, 16, 95; Stondynge, 16, 109. Standing; stiff.

Storgeoun, sb., 13; Storieoun, 57; Storieo in brothe, 13; see Sturgeon.

Straw, vb.t., 23; S. on, 15; Strawe Canel a-boue, 16. Strew.

Strawberye, 29; Strawberys, 29; Stawberye, 2; Streberies, 75.

Strayne, vb.t., 6, 8, 11. Strain

through strainer.

Straynour, sb., 6, 11; Straynoure, 6, 10, 11, 41; Straynourys ende, 44; Straynowr, 5, 6; Straynowre, 5, 10; Strainwoure, 16. Strainer.

Strek, *vb.t.*, 95. Strike. Strype, *vb.t.*, 27. Strip.

Stew, see Stwed.

Stuff, Stuffe, adj., 71. Stiff.

Stuffe, vb.t., 32, 40, 41; Stuffyst, 40. Stuff with forcemeat.

Stuffur, sb., 76. Stuff for stuffing. Sture, see Stere.

Sturgeon boiled, 104, see Warner, p. 47, Napier, p. 71; Sturgeon buille ou turbutt, 117; Storion in brothe, 13, Sturgeon in broth, 104, see Douce MS., No. 80; Sturgeon pour porpeys, 105, see Douce MS., No. 181, "Sturgeon ou purpays ou turbut furnies," Napier, p. 53, "Porpas, sturgion, or turbut"; Storioun leche, 37.

Sturmye, 26.

Stwed Beef, 72, see Douce MS., No. 3; Stwed Mutton, 72; Capons Stwed, 72; Partrich stwed, 78, Pertrich stewyde, 9; Smale Birdys y-stwyde, 9. Stewed.

Styke, vb.t., 31. Stick.

Styre, see Stere.

Sucking Pig, see Porcelle.

Suet, sb., 76; Svette, 115; Swet, 40; Swette, 40; Sewet, 41.

Sugre, sb., 11, Whyte s., 7, Blake s., 7, Whyte oper blake, 51; S. of Ali-

saunder, 39, Alysaundre, 50, from Alexandria; S. of Siprys, 16, Sugur of Cipris, 95, from Cyprus; Sugre in confyte, 32, ? comfits, A. "Sugre of confitens"; Sugre water, 7; Sugour water, 85, Sugur water, 91; Sugur, 85, White s. or blak, 73. Murray's Dict. gives Black Sugar as Liquorice, but ? unrefined sugar.

Sumdele, adv., 21, 49. Somedeal;

somewhat.

Suththe, adv., 112, 113. Afterward. Swan rosted, 78, see Douce MS., No. 106, "Cignet roste."

Sware, adj., 36, Square: see also

L.C.C., p. 45.

Swenge, vb.t., 40, 55. Swing; mix.

Swerde, sb., 6, 14. Sward; rind.

Sweteblanche, 112.

Swyne, sb., 8, 70; Swynys grece, 41. Swine; pig.

Swythe, adv., 39. Quickly.

Syfte, vb.t., 38. Sift.

Sylf, see Self.

Synamoun), sb., 34. Cinnamon.

Synewes, sb., 53; Syneys, 37; 3ynes, 37. Sinews.

Syngnettys, 57. Cignets.

Syrip, sb., 11; Syrippe, 15, 21; Wardonys in syryp, 7. See Sirip. Syrup, see Sirip, Syrip.

Syue, *sb.*, 113. Sieve.

Systh, sb., 32. Sight; quantity.

Take, pp., 52.

Talbottys, 19. See WARNER, II., No. 9, "Haris in talbotays," F. of C., No. 23, "Hares in talbotes."

Talow, sb., 39; Talour, 39. Tallow; fat.

Tannye, 26. Compare Fr. "Tanné, Tawnie."—Coter. The dish is of that colour.

Tansey, 86, Tansye, 45, see Douce MS., No. 176, L.C.C., p. 50, "Tansy cake." So called from the Tansy in it.

Tart de Fruyte, 98, see Douce MS.,

No. 101; Tartes of Frute in lente, 48; Tartus, 75 (Cheese), Tartes de chare, 47, 52, Tartus of Flesh, 74, see Douce MS., No. 45, "Tartes de chare," NAPIER, p. 52, F. of C., No. 168, "Tartes of Flesh"; Tartes of Fysche, 47, see F. of C., No. 170, WARNER, p. 48, "Tartys of Fysch out of Lente"; Graunt tartez, 58, Grete pyes, 76.

Tauorsay, 114.

Tayle;, 27, Taylys, 2, Taylours, 94, Tayloures, 15, Taylowres, 1; see Douce MS., No. 104. See Cotgr., "Taillis: A Hachee; or made dish of Creuises, theflesh of Capons, Chickens, or Veale, bread, wine, salt, veriuyce, and spices; also a kind of gellie," as the dish is here.

Taylid Datys, 55. Cut Dates.

Temper, vb.t., 10, 19, 20; Tempere, 9, 11; Temperyd, 12, 20. Mix.

Tenche in bruette, 23,; T. in cyueye, 23, see F. of C., No. 120, NAPIER, p. 80; T. in Sawce, 23, see NAPIER, p. 117, L.C.C., p. 25, "Tenche in graue"; Tenche in brase, 105, see NAPIER, p. 71, WARNER, p. 86, Douce MS., No. 150; Another diting of a tenche, 105; Tenchys, 26, 30.

Tendure, adj., 105. Tender.

Tese, vb.t., 10, with a pyn, 21, 43, 114. Tease; shred small.

Tesid, adj., 89; Tesyd, 22. Teased; shred small.

Teste de cure, 112.

pan, adv., 6, 7; panne, 6, 7, 10, 24; penne, 9, 10, 24. Then.

pe, pron., 6. Thee.

per-an, 29, Thereon; per-yn, 18, 20, 47, per-ynne, 7; per-on, 6, 11, 20, 29; per-to, 6, 18, 29; Therue-owt, 36, throughout; per-vppe, 30, 49, Thereon; per-vppe-on, 18, 49, Upon it; per-with, 29.

pes, adj., 34. These.

They, art., The, 7: see Note 3.

Thikke, vb.int., 91. Thicken.

pinne, adj., 12; pynne, 109. Thin. pombe, sb., 21. Thumb.

porgh, prep., 101; borw, 5, 6, 9, 22;

porwe, 12, 22, 47; purgh, 108, 109; purwe, 108; pury, 109. Through.

powsand, adj., 43. This is a curious mistake on the part of the transcriber and should be "a dozen": he took the "dd.," as Douce MS. has it, for twice five hundred. See "dd." on page 67.

prifti Mylke of Almaundys, 31, prifty M., 56; pryfty, 34. Not too

strong.

Thrawe, vb.t., 101. Throw.

pridde, adj., 49; Thrudde, 113; pryd, 49; prydde, 30, 50. Third.

Throte-boll, sb., 79, Adam's Apple; top of windpipe.

prowe porw straynour, 8. prvis, adv., 11. Thrice.

pwerte, adv., 31. Thwart; athwart.
To, adv., 6, 11, 22. Too. In Recipe xj,
p. 7, A. reads "do hem to-gedir," and "to" has the same meaning: dele note 7.

To, adj., 7, 14, 21. Two.

To-geder, adv., 38, 40; To-gedere, 7, 21; To-gederys, 5, 13, 38, 55. Together.

Tolle, vb.t., 40. See Toyle. Toste, vb.t., 11, 30. Toast.

Tostes, sb., 12. Toasts. Tow, adj., 49. Tough.

Towres, 46.

Toyle, vb.t., 16, 24, 54; Tolle, 40. Rub: Twille in Douce MS.: see Trull.

Tozenst, prep., 112. Against; in.
Trappe, Sew, 54. Compare Trape,
pan or dish: the Pudding, a kind
of Yorkshire, is made in two pans.

Trayne rost, 97, 60; see Douce MS., No. 157; Treyne, 7. Train: so called from its length.

Tre, sb., Boll of tre, i.e. wood, 92. See Treen.

Treen, adj., 13; T. dyssche, 53; T. bolle, 16. Wooden; spelt "Treyn" in Douce MS.

Trenchours, Trenchourys, 41. Trenchers; slices. Fr. Trencheoir, Cotta.

Trine de Mutton 82. Tryne de

Tripe de Mutton, 82, Trype de Motoun, 7, see Douce MS., No. 4; T. of Turbut or of Codelynge, 18,

T. de Turbut, 106, see Douce MS., No. 170.

Troundez, sb., 42. Round slice; compare *Trundle*, HALLIWELL.

Troute, boyled, 102, see Douce MS., No. 133, Napier, p. 69; Troutys, 20; Trowtys, 21.

Trull, vb.t., 76, 95. Troll, trowl; twist: Douce MS. Twille.

Trusse, vb.t., for roasting, 81.

Trye, vb.t., 42; Tryid, pp., 27. Try;

pick, pull. Fr. Trier.

Tryude, pp., 74. This seems to mean broken up, or rubbed up in the sugar: but Recipe xx, page 51, reads "y-tryid jolkys," i.e., separated from the white.

Turbot. Turbut, 16, 18; T. boyled, 105, see Napier, p. 73; T. roste ensauce, 106, see Douce MS., No. 168, Napier, p. 96; Tripe of Turbut, see *Tripe*.

Twyis, adv., 11. Twice. Tylle, adv., 12. Till.

Tyne, sb., 49, 50; Tynez of batter, 49. Compare Tine of a fork; spike.

Vanne, vb.t., 70. Fan.

Veal, see Vels.

Vele, kede, or henne in Bokenade, 13, Autre Vele en bokenade, 13, see F. of C., No. 118; Vele rosted, 81, see Douce MS., No. 123; Piper for feel and for venysoun, 110.

Venegre, sb., 7, 10; Vynegre, 8, 10, 72, 109; Winegre, 110. Vinegar.

Venison, see next.

Venson) or bef, Stekys of, 40; Venyson with Furmenty, 6, Furmenty with v., 70, see Douce MS., No. 180; V. in Broth, 10, 70, 63, see Douce MS., No. 38; Nombles, or Nomblys of V., 70, 10, see Douce MS., No. 39, F. of C., No. 54, Warner, p. 53, and II. No. 12; V. y-bake, 51, 73, see Douce MS., No. 40; Venysoun, 1, 10, 49, V. rosted, 81, see Douce MS., No. 124, Napier, p. 66; Venysoun Roste, 64, has "in syrup" added to it, in A.

Verge sauce, 102, 104, Vert Sauce.

Vergeous, sb., 72; Verious, 7, 8, 9; 109; Veriows, 13; Vertious, 115, Veryous, 18, 20. "Verjuice is the juice of Crabs, or sour apples"; Holme, III. iii. 85.

Vergyussauce, 103, 104. Verjuice-

sauce.

Vernage, sb., 22; Vernage pime, 28. "Vernaccia, a kinde of strong wine like malmesie or muskadine, or bastard wine;" Florio, 1598. The 1659 ed. says, "A kind of winter-Compare It. Vernaccio, a severe winter: see Mayhew & Skeat.

Vesselle, sb., 17, 20; Wesself, 91.

Vessel; Fr. Vaisselle.

Viaundbruse, a Potage, 67; Viaund Ryal, 57; Viaunt Ardant (probably brought in with flaming spirits), 61; Vyaund de cyprys bastarde, 21, Vyaund de ciprys Ryalle, 21, Vyaunde de cyprys in lente, 28, see Napier, p. 102, F. of C., Nos. 97, 98, WARNER, pp. 58, 76, L.C.C., p. 8; Vyande Ryalle, 32, see F. of C., No. 98, WARNER, p. 76; Vyand leche, 36, 37, 38, see Napier, p. 41, "Cold leshe viand"; Vyaunde Furne; san; noum, de chare, (two Recipes), 49; Vyand Goderygge, 63; Vyand Motlegh, 63. Fr. Viande, Meat.

Vinegar, see Venegre. Umbles, see Nombles.

Vnce, sb., 107; Vnces, 106. Ounce. Vnneth, adv., 84, 85; Vnnebe, 38, 43, 44; Scarcely.

Vnderneih, prep., 105; Vnder-nethe, Underneath.

Vn-pullud, 99, Unshred.

Vntrusse, vb.t., 41. Entruss on spit. Votrellez, 69, is probably the Dish mentioned in NAPIER, p. 44, as "Votose"; the liquid *ll* would give Votrews, and possibly Votews; after Mortrews. Votose is made up of Gobbets of Marrow, cut Dates, sugar, powdered Ginger, Saffron, Salt, which is put between leaves of paste, closed, baked, and then cut in pieces two. inches square: it is also called Votese.

Urchins, see Yrchons.

Vyn, sb., 104; Vynnes, 106, Fin. Vyolet, sb., 5, 29; Vyolette, 23, 29. Violet.

Waffres, 39; Waffrys, 39, 63. Wafers. Walkys in bruette, 23; Walkys, 60; Welkes boyled, 106, see Douce MS., No. 164, NAPIER, p. 74; Wylkys, 60. Walnotys, 109. Walnuts.

War, adj., 38. Ware: aware. Wardons, 87, Wardones, 106; Wardonys in Syryp, 7, see WARNER, p. 72; Quyncis or Wardouns in past, 51; Chardewardon, 12; Chare de Wardone, 88. Warden Pears. "A Warden is like a Quince, but brown and spotted; of them there are several sorts."—Holme, Armory, II. iii. 47.

Ware, vb.int., 42.

Warme hot, 8.

Washe, vb.t., 5; Wassche, 5; Wasshe, 10; Waysshe, 25; Whas, 112; Whess, 112,114; Wasshen, pp., 84; Wasshem, 18, 20, 23, Wash 'em.

Wast, vb., 25. Waste.

Wastel, sb., 22; Wastel bred, 112, Wastilbrede, 28, Wastylbrede, 28, Wastel bread: bread made of fine flour: Anglo-Fr. Wastel, Gastel, Fr. Gasteau, Gâteau.

Water, sb., 13; Watere, 42; Watre,

Watteryd, adj., 26. Watered; soaked, to get the salt out.

Way, sb., 73. Whey.

Wesing, sb., 80; Wesyng, 116, 117. Weasand.

Wessell, 8b., 91. Vessel. Wheat. Wete, sb., 105.

Wete, vb.t., 11, 48, 105; adj., 48. Wet.

Wexe, vb.int., 8, 17, W. hard, 35, Wexyth, 35. Wax; grow. Whan, conj., 18. When.

Wheder, adj., 33, Whether; whichever.

Whele, conj., 23.

Whelks, see Walkys.

Whete, sb., 6, 15; Wete, 105. Wheat. Wheher-euer, 131. Whither ever, Wherever.

Whetyn floure, 33. Wheaten flour.

Whey, sb., 56; Way, 73.

White of egges, 74, 75; Whyte Mortrewes, 19, 28 (Pork), see Napier, p. 106, Warner, p. 62, L.C.C., p. 13, F. of C., No. 46; W. pesyn in grauey, 33; Whyte of eyroun, 11, 14, W. of lekys, 14, W. brede, 11, 30, W. sugre, 7, 8. For White Sauces, see Sauces: see also Wyn.

Whyle, A gret, 26, A long time; A

good whylys, 42.

Wine, see Wyn.

With-owte, 48; With-ynne & with-owte, 47.

Wodecok, 80, see Douce MS, No. 121, Napier, p. 64, "W. rost," L.C.C., p. 35, "W. sny;t, and Curlue."

Woldyst, 20, Wouldest.

Wole, vb.int., 31; Wolle, 26; Wolt, 33. Will, Wilt.

Wollen, adj., 32. Woollen.

Wombe, sb., 39, of fish, Belly; 38, 39, of sheep, Maw, stomach; Wombe side vpward, 131.

Wort, sb., 107, Unfermented beer.

Wortes de pesoun, Lange, 5, Longe W. de Pesone, 89 (Pease), see Douce MS., No. 2; Lange Wortys de chare, 5, see Douce MS., No. 1; Whyte wortes, 6; Hare in Wortes, 69; Buttered Wortes, 69, see Napier, p. 84, see also Napier, p. 82, "Wortis."

Wryng, vb.t., 29; Wryng borw straynoure, or clobe, 22, 28. Wring.

Wyl, adv., 6, 7, 11, 20, 26; Wylle, 26. Well.

Wylkys, 60. Whelks.

Wyn, sb., 20, Rede wyn, 20; Wyne, 7, 10, 20, Red wyne, 10, 26, Wyne crete (of Crete), 48, Swete Wyne, 22, 35, Whyte Wyne, 15, 35, Rochelle Wyne, 15. Wine.

Wyth, prep., 13, With; Wyth-owte, 12.

Y-bake, 51, Y-baken, 54, Baked; Y-blaunchyd, 31, Blanched; Y-bontyd, 38, Bunted, sifted; Y-bounde with Floure of Rys, 39, Made stiff;

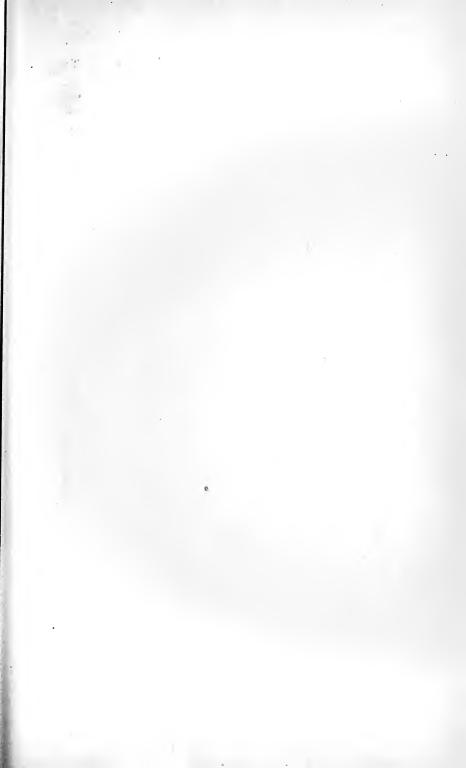
Y-boylid, 10, 18, Y-boylyd, 6; Ybraid, 48, Pounded; Y-broylid, 47; Y-choppid, 33, 46; Y-chowchyd, 26, Y-couched, laid; Y-clepid, 43; Y-closyd, 48, Closed (of a pie); Y-corven, 23, Cut; Y-coryd, 46, Cored; Y-cutte, 51; Y-dicyd, 22, Cut into dice; Ydraw, 6, 9, 10, 11, 15, 33, Y-drawe, 26, Drawn through strainer, see the verb Draw; Y-dressid, 8, 11, Dressed for table; Y-farsyd, 40, Stuffed; Yfastenyd, 50; Y-gratyd, 15, 19; Ygrounde, 13, 18, 23, 110; Y-hackyd, 55; Y-harded, 99, Y-hardid, 52, Hardened; Y-heled, 112, Y-helid, 40, Y-helyd, 54, Covered; Y-hole, 22, this may be uncut, with the stones in; possibly skinned, Hulled; A. also reads thus: Y-kremyd, 40, Crimmed, crumbled; Y-kyt, 55, Cut; Y-leched, 86, Y-lechyd, 35, Leched, cut in strips; Y-like, 20, Alike; Y-mad, 6, 12, 51, made; Y-makyd, 49, Made; Y-mellid, 55, Y-mellyd, 28, 55, Mingled; Y-mengyd, 38, Menged, Mixed; Y-mynced, 6, 14, 18, Y-mynsyd, 13, Minced; Y-opened, 114; Y-pede. 29, ? Y-pared, pared (A. also reads thus); Y-pekid, 41, Y-pikyd, 37, Picked; Y-peyntid, 29, Painted; Y-pileyd, 37, Peeled; Y-rollyd, 48, Rolled; Y-rosted, 106, 114, Y-rostyd, 23, 38, Roasted; Y-schred, 49, Yschredyd, 29. Y-scredde, 40, Shredded; Y-Skaldyd, 22, Scalded; Y-smete, 55, Smitten, chopped; Ysmete, 55, Smitten, chopped; Y-sode, 19, Y-sothe, 23, 37, 55, Sodden, boiled; Y-stekyd, 52, Y-stykyd, 35, Stuck; Y-strainyd, 17, Y-straynid, 55, Strained through strainer; Ystwyde, 9, stewed; Y-swengyd, 25, Y-swonge, 35, 38, Swung, shaken, mixed; Y-take, 88, Taken; Y-tallyd, 27, Y-taylid, 27, 33, Cut, Fr. Tailler; Y-temperyd, 7, 17, 28, Mixed; Y-tryid, 11, 15, 36, 51, 52, Picked, 11, 15, 36, 51, 52, Picked separated, the last example apparently meaning "strained through strainer; Y-wasche, 7, Y-wasshe, 23, 114, Washed; Y-wateryd, 43, Soaked; Y-wet, 102, 106, Y-wette, 52, Wet, steeped; Y-wreten, 21, Written; Y-wronge oute, 84, 91, Wrung out.

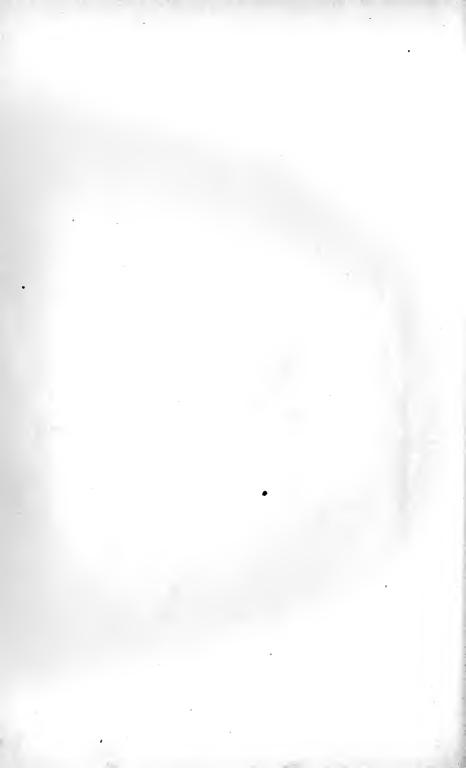
Yeest, 96, Yeast.
Y-fere, 18, Together.
Y-liche moche, 70, A like much, or quantity.
Ynouh, adv., 75; Y-now, 5, 6, 8; Ynowe, 19, 35. Enough.
Yrchons, 3; Yrchouns, 38, 61, 62.
Urchins; hedgehogs. See Warner, p. 66, "Urchonys." So called from being made bristly with Almonds.
Yren, sb., 93. Iron.
Ys, 17, Is.
Yt, 15, 17, 35. It.

3elow, adj., 20, 30. Yellow.
3ere, sb., 15, 29, 47. Year.
3est, sb., 10, 44. Yeast.
3et, pron., 31. It.
3if, vb.t., 22, 29, 112. Give.
3if, conj., 7, 9, 10, 11, 12, 30, 47. If.
3olkes of egges, 109; 3olkys, 8, 9,
11, 12, 19, 29. Yolks.
3ong, adj., 54; 3onge, 31. Young.

3ynes, sb., 37. Sinews.











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